The Village of Westland



Village Voice



Embrace the possibilities

32001 Cherry Hill Rd. • Westland, Michigan 48186 • www.pvm.org

June 2017

Featured Articles

Victory Cup	pg. 2
PVM Wellness	pg. 3
Foundation	pg. 4
Teresa's Corner	pg. 5
June Facts	pg. 6
New Residents/Staff	pg. 7
Resident Biography	pg. 8
Crafts	pg. 9
Transportation	pg.10
Birthdays	pg.11







Look for PVM on:











It's Your Life. Live It Well.

By Tom Wyllie, Director of Wellness

This month we have a special guest columnist, Victoria Macioce-Stumpf. Victoria is a student at Oakland University in their Wellness, Health Promotion, & Injury Prevention program who is interning with PVM.



June is Alzheimer's & Brain Awareness Month

As a person ages, they may begin to notice gradual changes in their memory, how they process things or even their ability to perform certain tasks. While most changes may be age-related, it is important to determine if there are any signs or symptoms of early Alzheimer's disease. Alzheimer's is a progressive and degenerative brain disease that may begin in middle or old age and is characterized by memory loss, confusion, behavioral changes and more.

According to the national Alzheimer's Association, there are 10 early signs and symptoms of Alzheimer's:

- 1. Memory loss that disrupts daily life.
- 2. Challenges in planning or solving problems.
- 3. Difficulty completing familiar tasks at home, at work or at leisure.
- 4. Confusion with time or place.
- 5. Trouble understanding visual images and spatial relationships.
- 6. New problems with words in speaking or writing.
- 7. Misplacing things and losing the ability to retrace steps.
- 8. Decreased or poor judgment.
- 9. Withdrawal from work or social activities.
- 10. Changes in mood and personality.

If you or a loved one has any of the signs and symptoms of Alzheimer's, please schedule an appointment with a physician for diagnosis, information and support. Treatments are changing all of the time, thanks to research and scientific breakthroughs. Early detection will lead to treatments that may help slow the progression of the disease, as well as provide relief of the symptoms.

To learn more about the signs and symptoms of Alzheimer's disease compared to typical age-related changes, read the <u>Alzheimer's Association</u> 10 Warning Signs Checklist and check out the information and activities from their <u>Alzheimer's & Brain Awareness Month</u> page.

Staff Extensions...

Michele White ~ 28885 Executive Director

Mary Saffian ~ 0 Lead Receptionist

Josh Kephart ~ 28890 Maintenance Mgr

Lisa Scott ~ 28893 Housekeeping Lead

Shana Brown ~ 28886 Activities

Shari Thompson ~28952 Billing

Jason Lovelly ~ 28927 Human Resources

Teresa Davis ~ 28928 Marketing Manager

Kerri Hill ~ Sales & Leasing Specialist

Pam & Mara ~ 28953 Wellness Instructors

Rita/Sally ~ 28889 Beauty Shop



Giving Matters.

By Paul J. Miller, CFRE, President, PVM Foundation

AGE OUT LOUD!

Everyone's aging, but who is listening?

Be the wake-up call! Your backing and your voice = a variety of services, safe housing for a wide range of older adults and putting veterans first.

YOU and PVM: we're up against a cultural indifference to the elderly.

It sounds harsh, but it's true.

Think about it:

"Over the hill." "Senior moment." "Past your prime."

Those are pretty rough words about older adults—and we hear them, or even say them without batting an eye.

You have the power to change that indifference and make this state a great place to live at any age.

Every time you introduce someone new to PVM, or you make a gift, you're bringing aging out of the shadows. You're making it possible for you and your peers of all income levels, backgrounds and needs to *AGE OUT*

LOUD. This month is Older American's Month, so raise your voices and spread the word.

World: listen up!

If you have any questions or comments, please contact us at 248-281-2040 or pvmfoundation@pvm.org.

Thank you!

Paul J. Miller, CFRE

P.S. YOUR IMPACT: In 33 Michigan counties, there are now more older adults than school-aged children. HUGE when you consider that those older adults will stay as many kids grow up and move away.

Beauty Shop Services and Hours

Rita the Beautician:

Sally the Manicurist:

Tuesdays 10AM-4PM Thursdays and Fridays 9AM-Last Appointment

Manicures - \$11 Pedicures - \$18 Shampoo and Set - \$17 Hair Cut - \$12 Perm - \$45

Nail Clippings - \$6 Color - \$30 Wash and Cut - \$16

Call ext. 28889 to make an appointment Call ext. 28889 to make an appointment

Joe the Barber:

First Monday of the Month 12pm-3pm Hair Cut - \$12

Sign-up in the mailroom or call the activities office (ext. 28886) for a time slot

^{* &}quot;The Age Wave: A Call to Action" Thomas B. Jankowski

Beautification Day

Date: June 8th

Time: 1 PM – 4 PM

Where: Front Parking Lot

Help make the entrance to our village beautiful!

Please sign-up in the mailroom



Teresa's Corner



Vintage Car Show

Date: June 17th

Time: 10 AM - 2PM

Where: West Parking Lot

*Residents are encouraged to dress up their walker scooter, etc. in the year

*Music and Food

*50/50 Raffle

*Plaques to the top three winners



Senior Fun Fest

Date: June 24th

Time: 11AM – 2PM Where: Nankin Mills

Park

Join Wayne County Executive Warren Evans for an afternoon of food, bingo, entertainment and demonstrations.

Free tickets available by calling 734-326-5282

If you have any questions about any of these events, please call Teresa Davis in Marketing at 28928.

Like and Join the Village on Facebook!

We now have a Facebook page titled Presbyterian Village of Westland!

You can see our monthly newsletters, monthly calendars, weekly updates, flyers, and photos from the many activities at the village on the Facebook page! This is also a great way to let your family and finends know what is going on at the Village!







June Facts

The 6th month of the year brings us Summer, Father's Day, Flag Day, and the Summer Solstice. In the Georgian calendar, the calendar that most of the world uses, June is the sixth month. However, according to the early Roman calendar, June was actually the fourth month and had only 29 day. In 46B.C, Julius Caesar gave June 30 days instead of 29 when he reformed the Roman calendar. June was named after the Roman goddess Juno, who is the wife of Jupiter. However, others say that its name actually came from the Latin word iuniors. It means the younger ones, which is opposed to majors or elders which May's name was originated from. In June, spring ends and summer begins in the Northern Hemisphere. During this time, all the flowers and plants are very beautiful. In the southern hemisphere, winter begins in June.

Below are some fun facts about June:

- 1. The birthstones for June are the pearl, alexandrite, and moonstone.
- 2. The birth flower for June is the rose.
- 3. The zodiac signs for June are Gemini (May 21 June 20) and Cancer (June 21 July 22)
- 4. On June 1, 1792, the state of Kentucky, also known as the Bluegrass state, became the 15th state of the United States.
- 5. On June 1, 1796, Tennessee, also known as The Volunteer State became the 16th state of the United States.
- 6. On June 5, 1947, George C. Marshall, the Secretary of State, described the Marshall Plan.
- 7. On June 14, 1777, the flag of the United States was adopted by the Continental Congress.
- 8. June 14, 1900 Hawaii was organized as a territory
- 9. On June 15, 1215, the Magna Carta was granted by King John.
- 10. On June 15, 1775, George Washington was appointed the commander in chief of the Continental Army.
- 11. On June 15, 1836, Arkansas also known as the Natural State, became the 25th state of the United States.
- 12. Finland's Flag Day is celebrated on the Saturday closest to June 24.
- 13. On June 6th, Sweden celebrates its national holiday, Flag Day.
- 14. On June 12, The Philippines' Independence Day is celebrated.
- 15. On June 18, 1812, the United States declared war on Great Britain.
- 16. National Candy Month
- 17. National Dairy Month
- 18. National Iced Tea Month
- 19. June 5 World Environment Day
- 20. June 20 Father's Day

Welcome To The Village!

Residents:

Ralph Hollis Jean Smith Sherman and Patricia Vollans Frederick and Dolores Gaiser Leonard Lewandowski

Maryann Arble Patricia Wilkins

Staff:

Kerri Hill Sales & Leasing Specialist



India Douglas: LPN



Cheryl Fischer: Housekeeper



Sarah Tobias: Dietary Assistant





<u>Biography of Chet Parsell</u> Written By: Motoko Huthwaite

Born in Dearborn, Michigan, in 1934, Chet had two older sisters, who passed away in 1970 and 1974, respectively. In high school, he was in a Co-Op program which combined work and study. He enjoyed working in the machine shop and auto shop in 1953 at Fordson for three years. From 1953 to 1958, he joined the Army and trained in Missouri. He went to Korea in 1956 for 16 months.

Chet worked for a carpenter in the machine shop from 1955 to 1970. He worked as a carpenter, building homes in Dearborn from 1959 to 1972. He started working at Ford in 1973 until 2003.

He was a machine repair man at Ford for 30 years after his father. His son followed him at Ford so all three generations worked at Ford.

He met his wife at a football game. He dated her for two years. They were married in 1958. They had two children: one boy named Michael and one girl named Sherie. His daughter is a social worker and makes some fifty house calls a month.

For ten years, after he retired, Chet and his wife went to Clearwater, Florida, south of Tampa, in the winter where they had a condo.

In 2015, Chet's wife died of cancer. He moved here to the Village which he preferred over a high rise condo where you had to use the elevator.

Chet retired from Ford in 2003 with a pension.

Now he is happy to remain here where he enjoys TV and Wii Bowling. He also enjoys going out with his son, daughter, and son-in-law on lunch outings or going shopping at Kroger, K-mart, or Target.

May's Craft was...

Letting in the sun! We made sun catchers to bring in some colorful sunlight into our apartments!











June's Craft is...

Flowers in full bloom! We will make everlasting flowers for our apartments!

~ Transportation Services ~

Monday's

•Van Runs at 11 am (ACO, Hallmark, CVS, Post Office, Walgreens, Library)

Tuesday's

• Shopping at Kroger at 10 AM

~Electronic scooters are given based on the order of the sign-up sheet. This is on a first come first serve basis, as many stores do not have a sufficient number of scooters.

Wednesday's – Banking Day (1st, 2nd & last Wednesday of the month at 11 AM)

Citizens Bank, TCF, Chase, Bank of America, Comerica, Credit Union on Ford
 Road

Thursday's

- Library concerts (3rd Thursday of the month) at 11:15 AM free concerts Thursday's and Friday's
 - Movie outings ~ once a month ~ cost is only for ticket to the movie (\$6.00)
 - We do one to three shopping trips per month that leave at various times (such as Meijer, Target, Walmart, Dollar Tree, Ollies, Westland Mall, shopping in Taylor). There is no cost to the resident.
 - Lunch outings at 11 AM ~ one to two per month ~ only cost is for your meal.
 - Shopping and lunch outing suggestions lists are in the mailroom

Appointment Outings

Van is available for residents to be driven to doctor appointments; must call the
 Activities Department <u>a week in advance</u> to make reservations, cost starts at
 \$15 and can go up based on mileage and waiting time over 1 hour.

If there is ever a charge for an outing, it will be written on the sign- up sheet.

Residents must sign up for all outings. Sign-up sheets are located in the mail room

Happy Birthday to our Wonderful Residents...

Following are the residents who celebrate a birthday in May!

Harry AndresonJune 1 st	Bill WrefordJune 11
Harry AndresonJune 1 st Marjorie ReinholzJune 11 th	Bill StarksJune 12.th
Janet DunbarJune 16 th	Betty StanfordJune 24 th

Have an e-mail address?

The Village of Westland is updating our email contact list. Please stop by the front desk to complete an Email contact form. Ask your family members to fill out the form too. When we have your email on file you can receive newsletters and other building information electronically.

We need your help!

Do you have some extra time to spare? Do you love where you live and want to get more involved? Please share your love for the community and volunteer. The Village of Westland is seeking more Volunteers. There are many positions available in choose from. We currently need your help with:

-The Village Store -Bingo See Shana or Toni to get more information.

Presbyterian Villages of Michigan Mission Statement

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Numbers Village Staff

Michele White

Executive Director

Jason Lovelly

Human Resources

Josh Kephart

Maintenance Supervisor

Teresa Davis

Marketing Manager

Kerri Hill

Sales and Leasing Specialist

Shana Brown

Activities Supervisor

Deborah Antale

Dietary Services Director

(734) 728-5222

Shari Thompson

Billing

Lisa Scott

Housekeeping

EMERGENCY NUMBER

(734) 728-5222







Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan at **248-281-2040** or visit **www.pvm.org**



32001 Cherry Hill Road Westland, MI 48186



Embrace the possibilities