



# Villa View



Embrace the possibilities

25340 West Six Mile Road • Redford, Michigan 48240 • June 2017

## Notes from the Administrator

### Featured Articles

### Floor Captain Pinning Ceremony

Gloria's Notes.....pg. 1

Coordinator Corner.....pg. 4

Word Search.....pg. 6

Calendar.....pg. 9



### Look for PVM on:



The Cottages at  
**Redford**  
A SENIOR LIVING COMMUNITY  
A Mission of Presbyterian Villages of Michigan



The Villa at  
**Redford**  
A SENIOR LIVING COMMUNITY  
A Mission of Presbyterian Villages of Michigan

**Pictured: Catherine Esannason with Gloria Robinson, and Joseph Zerbini**



**Pictured, Top Row: Janice Rowe & Mary Dobson  
Bottom: Christine Rencher & Mildred Kennedy**

## Coordinator Corner



### Summer Madness

The Village Victory Cup is only a few weeks away! We are urging All participants to attend all meetings & practices. Look for flyers and/or phone calls leading up to the event. Friday June 23<sup>rd</sup> (save the date)

If you are interested in signing up for “FOCUS HOPE” food for seniors, please sign up in the service coordinators office. You must meet the income guidelines to be eligible. EX: Family size of (1) \$15, 444. 00 Yearly, or \$1,287.00 Monthly. Family size of (2) \$20,826.00 Yearly, \$1,736.00 Monthly. Currently, you must pick up food at a center. This is due to not enough residents signed up to distribute food. 20 or more needed for this service.

“Pathway to a Healthier MI” summer schedule begins on Thursday, July 13- August 17, 2017 12:00- 12:45. All residents are welcome & encourage to attend this low-impact exercise program. It’s FREE OF CHARGE



Please plan to attend a Michigan Consumer Education series presentation. Topic: Phone, Mail & E-Scams on Friday, June 30, 2017 @11:00am in the villa dining room. The presenter is Ms. Zana Macki

June Quote: Only put off until tomorrow what you are willing to die having left undone. ~ Pablo Picasso



Your Service Coordinator/ Anita Stephens 313-541-6450



**Phyllis at Shear Perfection Salon**  
**Days of Operation:**  
**Wed thru Sat.**

**Hours: 11 am- 4pm.**

**313-541-6077**  
**Call to make an appointment!**

**Redford Board of Directors**

- Deanna Mitchell, Board Chairperson
- Reva Wujcik
- Carrie Hays McElrye
- Joyce King
- Laura Scanlan
- Susan Hurst
- Catherine Esannason
- Kathryn Telck

# Summer Word Search

W	K	V	A	C	A	T	I	O	N	I	W	I	W	S
S	A	P	J	U	N	S	C	P	R	C	A	J	U	V
B	Z	T	O	B	P	O	W	Z	I	E	T	N	N	A
E	S	T	E	G	N	I	P	M	A	C	K	G	B	C
A	W	I	B	R	A	R	C	J	U	R	N	N	E	A
D	I	C	H	A	M	B	U	R	G	E	R	I	A	P
S	M	E	A	R	N	E	H	W	N	A	T	H	C	I
W	M	K	U	E	S	W	L	A	U	M	Q	S	H	C
F	I	B	G	M	X	C	H	O	T	P	N	I	S	F
A	N	C	O	M	I	R	J	U	N	E	O	F	U	A
M	G	P	A	U	G	U	S	T	M	R	J	O	M	M
R	W	H	S	H	A	M	B	U	X	H	U	L	I	
	C	A	M	S	Y	B	A	S	E	B	A	L	L	
	B	A	C	K	Y	A	R	D	O	X	A	Y		

**Find these words.**

family  
 summer  
 vacation  
 camping  
 backyard

beach  
 pool  
 swimming  
 baseball  
 fishing

June  
 July  
 August  
 sun  
 hot

picnic  
 watermelon  
 hamburger  
 ice cream



©2015 WindupTeacher



# It's Your Life. Live It Well.

By Tom Wyllie,  
Director of Wellness

*This month we have a special guest columnist, Victoria Macioce-Stumpf. Victoria is a student at Oakland University in their Wellness, Health Promotion, & Injury Prevention program who is interning with PVM.*

## June is Alzheimer's & Brain Awareness Month

As a person ages, they may begin to notice gradual changes in their memory, how they process things or even their ability to perform certain tasks. While most changes may be age-related, it is important to determine if there are any signs or symptoms of early Alzheimer's disease. Alzheimer's is a progressive and degenerative brain disease that may begin in middle or old age and is characterized by memory loss, confusion, behavioral changes and more.



According to the national Alzheimer's Association, there are 10 early signs and symptoms of Alzheimer's:

1. Memory loss that disrupts daily life.
2. Challenges in planning or solving problems.
3. Difficulty completing familiar tasks at home, at work or at leisure.
4. Confusion with time or place.
5. Trouble understanding visual images and spatial relationships.
6. New problems with words in speaking or writing.
7. Misplacing things and losing the ability to retrace steps.
8. Decreased or poor judgment.
9. Withdrawal from work or social activities.
10. Changes in mood and personality.

If you or a loved one has any of the signs and symptoms of Alzheimer's, please schedule an appointment with a physician for diagnosis, information and support. Treatments are changing all of the time, thanks to research and scientific breakthroughs. Early detection will lead to treatments that may help slow the progression of the disease, as well as provide relief of the symptoms.

To learn more about the signs and symptoms of Alzheimer's disease compared to typical age-related changes, read the [Alzheimer's Association 10 Warning Signs Checklist](#) and check out the information and activities from their [Alzheimer's & Brain Awareness Month](#) page.

# Heirloom Tomato and Chicken Toss



~ Serve this fresh summer salad with plenty of crusty bread to soak up the flavorful tomato juices. If you can't find heirloom tomatoes near you, don't worry—this salad will be just as delicious with any ripe tomato. Whisk together vinegar, olive oil, sugar, salt, and pepper in a small bowl.

1. Gently toss together chicken, tomatoes, onion, basil, chives, parsley, and thyme in a large bowl.
2. Add vinegar mixture, and gently toss until thoroughly combined.
3. Serve immediately, or cover and let stand at room temperature for up to 1 hour.

## INGREDIENTS:

- 4 tablespoons white wine vinegar
- 3 tablespoons extra-virgin olive oil
- 2 1/2 teaspoons granulated sugar
- 1 1/2 teaspoons kosher salt
- 1/2 teaspoon black pepper
- 3 cups shredded cooked chicken
- 2 pounds heirloom tomatoes, cut into 1/2- to 1-inch wedges
- 1/2 cup thinly sliced red onion
- 2 tablespoons chopped fresh basil
- 2 tablespoons finely chopped fresh chives
- 2 tablespoons chopped fresh flat-leaf parsley leaves
- 1 tablespoon chopped fresh

*Happy Birthday to You!*

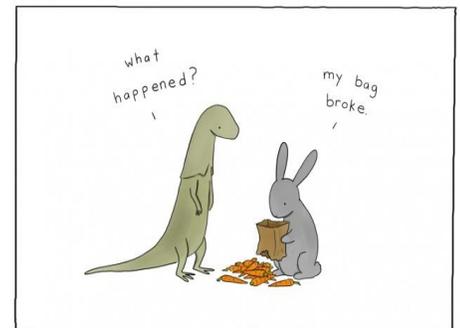
The Birthday Party will be held on 6/19, at 1:30 PM in the Villa Dining Room.



## JUNE BIRTHDAYS

Vivian Dykes 6/2  
 Francine Lowe 6/6  
 Margaret Wood 6/9  
 Thelma McCoy 6/9  
 Gwen Calhoun 6/10  
 Irene Battaglia 6/10  
 Bobby Franklin 6/11  
 Kathy Sgro 6/13  
 Yvonne Laws 6/14  
 Ida Kimbrough 6/18  
 Marie Banks 6/21  
 Elwillie Bowie 6/21  
 Ruth Lewis 6/21  
 Ola Roach 6/21

Dorothy Williams 6/22  
 Anita Hartsfield 6/22  
 Joann Kravutske 6/22  
 Edith Brewster 6/24  
 Sylvia Foley 6/24  
 William Brown 6/25  
 Mark Uzarek 6/26  
 Jacqueline Abdul-Waalee 6/28  
 Ermagene McSwain 6/29  
 Evelyn Blecher 6/29  
 Gloria Robinson 6/30



©lizclimo

lizclimo.tumblr.com

# June 2017 Activities Calendar



## June 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<b>1</b> 10 am Coffee Hour 10 am Pantry <b>11 am Hymn Sing</b> 1 pm Chair Exercise	<b>2</b> 12:45 Milkman 1 pm Arts & Crafts 5 pm Keno/Bingo	<b>3</b> 1 pm Bingo (Game Room)
<b>4</b>	<b>5</b> 10 am Pantry 5 pm Bingo/Keno 6:30 pm Cards	<b>6</b> 2 pm Movie "Boo! A Madea Halloween"	<b>7</b> 10 am Kroger/\$Store 2 pm Pinochle 2:30 Sing-A-Long 6:15 pm Bible Study	<b>8</b> 10 am Coffee Hour 10 am Pantry 1 pm Chair Exercise	<b>9</b> 12:45 Milkman 1 pm Arts & Crafts 5 pm Keno/Bingo	<b>10</b> 1 pm Bingo (Game Room)
<b>11</b>	<b>12</b> 10 am Pantry 5 pm Bingo/Keno 6:30 pm Cards	<b>13</b> 2 pm Movie "Almost Christmas"	<b>14</b> 10 am Value Center/Walgreens 2 pm Pinochle 2:30 Sing-A-Long 6:15 pm Bible Study	<b>15</b> 10 am Coffee Hour 10 am Pantry <b>11 am Hymn Sing</b> 1 pm Chair Exercise	<b>16</b> 12:45 Milkman 1 pm Arts & Crafts 5 pm Keno/Bingo	<b>17</b> 1 pm Bingo (Game Room)
<b>18</b>	<b>19</b> 10 am Pantry <b>1:30 pm B-Day Party</b> 5 pm Bingo/Keno 6:30 pm Cards	<b>20</b> 2 pm Movie "The BFG"	<b>21</b> 10 am Kroger/\$Store 2 pm Pinochle 2:30 Sing-A-Long 6:15 pm Bible Study	<b>22</b> 10 am Coffee Hour 10 am Pantry 1 pm Chair Exercise	<b>23 VILLAGE VICTORY CUP!</b> 12:45 Milkman 1 pm Arts & Crafts 5 pm Keno/Bingo	<b>24</b> 1 pm Bingo (Game Room)
<b>25</b> 	<b>26</b> 10 am Pantry 5 pm Bingo/Keno 6:30 pm Cards	<b>27</b> 2 pm Movie "Captain Fantastic"	<b>28</b> 10 am Value Center/Walgreens 2 pm Pinochle 2:30 Sing-A-Long 6:15 pm Bible Study	<b>29</b> 10 am Coffee Hour 10 am Pantry <b>11 am Hymn Sing</b> 1 pm Chair Exercise	<b>30</b> 12:45 Milkman 1 pm Arts & Crafts 5 pm Keno/Bingo	

**Reminder:** The Redford Board of Directors meets the fourth Wednesday of each month. Depending on the amount of members in attendance, the dining room may need to be utilized for the meeting. We appreciate your flexibility in this matter

Welcome New Residents!

Mr. & Mrs. Ephirom & Brunetta Calvert, Villa  
 Lessie McGill, Villa  
 Oneal Shaw, Villa

## Reminders & Announcements

- **Cottage Residents:** The office has “File of Life” informational magnets for you in case of medical emergencies. Please see Hannah to pick one up or for more information.
- **We are looking for resident contributions to the newsletter!** If you have a family recipe, a special photo or a favorite story, please let the office know and we will publish it in an upcoming edition of our Villa View.
- **Summer is here!** We ask that you please take the time to test your air conditioning to make sure it’s working properly before the summer season gets into full swing.
- **Garbage does not fare well by sitting inside during this hot weather.** Take out your garbage regularly, to eliminate odor and chance of pests coming in your unit to investigate.

**Any comments/ questions/concerns? Please let us know, leave your thoughts in the suggestion box (for Villa Residents) or the drop box (for Cottage Residents).**

# Happy 58<sup>th</sup> Wedding Anniversary Mr. and ♥ Mrs. Belcher! (June 6<sup>th</sup>) ♥



## TRANSFORMATION

At the end of seventh grade, my one-room country school was closed for lack of enough students to justify the hiring of a teacher. The five remaining students were transported to town school, a building for Grades 1-12 about three miles away.

In those days, the rural schools combined the upper grades (5 and 6; 7 and 8), teaching alternate texts in alternate years. To compensate for this arrangement, the town school assigned me to attend the classes I had not been taught the previous year. This meant moving from one classroom to another during the day.

Not only was I the new kid, but also the country kid. As it happened, we studied Australia with its unusual animals, including the (ugly) Duck-billed Platypus." Typical of children, my classmates decided I was ugly, and they would call me "Platypus." A couple girls were kind to me and I did live through it. By the time I was in high school, I had made friends and lost the pain of being called Platypus.

Many years later, I was married with children and one day my husband came home from a business trip with a gift for me. It was a furry white stuffed animal in the form of a platypus! I could not believe this creature had shown up in my life again. My children had many toys and I decided to keep the platypus for myself, never telling anyone this story, but always cherishing the realization that a painful memory can be transformed into a symbol of caring.

Virginia Spurr  
S. T. B3

# Shining Star

## Service Excellence

<p><b>LISTENING</b></p> <p>Actively paying attention and seeking to understand.</p>	<p><b>RELATIONSHIPS</b></p> <p>Our way of forming a meaningful and genuine connection with our residents, each other, and the community.</p>
<p><b>ACCOUNTABILITY</b></p> <p>The willingness to accept responsibility and delivering upon expectations.</p>	<p><b>RESPECT</b></p> <p>Treating all with dignity and worth.</p>



**Presbyterian Villages of Michigan**  
 Presbyterian Villages of Michigan (PVM) is committed to providing excellent services to the oldest we serve, their families and to each other. The vision of service excellence includes four core values: Respect, Relationships, Listening, and Accountability. These values serve as a standard against which every action and thought can be measured. The Service Excellence Standards show our commitment to make PVM a great place to live and work.

*Shining Star is about YOU!*

*YOU nominate people YOU love working with and we do the rest. It's easy!*

*Recognize someone today!*

*Nominate a co-worker or supervisor who practices service excellence or goes above and beyond!*

**Save the Date!**  
**Shining Star dinner on Friday, October 6th in Southfield.**

**Please submit all nominations by August 10th, 2017.**

Nomination forms are available from your administrator/HR or online at:  
<http://pvm.org/about-us/what-i-do-matters-service-excellence/>



Presbyterian Villages OF MICHIGAN

# Shining Star Nomination



The Shining Star award recognizes Presbyterian Villages of Michigan (PVM) employees who exhibit The PVM Service Standards of Excellence. Employees, Residents, Families, and Board members are eligible to nominate PVM employees. **Submit at least a few sentences to nominate someone; but the more details included the better.** Only 1 nominee per form please.

Name of Nominee \_\_\_\_\_ PVM Village \_\_\_\_\_

Job Title of Nominee \_\_\_\_\_

**All nominees must have completed at least 90 days of employment to qualify.**

**Criteria:** The PVM Service Standards of Excellence are built on the four core values listed below. These values serve as a standard against which every action and thought can be measured and support a culture where team members share their best work, gifts and talents. Please write a summary on **at least one** or as many as four. Please write why you feel this person meets that particular value. Use the **back** of this form or submit additional pages if you would like to include examples or a share a story.

(1.) Listening with full attention to another person and seeking to understand. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

(2.) Relationships are our way of forming meaningful and genuine connections with our residents, each other and the community. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

(3.) Accountability is the willingness to accept responsibility and to deliver upon expectations. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

(4.) Respect is treating all with dignity and worth. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Name of Person Submitting Form \_\_\_\_\_

PVM Village \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Signature of Person Submitting Form \_\_\_\_\_ Date \_\_\_\_\_

Please place an X: Employee \_\_\_\_\_ Resident \_\_\_\_\_ Family \_\_\_\_\_ Other \_\_\_\_\_

**You can submit nominations at your village, online, via email, fax, or by mail:** Submit completed forms to the Administrator or Human Resources Manager at your village, online at <http://pvm.org/about-us/what-i-do-matters-service-excellence/>, email to [hrrsupport@pvm.org](mailto:hrrsupport@pvm.org), fax to 248.281.2098, or mail to Presbyterian Villages of Michigan, Human Resources Nicole Banks, 26200 Lahser Rd., Suite 300, Southfield, MI 48033.

## Shining Star Nomination

Name of Nominee (from front side) \_\_\_\_\_

(1.) Listening with full attention to another person and seeking to understand. \_\_\_\_\_

---

---

---

---

(2.) Relationships are our way of forming meaningful and genuine connections with our residents, each other and the community. \_\_\_\_\_

---

---

---

---

(3.) Accountability is the willingness to accept responsibility and to deliver upon expectations. \_\_\_\_\_

---

---

---

---

(4.) Respect is treating all with dignity and worth. \_\_\_\_\_

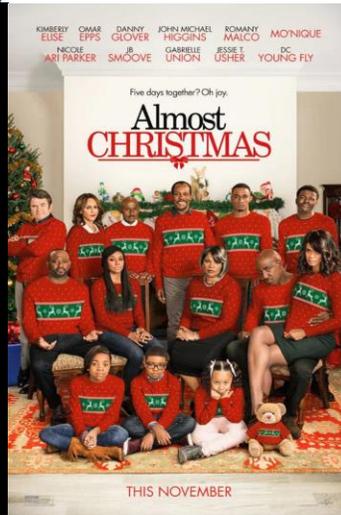
---

---

---

---

## Movie Listings June 2017



**Boo! A Madea Halloween** Trying to win the approval of her friends, 17-year-old Tiffany sneaks out of the house to go to a Halloween bash at a fraternity. The fun soon ends when police and the cranky, fast-talking Madea (Tyler Perry) arrive to crash the party. Unhappy with this sudden turn of events, the vengeful collegians decide to scare Madea and her cronies with a series of pranks. She soon finds herself under attack and on the run from an assortment of ghosts, ghouls and zombies on the scariest night of the year.

**Almost Christmas** Walter Meyer (Danny Glover) is a retired mechanic who lost the love of his life one year earlier. Now that the holiday season is here, he invites daughters Rachel (Gabrielle Union) and Cheryl (Kimberly Elise) and sons Christian (Romany Malco) and Evan (Jessie T. Usher) to his house for a traditional celebration. Poor Walter soon realizes that if his bickering children and the rest of the family can spend five days together under the same roof, it will truly be a Christmas miracle.

**The BFG** Ten-year-old Sophie is in for the adventure of a lifetime when she meets the Big Friendly Giant (Mark Rylance). Naturally scared at first, the young girl soon realizes that the 24-foot behemoth is actually quite gentle and charming. As their friendship grows, Sophie's presence attracts the unwanted attention of Bloodbottler, Fleshlumpeter and other giants. After traveling to London, Sophie and the BFG must convince Queen Victoria to help them get rid of all the bad giants once and for all.

**Captain Fantastic** Ben Cash (Viggo Mortensen), his wife Leslie and their six children live deep in the wilderness of Washington state. Isolated from society, Ben and Leslie devote their existence to raising their kids -- educating them to think critically, training them to be physically fit and athletic, guiding them in the wild without technology and demonstrating the beauty of co-existing with nature. When Leslie dies suddenly, Ben must take his sheltered offspring into the outside world for the first time.

**SEE YOUR MONTHLY CALENDAR FOR SHOWING DATES!**

**Presbyterian Villages  
of Michigan  
Mission Statement**

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)

EMERGENCY NUMBER (VILLA)

EMERGENCY NUMBER (COTTAGES)

NON EMERGENCY REDFORD PD

CLASSIC SECURITY

**Villa Office Number  
Cottage Office Number**

**Village Staff**

**Gloria Robinson**  
*Senior Housing Administrator*

**Hannah Micallef**  
*Cottages Administrative  
Assistant, TCS*

**Steve Reardon**  
*Cottages Maintenance  
Technician*

**(313) 541-5991  
(313) 541-6300**

**Crystal Davis**  
*Villa Administrative Assistant*

**Mark Uzarek**  
*Maintenance Lead, Villa*

**Rhonda Harvey**  
*Housekeeper, Villa*

**Anita Stephens**  
*Service Coordinator, Villa &  
Cottages (313) 541-6450*

**Melissa Nestorovski**  
*Leasing and Marketing Specialist  
(313) 541-6140*

**(313) 910-7027**

**(313) 573-3572**

**(313) 387-2500**

**(313) 662-4648**



**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit [www.pvmfoundation.org](http://www.pvmfoundation.org)

The advertisement has a background of a sunset over a landscape. The text "LEAVE A Legacy" is written in a large, elegant script font. Below it, "Ways to make a Planned Gift" is written in a blue, sans-serif font. To the right, a blue box contains the text "Support PVM during your lifetime and beyond." Below this, three bullet points are listed: "› Make a bequest in your will", "› Start a Charitable Gift Annuity", and "› Your Life Insurance Policy". At the bottom left is the Presbyterian Villages of Michigan Foundation logo. At the bottom right, it says "CONTACT US TO LEARN MORE" and "Without obligation, PVM Foundation would like to answer any questions you may have, call Paul Miller 248.281.2045 MyLegacy.pvmf.org".

LEAVE A  
*Legacy*  
Ways to make  
a Planned Gift

Support PVM during your  
lifetime and beyond.

- › Make a bequest in your will
- › Start a Charitable Gift Annuity
- › Your Life Insurance Policy

CONTACT US TO LEARN MORE

Without obligation, PVM Foundation would like to answer any questions you may have, call Paul Miller  
248.281.2045 MyLegacy.pvmf.org

**The Villa and Cottages at Redford • 25340 West Six Mile Road •  
Redford, Michigan 48240**

**Embrace the possibilities**