The Village of Sage Grove



Embrace the possibilities

214 S. S	age Street •	Kalamazoo,	Michigan	49006 • w	ww.pvm.org

May 2017

Featured Articles

Resident Birthdays & PVM online store pg. 1

- Senior Advocate pg. 2
- Giving Matters pg. 3 It's your Life/ pg. 4

Live it well Service Coordinator's

Corner pg. 5

Administrator Column pg. 6

Calendar pg. 7





Look for PVM on:



Birthday Celebration!

Theresa M	Мау	4 th
Barbara W	May	11 th
Jeni P	May	20 th

We wish ALL who have May Birthday's a Wonderful Day and a Blessed Year!!!

Happy Birthday... Happy Birthday... Happy Birthday... Happy Birthday... Happy Birthday... Happy Birthday...

Happy Birthday... Happy Birthday... Happy Birthday...

PVM Store Features Goodies with Your Village Logo By the PVM Marketing Department

The Sales and Marketing Department was proud to launch the first ever Presbyterian Villages of Michigan ecommerce store in 2015. This was made possible via a grant from the PVM Foundation. The PVM store allows staff members, residents, board members, and their families the opportunity to purchase great PVM apparel and accessories complete with the village logo of their choice. Apparel options include shirts, sweatshirts, jackets, bags, hats, and all kinds of other essentials.

Along with our current stock of awesome apparel, if you have an item you'd like to see on the website, please bring item details to the office to forward to the Marketing Department.

To visit the PVM store, type www.pvmstore.org into your web browser.

The Senior Advocate.

By Lynn Alexander, Senior VP & Chief Marketing Officer

SCHEMES, SCAMS & SWINDLES

I have said for many years that for every dollar you make there are thousands of swindlers lining up to steal it from you! If only people used their cleverness for good, the world would be a better place. However, since that is not likely to happen, we need to protect ourselves and out-maneuver these scoundrels. Here are some of the latest issues and what to do about them:

CAN YOU HEAR ME? - In this gambit, when you answer the phone a voice on the other end will ask: "Can you hear me?" Do not answer. HANG UP IMMEDIATELY! What they will do if you answer "Yes" is tape record your voice and use it to scam you by acting as if you are saying yes to a number of false transactions. Some savvy consumers have gotten to the point (me included) where we monitor calls on Caller ID and don't pick up for any number we do not recognize. If the call is important enough and legit, the person can leave a message for you.

FamilyTree.Now - This is a search site that gives information about you and your family members. Although the original intent of this site was most likely innocent and helpful in nature, it has been reported that it is being used for nefarious purposes by bad people. There is an opt out. Go to the site, get your information and then go to the privacy section. They will tell you how to opt out. Don't let these scoundrels ruin you financially. Be clever in a good way to offset their cleverness for evil. PROTECT YOURSELF!

Announcements

Community Room Events

- ✤ May 7th Birthday Celebration – 5:30pm
- May 3rd Commodities
 Pick-up for those
 registered
- May 13th Resident Luncheon -Breakfast – 12:00 pm in Community room
- May 1st & 15th Bible Study Group Meets 4:00 – 5:00pm
- ✤ May 18th Bingo with Kim, Life EMS – 3:00pm
- May 3rd, 10th, 17th, 24th & 31st Sage Grove
 Support Group meets 11a-12p All are welcome.
 The Comm. Rm is closed during the meetings.
- May 31st Grace
 Hospice Presentation –
 1:00pm in Community
 room.
- May 30th Activities planning committee meeting – 10:00am – All Welcome!

See Calendar for more events.

Continued on page 5

**Article reran from April NL.

Giving Matters...

Giving Matters.

By Paul J. Miller, CFRE, President, PVM Foundation

AGE OUT LOUD!

Michigan's Everyone's aging, but who is listening?

Be the wake-up call! Your backing and your voice = a variety of services, safe housing for a wide range of older adults and putting veterans first.

YOU and PVM: we're up against a cultural indifference to the elderly. It sounds harsh, but it's true.

Think about it:

"Over the hill." "Senior moment." "Past your prime."

Those are pretty rough words about older adults—and we hear them, or even say them without batting an eye.

You have the power to change that indifference and make this state a great place to live at any age. Every time you introduce someone new to PVM, or you make a gift, you're bringing aging out of the shadows. You're making it possible for you and your peers of all income levels, backgrounds and needs to *AGE OUT LOUD*. This month is Older American's Month, so raise your voices and spread the word.

World: listen up!

If you have any questions or comments, please contact us at 248-281-2040 or pvmfoundation@pvm.org.

Thank you!

Paul J. Miller, CFRE

***P.S.** YOUR IMPACT: In 33 Michigan counties, there are now more older adults than school-aged children. HUGE when you consider that those older adults will stay as many kids grow up and move away.*

* "The Age Wave: A Call to Action" Thomas B. Jankowski



By Tom Wyllie, Director of Wellness

MARK YOUR CALENDARS!





"Vee Eye See Tee Oh Are Why"* is that your Village's battle cry? If you're having a challenge deciphering the battle cry, try reading it again but this time read it out loud. So, is it your Village's battle cry? Is your Village ready for this year's Village Victory Cup?

Scheduled for Friday, June 23rd this year's event is being held at the Ford Community and Performing Arts Center in Dearborn. At 11:00 am sharp, PVM Villages from across Southeast Michigan will gather together at this location to compete for the coveted Village Victory Cup travelling trophy. To ensure everyone has the energy they need to compete, lunch will be served from 11:15 – 11:45 am. The games themselves will begin promptly at noon.

If you're not familiar with the Village Victory Cup, it consists of a series of competitive events that include a puzzle building competition, a walking race, a lip sync battle, a photo contest, a beanbag toss, a timed basketball shoot and more. You earn points for your Village by simply coming to the event and cheering them on. You earn more points if you compete in the events and you earn even more points if you finish first, second, or third in an event. At the end of the day, the Village that scores the most points wins. To learn how you can join your Village's team, contact your Administrator.

**battle cry = Victory*

Service Coordinator Corner

Welcome to another edition of the SC Corner. This month, the subjects are: captioned phones, the Medicare Savings Program, the Presbyterian Villages of Michigan Benevolence Fund, and Commodities.

Captioned phones – I recently met a representative from a company that provides phones with speakerphone and captioning. The phone is free if you have internet service. If not, the one-time charge is \$40 for a veteran and \$75 for all others. There are resources to help you get internet and to pay the charge, if you don't have internet. If you would like to check out the phone, I have a sample in my office.

Medicare Savings Program changes – There are many programs, with different qualifications, in the Medicare Savings Program that you may be able to use. If you are interested in any of these options, please let me know. They are:

Qualified Medicare Beneficiary (coverage for Part A and Part B) with an income limit of \$1,025 per month for a single person)

Specified Low-Income Medicare Beneficiary (pays Part B monthly premium) with a limit of \$1,226 monthly for a single person

Qualifying Individual (pays Part B monthly premium). Income is \$1,377 per month of a single person.

Benevolence Fund changes – The Benevolence Fund is a resource through PVM that helps people with short-term financial needs. They provide up to \$300 per calendar year per resident, as long as you have lived in a PVM building for one year. Recently, their procedure has changed. They now require that applicants send a Thank You letter once the payment has been approved. If you have a need, please talk with me and we can get the process moving.

Commodities – The wait list for Commodities has been discontinued, so they can accept new applications. Their income limits have changed. If your renewal is due in May, please see me so that we can submit the paperwork to keep your Commodities coming.

Upcoming Presentation

Grace Hospice – Thursday, May 31, 2017 at 1pm in the Community Room. Hospice is a holistic service for people who are nearing the end of life and their families. Grace Hospice will be here to talk about hospice care and clear up frequent misconceptions.

Rebecca Ogrodowskí, LMSW Service Coordinator

Continued from page 2

Announcements Continued

- Ist Sunday of the Month 5:30pm – Birthday Celebration for all who have birthday's during the month – Not this month – see calendar
- Last Monday of the month, Activity Planning Committee meet @10am – ALL ARE WELCOME TO ATTEND ©
- "Give away day" is now every day. Items to give away are located in the Game Room on the 3rd floor.
- Movie Matinee 1:00pm Movie showing in Parlor If you have a movie you want to watch, please let us know.
- Loaves and Fishes Delivery of Produce & Baked goods from Meijer Shopping Center & other local stores.
 Deliveries are at random.
 All residents are welcome to what we receive, on a 1st come 1st serve basis.

Wal-Mart Bus – Every Monday – Pick-up is at 12:50 pm at front entrance.

Administrator Column

Village happenings – Please remember to check out the Announcement, Community Room Events and Calendar sections of this newsletter.

Resident Support Group:

We have a support group that meets every **Wednesday from 11am-12pm**. Meetings are in the community room, which will be closed during the meetings. **All are welcome to attend**.

Note – No Crafts until July 2017.

Save The Date: Our Virtual Village Victory Cup will be Wednesday, June 14th starting at 10:00am. Hopefully you noticed the shirts hanging in the community room. Those are for you to try on to gage the size you need. Your money won't be needed until the shirts are in. If you haven't placed your order on the clipboard in the community room, please do so. I plan to turn in our order this Friday, May 5th.

Friends & Family: Our Friends and Family campaign was April 1st – 30th. – Thank you to those of you who donated to help us meet our goal of \$1,000. The foundation will receive 15% of our goal, making our overall total goal \$1,150. As of April 26th we have currently raised \$1,071. I'm hopeful the remaining \$79 will be met with the envelopes mailed last week. Again ... THANK YOU!! We couldn't do what we do without you! ☺

<u>Gardeners:</u> We will have a gardening club meeting on May 3rd at 1pm in the community room.

PVM Risk Management was here on April 13th for our site visit. Everything went well. Thank you for your understanding and cooperation.

The resident luncheon is a breakfast served at noon in the community room. With Mother's day the next day, your chef's thought it might be nice to celebrate Mother's day during the luncheon as well. ... Wishing you a very Happy Mother's Day!

Note: The resident activity committee meeting will be on Tuesday, May 30th as the office will be closed on Monday, May 29th in observance of Memorial Day.

May is also our Fire Drill month, along with unit inspections, furnace filter and smoke detector batter changes. Watch for the notice with date & time.

As always, if you have any questions or concerns, please feel free to call or stop by the office.



Paula Hager Administrator

May 20)17	-			
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDA

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Bible Study 4p-5p	2	3 Commodities Resident <u>support</u> Garden Club Meeting 1pm	4 Church group cards 1:00pm in cm. rm.	5 PATH Workshop 10am – 2:30pm – Cm Rm closed during workshop – Wk. #2 Games 3:00pm Cinco de Mayo	6
Birthday Celebration A 5:30pm - Community Room	8	9	10 Resident support group 11a-12p	11	12 PATH Workshop 10am – 2:30pm – Cm Rm closed during workshop – Wk. #3 Games 3:00pm	13 Resident Luncheon– @ 12pm – Cm. Rm Come for lunch & celebrate Mother's day a day early ©
14 Mother's Day	15 Bible Study 4p-5p KCASI Meeting @ Senior Services 1:15p	16	17 Resident support group 11a-12p	18 Bingo with Kim – Life EMS @ 3pm	19 PATH Workshop 10am – 2:30pm – Cm Rm closed during workshop – Wk. #4 Games 3:00pm	20
21	22	23	24 Resident support group 11a-12p	25	26 PATH Workshop 10am – 2:30pm – Cm Rm closed during workshop – Wk. #5 Games 3:00pm	27
28	29 Office Closed Memorial Day	30 Resident Activities Committee Meeting 10a in comm. rm. All are welcome	31 Resident support group <u>11a-12p</u> Grace Hospice Presentation 1pm – Cm Rm	June 1st	June 2 nd PATH Workshop 10am – 2:30pm – Cm Rm closed during workshop – Wk. #6 Final Workshop	

Presbyterian Villages of Michigan Mission Statement

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

Office Numbers

Phone: (269) 567-3300 Fax: (269) 381-6733

Village Staff

Paula Hager Housing Administrator

Rebecca Ogrodowski Service Coordinator – National Church Residences Monday – Thursday – Phone: (269)382-9910 10am – 3pm

Joseph King Maintenance Technician

www.pvm.org

MAINTENANCE EMERGENCY NUMBER: (269) 615-3804





Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation.org

214 S. Sage Street Kalamazoo, MI 49006

Embrace the possibilities