



# Village Trumpet



Embrace the possibilities

33875 Kiely Drive • Chesterfield, Michigan 48047 • www.pvm.org

June 2021



## Featured Articles

- Administrator
- Marketing & Events
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*You're Invited...*

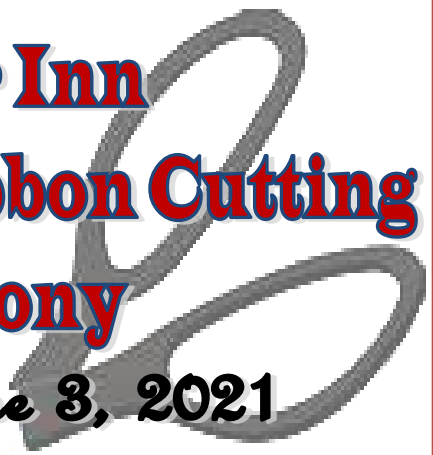
## Harbor Inn

# Red Carpet Ribbon Cutting Ceremony

Thursday, June 3, 2021

10:30am

**RSVP-586-725-6030**



## The Village of East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



## Father's Day Celebration

# Casino & Coffee

Friday, June 18

10:30am

front parking lot

**EVERYONE IS INVITED!**



## FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:



I hope you can stop by June 3<sup>rd</sup> at 10:30 am for our Ribbon Cutting of the new Ranch Home Apartments. Come and tour our new furnished apartment. Please rsvp with Sales and Leasing as we need a head count for the event. Hope you can make it. I would love to see you there.

This was one of the most beautiful springs on campus in my memory. I believe it is a sign of good things to come. I also believe it is an extra busy time for our maintenance team and grounds keeping staff who are doing their best to keep up with work orders and grounds. A campus this large takes time to keep up, especially during growing season. Please be kind and give our team grace. I am sure you noticed hiring signs all over the area. It is hard to find grounds keeping staff. I promise you the team is doing their very best to keep up trimming bushes, weeding, and turning over the spring duties. I am grateful they show up every day. Some restaurants and businesses in town have had to close up early or shorten their workweek. We are fortunate that we are not in that category. Sometimes it is easy to take for granted the hard working staff who show up and try their best. I had one maintenance man who went home very dejected after having a resident get verbally angry. We all have trying days. He considered leaving. If you are upset about an issue please call me. I ask that you not take it out on our hardworking staff but call me and let me assist you. Staff have to go by work orders to complete tasks. This is in order to be fair to all residents. I am available by phone or appointment to meet with you personally.

We wished Dylan a fond farewell. He received a job offer at a Tool and Die company to work in Human Resources. It was a big promotion for him. We will miss him but we are happy for him as well. We are looking for a new Sales and Leasing Specialist. If you know of anyone who has sales experience and would enjoy working with our team please send them our way.

The Horse Race event was so much fun. Cannot wait for the Father's Day Celebration outside. You do not have to be a Father to join in on the festivities. Happy we can get together outdoors again. Don't miss Betsy's mystery trip and other outdoor activities.

Betsy is planning a surprise trip. If you need a vaccination, please call the front desk and ask for Toni and we will assist setting up an appointment on campus during our monthly vaccination clinics.

Do not forget to order a daily special from dining services if you are hungry. Hard to beat \$3.00 a day specials being offered. Call front desk to see what is the special of the day. Staff and residents enjoy the daily yummy offerings at a great price.

If you have any thoughts, ideas, or concerns to share stop by and see me or reach out by phone,

Happy summer,

Carolyn



Finally, summer is here! Nothing feels better than soaking up the sun after a long winter! Not only is summer here but Harbor Inn is here as well! This month is busy for our Marketing

Team! June 3<sup>rd</sup> is the Ribbon Cutting Ceremony welcoming our new residents to the village family. We hope to see you there so you can meet everyone! Please RSVP for this event by calling, 586-725-6030. On June 24<sup>th</sup>, there will be another open house for Harbor Inn and we welcome everyone to come see the new ranch apartments so please RSVP for this event as well, 586-725-6030.

Make sure to catch some rays this June!

The Sales and Leasing Team



Introducing one of three new receptionist at the front desk, her name is Darcy Stalker she will be our PT days/afternoon receptionist. Darcy has been married for 17 years, she has 2 boys in HS and 2 Adult daughters, 3 granddaughters, a 5 month old Labradoodle and a 3 year old Maltese Poodle. Darcy moved to Chesterfield 2 years ago, and her and her family like to go camping during the summer and do remodeling projects.

Please swing by or give her a call and introduce yourself and welcome her to our village family.

WELCOME DARCY 😊

To share timely information regarding COVID-19, we have set up a toll-free number for our residents, families and staff.

**Call our Community Care Line at:**

**888-412-5999**

You can get the latest report straight from David at The Village of East Harbor

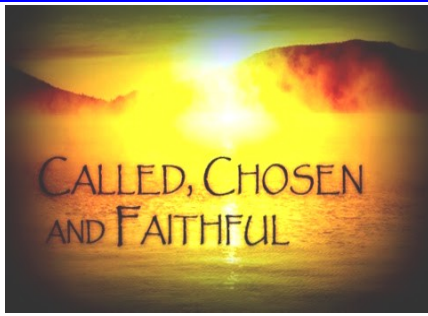
**WELCOME HOME NEW RESIDENTS**

We welcome these new residents to our Village of East Harbor Family

**Elsie King—619-Barnett**

**Terry & Shirley Walter—I-1**

**Lillian Willneff—D-402**



*From The Desk Of  
Chaplain Laura...*

**JUNE**

**Happy Father's Day!!**



Some may believe they have big shoes to fill when it comes to measuring up to the image of a father, when in reality, it is the heavenly Father that is to be followed. John 3:16- "For God so loved the world that He gave his only begotten son...". **God gave.**

He instructed man to be the provider for his family. To "train up a child in the way he should go" (Proverbs 22:6), To hold fast to His precepts (Proverbs 4:1-9), to love and care for his family, and stand firm in the faith.



God simply says: Lead, provide, protect, train, guide, and love.

We are all called to be imitators of Christ (Ephesians 5).

Sunday, June 20 is a day to celebrate all fathers. We will celebrate in honor of those whom God has appointed to lead, provide, protect, train, guide and love.

To those who have had children, those who have adopted children, those who have cared for children, and the neighborhood "Dads" who taught others to ride a bike, change a tire, helped a neighbor .... **We thank you and we celebrate you. You have impacted lives forever.**

June 14 is **Flag Day**. The Christian flag was created in 1907. Its colors match those of the American flag; White represents purity and peace, blue indicates fidelity, and red stands for Christ's blood sacrifice.

This month, as we pledge allegiance to our flags and for what they represent, honoring the fathers in our lives. Let us always remember and honor our Heavenly Father, the One Who gave the ultimate sacrifice for us all... His Son, Jesus Christ.



Please continue to check your calendar and our Chapel News bulletin board in the Chapel hallway for upcoming events, programs, and Gardening/Beautification news and updates; **Also see "Chaplain's Corner" here in the Trumpet for dates/times of the above, and more.**

This month, we will be making Prayer Jars, painting and installing Noah's Bird Houses to hang on the trees, painting encouragement stones for our Peace Gardens, and more.

Please see **"Chaplain's Corner" in this Trumpet**, for details!

*In His Service,  
Chaplain Laura Stone*



## CHAPLAIN'S CORNER

Greetings in the name of Jesus!

I am aware that many churches are opening, however, many choose to remain home for a while longer. The weather is welcoming, and there is nothing more beautiful than an outdoor service. So, beginning Sunday, June 6, our outdoor services for INDEPENDENT RESIDENTS will begin, at 10am (weather permitting). As summer progresses, services may start earlier due to the heat. If you would like, please bring your cup of coffee as we gather and enjoy Sunday mornings together with the Lord.



**Beginning Tuesday, June 15, We will start a once weekly Devotional study.**

Our first 3 titles are "[Fathers](#)", "[Blessings From God](#)" and "[Let Freedom Ring](#)".

Throughout June, meet in the front parking lot to plant flowers or engage in other beautification projects. We will make and complete stepping stones, add flowers, plants, etc. throughout the Village to make our Village POP!! Please bring your ideas as well!

**PLEASE REVIEW YOUR CALENDAR for dates and times these projects will begin, starting the first of the month. You don't want to miss out!**

We will be painting and finishing stepping stones, making Prayer Jars, creating Peace Garden stones, etc. Please join us. Its always a great time! These creations are for the beautification of our Village community and outside the chapel.

I am always available to you all. If you need prayer, a visit, resources, etc, please feel free to reach out to me at (586) 424-5674. I am also available for emergency calls or visits until 7pm every day. If I am unavailable, please leave a message and I will return your call as soon as I am able.

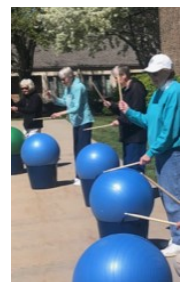
Blessings,  
Chaplain Laura

# **Fitness Center News**

## ***JUNE IS ALZHEIMER'S AWARENESS MONTH***

**As the American population ages, Alzheimer's disease is a growing epidemic. According to numerous reputable resources, including the Alzheimer's Association, the National Institute on Aging, the Mayo Clinic, and Harvard Medical School, studies suggest that *getting at least 30 minutes of moderate exercise 3-4 days per week can help prevent the development of Alzheimer's or slow the progression in people who have symptoms.* Other lifestyle factors that may help slow or prevent the disease are: eating a healthy diet; namely the Mediterranean diet rich in fruits, vegetables, lean proteins and omega-3 fatty acids; minimal to no alcohol consumption, continued social interaction and controlled blood pressure. More good news: one of the ways you can help manage blood pressure is...you guessed it... through exercise! So be sure to hang up the enclosed exercise schedule and join me Monday through Friday for some fun workouts and social interaction! Hope to see you there!**

***Chris Nahorodny, Fitness Specialist***





# **Fitness Center News (cont.)**

## **June Outside Fitness Class Schedule**

**All outside classes are at 9:00am unless otherwise noted**

### **Monday—Arthritis Exercise (Quad)**

*Helps ease pain and stiffness associated with joint and muscle pain*

### **Tuesday—Be A.B.L.E. (Front parking lot)**

*Exercises to encourage an Active, Balanced, Limber, Energetic body and life*

### **Wednesday—Be C.A.L.M. (Quad)**

*Stretching, breathing and relaxation techniques to help induce a Calm, Active, Limber, Mindful energy*

### **Thursday—Move & Groove (Front parking lot)**

*Dance along to fun, upbeat music to burn calories, improve coordination and have a good time!*

### **Thursday—Drum Fitness (Front parking lot-9:30)**

*Drum on an exercise ball to increase heart rate and also to improve coordination and dexterity*

### **Friday—Pool Noodle Fitness (Quad)**

*Stretch and Strengthen using a pool noodle!*

**ALL OUTDOOR ACTIVITIES ARE WEATHER PERMITTING FOR SAFETY ie.: no precipitation/dry ground, temperature between 50-85 degrees, winds under 20 mph, etc.**

**SCHEDULE IS SUBJECT TO CHANGE**

**Questions? Email [cgorde@pvm.org](mailto:cgorde@pvm.org)**

**Or call (586) 716-7385**



## **Minutes Residents Association Meeting May 18, 2021**

The meeting was called to order at 1:34 by president Janet Lickman. She introduced the officers. She then introduced those who were attending their first meeting: Marilyn Shahean, Christine Edgerton, Kathy Nunes, and Eleanor Chapman. Reports were then given.

### **Staff**

**Brian** – food service

AL will go back to the dining room tomorrow.

We are working on the menu.

We are working on reopening the Café.

We will be adding a pub called Act 1

Restaurant will open soon

A Tuesday special will be offered for \$3; order at front desk for all.

**Carolyn** - administrator

We have vaccinations for all even family members if needed.

June 3 is scheduled for ribbon cutting at 10:30 for new ranch homes. We can't drive through but we can get near.

Apartments are up. There are 60.

June 24 there will be another red carpet tour of ranch houses.

We must notify everyone if we are Covid positive, and we must be confined for 2 weeks.

The driver can accommodate apartments for taking to places.

We will be able to take trips if vaccinated.

**Scott** – building and maintenance

Will set up a grounds meeting.

Gazebos are here but must be put up.

Beverley reported her windows were leaky. Roofs also suspicious. Weather was perfect for this last year.

**Teri** – housekeeping

Need new company for window cleaning. Nancy gave a memo for new company.

Can make requests for apartment cleaning.

**Betsy** – activity lead AL and IL

June 18 we will have a Father's Day program.

We will do crafts outside.

**Chris** – fitness specialist

The exercise schedule is in the Trumpet. Tuesday and Thursday in parking lot, Wednesday 8 am walk.

Fitness center scheduled to open the end of August or by the beginning of November.

### **Officers**

**Treasurer**

The Residents account has \$1,015 of which \$500 will come out for Friends and Family; petty cash has \$387, adding \$ 85 for the sugar bowl.

Residents want an outdoor picnic.

The meeting was adjourned at 2:18 without motions made or seconded.

Beverley Pack  
Secretary



**JUST A REMINDER...Committee Meetings are open to ALL Residents!**

**Building & Grounds**

Meets the 1st Tuesday at 3:00pm in the front parking lot.

**Culinary Committee**

Meets the 1st Wednesday at 1:30pm in the front parking lot.

**Communication Committee**

Meets the 1st Wednesday at 3:00pm in the front parking lot.

**Resident Association will meet on Tuesday, June 8 at 10:00am**

**PLEASE NOTE: THE JUNE RESIDENT ASSOCIATION MEETING WILL BE THE LAST MEETING TILL SEPTEMBER.**



**KROGER**

**TUESDAY'S • 9:00AM • SPACE IS LIMITED!**

Due to covid restrictions we are going back to our original policy of:

*PURCHASE ONLY WHAT YOU CAN CARRY ON AND OFF THE BUS.*

*THERE IS NO DOOR TO DOOR SERVICE.*

*CALL TO BE PICKED UP*

We are now offering transportation services to appointments on

**TUESDAYS-1:00-3:30PM AND WEDNESDAYS-8:30-3:30PM**

Please call Ann Marie for availability before making appointments.

Call Ann Marie to schedule: 586-716-7142

Transportation services are subject to change.



Join us for our MYSTERY TRIP

Thursday, June 10 • 9:30am

You must call Ann Marie (586)-716-7142 to reserve your spot.

All reservations on a first come basis.

Please bring money for a treat .



## The Village Lottery

Will be taking a break for the summer, we will revisit in the fall.

**Congratulations to all who won!**

**Winners in May:**

- Bob Healy • Dick Schoeninger • Janet Lickman
- Sam Vicari • Jane Mize

If you witness a staff person, manager, or leader doing a great job and exhibiting of one or more of the Service Excellence Core Values, you can fill out a “What I do Matters” form and give it to the person at any time or turn it into the front desk with the person’s name on it.

Find more “what I do matters” forms on the next page.

# Congratulations!



You are being recognized because  
 “What you did mattered!”:

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*Thank you for what you did!*

Employee Name: \_\_\_\_\_

Person Recognizing Employee: \_\_\_\_\_

Date: \_\_\_\_\_

**\*\* Please turn this card into Village Administrator for a chance to win a prize \*\***

**ACCOUNTABILITY LISTENING RELATIONSHIPS RESPECT**



## Secure A Fixed Rate Annuity to Generate Income for Life!

- A sizable part of each gift annuity is also tax-free.
- You’ll receive a guaranteed income for as long as you live and your rate will never change – you will get the same payment for life!
- You make a special and enduring gift to strengthen the Mission of PVM.

AGE	RATE
65	4.7%
70	5.1%
75	5.8%
80	6.8%
85	7.8%
90+	9%



For more information, call Paul Miller at  
 the PVM Foundation **248.281.2045**

[www.pvmgifts.org](http://www.pvmgifts.org)

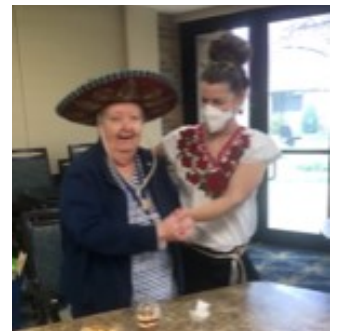
## 13 new ducklings in Fritz Gardens



## Resident's enjoy a beautiful afternoon in Pete's Park.



## Cinco de Mayo



## Residents playing cards



# Mother's Day Celebration



# Directory

<b>Accounting</b> <i>Tracy Tesch</i>	716-7408
<b>Activity Lead A/L &amp; I/L</b> <i>Betsy Mianeki</i>	716-7143
<b>Administrator</b> <i>Carolyn Martin</i>	716-7221
<b>Admissions Coordinator TCU</b> <i>Beth Humble</i>	716-7427
<i>Sue McCallum</i>	716-7395
<b>Assisted Living Nurse</b> <i>Denise Klimaszewski</i>	716-7115
<b>Chaplain</b> <i>Laura Stone</i>	716-7438
<b>Dining Services Mgr.</b> <i>Brian Williams</i>	716-7419
<b>Director of Nursing</b> <i>Jeff Robinson</i>	716-7416
<b>Driver</b> <i>Ann Marie Hart</i>	716-7142
<b>Environmental Serv. Adm. Asst.</b> <i>Michelle Willer</i>	716-7418
<b>Executive Director</b> <i>David Miller</i>	716-7410
<b>Fitness Specialist</b> <i>Chris Gorde</i>	716-7385
<b>Front Desk</b> <i>Receptionist</i>	725-6030
<b>Haven Hall Nurse</b> <i>Lynette Sanday</i>	716-7384
<b>Housekeeping / Laundry Mgr.</b> <i>Teri Lynn Taylor</i>	716-7418
<b>Maintenance Work Request</b> <i>Front Desk</i>	725-6030
<b>Maintenance</b> <i>Emergencies After 11:00pm</i>	248-996-2470
<b>HCC Activity/Volunteer Mgr.</b> <i>Sheri Stover</i>	716-7021
<b>Physical Therapy Mgr.</b> <i>Kim Frabotta, Agility Therapy</i>	716-7398
<b>Resident Care Mgr.</b> <i>Toni Greig</i>	716-7426
<b>Sales &amp; Leasing Specialist</b> <i>Peggy Carroll</i>	716-7397
<i>Dylan Demo</i>	716-7183
<i>Shelby Jones</i>	716-7039



6/02 Rosa Barretta

6/04 Beverly Pack

6/08 Betty Weaver

6/12 Betty Williams

6/16 Janet Lickman

6/ 17 Norma Matthews

6/22 Dolores Matthews

6/23 Maureen Furtak

6/25 Rebecca Frank

# PINK FLAMINGO DAY WEDNESDAY, JUNE 23

## WEAR PINK CASUAL DAY



### BIRTHDAY DINNER IS BACK!

WE WILL BE CELEBRATING BIRTHDAYS OF THE MONTH ON  
THURSDAY, JUNE 17  
ENTERTAINMENT TO FOLLOW



Show & Tell  
&  
What's in the Bag  
Monday's  
2:30pm  
Activity Room



### Tuesday Bingo

1:30pm

(please note time change)

Activity Room

Check your calendar for the special  
bingo of the day!

### 4th of July Door Hanger

Thursday, June 24  
1:30pm-Activity Room



### 4th of July Bracelet

Thursday, June 30  
1:30pm-Activity Room



### Women's Coffee Hour & Armchair Travel

Friday's • 9:30am  
Activity Room



HAPPY HOUR  
Friday's 1:30pm  
Activity Room



TV Game Show Day  
Wednesday's  
1:30pm  
Activity Room






Saturday's  
1:30pm  
Activity Room



# Independent Living Activities Calendar

## JUNE 2021

Sunday	Monday	Tuesday	Wed	Thursday	Friday	Satur-
<p><b>All Activities will be held in the front parking lot .</b></p> <p><b>Activities followed by a (Q) will be held in the Quad.</b></p>		<p><b>1</b></p> <p>9:00 Fitness 10:00 Plant Flowers</p> 	<p><b>2</b></p> <p>9:00 Fitness(Q) 10:00 Step-ping Stone</p>	<p><b>3</b></p> <p>9:00 Move&amp; Groove 9:30 Drumming 10:00 Men's Coffee 11:00 Planting</p>	<p><b>4</b></p> <p>9:00 Fitness(Q)</p> 	<p><b>5</b></p>
<p><b>6</b></p> <p>10:00 Sunday Service</p>	<p><b>7</b></p> <p>9:00 Fitness(Q)</p> 	<p><b>8</b></p> <p>10:00 Resident Association</p>	<p><b>9</b></p> <p>9:00 Fitness(Q)</p>	<p><b>10</b></p> <p>9:00 Move&amp; Groove 9:30 Drumming 9:30 Mystery Trip 10:00 Men's Coffee 11:00 Planting</p>	<p><b>11</b></p> <p>9:00 Fitness(Q)</p>	<p><b>12</b></p>
<p><b>13</b></p> <p>10:00 Sunday Service</p>	<p><b>14</b></p> <p>9:00 Fitness(Q)</p>	<p><b>15</b></p> <p>9:00 Fitness 10:00 Devotional Study- "Fathers"</p> 	<p><b>16</b></p> <p>9:00 Fitness(Q) 10:00 Peace Garden Stones</p>	<p><b>17</b></p> <p>9:00 Move&amp; Groove 9:30 Drumming 10:00 Men's Coffee</p> 	<p><b>18</b></p> <p>10:30 Father's Day Casino &amp; Coffee</p> 	<p><b>19</b></p>
<p><b>20</b></p> <p>10:00 Sunday Service</p> <p><i>HAPPY Father's Day</i></p>	<p><b>21</b></p> <p>9:00 Fitness(Q)</p>	<p><b>22</b></p> <p>9:00 Fitness 10:00 Devotional Study- "Blessings from God"</p>	<p><b>23</b></p> <p>9:00 Fitness(Q) 10:00 Make a Flag Door Hanger</p> 	<p><b>24</b></p> <p>9:00 Move&amp; Groove 9:30 Drumming 10:00 Men's Coffee 10:00 Beautifiation</p>	<p><b>25</b></p> <p>9:00 Fitness(Q)</p>	<p><b>26</b></p>
<p><b>27</b></p> <p>10:00 Sunday Service</p>	<p><b>28</b></p> <p>9:00 Fitness(Q)</p>	<p><b>29</b></p> <p>9:00 Fitness 10:00 Devotional Study- "Let Freedom Ring"</p>	<p><b>30</b></p> <p>9:00 Fitness(Q)</p> 			

# Congratulations!



You are being recognized because  
"What you did mattered!":

*Thank you for what you did!*

Employee Name: \_\_\_\_\_

Person Recognizing Employee: \_\_\_\_\_

Date: \_\_\_\_\_

\*\* Please turn this card into Village Administrator for a chance to win a prize \*\*  
ACCOUNTABILITY LISTENING RELATIONSHIPS RESPECT

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