



Village Trumpet



Embrace the possibilities

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May 2019



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The Village of East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan



Look for PVM on:



The Village of East Harbor

cordially invites to

Spring Fashion Show & Luncheon

Saturday • May 11, 2019 • 12:00pm

Tickets \$10

Travel down the yellow brick road

with fashions by

Suzanne's of Port Huron

Model's Wanted
Please call Betsy
586-716-7143

To Reserve your seat or for more Information...

Please call 586-725-6030

FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:



I hope you had a chance to come out for our Clydesdale visit or saw the news report on WDIV Detroit. It was another wonderful example of how important Pet Therapy is for us. Staff, families, and residents enjoyed the visit. The Voice News and Macomb Daily also did featured articles on Neigh-Neigh the Clydesdale visit and our residents.

Friends and Family Campaign has been extended to May 10th. Our goal is in sight. You can pledge your donation this year over 12 months and have the pledge added to your rent payment. This is an opportunity to make a difference in one another's lives. Monies in the past were used for our Chapel, purchased our bus, benevolence dollars for our residents who outlive their resources and need supplemental dollars for Assisted Living or Memory Care, and more.

May 1st we have a planned power outage for up to 8 hours scheduled starting at 9 am. Please plan accordingly. We will have the main building open with areas of power that are on generators. Extra activities scheduled include Kensington Church hosting a Tea Party. We are sorry for any inconvenience this planned outage may cause.

Watch for dining specials in Marguerite's Restaurant. May 3rd will be a Salmon special to kick off the month of May. Each Friday will feature a different specialty meal for you to stop by with friends and family and enjoy an evening of delicious food.

Our annual Fashion Show this year is May 11th. Tickets sell out quickly so be sure to get your tickets early. Our theme this year is the Wizard of Oz. Susanne's Fashions will have items available for purchase. This is a fun way to celebrate Mother's Day weekend or get together with friends.

The Today show is promoting a Complaint Free Cleanse one week Challenge. We have decided to participate as a Village in conjunction with the Today Show Challenge. For one week, starting Monday, April 29, let us challenge each other for 7 days to get positive and spread the good energy. Spring is a good time to cleanse ourselves of a negative mindset. It is going to be extra hard as we are rolling out a new software program on Monday and we have the planned power outage during the, No Complaining week! It may not be easy but I think we are up for the challenge!!

We are bringing an especially important program to our Village on May 17th. The Silent Epidemic at 11:00 am. The presentation will be an interesting presentation that will be informative and educational. Please stop by and find out what the Silent Epidemic is and why we all need to be educated.

The trees are going to be blossoming soon. Spring weather will arrive for good soon. Our Village looks extra pretty this time of year, as everything turns lush and green.

Carolyn Martin

MARKETING



Happy Spring, everyone! Finally we are seeing color popping upon our beautiful campus just in time to welcome residents and guests to all the great events coming up. Details can be found elsewhere in the Trumpet about the fashion show in May and Marguerite's being open for dinner on Fridays and Saturdays as well as Sunday brunches. It is open to the public also, so bring in your friends and family and show off a little! If they move in (and mention YOU as influencing them) you can be in a future newsletter holding a \$250 check just like Judy Demick!

The Sales/Marketing and Admissions Team

WELCOME HOME NEW RESIDENTS

We welcome these new residents to our Village of East Harbor Family:

Joseph Hobbs—B-206

Robert Yuerha—108

Alzheimer's Support Group

Join us as you learn ways to help you deal with difficult behaviors, decrease stress, and assist with confident caregiving.

**Hosted by Chaplain Laura
3rd Tuesday of every month
2:00pm
Chapel**

PLANNED POWER OUTAGE—MAY 1

9:00AM FOR APPROXIMATELY 8 HOURS



The outage is not expected to affect the cottages. The main building will be on standby power from generators.

**POWER OUTAGE PARTY
WEDNESDAY, MAY 1
1:30PM
ACTIVITY ROOM**



From The Desk Of Chaplain Laura...

MAY

THE MONTH OF SERVICE



1 Peter 4:10-11 ¹⁰Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms. If anyone serves, they should do so with the strength God provides, so that in all things God may be praised through Jesus Christ.

Mark 10:44-45 ⁴⁴and whoever wants to be first must be slave of all. ⁴⁵For even **the** Son of Man did not come to be served, but to serve, and to give his life as a ransom for many."

National Day of Prayer- Thursday, May 2, was created in 1952, and signed into law by President Truman. Beginning at noon, people across the nation, in all 50 states, will turn to God in prayer and meditation. The Chapel will be open for personal prayer. Please lift up our nation, President Trump and his staff, all leadership, PVM, The Village of East Harbor and all staff and leadership, our residents, all families, and all who serve us in military, police, and fire.

Mother's Day. Sunday, May 12 is designated to honor all mothers.

My neighborhood had many "mothers" watching after the neighborhood children. It is a day set aside since 1914, by President Truman to commemorate and celebrate them.

To ALL Mothers and "Moms", I wish you all a Happy Mother's Day!!

Please join us for a special Mother's Day service Sunday, May 12.

Reportedly, there were 689,060 soldiers who were listed as married in 2017. Speaking of the wives, *"They are the silent heroes in the whole realm of deployment," said president of the Blue Star Mothers of Lake Erie Chapter 4, Susan Rowley,*

On Thursday, May 23, we will celebrate our **"Silent Heroes"**, by holding a breakfast for all of our **military spouses** who were married to a military serviceperson **at the time they served.**

Please be sure to sign up if you were a spouse of a military personnel at the time your spouse was serving our country.

Please check your calendar and our Chapel Bulletin board for updates and concerts.

If you meet the definition of a "Silent Hero", please sign up to join us for the Military Spouse Appreciation Day breakfast for our "Silent Heroes".

In His Service,

Chaplain Laura Stone

THERE ARE A LOT OF EXCITING SPIRITUAL/CHAPEL EVENTS THIS MONTH
PLEASE CONSIDER JOINING US! (SIGN UP WHERE NECESSARY)



SHROUD OF TURIN EXHIBIT– At St. Mary’s Queen of Creation;
Wednesday, May 1 at 1:30. “*The Man of the Shroud*” . Come see a replica of the burial cloth of Jesus. Learn about the scientific, historical and forensics of the Shroud along with photographs and illustrations. Witness this historical icon which shows the wounds of Christ.
Please sign up in book in Activity Room

Military Spouse Appreciation Day breakfast- Marguerites Restaurant;
Thursday, May 23 at 8:30 am- to honor our “Silent Heroes” (the ones left behind to keep the home running while their spouse served our country). **Please sign up.**



Michigan Chamber Chorale concert Wednesday, May 1, Chapel- at 7:00 pm

National Day of Prayer, Thursday, May 2 - Independent prayer in Chapel starting at 12: noon

Candy Making– Thursday, May 2, Activity Room 1:30 pm. Must sign up.

Interfaith Choir Monday, May 6 at 7 pm



Minutes of the Residents Association, April 9, 2019

The meeting was called to order at 1:32. Pledges to the American and Christian flags were led by Bob Healy. The inspirational reading was given by Stan Wojcik. Larry Woodcox and Clark Woonton were here for the first time. New members were introduced by Dorothy Dennis and included Vera Ernst, Kathleen Nummer, Paul Ross, Larry Woodcox, and Clark Woonton.

Staff Reports

Carolyn Martin

- We have only \$42,000 left to go. We can designate monthly payments for donations added to our rent.
- Friday is Expo Day: Live Life Strong between 10 and 3, includes a medical equipment company and unused medications disposal.
- There will also be a fish fry that day.
- Saturday we will have a Quizo Host quizmaster. New residents are invited in order to show them stuff available to them.
- The Communication Committee is a good committee that we are invited to attend.
- We will have information on the new mid-rise building. There will be a pond in front with special fountains.

Scott Miller – environmental services

- Landscaping and flower planting are now being done.
- There will be a power outage May 1 to do some updates and repairs. It will last 6-8 hours.
- We may enclose our porches. We have contractors but we must pay for it ourselves.
- There is a question about doing our screens – will they wash them as well as the windows?
- The windows are done the week before Mother's Day.
- The bug guy will come and spray just before that.

Chris Gorde

- The Village Victory Cup is June 21 in Novi. Practice is on Wednesdays at 2:30 and 11:30.
- Games played are Kickaroo (baskets).
- Others are the same as before, including beanbag toss. The list is in the Wellness Center and includes balloon volleyball, wellness walk, poetry, puzzles, hoop shot. Numbers are important.
- You can be a cheerleader.
- T-shirts will be awarded.

Dustin- food services

- There will be snacks for Unicorn Day.
- Easter Brunch will be in the restaurant 10 – 2. Drinks will be available.
- There will be a fish fry again this Friday. After Easter there will be theme meals.
- Tomorrow (Wednesday) will be brunch day.
- Friday is Expo day.

Laura – chaplain

- There will be concerts in the chapel.
- Monday, April 29, is Breakfast with the Chaplain.
- Thursday, April 18, we will be making candy.
- Saturday, April 27, is Anchor Bay Community Action Day. From 9-12 the ROTC, the choir, the culinary arts will appear, rotating between the chapel and Haven Hall.

This is the same day as the American Indian Festival at Algonac High School.

Betsy

- This Friday is Live Life Strong in the chapel. There will be information about fraud, diet, hearing tests, dog training, back braces, special hose (how to put them on), medications and opioid addiction.
- Saturday is the Quizmo.
- Next week, April 16, at 9:30, we will see Neigh-Neigh, the Clydesdale.
- Tomorrow (Wednesday) we will go to Maconce Elementary School for reading. Most children are from broken homes. This will be at 9 and will last about an hour.
- Thursday is a bunco tournament with prizes.
- Wednesday, April 17, is Show and Tell at 1:30.
- Monday, April 15, is the Lady's Lunch at Foxfire Fixings.
- Wednesday, April 24, we will go to the zoo – free entrance.
- Thursday, April 25, we will go to Frankenmuth to see the Annual Ragtime Session.
- Saturday, April 27, is the American Indian Festival at Anchor Bay.
- May 23 we will go to a Tiger game.
- June 12 we will see "The It Girl" at Meadowbrook Theater.
- In August we will see another Tiger game.

Regular meeting

- **Joan Lehoczky.** The Senior Expo is this Friday. We need cookies. Frank Gitre will be here at 9:30.
Yolanda Jackson from PVM Foundation
- We are raising funds for resident emergencies and Wellness Center
- One project is a building for mind, body, and spirit.
- We will try to make space more walkable.
- We are considering a small pool, hydro-pool.
- Friends and family for all of PVM
- How to make friends and family more compatible.
- Ways to spend money.

Business Meeting

Minutes corrections – Pete Batts' name misspelled.

Motion made by Bob Morrill that the beginning and end of all accounts be in the minutes, seconded and carried.

- The Treasurer's report was read by Bob Healy:
 - ◊ Residents Assn. Acct.
 - ◊ Beginning - \$4,140.85, Ending - \$4,056.8
 - ◊ Petty Cash Acct.
 - ◊ Beginning - \$497.92, Ending – \$531.52
- Building and Grounds – Frank Gitre
 - ◊ Concrete will be lifted out in some places.
 - ◊ Recycling is at the Catholic Church at Base and Front for papers and magazines.
 - ◊ The speed limit is 15 mph.
 - ◊ One lady needs shrubs to be planted.
 - ◊ Bob Morrill said there are boxes for planting flowers in Memory Care. Joan L. mentioned they are in the open courtyard.
- Elaine (for Jean Campbell)
 - ◊ There is information for the hearing impaired available.

- There is a new Communications book.
- Joan L. – nominating committee
 - ◊ We need volunteers for some positions.
- New business
 - ◊ **Joan L. made a motion that the Residents Association give \$1000 for Friends and Family, seconded, and passed.**

The meeting was adjourned at 3.

Beverley Pack
Secretary

JUST A REMINDER...Committee Meetings are open to ALL Residents!

Building & Grounds

Meets the 1st Tuesday of the month at 3:00pm in Haven Hall Conference Room.

Culinary Committee

Meets the 1st Wednesday of the month at 1:30pm in Haven Hall Conference Room.

Communication Committee

Meets the 1st Wednesday of the month at 3:00pm in Haven Hall Conference Room.



What is it?
What can we do to prevent it?
How can we help?
Find out the answers to these questions and so much more!
Friday, May 17- 11:00am
Marguerite's Restaurant



National save your hearing day!

Presentations from experts in the field on how you can protect yourself from hearing loss and what you can do for hearing loss.

Friday, May 31—1:30pm
Activity Room

April EXCURSIONS.....

Wednesday, May 1

Listen & Love
Maconce Elementary
9:30am
Lobby

Monday, May 6

Suzanne's
Model fitting/ Lunch
9:30am
Lobby

Wednesday, May 8

Listen & Love
Maconce Elementary
9:30am
Lobby

Wednesday, May 15

Listen & Love
Maconce Elementary
9:30am
Lobby

Wednesday May 15

Marvelous Wonderettes
Meadowbrook Theatre
12:00 noon

Please eat lunch before leaving!

Monday, May 20

Women's Lunch
Bobby Mac's
\$\$\$ on your own
11:30am
Lobby

Monday, May 20

Men's Lunch
Bobby Mac's
\$\$\$ on your own
11:30am

Wednesday, May 22

Listen & Love
Maconce Elementary
9:30am
Lobby

Thursday May 23

Detroit Tiger's -vs- Marlins
Senior Day
10:00am
\$32.00

Tickets still available
Call Betsy-716-7143

Tuesday, May 29

Men's/Ladies' Lunch
Dakota Inn-Rathskellar
\$\$\$ on your own
10:00am
Lobby

UPCOMING EXCURSIONS.....

Thursday June 6

Chicago
Heart of the Hills Players-Warren
12:00
\$10.00

Money Due May 10

Wednesday June 12

The It Girl
Meadowbrook Theatre
10:30am
\$32.00

Money Due May 12

Wednesday August 7

Detroit Tiger's -vs- White Sox
Senior Day
10:00am
\$36.00

Money Due July 1



Tea Party
Hosted by Cindy the hairdresser and the Ladies from Kensington Church.
Wednesday, May 1
10:00am, Marguerites' Restaurant



CINCO DE DERBY PARTY
FRIDAY, MAY 3
1:30PM
ACTIVITY ROOM



Won't you open your hearts to listen to 1st graders read at Maconce Elementary?
Wednesdays in May, no class May 29
9:30am ~ Lobby



Let's Play BUNCO!
 Easy to Learn!
 Invite your Friends.
 Thursday, May 9
 1:30pm ~ Activity room

SHOW & TELL

WEDNESDAY, MAY 15
1:30PM
ACTIVITY ROOM



TEACHING KITCHEN

Presented by Dining Services
LEARN KNIFE SAFETY AND
HOW TO MAKE 2 TYPES OF SALSA

WEDNESDAY, MAY 22 ~ 2:00PM & 3:00PM
MARGUERITE'S RESTAURANT
PLEASE SIGN UP FOR ONE TIME SLOT ~ SPACE IS LIMITED!



Dakota Inn-Rathskeller
German Food



Wednesday, May 29
10:00am
Lobby

Saturday Matinee

Join us every Saturday in the Activity Room for popcorn and a movie.
1:30pm

Check calendar for movie scheduled.

Renée



Detroit Zoo

Frankenmuth



Directory

Accounting <i>Tracy Tesch</i>	716-7408
Activity Lead A/L & I/L <i>Betsy Miannecki</i>	716-7143
Administrator <i>Carolyn Martin</i>	716-7221
Admissions Specialist T.C.U <i>Sue McCallum</i>	716-7427
Assisted Living Nurse <i>Denise Klimaszewski</i>	716-7115
Beauty Salon <i>Appointments</i>	716-7180
Care Sync Case Manager <i>Josie Villegas</i>	716-7092
Chaplain <i>Laura Stone</i>	716-7438
Dining Services Mgr. <i>Brian Williams</i>	716-7419
Director of Nursing <i>Melissa Freiburger</i>	716-7416
Driver <i>Ann Marie Hart</i>	716-7142
Environmental Serv. Adm. Asst. <i>Shelby Jones</i>	716-7436
Fitness Specialist <i>Chris Gorde</i>	716-7385
Front Desk <i>Receptionist</i>	725-6030
Haven Hall Nurse <i>Lynette Sanday</i>	716-7384
Housekeeping / Laundry Mgr. <i>Teri Lynn Taylor</i>	716-7418
Maintenance Work Orders. <i>Front Desk</i>	725-6030
Maintenance <i>Emergencies After 11:00pm</i>	248-996-2470
HCC Activity/Volunteer Mgr. <i>Sheri Stover</i>	716-7021
Physical Therapy Mgr. <i>Kim Frabotta, Agility Therapy</i>	716-7398
Resident Care Mgr. <i>Toni Greig</i>	716-7426
Sales & Leasing Specialist <i>Peggy Carroll</i>	716-7397
<i>Nancy Smiley</i>	716-7183



5/16 Alma Tomlinson

5/17 Rita Edwartowski

5/20 Ellen Kunath

5/20 Marilyn Smith

5/21 Carolyn Cameron

5/21 Nancy Johnson

5/20 Ellen Kunath

5/24 Joseph Hobbs

5/26 Anna Gasowski

5/31 Donald Cramton

THE VILLAGE OF EAST HARBOR

INVITES YOU TO A

7 DAY

NO COMPLAINING CHALLENGE

DO EVERYTHING WITHOUT COMPLAINING OR ARGUING.

-Philippians 2:14, NLT

★
WHO OR WHAT DO YOU COMPLAIN ABOUT REGULARLY? IS IT YOUR SPOUSE? YOUR FAMILY? YOUR JOB? CAN YOU GO 7 DAYS WITHOUT COMPLAINING? JOIN THE VILLAGE OF EAST HARBOR ALONG WITH THE TODAY SHOW FOR A NO COMPLAINING CHALLENGE!

DAY 1

Write down your 3 complaint challenges: the 3 people and/or circumstances you complain about the most.

DAY 2

Pray for each of your complaint challenges. For people, pray they will be blessed. For circumstances, pray that they will improve or that God will give you the strength to persevere.

DAY 3

Pray for yourself. Pray that you will be more understanding and empathetic regarding your 3 complaint challenges. Pray for the self-discipline to break this habit.

DAY 4

Be positive. Revise your thinking. Write something nice about each of your 3 complaint challenges on your list.

DAY 5

Speak positive. Say something positive about each of your 3 complaint challenges – to one of the people you formerly complained to about them.

DAY 6

Beware. At this point, you may be tempted to relapse. Take your thoughts captive and hold your tongue. Continue to pray when complaints cross your mind or lips. You're almost there!

DAY 7

Reassess. Take an assessment of the situation. Go down your list of complaint challenges. Have the positive thoughts you wrote down on Day 4 taken the place of your complaints? Going forward, refer to this list whenever you need to be reminded of your renewed mind. ★