



Village News



Embrace the possibilities

420 S. Opdyke Rd · Pontiac, MI 48341 · www.pvm.org

June 2020

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Notes from the Administrator

Hello Everybody and welcome to summer! I truly hope that you are all continuing to stay safe and healthy during this time! You have all been receiving notices keeping you up to date on the COVID19 Pandemic and how it relates to PVM and Oakland Woods. As always, please continue to follow ALL CDC recommendations and abide by the notices that you have continued to receive from the office. Please never hesitate to reach out if there are any questions.

Starting June 1st our staff will be back to work 5 days a week. Our office will remain closed to NON-ESSENTIAL VISITS. If you are in need of using the laundry facilities, please call the office to make an appointment.

Beginning on June 15th you will notice some changes to the overnight patrol. I am very pleased to announce that we will be bringing in Hampton Security as our new security company. Just so you are aware you will no longer see a security vehicle parked in the community center during the day. Hampton will be providing vehicles for their guards to come to and from the property, and that vehicle will have a light that will be used when patrolling overnight.

Along the same lines of security, I am working on completing the work for the lighting in OW1. For those who have informed of lights being burned out, I thank you very much for the concern! We are working on this solution to be fixed as soon as possible!

Finally, please see the next page about our Annual Friends and Family Drive. We thank you for your very generous donations!

Jon Hayes
Housing Administrator



The Village of
**Oakland
Woods**

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan

Look for PVM on:





The Village of
Oakland Woods
A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan

NOW IS THE TIME TO GIVE TO
YOUR Village



YOUR 2019 gift to The Village of Oakland Woods allowed residents to compete in the largest Village Victory Cup to date winning the Spirit Award for the second year in a row.

Simple pleasures? Yes. But with only \$1,461 each month for rent, prescriptions, food and utilities, it's something some residents couldn't afford. Without you, it couldn't be done.

YOUR gift during Friends & Family makes a difference!

YOUR gift will help to make older adults in your Village healthier.

Will you give today?

**You can make
Oakland Woods
the *BEST* place
to age!**

Thank you!

FRIENDS &
family
CAMPAIGN

April 1—June 15, 2020

TO MAKE A GIFT:

See the front desk for a donation envelope or

ONLINE:
pvmf.org/OaklandWoods

CALL:
248.281.2040

MAIL:
PVM Foundation
26200 Lahser Road
Suite 300
Southfield, MI 48033

Presbyterian Villages of Michigan Foundation is a 501(c)(3) nonprofit organization.
Michigan Charitable Solicitation Registration #MCS 35871.



It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

Take it Easy! Take it Slow!

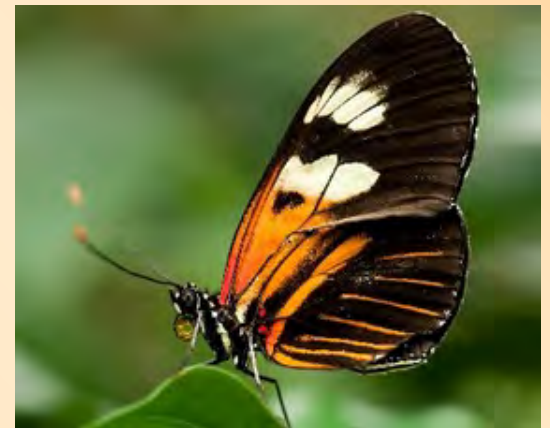


Sooner or later, the Governor will relax her Stay Home, Stay Safe order and we will be able to emerge from our homes to do more than just perform essential tasks. While taking all the necessary and proper precautions, we'll once again be able to visit with family and friends and physically gather together.

Just because we've been given the green light to get out and about, however, doesn't mean we should go from "0 to 60" to make up for lost time. Keep in mind

that while we've been sheltering in place to help "flatten the curve", we've probably been less physically and mentally active. Our bodies have most likely become a little weaker and our brains perhaps a little less sharp. As they say, "use it or lose it". When the doors finally do open, we'll need to be mindful of these subtle yet significant changes.

Just as butterflies, after they emerge from their cocoons, first take the time to unfold and dry their wings before they fly off to experience life's adventures, we too will need to do the same. We'll need to move a little slower and be a bit more deliberate with our actions. We'll need to be more in tune with our bodies paying attention to its signals, resting when we need to rest and moving when we need to move.



As we begin to get out and about and interact with our families and friends, our bodies will strengthen and our brains will sharpen. And as we do start to move about, it's important that we remember to take it easy and take it slow. In our quest to be with others, the last thing we want is for something to happen, such as a fall that may put us right back where we started from. Confined to our homes.



The Senior Advocate.

By Lynn Alexander,
Vice President of Public Affairs

Scammers Never Rest!

It seems that scammers and swindlers never sleep! They seem to be working 24/7 to steal every dollar we have ever earned. Beyond stealing someone's identity, these scoundrels get more creative all the time. They obviously have no compassion. Rather than pausing their devious actions during these turbulent times they have upped their game. Some new scams related to COVID-19 include:

- Offering face masks but never delivering
- Pretending to sell health & safety, cleaning and paper products but not delivering

Other scams have been around for some time and continue to run rampant. These include:

- Impersonating Microsoft personnel & offering to help cure viruses they have detected on your computer
- Pretending to be from your bank and needing to access your account information due to a breach
- Threatening you of action by the IRS
- False mystery shopping job offers
- Romance Scams
- Crowd Funding Scams
- Pretending to raise funds for police & fire

The best way to deal with all of these is to not take any calls from unknown sources. The official reps from all will not ever call you and ask for information. Do not order from unknown sources. Be careful of social media. Although it can be wonderful for staying connected with family and friends, it can be like opening your front door to nefarious strangers or leaving your house and car unlocked. Remember that trust may be earned.

Stay safe and be a savvy consumer!



Office News

By Hillary Vandenberg

Administrative Assistant

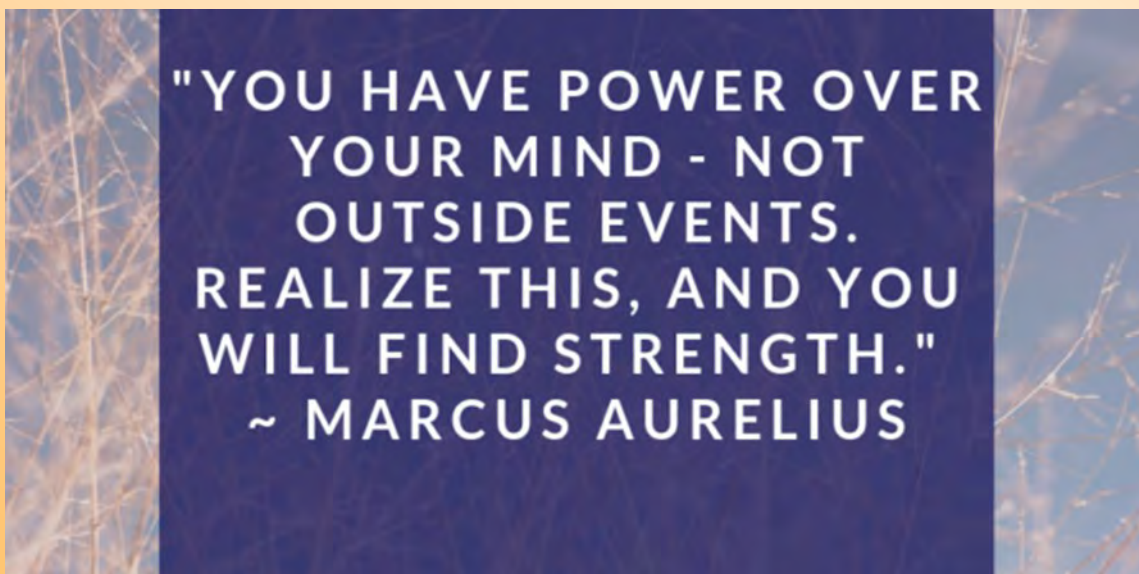
Happy June, Residents!

I hope everyone is hanging in there and staying safe. I've seen many residents out and about around our campus and it's nice to see you out enjoying the spring weather. As restrictions are slowly being lifted, I ask that you still exercise caution when going to stores and visiting family and friends. If we adhere to the guidelines put out by our governor, we will be able to continue to flatten the curve and see even better results.

Thank you for those of you who joined us on our Zoom call. It was great being able to connect with you and catch up!

Sharon and I would like to remind you that when you place your rental checks in the outside box, you **do not** need to put your check or money order in an envelope. The easiest way to submit your rental payments is to place them in the outside check box with no envelope. Also letters have been sent out that notify you of any overpayments or balances you may have on your account. Please adhere to the letter and pay the rental amount listed. If you are unsure of how much your rental rate is, please contact Sharon in the office for your current rental amount.

If you have any questions or concerns, please contact the office.





Service News

Sue Carney
Service Coordinator

Welcome Summer!

Hope everyone is doing well. Are we all hanging in there? I am still having difficulty trying to wrap my head around everything that has happened and all of the changes. So many families' and people's way of life and everything we do has been changed. Will shopping, going to events and family celebration ever be the same?

Even though so much has changed, we need to stop and count all of our blessing and think about what will hopefully never change, like family love and support, friendship and our freedom.

We need to appreciate everyone now, reach out to your family and neighbors, pick up the phone check in with your families and with one another. If there are things that we can help you with, we will do our best.

Since it is the month of June, we need to celebrate Flag Day June 14. May our flag forever fly for our freedom. We must also remember that Father's day is Sunday June 21. May we remember, and celebrate our Dad's.

Everyone take care of yourself and each other. Hopefully we will be back together soon.

Affordable Internet Service for Seniors from Xfinity

Internet Essentials brings affordable high-speed Internet home.

\$9.95
Per Month + Tax

- No Contract
- No Credit Check
- No Installation Fee
- In-Home WiFi
- 25 Mbps

Apply Now

Application Status | Resume Application | Upload Docs or ID

Internet Essentials can be added to any current Xfinity customer that does NOT have OUR internet service already. You can apply at www.internetessentials.com or call 1-855-846-8376.

No computer? No problem! You can easily apply from their cell phone browser as well



Wellness News

Jon Hayes
Housing Administrator

It's Summer Time!

I am very pleased to announce that our most recent Resident Zoom Call was a huge success!! Therefore, I have scheduled a second Zoom Call. The Second Oakland Woods Zoom call will take place on:

Friday June 19th at 2:00pm



You can access the meeting by calling in just using your telephone. You will not be able to see, only hear:

1. At the time of the phone call, dial **415-762-9988**
2. When prompted, enter your meeting ID: **868 327 4701#**
3. Enter the participant ID: **4545#**
4. Enter the meeting password: **4545#**

The prompt will inform you that “you have been placed on hold..” Not to worry, the meeting host will add you in automatically

You can also access the meeting with a video camera on your computer or smart phone. This is how you will be able to see all of the participants on the call.

1. Go to **<https://zoom.us/join>**
2. Enter the meeting ID **868 327 4701**
3. A new window will open up and will want you to enter the meeting password: **4545**
4. Then you are in!

At Home Exercise Program

I am also still writing an exercise program for those interested in continuing with fitness. Please email me at jhayes@pvm.org if you would like to be added to the list for a 3x a week exercise program!

FATHER'S DAY



Of all days today I miss you most,
Father's day is when I want you near,
Though you are so far, your smile is very clear,
Father's day is my turn to say I love you most.

How to explain the feelings of knowing you are mine,
I stroll in inspired gladness, happiness, love,
and pride,
You are my day in the night; please hold
my hand to the end of the line,
Father's day is my turn to celebrate my dearest dad.

I want to dance with my father, where the sunlight beams,
Like a mountain, you have taught me to rise above all things,
In my heart I hold you dearest, I find strength
even when light deems,
Father's day is my turn to celebrate
the hero that is my father.

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Birthday Celebration!

Happy Birthday to all of our June Babies!

Ed Revis	6/1
John McCoy	6/5
Betty Carthens	6/6
Sophie Wasik	6/10
Savanah Doran	6/12
Sally Jackson	6/12
Carol Hardemon	6/12
Annie Seay	6/13
Joyce Munson	6/20
Rose Brown	6/24
Joyce Parlor	6/29
Ida Fantauzzi	6/30



Happy Father's Day

Resident Council News

By *Philena Holdridge*

Resident Council President

*“For everything there is a season, and a time for every matter under heaven, a time to be born, and a time to die; a time to plant and a time to pluck up what is planted; ...a time to break down and a time to build up; a time to weep and a time to laugh; a time to mourn and a time to dance; ...a time to embrace and a time to refrain from embracing; ...a time to keep silence and a time to speak; ...a time for war and a time for peace.”
Ecclesiastes 3:1-8*

Resident Council Board

Philena Holdridge, *President*

(248)977-3038

Becky Bolden, *Vice President*

(248)766-3684

Judy Shatto, *Secretary*

(248)499-8574

Joyce Parlor, *Treasurer*

(248)210-5678

God Bless our Veterans

We want to honor our veterans, even though Memorial Day was last weekend. Jon had a great Facebook post to honor them with an exercise routine included. Many men and women have sacrificed their lives for the freedoms we enjoy and we should NEVER take them for granted. Gold Star families and other loved ones have supported the veterans, who have given their lives to protect us. Each veteran's devotion for our country is selfless and deserves to be honored. God bless each veteran who has served and please lift up their families in prayer. They have sacrificed as well.

Garden Club Sign

Before the Garden Club disbanded, they voted to have a sign made honoring the Village of Oakland Woods Residents who have passed away, so we will keep the memory of their lives in our hearts. The sign is up now and it has been placed by the Gazebo, since they were flowers planted there by the Garden Club in years passed. Take a stroll over there to see it while you are out and about!

Thank You

We are thankful to PVM and VOW Staff for all their efforts to keep us safe from the COVID19. We appreciate the staff making phone calls, zoom call, concerns with letters and “one calls” to keep us all on the same page. You've done a great job and we appreciate it, however we do miss seeing you. Looking forward to getting back together when it's safe.

“He has made everything beautiful in his time.” Ecclesiastes 3:11

Let's remember, God is in control, even in this pandemic.

GETTING TO KNOW YOUR NEIGHBORS

Alma V. Shelton

Alma was born in Detroit 76 years ago. She had a sister one year younger and a brother 6 years younger. Their parents were divorced when they were still young and they moved with their mother to live with her mother's parents. At 11 years of age Alma's mother passed away and their grandmother became their guardian and finished raising them.

After Alma married, had a family and divorced, she completed a Stenographic course at the Pontiac Business Institute and worked at various State Agencies. Later she moved to Highland Park, to be a General Clerk with Wayne County Department of Social Services for two years. Moving back to Pontiac, she worked as a Residential Care Aid for Clinton Valley Center (CVC) in the mental health field until she was injured on the job, causing a disability. While on leave from CVC she worked for the U.S. Census Bureau in 1970, 1980 and 1990 and later worked for city of Pontiac for 23 years as an Election Inspector.



Because of her disability, in 1997 Alma moved into a HUD owned facility, Carriage Circle in Pontiac. She became president of the Resident Council for 8 years and was appointed to the Pontiac Housing Commission by two consecutive Mayors. In her capacity, she traveled to 16 states for seminars, conferences and training sessions, learning about the in's and out's of HUD, how to implement programs for low-income housing and working with City and State Officials for the betterment of the city.

During the 9 1/2 years she was a commissioner, Alma was involved in the building of 21 homes for low-income working families. Alma is currently a member of S.U.N. Times, [Strong United Neighbors] an organization working with other members, various businesses and organizations to perform chores....clerical, retail, maintenance, etc. A great organization that she enjoys being a part of.

Alma moved to the Village of Oakland Woods in 2010 and has made a lot of wonderful friends. She enjoys cooking and sharing baked good with friends and family. She loves her home where she takes pride in decorating with plants on her patio where she can host, especially her great grandchildren.

Alma is a sharp dresser and looks the part of commissioner/president/ hostess.

ACROSS

Puzzle by Frank A. Longo

- 1. Have fun outside on a summer day
- 5. Homes away from home during the summer
- 10. Battery liquid
- 14. Singer/politician
Sonny
- 15. Regions
- 16. "WKRP in Cincinnati" actress Anderson
- 17. What you can do on summer vacation nights: 3 wds.
- 19. Mouth off to
- 20. Frequently
- 21. Substance violinists apply to their bows
- 22. Oboe's relative
- 25. Actress West of old films
- 27. Communist leader
Mao ___-tung
- 28. "It's no ___!"
- 29. Summer vacation getaway

1	2	3	4	5	6	7	8	9	10	11	12	13
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60					61	62				63	64	65
66					67				68			
69					70					71		

© 1999, The New York Times

- 31. Hog's home
- 32. ___ Beach, Florida (summer 29-Across)
- 35. Waiters carry them
- 37. Fun place to visit during summer vacation: 2 wds.
- 42. Blinding light
- 43. Swords used in an Olympic event
- 45. Summer ___ (student's money source)
- 48. Turns away, as the eyes
- 51. "Don't ___ on it!"
- 52. When the plane is expected to land, approximately. Abbr.
- 53. Homer's neighbor on "The Simpsons"
- 54. Wheel covers
- 57. See 13-Down
- 59. Hazard
- 60. Tiny bit
- 61. Holiday date during summer vacation: 2 wds.
- 66. Vehicle stored away during the summer

- 67. Love, Italian-style
- 68. Tiresome person
- 69. Not his
- 70. Didn't 71-Across
- 71. Enjoy the pool during summer vacation

- 13. With 57-Across, themed vacation spot in Orlando, Florida
- 18. "The X-Files" sighting
- 21. Key in again
- 22. 22 Beach ___ (lover of 11-Down)
- 23. Cambodia's continent
- 24. Sewing line
- 25. Daybreak, for short
- 26. "I smell ___!": 2 wds.
- 30. Have control of the wheel
- 33. Coffee container
- 34. Summer vacation destination, often
- 36. Tree drippings
- 38. Overhanging part of a roof
- 39. Talking horse of TV: 2 wds.
- 40. Country singer
McEntire
- 41. "___ up the good work!"
- 44. Avenues: Abbr.

- 45. Like most Tel Aviv residents
- 46. "Lawrence of Arabia" star Peter
- 47. Trade
- 49. "___ here!" ("Poltergeist" catchphrase)
- 50. Enjoyed the waves in summer
- 55. High school class, for short
- 56. Not diamonds, hearts or spades
- 58. Schoolboys
- 59. Walk heavily
- 61. Jay Leno's prominent facial feature
- 62. "The Avengers" co-star Thurman
- 63. Use the oars
- 64. Prefix meaning "three"
- 65. 65 Sewing line

DOWN

- 1. "Sesame Street" network
- 2. Parking ___
- 3. Santa ___, California
- 4. Toys that go up and down
- 5. Hostage holder
- 6. "Journey to the Center of the Earth" actress Dahl
- 7. Unkind
- 8. "Wheel of Fortune" host Sajak
- 9. Direction from Dallas to Houston: Abbr.
- 10. Furthermore
- 11. Beach-lovers' summer vacation spots
- 12. Not take "no" for an answer

****Please note: BASED ON COVID-19 STATUS, ALL ACTIVITIES HAVE BEEN CANCELLED. UNTIL FURTHER NOTICE. YOU WILL BE NOTIFIED AND GIVEN A CALENDAR WHEN ACTIVITIES WILL BE HELD**

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Number

(248) 334-4379

Village Staff

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Sharon Benton

Administrative Assistant

Hillary Vandenberg

Administrative Assistant

Sue Carney

Service Coordinator

Matthew Myers

Maintenance Supervisor

Charles Williams

Maintenance Technician

EMERGENCY MAINTENANCE

(248) 330-0213

On-Site Security

(248) 917-2539



**Presbyterian
Villages**
OF MICHIGAN

THE FOUNDATION

Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org

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Pontiac, MI 48341-3145

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