



# Village News



## Embrace the possibilities

420 S. Opdyke Rd · Pontiac, MI 48341 · [www.pvm.org](http://www.pvm.org)

April 2025

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### *Tracy Lathan Administrator*

Happy Friends and Family Month!!!

This month, we will come together to raise money for a great cause!! Reach out to your family, friends, church members, and community. Every contribution makes a difference. If you'd rather not ask for donations, you can still support by participating in our fundraisers. This is your village, and together, we can make it happen!!

A huge thank you for the positive feedback on our St. Patrick's Day celebration!! It's through the generosity of friends, family and donors that we're able to create these amazing events for you.

Don't forget to come to the community center and celebrate with us! We can't wait to see you all soon.



The Village of  
**Oakland  
Woods**

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan

Look for PVM on:



# Office News

*Sharon Benton & Stephanie Daniel*

*Administrative/Receptionist*

## SPRNG IS FINALLY HERE!!!

The first day of spring is called vernal equinox. The term vernal is Latin for “spring” and equinox is Latin for “equal night”.

- According to a Facebook study, couples are most likely to break up in the spring and two weeks before Christmas. The lowest breakup time was Christmas Day and from August through October.
- The fall and spring equinoxes are the only two times during the year when the sun rises due east and sets due west.
- Spring babies are at a greater risk for health ills.
- While springtime brings flowers and warmer weather, it may be the worst time for human babies to be born. A large-scale study found that babies born in the spring are more likely to develop schizophrenia, bipolar disorder, major depression, anorexia.
- On the first day of spring, a person at the North Pole would see skimming across the horizon, beginning six months of uninterrupted daylight. A person at the South Pole would see the sun skimming across the horizon, signaling the start of six months of darkness.
- Spring almost always arrive on March 20 or 21st, but sometimes on the 19th. Reason the equinoxes and solstices don't always come on the same day in that Earth doesn't circle the sun in exactly 365 day
- The first day of spring in the Southern Hemisphere is the first day of fall in the Northern Hemisphere
- The first spring flowers are typically lilacs, irises, lilies, tulips, daffodils and dandelions.
- Holiday that occur in spring include Easter, Passover, April Fools, Cinco DeMayo, and Holi (festival of colors in India)



# Sales and Leasing News

The Village of Oakland Woods is looking to fill the Sales & Leasing Specialist – Housing position, if you know someone that maybe interested please go to [pvm.org/careers](http://pvm.org/careers) and search **Sales & Leasing Specialist-Housing, Pontiac Location.**

We love that you want to share our community with friends and family, however, please let them know that we do work by a waitlist, which is a year to a year in a half long. For apartments you must be 62 years or older and pass a background check. Cottage must be 55 years or older and pass a background.

**Applicant are selected in the following order.**

**Veterans**

**Pontiac Resident**

**Non-Pontiac-Resident**

**HAVE NO FEAR THE STAFF WILL CONTIUNE TO MEET ALL OF YOUR SALES AND LEASING NEEDS.**



# Maintenance News

*Rick Petrella/Maintenance Supervisor, Bryan Mathis Maintenance  
& Randall Shannon/grounds keeper*

Happy April to everyone.

It was nice to see all the residents who attended our recent Town Hall meeting, and certainly, the sunshine that day was wonderful.

I did want to remind everyone we may still have some cold days ahead of us so please continue to be mindful having the heat 68 degrees if you will be away from your apartment for a period of time. Additionally, have the cabinet doors open below your sinks at night if temperatures require such.

Hopefully soon we can remove the salt container from the front of the buildings. Certainly, we want to be prepared if we do have snow/ice conditions. As we know we are in Michigan (per our wonderful resident Vince).

I do look forward to seeing our residents out and about on the property with the warmer weather ahead of us.

Happy and thank you to all of the residents who have expressed their appreciation of our efforts to make the Village of Oakland Woods a clean and comfortable place to live.



# Service News

*Terri Price & Angela Morton-Beavers  
Service Coordinators*

**Greetings from your Service Coordinators: Angela Morton-Beavers and Terri Price**



**Please mark your calendar and plan to attend the sessions noted below. Don't forget to sign up in the activities book. Feel free to invite family and friends. Thank you!**

**Friday, April 4<sup>th</sup> at 11:30am Joan Baert, Easter Seals Prevention Specialist, will speak on Medication Management and Substance use.**

**Wednesday, April 16<sup>th</sup> at 12noon, Dr. Carla will discuss, "Making the most of your medical appointment visits with your doctor."**

**April 9,23,30 CMU-B2B sessions. Registration is required with limited space in the conference room if you would like to attend. Questions, please see Terri.**

**Save the date for:**

**Friday, May 2<sup>nd</sup> 12noon - Stop the Bleed with Trauma nurse, Anita Barksdale**

**Wednesday, May 14<sup>th</sup> 12 noon - Dr. Carla will present on osteoarthritis of the knee**

**Wednesday, May 21<sup>st</sup> WSU Mobile Clinic will be here to conduct health screening and offer vaccinations accordingly. Please see Angela for details/questions.**

**IMPORTANT REMINDERS:**

Please consult with family or a neighbor to pick up your monthly Focus Hope/Oakland Hope food box. Our maintenance staff members are not always available to deliver boxes. We certainly understand due to weather or other conditions that you may not be able to retrieve your box. Therefore, please make arrangements and coordinate accordingly. We are diligently working on a volunteer group to assist as needed. Focus Hope delivery is 3<sup>rd</sup> Wed. of each month / Oakland Hope 2<sup>nd</sup> Thursday of each month.

Community Van transportation pick-up for Friday grocery trips and on-site events, provided for those with mobility and other physical limitations. Unfortunately, we are not able to provide transportation for all requests. Thank you for understanding

**Questions, hours, appointment requests with your Service Coordinator, please call:**

-Angela Morton-Beavers – Residents in Areas 1, 2, 4 248-334-4379 / **Ext. 3**

-Terri Price – Residents in Areas 3 & 5 248-334-4379 / **Ext. 4**

## April: National Humor Month

### The Importance of Laughter for Seniors During Winter

The winter months can be especially tough on seniors. Cold weather brings with it a host of issues, such as joint pain, seasonal depression, and increased risk of illness. That's why it's crucial for seniors to find ways to stay active both physically and mentally during this time. Laughter is an excellent way to do just that! Here are some reasons why laughter is important for seniors during the winter:

Stimulates Circulation and Vital Organs

Reduces Stress Levels

Improves the Immune System

Relieves Pain

There's no better time than now to take that first step. Join an event. Pick up an old hobby. Call an old friend. Small steps like these can have a big impact on your health and happiness. Need inspiration? Check out activities in the community center or sign up for our upcoming social events.

**Proverbs 17:22** is true—a merry heart really does a spirit, soul and body good like medicine. There are spiritual, emotional and physical benefits of joy and laughter.

And....be sure to attend the Friends & Family 365 Kickoff  
April 3<sup>rd</sup> from 4PM-7PM for a good time and lots of laughs!!!



Wellness  
happens at  
**THE VILLAGE OF  
OAKLAND WOODS**

Thank you Major Tim Greimel for taking the time out to visit with the residents. Mayor Greimel will not be seeking re-election, this was this final visits with the residents.



Our Very own Dorothy Dye has published a new book “God uses People”. The book can be purchase at bookstores everywhere, or on line at the Apple iTunes store, Amazon or Barnes and Noble. Please support one of our own.

**There will be a memorial/luncheon for Edith Gutowski on Friday, April 11th from 12:00—4:00pm at the Community Hall. MUST R.S.V.P. with Stephanie by April 4th, 2025.**



### **Birthday Celebration!**

The Birthday party will be held on Thursday, April 17th @ 1:00pm. Join us in the Community Room for refreshments, bingo and prizes.

Carol Ross 4/3  
Judy Morton 4/5  
Donna King 4/8  
Carolyn Arnold 4/21

Wanda Jones 4/3  
Roberta Brown 4/7  
Susan Wright 4/8  
Deneen Willis 4/28

Luisie Coles 4/4  
Roy Jenik 4/8  
Hope Harris 4/12



### **In Memory of**

***Richard Houston***





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# April 2025

Large Calendars are Available  
at the Activities Table



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1 10:00 God's Word & Pray Friends & Family Pajama Day - 11:30 Activity	2 10:30 Fitness With Rhonda - Friends & Family Crazy Hat Day - 11:00 CMU - 2:00 Mesdubrook Vaanities Musical	3 Friends & Family Kickoff - Throwback Jersey 4:00-7:00pm	4 9:00 Meijer - 10:30 Stress Reduction - 1:10 Tiger's Opening Day	5
6	7 10:30 Fitness with Rhonda - 2:00 B&W Movie	8 10:00 God's Word & Pray - 1:00 Lunch with & By Amy	9 10:30 Fitness With Rhonda - CMU Lonliness & Social Isolation	10 11:00 Lorenzo Cultural Center 12:00 Oakland Hope Drop off	11 9:00 Kroger - 10:30 Stress Reduction - 12-3 Private Luncheon	12
13	14 10:30 Fitness with Rhonda - 2:00 Crafts-Spring Door Hanger	15 10:00 God's Word & Pray - 2:00 Cardio Drumming	16 10:30 Fitness With Rhonda 12:00 Oakland Hope Drop off - 12:30 Lunch & Learn With Dr. Carla	17 1:00 Birthday & Bingo	18 9:00 Walmart - 12:00 Ms. Irene's Good Friday Service	19
Easter	20 Office Closed for Easter Monday	21 10:00 God's Word & Pray - 2:00 Musical Chairs	22 10:30 Fitness With Rhonda - 2:00 CMU - 2:00 Card Games	23 Grand Opening VOOV Dollar Store	24 9:00 Hollywood - 10:30 Stress Reduction - 11-1:00 PVM IT Team	25
27	28 10:30 Fitness with Rhonda - 2:00 Make Body Butter	29 10:00 God's Word & Pray	30 10:30 Fitness with Rhonda - 11:00 CMU - 2:00 Movie Day	1	2	3
4	5	Notes	<p><b>EVERY TUESDAY FROM 9:00am - 12:00 noon, WE HAVE FRESH BREADS AND GOODIES FROM PANERA BREAD</b></p>			

**Presbyterian Villages  
of Michigan  
Mission Statement**

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)

**Office Number (248) 334-4379**

**Village Staff**

**Tracy Lathan**  
*Administrator*

**Sharon Benton**  
*Administrative Assistant*

**Stephanie Daniel**  
*Administrative Receptionist*

**Terri Price**  
*Service Coordinator*

**Angela Morton-Beaver**  
*Service Coordinator*

**Anita Norwood**  
*Wellness Coordinator*

**Rick Petrella**  
*Maintenance Supervisor*

**Randall Shannon**  
*Grounds Keeper*

**Bryan Mathis**  
*Maintenance Tech.*

**EMERGENCY MAINTENANCE** (248) 330-0213 (1st)  
(248) 310-0129 (2nd)



**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit [www.pvmfoundation.org](http://www.pvmfoundation.org)

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Oakland Woods**  
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A Mission of Presbyterian Villages of Michigan  
420 S. Opdyke Rd  
Pontiac, MI 48341-3145

