



Village Voice



Embrace the possibilities

32001 Cherry Hill Rd. • Westland, Michigan 48186 • www.pvm.org

April 2019

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Look for PVM on:

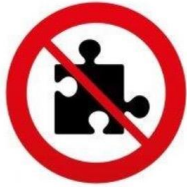


The Village of
Westland

A SENIOR LIVING COMMUNITY

 A Mission of Presbyterian Villages of Michigan

UPDATES AND REMINDERS



**As of right now,
we are not accepting
any donations
of books or puzzles.**



No smoking is permitted on Presbyterian Village of Westland's property with the exception of the smoke shacks. The smoke shacks are located on the northwest and southeast sides of the main building that are connected to the covered parking.

Smoking in the apartments is forbidden. Residents violating this policy could be evicted



Like and Join the Village on Facebook!



**We have a Facebook page titled
Presbyterian Village of Westland!**



You can see our monthly newsletters, monthly calendars, weekly updates, flyers, and photos from the many activities at the village on the Facebook page! This is also a great way to let your family and friends know what is going on at the Village!

Love living at the Village of Westland?!?!

What to live near your friends and get money for it?!?!


Here's How!

If you refer a resident who ends up living here for at least 90 days, you will receive a \$500 bonus!



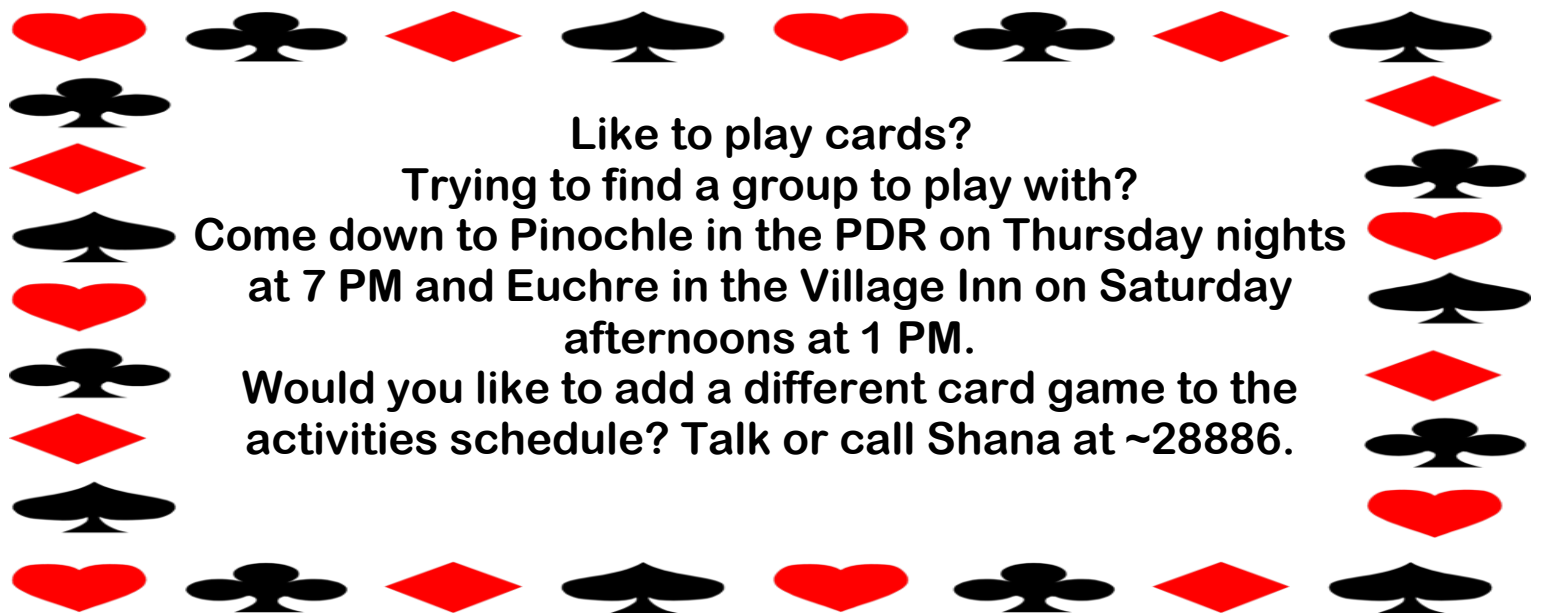
We are now Eversound connected!

All residents will have access to our Eversound wireless group listening system. Eversound is designed to improve engagement and participation by offering the highest audio quality at all activities - including presentations, outings, music, exercise, movie nights, and more!



About Eversound:

Eversound is a leading provider of wireless headphone technology and engagement solutions designed for senior living communities to facilitate better hearing and increased participation.



**Like to play cards?
Trying to find a group to play with?
Come down to Pinochle in the PDR on Thursday nights at 7 PM and Euchre in the Village Inn on Saturday afternoons at 1 PM.
Would you like to add a different card game to the activities schedule? Talk or call Shana at ~28886.**



The Senior Advocate.

By Lynn Alexander,
Senior VP & Chief Marketing Officer

The Magic of Friendship

A recent special edition of Time Magazine is titled Friendship: "The Bonds That Shape Us at Every Age". This publication further supports the notion that friendship and connecting with others is the bond that makes life sweeter no matter what stage we are in. There is documented evidence that children fair better in school if they have developed strong friendships. Often these friendships last for a lifetime.

Whether it happens at the barber or beauty shop, a religious setting, a yoga class or being with neighbors and friends at a PVM village these bonds endure and help us to celebrate or problem solve our way through life - good times and bad. Many times PVM residents have remarked that they and their fellow residents look out for each other daily; and this brings joy and comfort to their lives.

Our annual Village Victory Cup is coming up on June 21st. This is a great way to celebrate the joy of life and is also a good way to make new friends as well as bond with the ones you have now. Come join in the fun. Talk to your village staff about becoming a member of your village team. Hope to see you there

Staff Extensions...

Michele White ~ 28885
Executive Director

Mary Saffian ~ 0
Lead Receptionist

Shana Brown ~ 28886
Wellness Manager

Shari Thompson
~28952
Billing

Jason Lovelly ~ 28927
Human Resources

Kara Otto ~ 28810
Social Worker

Jennifer Wolf ~ 28953
Fitness Specialist

Melissa Nestorovski ~ 28928
Marketing Manager

Breana Wallace ~ 28896
Sales and Leasing
Specialist

Diane Santo ~ 28889
Beauty Shop



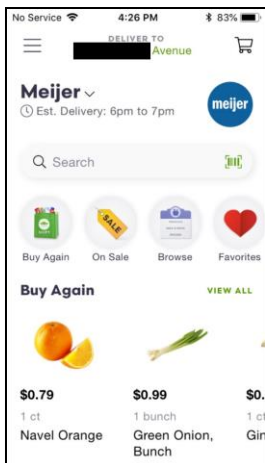
It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

The “Ins & Outs” of Shipt – Part 2

This is the final article in a series of articles I have been writing about living life without a car when my car was in the shop for some minor repairs. Last month I wrote about what you need to have in place to use the online grocery shopping and delivery service Shipt. This month I am writing about how it works.

After you download the app and create an account, you're ready to begin shopping. As part of setting up your account, the app will find participating stores closest to your location and prompt you to choose one. In Michigan, you have two options: Meijer and Target. If both are available you can switch between the two each time you shop.



Using the app is pretty straight forward. When you open it, the delivery address you specified and the store you selected when you set up your account will be displayed along with the next available delivery time. Don't worry if that's not the time you want. You will select your actual delivery time later in the process.

Also displayed will be a search bar and a series of categories (Buy Again, On Sale, Browse, Favorites, etc.). You can use either to select the groceries you want.

The first time I used Shipt, I used the search bar. I typed in the name of the item I wanted and all the products containing that name were displayed along with their pictures and prices. From the displayed list I selected the specific item I wanted and added it to my shopping cart by tapping the plus sign located to the bottom right of its picture. If you tap the picture, you will be presented with more detailed information about the item and have the ability to add additional quantities of that item to your cart.

As you use Shipt it keeps track of the items you buy and compiles a list of those items in the Browse Again category. Since I'm a creature of habit and tend to buy the same things over and over again, the next time I used Shipt I shopped using that category. After tapping the icon, all the items I purchased in the past were displayed. I then tapped all the items I wanted to buy, which added them to my shopping cart.

Continued on Page 6...



It's Your Life. Live It Well.

*By Tom Wyllie,
Director of Wellness*

The "Ins & Outs" of Shipt - Part 2 Continued

Once you fill your cart with all the items you want, it's time to check out. Confirm your cart contains the items you want by tapping the cart icon in the upper right hand corner of your screen. If it does, tap the green Checkout bar which is located at the bottom of your screen. Doing so will display a list of available delivery times. Selecting the time you want will display the delivery address, the delivery time you selected, how you prefer to be notified regarding substitutions, your payment method and the total cost of your order. If everything looks good, tap the green Place Order button at the bottom of your screen. If not, you can make changes by tapping the Edit button next to what you want to change.

Tapping the Place Order button will place your order and also display an order confirmation. In addition, a confirmation email will be sent to the email address you associated with your account when you set it up.

A few minutes after you place your order a Shipt shopper will claim it. The shopper's picture along with their first name will appear in the app on the confirmation page along with their first name. When they begin shopping they will send you a text and ask you if you want to add anything to your order.

While they shop, if you indicated you wanted them to contact you regarding substitutions they will send you a text if something you ordered is not available and will suggest a substitution, which you can accept or deny. Once they finish shopping they will notify you that they are checking out and once they check out, they will notify you that they are on their way to the delivery address you specified.

When they arrive, if you need help putting your groceries away they will assist you. If not, they will place them wherever you want. I have always had a positive experience. My shoppers have been very helpful and very friendly. I have received all the groceries I ordered (unless unavailable at the store) and the cold items were cold, the frozen items were frozen, and the fresh items fresh.

After your shopper drops off your groceries, you will have the opportunity to rate them and give them a tip through the app. Both are very important tasks to complete. Rating them lets Shipt know how well they did their job. Tipping them is a way of thanking them for a job well done. Additionally, Shipt shoppers can see your tip history, which can influence whether they claim your order. A Shipt shopper whom I know told me that better tippers tend to attract the better shoppers.

For me, using Shipt has been pretty easy. Like with anything, I have found that the more I use it the better I get at it. The groceries themselves are a little more expensive (that's how Shipt makes their money) and the tip does add to the cost, however, you can't beat the convenience. So, the next time you find yourself without a car and in need of groceries, rather than take the bus or bum a ride from a friend you just might want to give Shipt a try.

APRIL FACTS

The 4th month of the year brings us April Fools' Day, Earth Day, and the chance for some rain.

According to early Roman calendar, April was the second month but became fourth when they started to use January as the first month. The name originally came from Aprilis, meaning 'to open'. In April, small animals that were hibernating usually come out and the birds fly back northward to settle, bees and butterflies begin to gather nectar. In some parts of the world, April is planting time but in other parts, it's the harvest season. Because of the nice warm weather of April, amateur athletes begin to go outside while the professional baseball begins. People usually do huge spring cleaning and mowing. The first day of April begins with April fool's day.

Below are some fun facts about April:

1. The birthstone for April is the diamond.
2. The zodiac signs for April are Aries (March 21 - April 19) and Taurus (April 20 - May 20).
3. The birth flower of April is typically the Sweet Pea or the Daisy.
4. Global Child Nutrition Month
5. Humor Month
6. Mathematics Awareness Month
7. The Revolutionary War in America began on April 19, 1775.
8. April 23rd is known as the Feast day of the Patron Saint of England.
9. On April 30, 1975, General Duong Vanh Minh surrendered and the Communist forces captured Saigon which led to the end of the Vietnam War.
10. On April 4, 1818, a flag that contained 1 star for each state and 13 stripes was adopted by Congress.
11. In Fayette, N.Y. on April 6, 1830, the Church of Jesus Christ of Latter-day Saints was founded by Joseph Smith.
12. On April 6, 1917 the United States declared war on Germany in World War I.
13. On April 4, 1949, the North Atlantic Treaty was signed.
14. On April 11, 1814, Napoleon Bonaparte was exiled to the island of Elba and he was abdicated as Emperor of the French.
15. Good Friday - Friday before Easter Sunday
16. April 1 - April Fools' Day
17. April 5 - Arbor Day
18. April 22 - Earth Day
19. Thai New Year in Thailand
20. Khmer New Year in Cambodia

Family and Friends Spirit Week 2019

Show the most spirit with the daily theme to win prizes throughout the week! This competition is opened to residents and staff!



Monday, April 1st: Mismatched (April) Fool's Day

Wear a mismatched outfit!
Judging will be during the Tie Dye Workshop at 1:00 PM in the WC.



Tuesday, April 2nd: Village Spirit Day
Dress up with any Village of Westland Gear, Logo's and PVM Colors (blue and white)
Judging will be during Chime Practice at 2:00 PM in the PDR.



Wednesday, April 3rd: Crazy Hat and Sock Day
Wear/Create your Craziest Hat!!

Judging will be during the Menu Chat at 12:30 PM in the PDR.



Thursday, April 4th: Tiger's Day

Wear Your Tigers Day Gear!!
Judging will be During the Tigers Party at 1:00 PM in the PDR/VI.

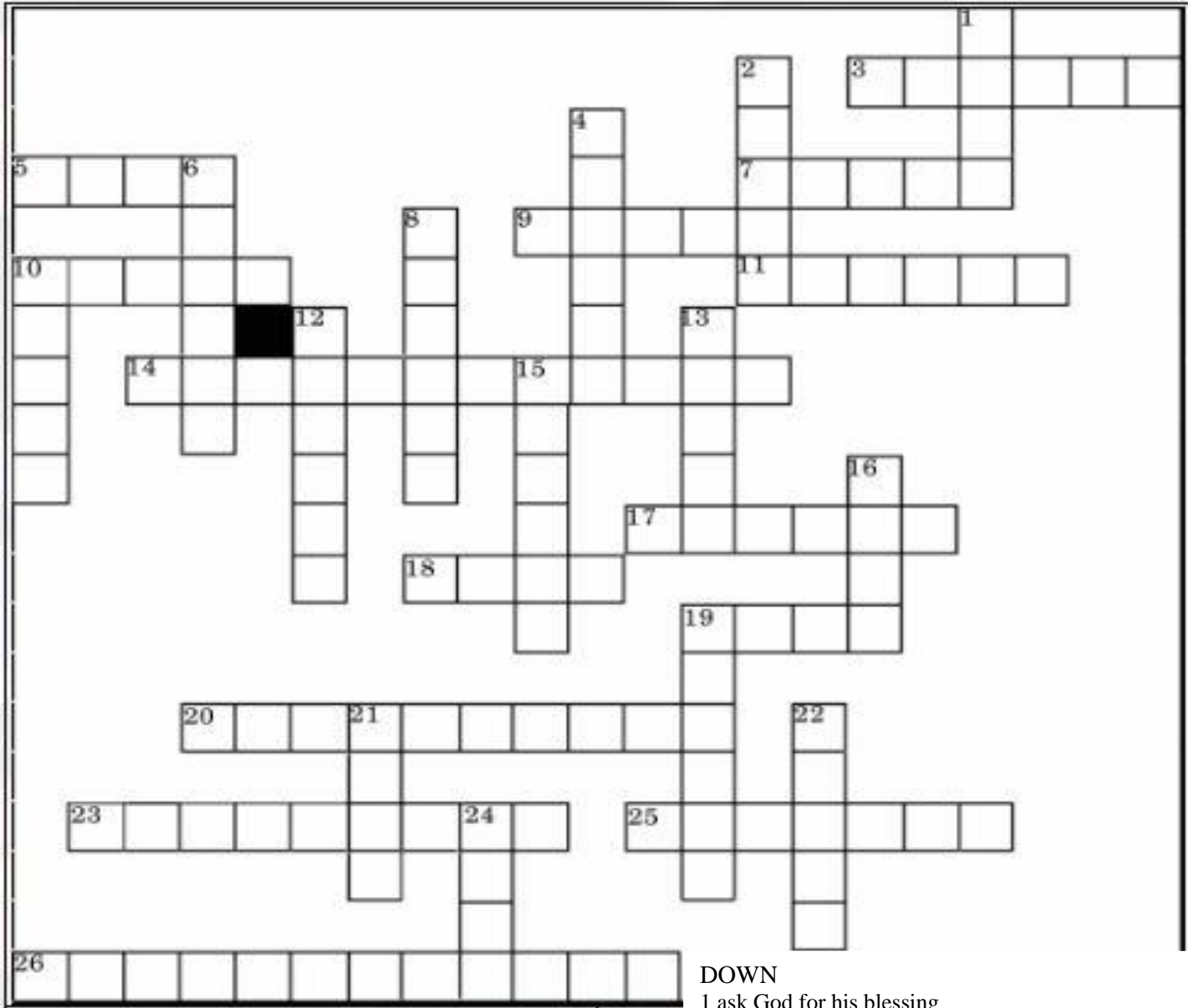
This party will also be the kick-off to Friends and Family campaign!



Friday, April 5th: Tie Dye Day
Wear Your Tie Dye Gear!!
Judging will be During League Wii Bowling at 12:30 PM in the PDR



Easter Deluxe Crossword Puzzle



ACROSS

- 3 Something you march in
- 5 Another name for sheep
- 7 Animal that delivers candy
- 9 Winged celestial being
- 10 Symbol of Crucifixion of Jesus
- 11 Name for Resurrection
- 14 When Jesus came back

- 17 Day Christ was crucified
- 18 Sacred
- 19 something painted @ Easter
- 20 Small sugary tidbits
- 23 Special candy
- 25 spring the season of new life
- 26 Bakery good served at Easter

DOWN

- 1 ask God for his blessing
- 2 Scriptures & gospels fill it
- 6 Used to carry items
- 8 Religious ceremonies held here
- 10 Sweets
- 12 day Easter is on
- 13 what we do with eggs
- 15 Light this in church
- 16 Holy ceremony
- 19 Sunday Jesus arose from the dead
- 22 baby chicken
- 24 Jesus arose from

***Answers on Page 13**



Welcome To The Village!



Residents:

Joy Bickman
Clifford Martin
Hercshel Eaton
Patricia Burns
Jean Siler

Lennie Bowser
Sylvia Miller
John Ennis
Steve Gulin



Staff:



Noreen Gillmann – Dining Services Assistant

March's Craft was Sock Bunnies!



April's Craft is... Flower and crayon canvases!



~ Transportation Services ~

Monday's

- Bus Runs at 11 am (ACO, Hallmark, CVS, Post Office, and Walgreens (all off of Merriman Road))

Tuesday's

- Shopping at Kroger (Cherry Hill and Merriman) at 10 AM
- All Shopping trips load/unload a maximum of four bags per resident
~Electronic scooters are given based on the order of the sign-up sheet. This is on a first come first serve basis, as many stores do not have a sufficient number of scooters.

Wednesday's – Banking Day at 11 AM

- Citizens Bank, TCF, Chase, Bank of America, Zeal, and Comerica

Thursday's and Friday's

- Movie outings ~ once a month ~ cost is only for ticket to the movie (\$6.00)
- We do one to three shopping trips per month that leave at various times (such as Meijer, Target, Walmart, Dollar Tree, Ollies, Westland Mall). There is no cost to the resident.
- All Shopping trips load/unload a maximum of four bags per resident
- Lunch outings at 11 AM ~ one to two per month ~ only cost is for your meal.
- Shopping and lunch outing suggestions lists are in the mailroom

Appointment Outings

- Bus is available for residents to be driven to doctor appointments; must call the Wellness Department a week in advance to make reservations, cost starts at \$15 and can go up based on mileage and waiting time over 1 hour.

If there is ever a charge for an outing, it will be written on the sign- up sheet.

****Residents must sign up for all outings. Sign-up sheets are located in the mail room****

Happy Birthday to our Wonderful Residents...

Following are the residents who celebrate a birthday in April!

Loretta Bristow...	Apr 2 nd	Susan Jagodka.....	Apr 8 th	Paul Holmes.....	Apr 20 th
Mary Roll.....	Apr 5 th	Marj Hansen.....	Apr 9 th	Bill McBride.....	Apr 23 rd
Lillie Bell-Rivers...	Apr 6 th	Joyce DeWulf.....	Apr 9 th	Judy Fawley.....	Apr 25 th
Bill Pugh.....	Apr 6 th	Carol Branstator.....	Apr 13 th	Bill Berry.....	Apr 26 th
Ralph Hollis.....	Apr 6 th	Anna Caruso-Brown....	Apr 17 th	Patio Bingham....	Apr 28 th
Linda Quick.....	Apr 6 th	Carol Zuverinak.....	Apr 18 th	Chet Parsel.....	Apr 29 th
Phillip Swan.....	Apr 6 th	Edward Mitchell.....	Apr 18 th	Al Ignas.....	Apr 29 th

Have an e-mail address?

The Village of Westland is updating our email contact list. Please stop by the front desk to complete an Email contact form. Ask your family members to fill out the form too. When we have your email on file you can receive newsletters and other building information electronically.

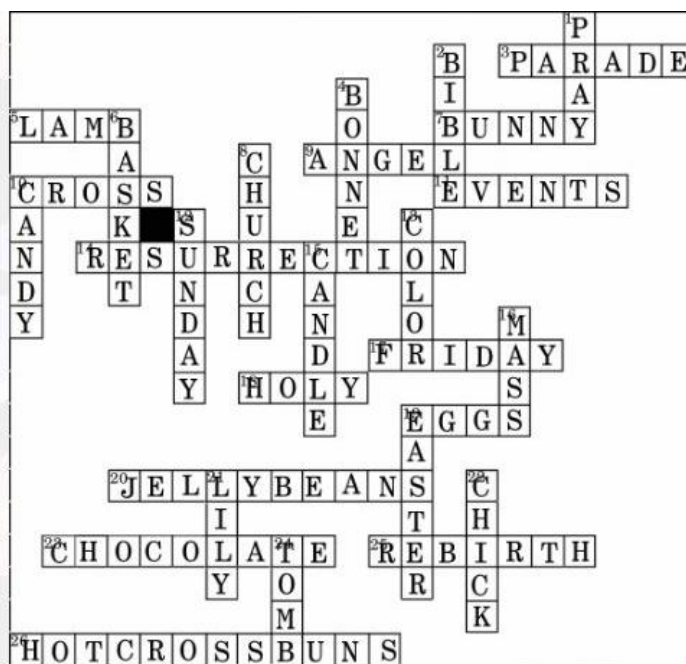
We need your help!

Do you have some extra time to spare? Do you love where you live and want to get more involved? Please share your love for the community and volunteer. The Village of Westland is seeking more Volunteers. There are multiple positions available in choose from.

We currently need your help with:
-Bingo

See Shana or Toni to get more information.

Crossword Answers:



**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Numbers

(734) 728-5222

Village Staff

Michele White
Executive Director

Shana Brown
Wellness Manager

Jason Lovelly
Human Resources

Kara Otto
Social Worker

Josh Kephart
Environmental Services Manager

Shari Thompson
Billing

Jan Smith
Nurse Case Manager

Austin Jackson
Dietary Manager

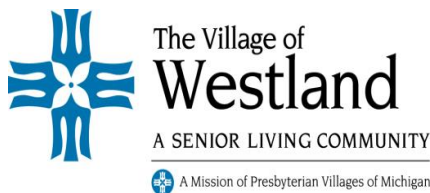
Melissa Nestorovski
Marketing Manager

EMERGENCY NUMBER

(734) 728-5222



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan at **248-281-2040** or visit www.pvm.org



**32001 Cherry Hill Road
Westland, MI 48186**



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