The Village of Westland



Village Voice



Embrace the possibilities

32001 Cherry Hill Rd. • Westland, Michigan 48186 • www.pvm.org

May 2019

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UPDATES AND REMINDERS



As of right now, we are not accepting any donations of books or puzzles.



No smoking is permitted on Presbyterian Village of Westland's property with the exception of the smoke shacks. The smoke shacks are located on the northwest and southeast sides of the main building that are connected to the coved parking.

Smoking in the apartments is forbidden. Residents violating this policy could be evicted

Like and Join the Village on Facebook!





We have a Facebook page titled Presbyterian Village of Westland!



You can see our monthly newsletters, monthly calendars, weekly updates, flyers, and photos from the many activities at the village on the Facebook page! This is also a great way to let your family and friends know what is going on at the Village!

Love living at the Village of Westland?!?! What to live near your friends and get money for it?!?! Here's How!

If you a refer a resident who ends up living here for at least 90 days, you will receive at \$500 bonus!



We are now Eversound connected!

All residents will have access to our Eversound wireless group listening system. Eversound is designed to improve engagement and participation by offering the highest audio quality at all activities - including presentations, outings, music, exercise, movie nights, and more!



About Eversound:

Eversound is a leading provider of wireless headphone technology and engagement solutions designed for senior living communities to facilitate better hearing and increased participation.

Like to play cards? Trying to find a group to play with? Come down to Pinochle in the PDR on Thursday nights at 7 PM and Euchre in the Village Inn on Saturday afternoons at 1 PM. Would you like to add a different card game to the activities schedule? Talk or call Shana at ~28886.

The Village of Westland • 32001 Cherry Hill • Westland, Michigan 48186

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Senior VP & Chief Marketing Officer

May is Older Americans Month

May 1st has been known for centuries as May Day and has celebrated at the beginning of spring with a dance around a Maypole. As a centerpiece for an ancient European spring festival, Maypoles are known for being colorful and festive while decorated with ribbons. Springtime is known for celebrating renewal.

Thus, it is quite appropriate that the month of May is also known as Older Americans Month in America. As older adults we have opportunities not afforded to our ancestors. We experience the joy of being with our grandchildren and great grandchildren. We can create legacies for our families and communities. We even get second chances and, in some cases, rekindled romances. Adventure calls as many travel around the world and volunteer for charitable causes.

The theme for Older Americans Month of 2019 is CONNECT, CREATE, CONTRIBUTE. Connect with friends, family, and services that support participation. Create by engaging in activities that promote learning, health, and personal enrichment. Contribute time, talent, and life experience to benefit others.

Communities that encourage the contributions of older adults are stronger! By engaging and supporting all community members, we recognize that older adults play a key role in the vitality of our neighborhoods, networks and lives.

We acknowledge the Administration for Community Living at the federal level for key information included in this message.

Staff Extensions...

Michele White ~ 28885 Executive Director

Mary Saffian ~ 0 Lead Receptionist

Shana Brown ~ 28886 Wellness Manager

Shari Thompson ~28952 Billing

Jason Lovelly ~ 28927 Human Resources

Kara Otto ~ 28810 Social Worker

Jennifer Wolf ~ 28953 Fitness Specialist

Melissa Nestorovski ~ 28928 Marketing Manager

Breana Wallace ~ 28896 Sales and Leasing Specialist

Diane Santo ~ 28889 Beauty Shop



It's Your Life. Live It Well.

By Tom Wyllie, Director of Wellness



"Spring has Sprung! The Grass has Riz! Do You Know When the Village Victory Cup is?"

Believe it or not, it's that time of year again. It's time to get ready for the 14th Annual PVM Village Victory Cup. Like last year, we will be hosting this year's event at the Suburban Collection Showplace in Novi. The date is Friday, June 21, 2019.

For those of you who may be unfamiliar with this event, it is a fun-filled day of camaraderie and friendly competition between senior living communities that are part of the PVM family. You earn points for your community by participating in a variety of games that involve building puzzles, shooting baskets, throwing beanbags, kicking balls, walking fast, playing balloon volleyball, and this year, writing poetry. The community that earns the most points wins the travelling Village Victory Cup trophy, which currently resides at the Village of Westland.

For communities 100 or more miles from the PVM Home Office, rather than travel to Novi, you have the opportunity to participate in the Virtual Village Victory Cup. The games are the same (with the exception of balloon volleyball) and you play them at your community.

If you are interested in either of these events, ask your administrator how you can join your community's team. At a minimum, you'll enjoy some food, have some fun, and meet a few new people. Or, you might walk away with a gold, silver, or bronze medal and help contribute to your community bringing home the Village Victory Cup trophy or the coveted Spirit Award.



Your Giving Matters.

By Paul J. Miller, CFRE, President, PVM Foundation

Did you know there's a PVM Foundation? The PVM Foundation raises money to support <u>your</u> wellbeing. Last year, PVMF raised funds for Village Victory Cup, resident activities and emergency resident assistance.

A few examples:

Lin be thankful to you for the money you gave me to get my glasses. It is so wonderful to be able to be again. I have a new dease of life, the glasses are triffic, micest pair I even had and with the cyp problem's I have, They thenks to you I Can see everything	providing a new pair of glasses for an older adult who otherwise wouldn't be able to afford them
Residents from The Village of Oakland Woods at a Detroit Tiger's game	a trip to the ballpark or zoo for seniors at risk of isolation
Residents at Thome Rivertown Senior Apartments share a holiday meal	dinner (and crucial socialization) to residents who may not be able to celebrate with family

But the need doesn't end there. We can't make these life-sustaining gifts possible without your help! Over 300 of your fellow residents gave from the heart last year to help all of us. Won't you join them?

Make your contribution today. It's the gift that keeps on giving...right back to you.

Questions, comments or concerns? Contact us at 248-281-2040 or pvmfoundation@pvm.org.

MAY FACTS

The 5th month of the year brings us Memorial Day, Mother's Day, and the last full month of Spring. According to the early Roman calendar, May was the third month. Later, the ancient Romans used January as the first month and therefore, became the fifth month and it always had 31 days. May was first named for Maia, the Roman goddess of spring and growth. In the North Temperate Zone, may is one of the most beautiful months of the year. Usually, the snow and ice are gone by this time but the hot temperature hasn't arrived yet. In May, the first garden begins to sprout and the wild flowers start to bloom and the trees and grasses turn green. Wild flowers such as forsythia, dogwood, violets, and jack-in-the-box bloom and many birds build their nests to sit on the eggs that will soon hatch.

Below are some fun facts about May:

- 1. The birthstone for May is the emerald which represents success or love.
- 2. The zodiac sign for May are Taurus (April 20 May 20) and Gemini (May 21 June 20)
- 3. The birth flower for May is the Crataegus monogyna and the Lily of the Valley.
- 4. On May 1, 1931, the Empire State Building was officially opened.
- 5. Armed Forces Day celebrated the third Saturday of May
- 6. Mother's Day celebrated on the second Sunday of May
- 7. Memorial Day celebrated on the last Monday in May.
- 8. May 5 Cinco De Mayo
- 9. On the first Saturday in May, the Kentucky Derby takes place.
- 10. On May 11, 1858, Minnesota was admitted to the Union.
- 11. On May 14, 1804, Lewis and Clark, the great explorers began their trip up the Missouri River.

12. On May 14, 1948, the last British troops left Palestine which led to Israel becoming an independent country.

- 13. On May 15, 1918, the first regular airmail service began in the United States.
- 14. On May 20, 1862, Abraham Lincoln signed the Homestead Act.
- 15. On May 20, 1932, the first solo flight by a woman across the Atlantic Ocean was made by Amelia Earhart.
- 16. On May 23, 1788, South Carolina became the eighth state.
- 17. On May 24, 1607, the first permanent English settlement in America was established in Jamestown, VA.
- 18. On May 27, 1937, the Golden Gate Bridge was opened in San Francisco.
- 19. On May 29, 1790, Rhode Island became the 13th state.
- 20. On May 29, 1848, Wisconsin became the 30th state.

The Village Voice

Family and Friends Spirit Week Winners

Mismatched (April) Fool's Day:

Residents: 1st Place: Johanna Schoel 2nd Place: Pat Boyington 3rd Place: Anna DeAguiar 4th Place: Marj Hansen



Village Spirit Day

1st Place: Shana Brown 2nd Place: Toni Okulich 3rd Place: Jamie Kadlec 4th Place: John Craig

Staff:

1st Place: Jason Lovelly 2nd Place: Shana Brown

3rd Place: Erica Rice

Staff:

Residents: 1st Place: Carol Wasilewski 2nd Place: Johanna Schoel 3rd Place: Alberta Schuler 4th Place: Pat Boyington

Residents: 1st Place: Alberta Schuler 2nd Place: Pat Boyington 3rd Place: Johanna Schoel 4th Place: Carol Zuvernick

Residents: 1st Place: Pat Boyington 2nd Place: Johanna Schoel 3rd Place: Pat Murray 4th Place: Faye Myers

Residents: 1st Place: Sue Langham 2nd Place: Jack Langham 3rd Place: Pat Boyington 4th Place: Judy Fowley



Spirit Week Grand Prizes Winners Were: **Resident Pat Boyington** Staff Shana Brown



Staff: 1st Place: Melissa Nestorovski 2nd Place: Shana Brown 3rd Place: Amber Tomkinson 4th Place: Karen Ziginow

Staff: 1st Place: Jesson Belser 2nd Place: Amber Tomkinson 3rd Place: Crystal Swope 4th Place: Shana Brown

Staff: 1st Place: Crystal Swope 2nd Place: Breane Wallace 3rd Place: Rachel Leigh 4th Place: Shana Brown

Crazy Hat and Sock Day



Tiger's Day

Tie Dye Day

Family and Friends Raffle Basket Winners

Basket Number 1 (Air Popper): Mary Roll, Resident Basket Number 2 (Sanders): Millie Schmittling, Resident Basket Number 3 (Flower Wreath): Kathy Marzolf, Caresync Staff Basket Number 4 (Massage): Carol Wasilewski, Resident Basket Number 5 (Tiger's Tickets): Eileen Kaminski, Resident Basket Number 6 (Gardening): Sue & Jack Langham, Resident



Basket Number 7 (Lottery): Jenny Krauss, Resident's Family Basket Number 8 (Relaxation): Stan Wickman, Resident Basket Number 9 (Movie): Shirley Johnson, Resident Basket Number 10 (Laundry): Chris Suchan, Housekeeping Staff Basket Number 11 (Detroit Made): Diane Santo, Beauty Shop Staff Basket Number 12 (Car Care): Jenn Wolf, Wellness Staff TV: Char Briggs, Resident's Family



Welcome To The Village!



Residents:

Wayne Eko Judy Murphey Chris Savage Robert Savage



Staff:



Roger Moore Driver



Sharon Perry Dietary

April's Craft was

Flower and Crayon Canvases!







May's Craft is... Flip flops wreaths!



~ Transportation Services ~

Monday's

•Bus Runs at 11 am (ACO, Hallmark, CVS, Post Office, and Walgreens (all off of Merriman Road))

Tuesday's

- Shopping at Kroger (Cherry Hill and Merriman) at 10 AM
- All Shopping trips load/unload a <u>maximum of four</u> bags per resident ~Electronic scooters are given based on the order of the sign-up sheet. This is on a first come first serve basis, as many stores do not have a sufficient number of scooters.

Wednesday's - Banking Day at 11 AM

- Citizens Bank, TCF, Chase, Bank of America, Zeal, and Comerica Thursday's and Friday's
 - Movie outings ~ once a month ~ cost is only for ticket to the movie (\$6.00)
 - We do one to three shopping trips per month that leave at various times (such as Meijer, Target, Walmart, Dollar Tree, Ollies, Westland Mall). There is no cost to the resident.
 - All Shopping trips load/unload a maximum of four bags per resident
 - Lunch outings at 11 AM ~ one to two per month ~ only cost is for your meal.

• Shopping and lunch outing suggestions lists are in the mailroom

Appointment Outings

 Bus is available for residents to be driven to doctor appointments; must call the Wellness Department <u>a week in advance</u> to make reservations, cost starts at \$15 and can go up based on mileage and waiting time over 1 hour.

If there is ever a charge for an outing, it will be written on the sign- up sheet. **Residents must sign up for all outings. Sign-up sheets are located in the mail room**

Happy Birthday to our Wonderful Residents...

Following are the residents who celebrate a birthday in May!

Kathy Fulner May 1 st	Marge Cameron	May 8 th	John Bartys	May 21 st
Edie Wilkie May 3 rd	Peggy Brefka I	May 8 th	Dot Shelley	May 22 nd
Joan Dugas May 4 th	Suzanne Edwards	May 9 th	Clifford Wright	May 22 nd
Sue Ignas May 4 th	Doris Morgan	May 14 th	Jeri Tomassion	May 25 th
Jack Langham May 5 th	Linda Fisher I	May 14 th	Helen Dotson	May 27 th
John ConnellyMay 5 th	Margie Lemieux	May 14 th	MaryAnn Tucker	May 27 th
William Hamilton May 6 th	Dorothy Butler I	May 19 th	Marjorie Housley	May 27 th
Leonard Bell May 7 th			loda Baldwin	May 28 th

Have an e-mail address?

The Village of Westland is updating our email contact list. Please stop by the front desk to complete an Email contact form. Ask your family members to fill out the form too. When we have your email on file you can receive newsletters and other building information electronically.

We need your help!

Do you have some extra time to spare? Do you love where you live and want to get more involved? Please share your love for the community and volunteer. The Village of Westland is seeking more Volunteers. There are multiple positions available in choose from.

> We currently need your help with: -Bingo -Library

See Shana or Toni to get more information.

Presbyterian Villages of Michigan Mission Statement

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

www.pvm.org





Office Numbers Village Staff

Michele White Executive Director

Jason Lovelly Human Resources

Josh Kephart Environmental Services Manager

Jan Smith Nurse Case Manager

Melissa Nestorovski Marketing Manager

EMERGENCY NUMBER

(734) 728-5222



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan at **248-281-2040** or visit **www.pvm.org**

32001 Cherry Hill Road Westland, MI 48186



Embrace the possibilities

(734) 728-5222

Shana Brown Wellness Manager

Kara Otto Social Worker

Shari Thompson Billing

Austin Jackson Dietary Manager