



Village Trumpet



Embrace the possibilities

33875 Kiely Drive • Chesterfield, Michigan 48047 • www.pvm.org

August 2021



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The Village of East Harbor
A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



ALPHA Entertainment

The Village of East Harbor cordially invites you to

A BIRTHDAY PARTY

honoring everyone who had a birthday in the last year!

Wednesday, August 18

1:30pm Chapel

Hors d'oeuvres

Drinks



CRAFT & TRUNK SALE
FRIDAY, OCTOBER 8
12-6PM
FRONT PARKING LOT

If you know anyone who would like to be a vendor, please

Call Betsy-586-716-7143



FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:



Happy August,

Summer is in full swing. It has been wonderful to welcome residents back into the building.

I have enjoyed seeing the trips start back up and watching all the smiling faces.

Our hearts are happy when you are smiling and enjoying everything our Village has to offer.

We want you to keep enjoying life and encourage getting your vaccination if you have not done so already.

The Delta Variant is rearing its ugly head. This round of the pandemic is called the Pandemic of the unvaccinated. Even if you have completed your vaccination, you are still vulnerable to Covid. The CDC is encouraging all of us to wear masks when inside. Today I heard that the Delta variant is as contagious as chicken pox.

The policy in our building has been to wear a mask indoors. Wash your hands and stay well. Please encourage anyone you know to protect you and themselves and get vaccinated. If they choose not to be vaccinated we encourage you to ask loved ones to wear a mask and social distance, better to be safe than sorry. Seniors are the most vulnerable.

We are planning events outside to celebrate summer and show off our campus and new buildings. We love paying referral fees. A great way to introduce a friend to the campus is to invite them to one of our upcoming events. Watch for flyers for some excited entertainment coming soon.

We are currently interviewing for a hairstylist to reopen our hair salon. The hairstylist will be a Village employee. When we had to shut down the hair salon, we determined it was time to take over the management and run the salon. More info to follow.

Mark your calendars for the upcoming Art on the Bay Show, Labor Day weekend. The show features local artists, Located in Walter Burke Park, downtown New Baltimore. The Village is a sponsor of the Art show.

Please call me if you have any questions, concerns, or just to talk.

Carolyn

MARKETING

As most of you already know, we have been busy with the new construction. Ribbon cuttings, open houses, tours, taking reservations for the new ranch homes and the mid-rise building. If you are interested in touring the new ranch model, please call sales and leasing. If you know someone who is interested in living at East Harbor, let them know about all the fun and exciting things that we do here and to set up an appointment soon. Keep in mind; we pay referral fees for your referral. Be sure to let them know to give your name as the person who referred them to East Harbor. Keep tuned in to our future open house events don't forget.

Sales and Leasing Team

PLEASE NOTE: RESIDENT ASSOCIATION WILL NOT MEET UNTIL SEPTEMBER.



Is this your bike in the car port?

If this belongs to you or you know who it belongs to.

Please call Betsy-586-716-7143



Chaplain Laura is working on a Village Cookbook. If you have a favorite recipe you would like featured, please submit your recipe by August 31.

All proceeds will go to the Resident Association.

To share timely information regarding COVID-19, we have set up a toll-free number for our residents, families and staff.

**Call our Community Care Line at:
888-412-5999**

You can get the latest report straight from David at The Village of East Harbor

WELCOME HOME NEW RESIDENTS

We welcome these new residents to our Village of East Harbor Family

Ronald Bass—108 Kirk

Doris Dear—120 Kirk

Carol La Belle—608 Barnett

Patricia Lopata—B202

Carol Mallory—S504

Kathy Micheli—107 Kirk



From The Desk Of Chaplain Laura...



AUGUST

Preparing for the harvest. Now more than ever, the harvest is plentiful. With the doors open, all residents are invited to attend Sunday services in our beautiful chapel at 11am. Let us join together to worship our Lord.

Luke 10:2 And he said to them, "The harvest is plentiful, but the laborers are few. Therefore pray earnestly to the Lord of the harvest to send out laborers into his harvest". This refers to the harvest of souls, bringing the love of Christ to others.

Our Chaplain Outreach programs are growing- to address the needs of others and to provide opportunities for us to reach out to others- both within our Village community and surrounding communities. We will again begin to pack and distribute food at local churches. If you are interested, please contact Chaplain Laura for the schedule.

We have permanent residents and temporary Rehab visitors who enjoy the company of others. We strive to enhance their lives by showing compassion and love, spending time with them as we are able.

If you would like to be a part of this rewarding outreach, please see Chaplain Laura to visit throughout the Village as you are able.

* ALZHEIMER'S CAREGIVER SUPPORT GROUP-For those who are giving care to one who has been diagnosed with Alzheimer's/Dementia.

*Devotional Study every Tuesday at 2:30

*Bible Study (Currently 3 John) Wednesday at 2:30

*Rosary every Wednesday 11am

*Inspirational Reading (Walking In Grace) Every Thursday at 2:30

If you have started a stepping stone or bird house, please join us to complete them on Wednesday, August 11 at 1:00

***** PLEASE SEE "CHAPLAIN'S CORNER" FOR DATES AND TIMES FOR ALL CHAPEL PROGRAMS FOR AUGUST*****

Please continue to check your calendar and our Chapel Bulletin board to sign up to join us. The experience of reaching out to others is rewarding.

In His Service,

Chaplain Laura Stone

CHAPLAIN'S CORNER

AUGUST

GIVE AND IT WILL BE GIVEN TO YOU

Luke 6:38

*Do you have a favorite recipe? Submissions for our **Village Cookbook** ends August 31; We would like to feature your favorite recipe. All proceeds will go to Resident Association. Please submit to Chaplain Laura.*

WHAT IS YOUR HIDDEN GIFT or TALENT?? Do you have a special gift, skill, or talent? An interesting background? Traveled to interesting places? Done some interesting things? I am seeking one or two Residents to be featured in a monthly Highlight, in person, in the Chapel. Or maybe feature one resident per month in the Trumpet.

ALZHEIMER'S CAREGIVER SUPPORT GROUP– This group meets to help work through/discuss caregiver's challenges, get ideas, and support.

Breakfast With Our Chaplain– Will resume in September

Interested in packing and handing out food at a local church? *We will begin this service again once per week in August.*

HARBOR LIGHTS—Do you enjoy singing or listening to singing? Join with other residents in the Chapel every Thursday at 4pm. Residents and staff are welcome join us.

Sunday Chapel service– 11am -**ALL** are welcome to attend!!

Tuesday–2:30 Devotional Study “Sharing God’s Love and Joy”

Tuesday Aug 10; 11am– Decorate a beautiful wooden cross.

1st and 3rd Tuesday– 1:30- ALZHEIMER'S CAREGIVER'S SUPPORT GROUP

Wednesday– Bible Study– 2 John and 3 John

Thursday– 11am Rosary

Thursday 2:30 Inspirational Reading “Walking in Grace”. Read and discuss chapters in this wonderful book of God’s graces.

Thursdays– 4:00 pm- Harbor Lights– COME SING WITH US!!!

In His Service,

Chaplain Laura Stone

Fitness Center News

AUGUST IS IMMUNIZATION AWARENESS MONTH

The COVID-19 pandemic has brought vaccines into the limelight and with so much information and *misinformation* on the internet, many people are overwhelmed trying to find answers to their questions. Your best line of defense is to look to trusted, reputable sources starting with your very own doctor. Other trusted sources are the Centers for Disease Control and Prevention and the World Health Organization at [cdc.org](https://www.cdc.org) and [who.int](https://www.who.int) respectively. Both sites offer up-to-date information regarding communicable diseases and the vaccines which help to prevent them. In addition, you can find answers to frequently asked questions including explanations as to how vaccines are developed and the safety and quality control used in manufacturing them as well as many other topics.

Thanks to the efforts of doctors and scientists around the globe, many diseases have either been eradicated or no longer pose a threat to our loved ones who are vaccinated against them such as polio, measles, mumps, smallpox, chickenpox and whooping cough.

According to the CDC, "COVID-19 is now a preventable disease. The COVID-19 vaccines authorized for use in the United States are safe and are effective against B.1.617.2 (Delta) and other variants." This is good news since the newest Delta variant is even more contagious than previous variants. Outbreaks tend to happen in areas that have lower vaccination rates, and as the number of cases increase, so does the opportunity for the virus to mutate into even more variants. Since no vaccine is 100% effective, if you do contract COVID-19 after being vaccinated, data shows that you are less likely to become severely ill or require hospitalization. *For your best protection, make sure you receive all recommended doses of a vaccine, wear a mask in heavily populated or poorly ventilated areas, maintain 6 feet or more distance from those that live outside of your household and wash your hands frequently.*

National Immunization Awareness Month is a great time to have a discussion with your doctor about whether or not your immunizations are up-to-date and to encourage loved ones to do the same. I hope everyone has a safe and healthy summer!

Chris Nahorodny, Fitness Specialist

Fitness Center News (cont.)

August Fitness Class Schedule

At this time, ALL CLASSES are being held INSIDE!

9:00 & 9:30 classes are primarily standing and held in the Chapel

10:30 classes are seated and held in the Activity Room

Monday—Arthritis Exercise

Helps ease pain and stiffness associated with joint and muscle pain

Tuesday—Be A.B.L.E.

Exercises to encourage an Active.Balanced.Limber.Energetic body and life

Wednesday—Be C.A.L.M.

Exercised to help be Centered.Aligned.Limber.Mindful using slow, smooth, fluid movements

Thursday—Move & Groove

Dance along to fun, upbeat music to burn calories, improve coordination and have a good time!

Thursday—Drum Fitness

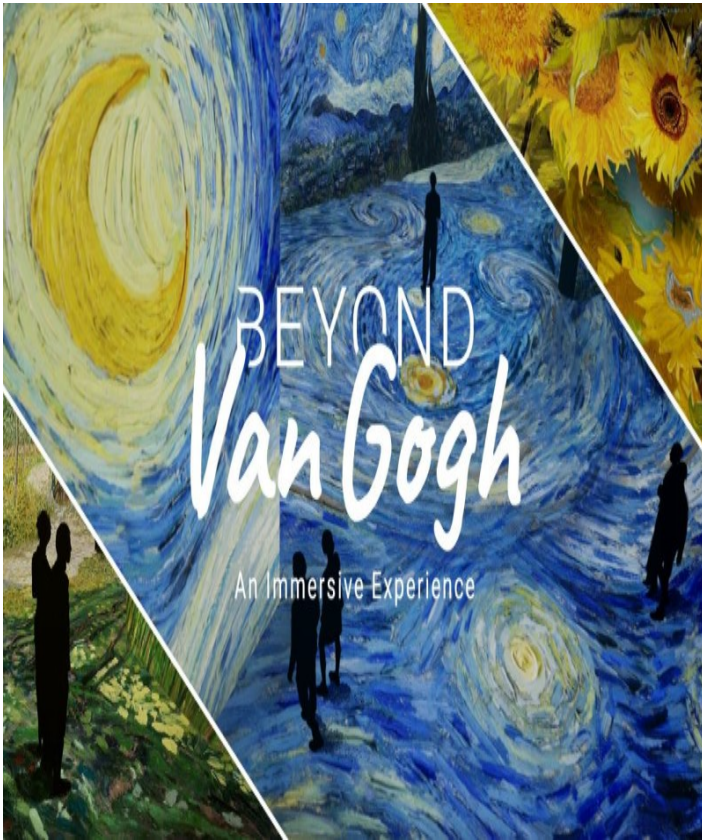
Drum on an exercise ball to increase heart rate and also to improve coordination and dexterity

Friday—Pool Noodle Fitness

Stretch and Strengthen using a pool noodle!

SCHEDULE IS SUBJECT TO CHANGE

Questions? Email cgorde@pvm.org or call (586) 716-7385



Immerse yourself in the world of Vincent Van Gogh like you've never experienced before. Beyond Van Gogh is a rich and unique multimedia experience, taking the viewer on a journey through over 300 iconic artworks including instantly-recognizable classics "The Starry Night", "Sunflowers", and "Cafe Terrace at Night", now freed from their frames. Set to a symphonic score and using the artist's own dreams, thoughts, and words to drive the experience as a narrative, Van Gogh's art comes to life by appearing and disappearing, flowing across multiple surfaces and heightening the senses with their immense detail. Guests will leave with a new appreciation of this prolific artist's stunning work.

Thursday, September 9, 8:30am
\$35.00 MONEY DUE AUGUST 3
Tickets are Limited!

HISTORIC CHURCHES PILGRIMAGES

All Souls Day Detroit Historic Churches – *Visits to Assumption Grotto, Holy Family Church, Old St. Mary's Church, Sweetest Heart of Mary Church, St. Aloysius Church, St. Joseph Shrine*

Deluxe Motor coach departs 7am from Ss. Cyril & Methodius

8am Traditional Latin Holy Mass at St. Joseph Shrine.

Lunch on your own in Greektown.

Tuesday, November 2, 6:00am

\$40 per person

Money due August 3



TIGERS-VS-MILWAUKEE
WEDNESDAY, SEPTEMBER 15

10:30AM

\$30.00

MONEY DUE: AUGUST 3

EXCURSIONS

Wednesday, August 4

Women's Lunch

Voyageur

\$\$\$ on your own

11:30am

Tuesday, August 10

Eastern Market & Lunch

\$\$\$ on your own

8:30am

Lobby

Thursday, August 19

Tigers Game

SOLD OUT

10:30am

Lobby

Tuesday, August 24

Men's Lunch

Voyageur

11:30am

\$\$\$ on your own

Lobby

Friday, August 27

Harsen's Island

Brown's

\$\$\$ on your own

11:30am

Lobby

Sunday, August 29

Concert at Metro Beach

Stiletto Fire-Rock, Pop, Dance

Free

MUST BRING YOUR OWN CHAIR

\$\$\$ on your own for snacks

5:00pm

Lobby

Thursday, September 9

Beyond Van Gogh Exhibit

TCF Center

\$33.99

****Money due August 3***

Tickets are limited!

10:00am

Wednesday, September 15

Tigers-vs-Milwaukee

10:30am

\$30.00

****money due-August 3***

Tuesday, November 2

Historic Church Pilgrimage

6:00am

\$40

Money due August 3

TRANSPORTATION SERVICES AR NOW RUNNING!



Please check calendar and Trumpet for dates and times of outings and shopping.

Space is limited!

Sign up for outings either in the Activity Room in the Binder or call Ann Marie: 586-716-7142

*WHEN MAKING PURCHASES,
ONLY PURCHASE WHAT YOU CAN CARRY ON AND OFF THE BUS.
THERE IS NO DOOR TO DOOR SERVICE. CALL TO BE PICKED UP.*

We also offer transportation services to appointments on
TUESDAYS-1:00-3:30PM AND WEDNESDAYS-8:30-3:30PM
Please call Ann Marie for availability before making appointments.

Ann Marie: 586-716-7142



Transportation services are subject to change.

**BEFORE GOING ON ANY TRIPS YOU MUST EMPTY YOUR WALKER!
WE WILL NOT LOAD WALKERS THAT ARE FULL.**



Card Players Wanted!

Do you enjoy playing cards? All games welcome.

Monday/Wednesday-3:00pm

Tuesday/Thursday-6:00pm

Activity Room



Harbor Lights

Sing along with Harbor Lights to all your old favorite or learn some new ones!

Thursdays 4:00pm Chapel





Birthday Dinner



Resident Potluck Picnic



Judy & Sam share the same Birthday!



4th of July Parade



**World's
Finest
Ice Cream**



Directory

Accounting <i>Tracy Tesch</i>	716-7408
Activity Lead A/L & I/L <i>Betsy Mianecki</i>	716-7143
Administrator <i>Carolyn Martin</i>	716-7221
Admissions Coordinator TCU <i>Beth Humble</i>	716-7427
Assisted Living Nurse <i>Denise Klimaszewski</i>	716-7115
Chaplain <i>Laura Stone</i>	716-7438
Community Liason <i>Sue McCallum</i>	716-7395
Dining Services Mgr. <i>Brian Williams</i>	716-7419
Director of Nursing <i>Jeff Robinson</i>	716-7416
Driver <i>Ann Marie Hart</i>	716-7142
Environmental Serv. Adm. Asst. <i>Michelle Willer</i>	716-7418
Executive Director <i>David Miller</i>	716-7410
Fitness Specialist <i>Chris Gorde</i>	716-7385
Front Desk <i>Receptionist</i>	725-6030
Haven Hall Nurse <i>Lynette Sanday</i>	716-7384
Housekeeping / Laundry Mgr. <i>Teri Lynn Taylor</i>	716-7418
Maintenance Work Request <i>Front Desk</i>	725-6030
Maintenance <i>Emergencies After 11:00pm</i>	248-996-2470
HCC Activity/Volunteer Mgr. <i>Sheri Stover</i>	716-7021
Physical Therapy Mgr. <i>Kim Frabotta, Agility Therapy</i>	716-7398
Resident Care Mgr. <i>Toni Greig</i>	716-7426
Sales & Leasing Specialist <i>Peggy Carroll</i>	716-7397
<i>Jemella Strong</i>	716-7183



8/03 Diane Conti

8/09 Genevieve Tylene

8/10 Carol Craycraft

8/11 Carolyn Martin

8/13 Stanley Wojcik

8/13 Doris Perkins

8/15 Patricia Pike

8/17 Ron Bass

8/17 Christine Edgerton

8/18 Nancy Huff

8/20 Joan Lehoczky

8/21 Eleanor Chapman

8/21 Elena McPherson

8/22 Janet Hibner

8/29 Elaine Young

Congratulations!



You are being recognized because
"What you did mattered!":

Thank you for what you did!

Employee Name: _____

Person Recognizing Employee: _____

Date: _____

** Please turn this card into Village Administrator for a chance to win a prize **
ACCOUNTABILITY LISTENING RELATIONSHIPS RESPECT

Congratulations!



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ACCOUNTABILITY LISTENING RELATIONSHIPS RESPECT



If you witness a staff person,
manager, or leader doing a great
job and exhibiting one or more of the Service
Excellence Core Values, you can fill out a "What I do
Matters" form and give it to the person at any time
or turn it into the front desk with the person's name
on it.