



Village Trumpet



Embrace the possibilities

33875 Kiely Drive • Chesterfield, Michigan 48047 • www.pvm.org

August 2017

2016 CRAIN'S
Best-managed
NONPROFIT
WINNER
Presbyterian Villages
of Michigan

Featured Articles

Administrator

Chaplain

Marketing

Events

Events

Photos

Directory



The Village of
East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



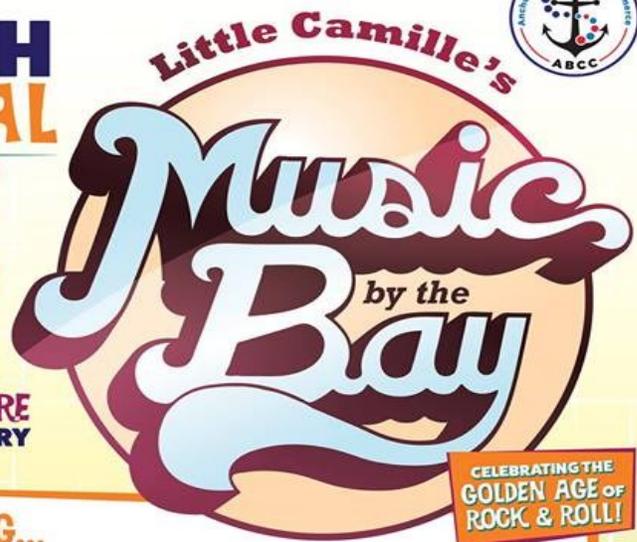
THE ANCHOR BAY CHAMBER OF COMMERCE
PRESENTS...



THE 5TH
ANNUAL

SATURDAY
AUG 12
2017

DOWNTOWN
NEW BALTIMORE
WALTER AND MARY
BURKE PARK



FEATURING...

THE TEEN ANGELS

ROCK & ROLL HITS OF THE AGES!

Arthur Murray PRESENTS...

DANCING BY THE BAY

LOCAL CELEBS DANCE-OFF FOR CHARITY!

PLUS... MOTOR CITY REDONES
CATTYWAMPUSS

CIRCLE OF FRIENDS BAND

VENDORS
FOOD & DRINKS
AND MORE!

TICKETS ON
SALE NOW!
BUY ONLINE:
ANCHORBAYCHAMBER.COM

GATES OPEN AT 2PM • \$10 AT THE GATE

HALF-OFF TICKET PRICE FOR ANYONE WHO ENTERS BEFORE 4:00PM!
BRING A CHAIR. FOOD AND BEVERAGES AVAILABLE IN THE PARK. SORRY, NO COOLERS.

The first 10 Village of East Harbor
Residents to sign up will get a
FREE ticket!

FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:



Summer time always seems to fly by quickly and this summer is no exception. We are seeing progress as our new construction and remodeling continues. Soon we will be able to show off our new one bedroom Assisted Living Apartments. Braun Construction will be starting on the outdoor patio for the Cameron Cafe while the weather permits. We will be relocating, landscaping affected by the construction to the new outdoor patio. Won't it be lovely to sit outside and enjoy a cup of coffee and grilled sandwich? New Assisted Living dining rooms are underway as well as the Nursing Health Care addition. We are happy we will be able to offer private nursing rooms for rehab and as always our residents will receive priority access for these upgraded rooms.

If you are looking for a fun night out join us as we sponsor Music by the Bay, August 12th and enjoy an evening of music and entertainment by beautiful Lake St Clair. Don't forget to sign up.

Staff, residents, and guest have purchased every Village Shirt that we have put out for sale. Each shirt is a limited edition design and sold at cost. Our newest shirt offer was an emoji design and the first offering sold out in two hours! We will be stocking up with another shipment if you missed out.

Please know I appreciate it when you share your opinions and thoughts. All ideas are given thought and consideration. I want you to know while we may not always agree, we have to make decisions based on a number of factors, sharing your options gives myself and us the opportunity to analyze and then make educated decisions. Decisions are not easy to make and everyone may not always agree with our choices but we try our best.

I love it when we receive kind words about our staff. If you are pleased with something a staff member has done for you please nominate them for the Shinning Star awards and recognition. Forms are available at the front desk.

Carolyn Martin
Administrator





From The Desk Of Chaplain Laura...

Welcome to the month of August!

It truly is an honor and a privilege to serve the Residents, staff and families of The Village of East Harbor.

Please mark your calendar for a “Meet the Chaplain” breakfast on Monday, August 21, 8:30am. Please be sure to sign up in the lobby.

I would love to break bread with all Residents.

In our Bible studies on Mondays, we have been walking through the Gospel of Mark, learning and sharing the experiences and teachings of Christ’s Apostles.

In August and moving forward, we will continue the Gospel of Mark and will move into various forms of studies. Please watch the Chapel bulletin board for updates.

We have grown our spiritual program to include groups, activities, and games. We have continued the Inspirational Reading on Thursdays for those who enjoy gathering together for the reading and discussion of a good book. This is especially beneficial for those who may have visual difficulties and find the group to be beneficial for their spiritual and social inclusion. All are welcome to join us.

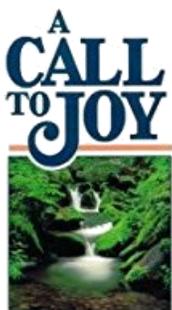
“**A Call To Joy**” is our newest group which has been quite successful. It is designed to address anxiety, bereavement, depression and socialization.

Alzheimer’s support group for caregivers meets the 3rd Tuesday of every month, if you know of anyone who may benefit, this group is open to all Residents and the public.

We have Chapel studies and activities **every Sunday through Thursday at 3:00 pm** in the Chapel. All are welcome.

In His Service,

Chaplain Laura Stone



A group designed to inspire us toward joyful living. Learning and practicing relaxation, calming breathing, Yoga, inspirational encouragement, mindfulness, calm through music, and spiritual connectedness, we will learn how to calm the anxiety, alleviate depression, instill peace, calm and comfort into our daily lives.

Tuesday’s-3:00pm-Chapel

MARKETING



There is an exciting event coming up soon to put on your calendar and tell your family and friends about – The Village of East Harbor is proud to once again sponsor Music by the Bay, along with several other local businesses, presented by the Anchor Bay Chamber of Commerce. Local celebrities (including former VEH Marketing Manager, Kathy Bartz!) will dance for FAN and need your votes. Families Against Narcotics provides support, resources and education to families affected by addiction to prescription drugs. This year, we will be celebrating the golden age of rock & roll, and several great bands will provide the music, including The Teen Angels. We are also very excited to announce that our very own Stan Wojcik will be one of the judges this year! If you recall, Stan represented The Village of East Harbor in last summer's competition, and he and his young dance partner danced their way to victory on Stan's 91st birthday! Please come out and support the dancers, the community and this wonderful organization. We promise a fun-filled afternoon and evening, with gates opening at 2:00 and tickets available at the gate or online at littlecamillesmusicbythebay.com

See you there!

WELCOME HOME NEW RESIDENTS

We welcome these new residents to our
Village of East Harbor Family:

Gary Allen—106

George Manning—Q-1

Alzheimer's Support Group

Hosted by

Chaplain Laura

3rd Tuesday of every month

2:00pm

Chapel



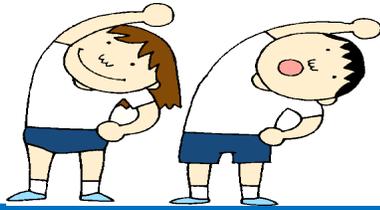
The Village of East Harbor Skilled Nursing and Rehab Health Care Center is happy to announce that we now are a preferred provider and can accept HAP insurance.

Please note this for future reference if you carry HAP insurance.

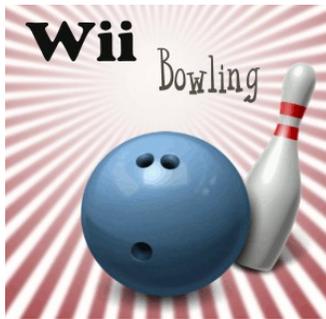
JUST A REMINDER...Committee Meetings are off for July and August!

Fitness Center NEWS

Even though the Fitness Center is under construction, we still have fitness classes available throughout the building. Please refer to the fitness calendar and join us for exercise and fun!



We have a variety of classes to suit everyBODY!
Please see Chris to help decide which class is right for YOU!!



Wii Games
Mondays—2:30pm
Thursday's—11:00am
Activity Room

**Everyone
Is
Welcome!**

ACRYLIC PAINTING



Anita Wood will guide you through the fundamentals of painting with acrylics.

Learn about color theory, proper brushes, stroke work and so much more in this 6 week course.

Tuesday, September 19, 1:30pm, Activity Room

\$50.00 (money due September 4)

Shop for supplies at Joann's on Tuesday, September 12

Please sign up in the lobby.

Country Smoke House Almont, Michigan



ASHES TO ASHES

They say I'm a murderer!
Guilty in the first degree.
Myself? I must be dreaming.
This can't be happening to me

Hell I was considered the greatest.
No doubt I was number one...
But the fools turned on me so quickly
I didn't have time to run.

What do you mean I shouldn't be bitter?
I should try to understand.
I suppose I'm to accept gracefully
the backside of their hand.

Sure I've killed a few but so what!
I think of the millions that I've saved.
I don't think it really matters
that their futures I've enslaved.

I've soothed shattered nerves my friend.
Now I think that makes good sense.
You turn that around and claim instead
it's me that makes them tense.

No matter what I say or do
you always have an answer.
If I promise something unique in life
you counterattack with "CANCER"!

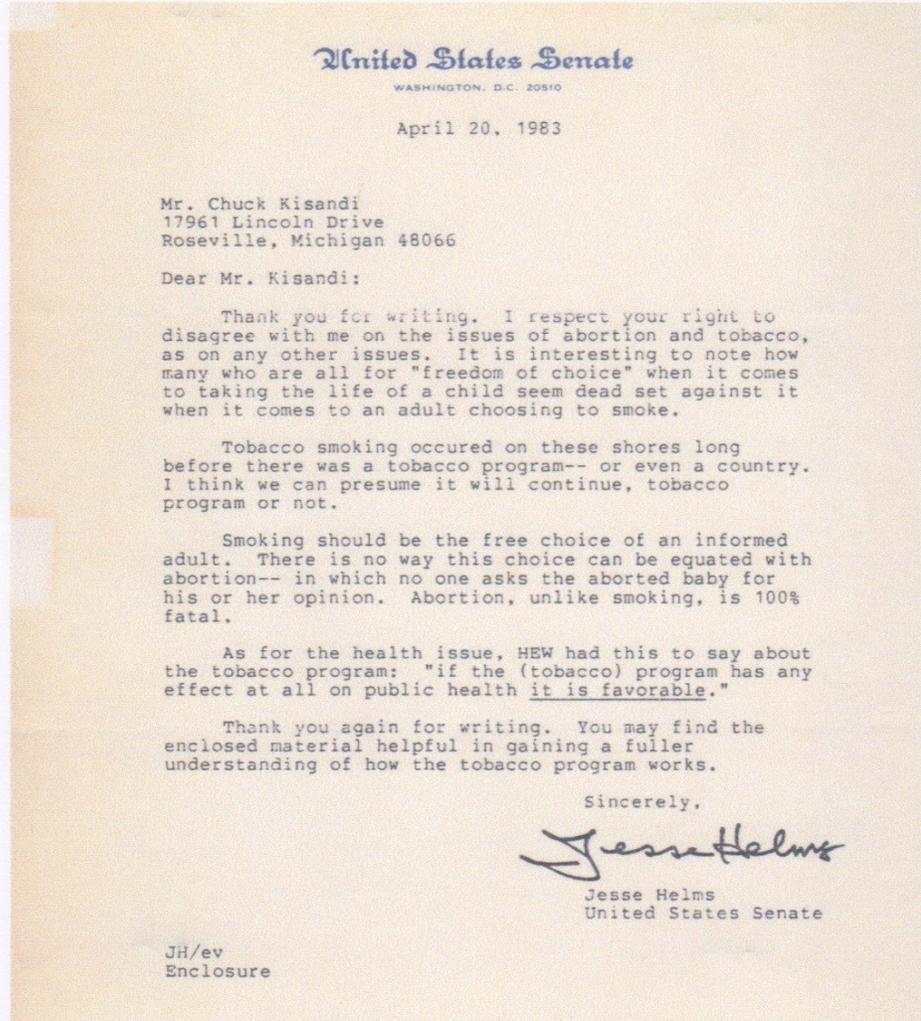
Not long ago I was truly loved.
I was treated with great respect.
There was no greater joy in life
than being a cigarette.

Smoking was both chic and cool,
blowing smoke rings was an art.
They didn't know their fun and games
was costing them their hearts!

What in the hell am I crying for?
My existence will never end.
As long as there are fools around
I'll always have a friend.

Ha! I can laugh at you stupid fools.
I can spit right in your face.
Your soul has fallen prey to me...
My tobacco is in its place.

So light up another butt my friend.
Inhale as deep as you may please.
This epitaph will soon be yours...
SMOKER - - - REST IN PEACE!!!



As you can see by the letter I've added not all politicians agreed with me. Back in the '80s Jesse Helms was a well known and respected Senator from a state that made a lot of money from tobacco. He sent me a booklet on some legislature that was going to be voted on by congress. I felt very honored to receive the attention and respect from a senator as powerful as he was. I was frank and honest with my poem and his response was too.



MONARCH BUTTERFLY WAYSTATION

Visit our Butterfly garden and caterpillars in the courtyard outside of the Activity Room.



Word Record for the

WORD GAME

180 words

Congratulations



AUGUST EXCURSIONS.....

Tuesday, August 1

Cranbrook

9:00am

Lobby

Tuesday, August 8

Eastern Market

8:30am

Lobby

Saturday, August 12

Music by the Bay

\$10 at the gate

4:30pm

Lobby

Wednesday, August 16

Men's/Women's Lunch

Anita's & Shopping in Marine City

11:00am

Lobby

On your own

Saturday, August 19

Selfridge Air Show

7:30 am

Lobby

Money for Lunch

Tuesday, August 22

New Baltimore Parks & Rec Open House

11:30am

Lobby

Thursday, August 24

Tigers -vs- Yankees

10:00am

Lobby

Tuesday, August 29

Huron Lady Dinner Cruise

River Crab Restaurant

4:00pm

Lobby

Thursday, August 31

Picnic at the Park

Walter & Mary Burke Park

11:00am

Lobby

UPCOMING EXCURSIONS.....

Coming in September...

Detroit Zoo

Senior Day

Wednesday, September 6

9:00am

Meadowbrook

Behind the Scenes

Friday, September 29

DON'T GET LEFT BEHIND!

You MUST sign up for ALL shopping TRIPS and EXCURSIONS in the book found in the lobby and money in by the due date!

There must be 6 or more signed up or trips may be subject to cancellation.

Book Group

The Book Group will be discussing:

"A Sense of the World" by Jason Roberts, a narrative nonfiction about a most astonishing man who became blind as a young man and then decided to travel around the world.

Come join the group, all are welcome.



**Wednesday, August 16, 3:30pm
Activity Room**

FULL
You must
bring your
OWN chair!

National Ice Cream Soda Day



**Wednesday,
August 2
2:15pm**

Activity Room

National Watermelon Day

Enjoy a slice!

Thursday, August 3

1:30pm

Activity Room



Eastern Market

Tuesday, August 8

8:30am

Lobby

Omelet Station

Wednesday, August 9

7-10:30am

Dining Room



**NATIONAL EMOJI DAY
THURSDAY, AUGUST 10**

**Make an Emoji Door Hanger
Tuesday, August 8
1:00pm-Activity Room**



**Emoji Party
Thursday, August 10
1:30pm-Activity Room**

**International Tell a Joke Day
Bring your favorite joke and join us
for a fun party**

**Wednesday, August 16
1:30pm
Activity Room**



CREAMSICLES & COCKTAILS

**FRIDAY, AUGUST 18
2:45PM
ACTIVITY ROOM**



NEW BALTIMORE PARKS & REC

SENIOR ACTIVITY

OPEN HOUSE

TUESDAY, AUGUST 22

11:30AM

LOBBY

Banana Split Day

Join us for all the fixin's

Friday, August 25

2:30pm

Activity Room



Huron Lady Dinner Cruise

Tuesday, August 29

4:00pm

Lobby

\$55.00



**National Eat Outside Day
Picnic in the Park
Walter & Mary Burke Park**

**11:00am
Lobby**



Men's & Women's Lunch Island Grill



In honor of National Joke Day.... respectfully submitted by: Dorothy Dennis

Two 90-year-old women, Rose and Barb, had been friends all of their lives.

When Rose fell ill, Barb visited her every day. As death seemed to be moving closer, Barb said. "Rose, we both loved playing women's softball all our lives, and we played all through high school. Please do me a favor: When you get to heaven, somehow you have to let me know if there's women's softball there."

Rose agreed to do all that would be in her power and then passed on.

At midnight a few nights later, Barb was awakened from a sound sleep by a blinding flash of white light a voice calling her name.

"Who is it?" asked Barb, sitting up suddenly.

"Barb— it's me, Rose. I have good news and bad news. The good news is that there's softball in heaven. Better yet, all of our old buddies who died before us are here, too. Better than that, we're all young again. It's always springtime, and it never rains or snows. And best of all, we can play softball all we want, and we never get tired."

"That's fantastic," said Barb. "It's beyond my wildest dreams! So what's the bad news?"

"You're pitching Tuesday."

Shipwreck Cruise



Lunch at The Boatyard Grill



Directory

Accounting	
<i>Tracy Tesch</i>	716-7408
Activity Lead A/L & I/L	
<i>Betsy Mianecki</i>	716-7143
Admissions Specialist T.C.U	
<i>Sue McCallum</i>	716-7427
Assisted Living Nurse	
<i>Denise Klimaszewski</i>	716-7115
Beauty Salon	
<i>Appointments</i>	716-7180
Care Sync Case Manager	
<i>Josie Villegas</i>	716-7092
Chaplain	
<i>Laura Stone</i>	716-7438
Dining Services Mgr.	
<i>Brian Williams</i>	716-7419
Director of Nursing	
<i>Melissa Freiburger</i>	716-7416
Driver	
<i>Ann Marie Hart</i>	716-7142
Fitness Specialist	
<i>Chris Gorde</i>	716-7385
Front Desk	
<i>Receptionist</i>	725-6030
Haven Hall Nurse	
<i>Lynette Sanday</i>	716-7384
Housekeeping / Laundry Mgr.	
<i>Mary Breen</i>	716-7418
Maintenance Work Orders.	
<i>Front Desk</i>	725-6030
Maintenance	
<i>Emergencies After 11:00pm</i>	248-996-2470
HCC Activity/Volunteer Mgr.	
<i>Sheri Stover</i>	716-7021
Physical Therapy Mgr.	
<i>Kim Frabotta, Agility Therapy</i>	716-7398
Resident Care Mgr.	
<i>Toni Greig</i>	716-7426
Sales & Leasing Mgr.	
<i>Carolyn Martin</i>	716-7221
Sales & Leasing Specialist	
<i>Peggy Carroll</i>	716-7397
<i>Nancy Smiley</i>	716-7183



8/6 Judith Wullaert

8/11 Kenneth Ouellette

8/12 Donald Jacobs

8/13 Stanley Wojcik

8/13 Doris Perkins

8/18 Nancy Huff

8/20 Joan Lehoczky

8/21 Elena McPherson

8/22 Janet Hibner

8/26 Elizabeth Richardson

8/29 Dorothy Dennis