



Village Voice



Embrace the possibilities

2950 E. Twelve Mile Rd. • Warren, Michigan 48092 •

May 2019

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Administrator Responds to Resident Survey

I promised that I would respond to people's concerns from the survey every month in the newsletter. Let me know if you have any questions.

High electric bill

Do you pay for electricity? Yes and no. Yes because every month you write a check to DTE while gas and water is free. No because every month you pay \$31 less in rent through the utility allowance from HUD. That utility allowance changes every year. If your bill is high, use less electricity, but make sure you have enough lighting so you don't fall.

Too many nonresidents have keys to building; safety is a concern

It is unrealistic for relatives not to have keys in a senior citizen building. People go in and out of hospitals regularly and there has to be a way for relatives to come and get clothing, checkbooks and mail. When a resident moves in, we fill out a form that lists who has what keys. When a resident moves from Warren Glenn, all keys – those held by the resident and those held by the relative – are collected.

Paid caregivers should not have keys. Residents should not make keys for their family – people should receive keys only from the office so we can keep track of them.

In terms of safety, if you are concerned about the behavior of someone's relatives, write down what you saw, where and when. We will look on the cameras. It does not help to say that something happened on the weekend: we need *what*, *where* and *when*. Remember too that residents are responsible and will be held accountable for the behavior of their friends and family.

I hope you have a wonderful May!

Anne Lilla, Administrator



The Village of
Warren Glenn

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:





Sharing Faith at Any Age

Marijo Hockley, Inclusion Minister
First Presbyterian Church of Warren

May Activities

- May 2-30 Bible Study, WG Community Room, 1:00 p.m. Gospel of Paul.
- May 5 Communion, WG Community Room, 1:00 p.m.
- May 17 Cousino High School students and Warren Glenn residents have our end of the year party, 1st Presbyterian Church. Bus to the church leaves at 10:45 am. Lunch provided. Talent Show/Sing-along, so come join the fun and share your talent!
- May 19 Worship Service, WG Wellness Room, 1:00 p.m.
- May 19 Movie, *Hidden Figures*, and Lunch, WG Wellness Room, 2:30 p.m. Bring a side, movie snacks, or a dessert to share. Pizza from Jets provided.

Pastoral Care is available by contacting Marijo Hockley, (248) 219-9449, First Presbyterian Church of Warren, (586) 751-1721, or your VWG Spiritual Care Liaisons Sister Mary Fagan or Donna Smith.

Prayer Cards are available in the Flint Room and are collected each week to be added to the prayer concerns at First Presbyterian Church.

Catholic Communion
Wednesdays
11:00 a.m.
Library
Everyone Invited



HOLY
COMMUNION

“Of all the gifts
that life has to offer,
a loving mother
is the greatest
of them all.”

—UNKNOWN

SERVICES

Beauty Salon

Beautician Gloria Blood is here every Thursday. She offers a variety of services in the beauty salon on the second floor across from the lobby elevator. A sign-up sheet on the salon window includes a list of services and fees.

Chiropractor

Dr. Jamie Beck comes to our building on Mondays, Wednesdays and Thursdays at 10:30 AM. If you need to see the chiropractor, go to the exercise room on the second floor. No appointment is necessary. First time patients must bring their identification and insurance cards. Most insurances cover this service.

Podiatrist

Dr. William Rubin comes to the building approximately every six weeks. He will see you privately in your apartment. Watch for the sign-up sheet in the mailroom. After you sign-up, podiatry staff will contact you by phone to get your insurance information. Most insurance plans cover this service.

Prescription Delivery

CVS pharmacy at 12 Mile and Ryan will deliver prescriptions free of charge to our residents. The telephone number is 586-756-8900. Other pharmacies in the area may deliver too.

Schwan’s Food - A deliveryman comes to the lobby of our building every other Wednesday at 4:00 p.m. He takes orders and fills them from his truck.

Out and About ...with Lawanda



Lawanda Alexander #120 has offered to drive our bus and plan outings for the residents of Warren Glenn over and above the trips that Mac MacDougall leads. Lawanda is an experienced and excellent bus driver and we are so lucky to have her do this for us.

The following are upcoming outings. Sign-up sheets will be in the Mail Room.

Saturday, May 11 – Visit to **Nino Salvaggio's** on Hall Road, 12 Noon to 2:00 p.m. Purchase gourmet food enjoy just looking at the international food items. The store has fruit, vegetables, cheese, meats, prepared meals, baked goods and flowers. Try the small restaurant for lunch.

Wednesday, May 15 – **Cracker Barrel Restaurant**, 4:00 p.m. Enjoy a delicious meal and shop in their wonderful store. Bus holds 12 but others can drive themselves.

Tuesday, June 11 – **Jiffy Mix Factory Tour** in Chelsea. 9:00 a.m. to approximately 2:00 p.m. The tour is 1½ hours and we will stop for lunch. More details to follow. \$5.00 for bus.

Thank you Lawanda, you're the greatest!

Mark's Remarks: Maintenance Tips

One of the nastiest things to happen in your apartment is an overflowing toilet. YUCK! To avoid this mess, please do not flush the following items:

- Adult undergarments
- Sanitary napkins
- Cleaning wipes
- Paper towels
- Bandages
- Q-tips or cotton balls
- Hair
- Pet poop (ESPECIALLY CAT POOP that has kitty litter on it. The litter is like cement and will destroy a toilet and pipes.)
- Food scraps
- Oils, paints or thick liquids
- Medications, pills and hazardous waste



In other words, if it is not toilet paper or kleenex, it doesn't get flushed. Keep a small waste basket near your toilet so you are not tempted.

IMPORTANT: If your toilet starts to overflow there is a small water shut-off handle by the floor behind the toilet. Turn the handle clockwise immediately to shut off the water. Now call the office or find Mark. Do not use the toilet again until it is fixed.



Food for Thought...Ouch!

If you didn't hear it with your own ears
Or see it with your own eyes
Don't invent it with your small mind
And share it with your big mouth.



Activities and Fun for All - Your Ideas Welcome

Many people plan and run events at the Village. **Anne Lilla** and **Stacey Klooster** plan the Christmas dinner, *Friends and Family* fundraiser, Residents' Meetings, Board of Directors' meetings, meetings with elected officials, art classes and rentals of the community room. **Denise Giallombardo** holds classes on a variety of topics twice a month and plans yearly Medicare Part D appointments, student gardening days, Victory Cup participation, monthly Focus Hope food distribution and even yearly trips to the Detroit Institute of Arts.

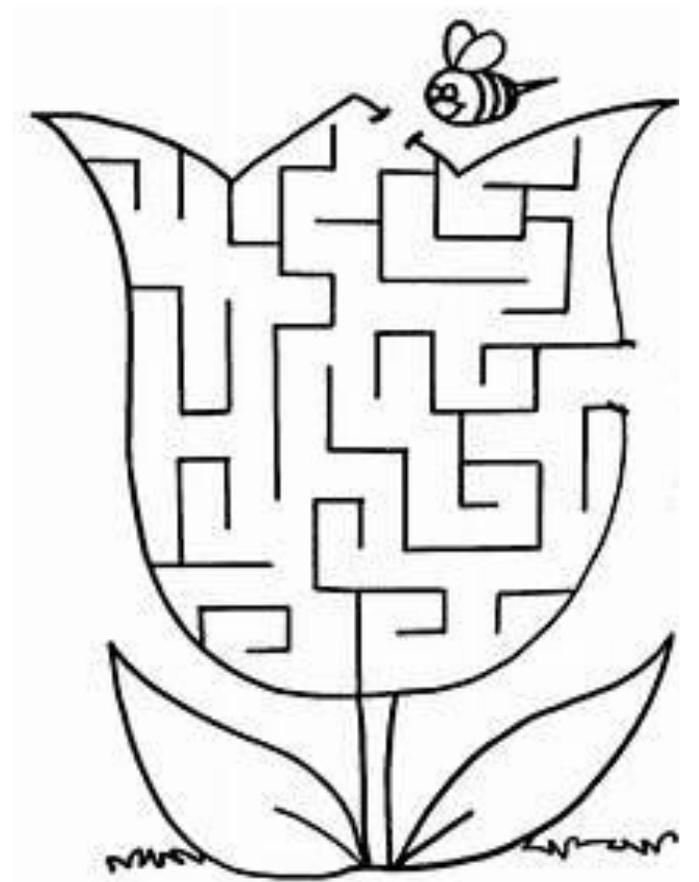
Joyce Wilde and **Kaye Gawel** plan the rummage sales. **Betty Challenger** plans weekly shopping trips and monthly Supper Club outings. **Sherita Babridge** handles the Tuesday bingo. **Rosemarie Barnhart** does the Friday bingo. **Kaye Gawel** leads the Thursday Pokeno game. **Vicki** holds a monthly food distribution. **Marijo Hockley** organizes two worship services a month, weekly bible study, a monthly movie and meal and monthly activities with students and residents. **Diane Sexton** organizes monthly resident dinners, monthly birthday parties and yearly food drives. **Sue Perkins** holds weekly bible studies. And **Lawanda Alexander** is now doing trips! And for each of these events, other residents volunteer to make it a success. Warren Glenn is getting better and more active all the time. Join us for all the fun.

As we mentioned in a past newsletter, the Warren Glenn Activities Committee plans and coordinates some of the events and activities at Warren Glenn. Current committee members are **Lawanda Alexander**, **Sherita Babridge**, **Liz Barringer**, **Betty Challenger**, **Sister Mary Fagan**, **Dann Federico**, **Marijo Hockley** and **Diane Sexton**. Diane Sexton is the chairperson and Betty Challenger the treasurer.

The main purpose of the Activities Committee is to coordinate activities so that there is not a duplication of effort. We do not oversee every activity (we are not the boss so to speak), but we make sure that there is not a conflict of dates and purpose. It is really important that activities planned by residents be brought to the administrator first and then to the Activities Committee, so the calendar is clear and we do not step on each other's toes. We would like to spread activities out and work together so things run smoothly.

Our treasurer keeps the committee and residents informed about revenue and expenses (what comes in the bank account and what goes out). Money is raised for the Residents' Fund through 50/50 raffles, bottle returns and rummage sales. This money is used to pay for paper goods and food for dinners and birthday parties. Donations collected at the dinners help to pay for these expenses too. We keep our Residents' Fund healthy and costs low for residents in this way. Paper supplies can be used by authorized activities (bingo, etc.) when large groups are gathered, not just for dinners and birthday parties. If you are aware of supplies that are needed, please tell Betty Challenger.

If you have any ideas for games, menus, trips or entertainment, we are always open to ideas. See Diane or Betty, or write up your suggestions, put in an envelope marked "activities" and give to Diane or Betty. Your suggestion will be discussed at the next meeting. You do not have to sign your suggestion, but if you do it will be easier for us to follow up with questions and let you know what action the committee has taken. All ideas are welcome and will not be ignored.



From the Service Coordinator

Denise Giallombardo, B.S.W., National Church Residencies

Our first **Building Community Meeting** went very well! You have expressed your concerns, your questions, and your positive thoughts. We have listened and decided that the residents of Warren Glenn want to continue to meet on a monthly basis. **Our next meeting will be Monday, May 20, at 2:00 p.m. in the Community Room.**

I would like to give you some strategies on how to solve bullying. However, if you have something that you want brought up, let me know, I'm open to hearing what you have to say. All are welcome in this place!

Remember our 3 sentences to rid ourselves of negative thinking:

- **STOP!**
- **I'm glad I don't have to think about that anymore!**
- **No one remembers but me.**

Tom Wylie, PVM Director of Wellness, has written an article (pg. 7) about the **Village Victory Cup**. It is a terrific event and I will be recruiting you to attend on June 21! We need people to join the Warren Glenn All Americans for this year's competition in ballon volleyball, bean bag toss, walking, poetry and puzzle-making, etc.

On Thursday, May 9, we will be going to the Detroit Institute of Arts departing Warren Glenn at 12:00 noon on a motor coach. For those who are interested, a **Salute to Mothers** with a lovely medley of songs begins at 1:00 p.m. You can choose to listen to the music or instead walk around the museum on your own. At 2:30 p.m., we will meet up downstairs for coffee, tea and cookies. The bus will depart from the DIA at 3:00 p.m. **This FREE event still has seats available!** **Please see me (Denise) to sign up.**



EVER WONDER . . .

- Why the sun lightens our hair, but darkens our skin?
- Why women can't put on mascara with their mouth closed?
- Why you never see the headline "Psychic Wins Lottery"?
- Why "abbreviated" is such a long word?
- Why is it that doctors call what they do "practice"?
- Why is the time of day with the slowest traffic called rush hour?
- Why they don't make mouse-flavored cat food?
- Why didn't Noah swat those two mosquitoes?
- Why do they sterilize the needle for lethal injections?
- If flying is safe, why to they call the airport terminal?
- If con is the opposite of pro, is Congress the opposite of progress?



OMG, I'm rich!
Silver in the hair,
Gold in the teeth,
Crystals in the kidney,
Sugar in the blood,
Lead in the butt,
Iron in the arteries,
and an inexhaustible
supply of natural gas!

*I never thought I would
accumulate such wealth!*



It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

“Spring has Sprung! The Grass has Riz! Do You Know When the Village Victory Cup Is?”

Believe it or not, it's that time of year again. It's time to get ready for the 14th Annual PVM Village Victory Cup. Like last year, we will be hosting this year's event at the Suburban Collection Showplace in Novi on Friday, June 21, 2019.

For those of you who may be unfamiliar with this event, it is a fun-filled day of camaraderie and friendly competition between senior living communities that are part of the PVM family. You earn points for your community by participating in a variety of games that involve building puzzles, shooting baskets, throwing beanbags, kicking balls, walking fast, playing balloon volleyball, and this year, writing poetry.

The community that earns the most points wins the travelling Village Victory Cup trophy, which currently resides at the Village of Westland.

If you are interested in either of these events, ask your administrator how you can join your community's team. At a minimum, you'll enjoy some food, have some fun, and meet a few new people. Or, you might walk away with a gold, silver, or bronze medal and help contribute to your community bringing home the Village Victory Cup trophy or Spirit Award.

Saving Pop Can Tabs

Gail Styles is collecting pop can tabs for the Ronald McDonald Foundation and would appreciate your help. She has put out a shoebox in front of her apartment, #233, for your donation of tabs.

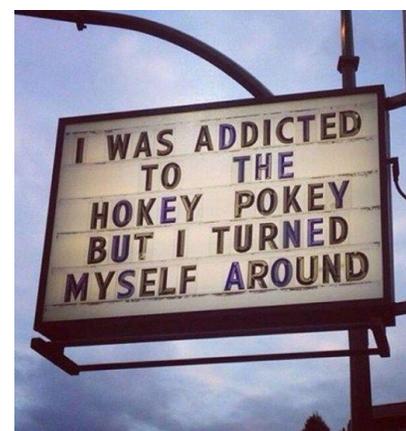
Welcoming New Residents

Carolyn Richardson and Laurie Tusly with the help of shopper Diane Sexton will give new residents a welcome basket and later make an apartment visit to introduce Warren Glenn to the newcomers in a personal way. Thank you, ladies!

SIGNS OF THE TIMES



Watch where you drive!





Mother's Day Word Search



B N A M D N A R G D J V K B E C P U
 I S N O S S E L X Q N T C N D O R J
 M V K J J R Z G L F M O T H E R E K
 V N V A D Y H V M G E S L O V E S S
 Z N A V L T Z C B E L Y S C U G E H
 Y R T L I P Q S M U B I R T H E N S
 P V O Z H M I E N A D U E S U F T V
 T P G F C I W K I S S G W Z I Y S B
 X Z P B A F A M I L Y B O N Z C T W
 G W H W D G N D K I R E L W A P T F
 N H O F Q G A P A Z K S F Q D M Z F
 W V O D W E S A D Q A I U B W O N J
 Y U L C F I X R O I G W F J Z J Q N
 B C E M U F R E P F J C S C A I L T
 V T Z E N W K N T K F P U T A X M E
 Z C V S E M S T I J S O G Z D U A J
 C Z T A E E V H O M L C U M Q W I M
 R C O O K I N G N X V G V B M J F I



MOTHER
 GRANDMA
 FLOWERS
 ADOPTION
 WISE



CHILD
 LOVE
 PRESENTS
 PERFUME
 LESSONS



PARENT
 FAMILY
 BIRTH
 KISS
 COOKING



myunentitledlife.com

MAY DINNER



EVERYONE INVITED

Saturday, May 25th at 5 pm

Pot Luck Dinner

Bring a dish to share
Burgers, Brats & Beverage Provided

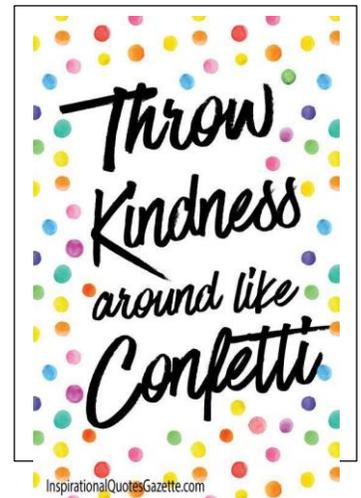
Also: 50/50 Raffle

Please sign-up in the mail room.



MAY BIRTHDAYS

3 rd	Joyce Wilde	#242
5 th	Sherita Babridge	#238
5 th	Lawanda Alexander	#220
6 th	Gloria - Beautician	
9 th	Ruby Hamilton	#140
22 nd	Diane Clevenger	#215



May Day	1
National Day of Prayer	2
Kentucky Derby	4
Cinco de Mayo	5
Mother's Day	12
Frog Jumping Day	13
National Sea Monkey Day	16
Brother's Day	24
Indianapolis 500	26
Memorial Day	27



May Birthday Party
Thursday, May 9th @ 3 PM
in the Community Room.

Everyone invited

Cake, Ice Cream
and beverage will be served.
Birthday BINGO will follow.



May Stone
Emerald

May Flower
Lilly of the Valley

This Month in History

- May 2, 2011** U.S. Special Operations Forces killed Osama bin Laden during a raid on his secret compound in Pakistan.
- May 4, 1970** Four students were killed at Kent State University by National Guardsmen who opened fire on students protesting President Richard Nixon's decision to invade Cambodia.
- May 5, 1893** The Wall Street Crash of 1893 began as stock prices fell dramatically. 600 banks closed.
- May 5, 1961** Alan Shepard became the first American in space.
- May 10, 1994** Former political prisoner Nelson Mandela was inaugurated as president of South Africa.
- May 13, 1981** Pope John Paul II was shot twice at close range while riding in an open automobile in St. Peter's Square in Rome. The Pope recovered.
- May 17, 1875** The first Kentucky Derby horse race took place at Churchill Downs in Louisville.
- May 18, 1980** The Mount St. Helena volcano erupted in southwestern Washington State spewing steam and ash over 11 miles into the sky.
- May 27, 1937** 200,000 people celebrated the grand opening of the Golden Gate Bridge in San Francisco by strolling across it.
- May 30, 1922** The Lincoln Memorial in Washington, D.C., was dedicated.



Veteran's Preference at Warren Glenn

We have very strict rules governing admission to Warren Glenn. The only reason that we can move a person up the waiting list is if that person is a veteran or the spouse of a veteran. We are pleased to have three veterans and two spouses of veterans living in the building at this time: Walter Toepfer, Dann Federico, Chuck Cowan, Erna Crabtree and Irene Alex. We are glad to support the service that each gave to our country.



The Senior Advocate.

By Lynn Alexander,
Senior VP & Chief Marketing Officer

May is *Older Americans Month*

May 1st has been known for centuries as May Day and has been celebrated at the beginning of spring with a dance around a Maypole. As a centerpiece for an ancient European spring festival, Maypoles are known for being colorful and festive while decorated with ribbons. Springtime is known for celebrating renewal.

Thus, it is quite appropriate that the month of May is also known as *Older Americans Month* in America. As older adults we have opportunities not afforded to our ancestors. We experience the joy of being with our grandchildren and great grandchildren. We can create legacies for our families and communities. We even get second chances and, in some cases, rekindled romances. Adventure calls as many travel around the world and volunteer for charitable causes.

The theme for Older Americans Month of 2019 is CONNECT, CREATE, CONTRIBUTE. **Connect** with friends, family, and services that support participation. **Create** by engaging in activities that promote learning, health, and personal enrichment. **Contribute** time, talent, and life experience to benefit others.

Communities that encourage the contributions of older adults are stronger! By engaging and supporting all community members, we recognize that older adults play a key role in the vitality of our neighborhoods, networks and lives.

Condolences to the family of Jackie Roda who died on Holy Week. Jackie was a long-standing resident of Warren Glenn and loved it here. She also loved her grandchildren and fishing. Jackie retired from South Macomb Hospital.

Friends & Family Fundraiser

Elvis was in the building along with Dean Martin and Jimmy Buffet at the April **Friends and Family** fundraiser. Thanks to everyone for coming and enjoying the music and comedy of entertainer Brian Bosman. Thank you to Stacey Klooster and Denise Giallombardo who prepared the delicious food, Sr. Mary and Allan Thompson for the 50/50 raffle and Lawanda Alexander for donating two baskets to be raffled off on April 30. Also because 100% of the Board of Directors donated, we will receive a \$700 match from the Foundation. Thank you, Board members.

The Days of Our Lives ... also known as "Good Gossip"

Bev Hooks wins the award for clocking the most travel miles recently. She was in the Caribbean with her family, Kalamazoo with her grandson and Frankenmuth with the Salvation Army Seniors.

Sister Mary recently went on a weekend retreat with the Capuchins in northern Macomb County.

Carolyn Richardson is working on a project so that in the event a person is taken to the hospital, others can notify the person's family after hours or on weekends.

Diane Sexton made beautiful ministerial scarves for Marijo Hockley and for her minister. Stunning.

Denise Giallombardo's grandson, Louie, will be 9 months old soon.

When Penny McKeller returned home after a stay away, who was happier to be back? Penny or Tiny?

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org



Office Numbers

(586) 751-5090

Village Staff

Anne Lilla
Director

Stacey Klooster
Administrative Assistant

Denise Giallombardo
Service Coordinator

Maintenance Tech
Mark Benoit

Emmi Parada
Housekeeper

WARREN GLENN BOARD MEMBERS

Malcolm McDougall, President
Mary Blasczaak Betty Challenger
Sr. Mary Fagan Marijo Hockley

EMERGENCY NUMBER

(586) 554-4008

Fax Number

(586) 751-7876



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org

Newsletter Committee

Stacey Klooster

Anne Lilla

Diane Sexton



The Village of
Warren Glenn

A SENIOR LIVING COMMUNITY

 Managed by Presbyterian Villages of Michigan



Indoor Picnic

Mignon Jennings provided chicken wings and other picnic fixings for residents at a weekend dinner in April. The food was excellent. Thank you, Mignon. She introduced her ideas about a travel club at Warren Glenn and many people expressed interest in travelling. While details must be worked out and there are many different ways to organize such trips, it was a beginning and an idea to explore. \$95.00 was raised.

Embrace the possibilities