



# Village Trumpet



## Embrace the possibilities

33875 Kiely Drive • Chesterfield, Michigan 48047 • [www.pvm.org](http://www.pvm.org)

February 2020



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## The Village of East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



THE VILLAGE OF EAST HARBOR

PRESENTS:

# JAZZ

## MUSIC FESTIVAL

&

### DINNER

THURSDAY, FEBRUARY 13

Featuring:

DAVE  
TATROW  
&  
FRIENDS



\$20.00 GENERAL ADMISSION

CASH BAR

DOORS OPEN 5:30PM



PURCHASE YOUR  
TICKETS AT  
THE FRONT DESK



## FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:



The Cameron café has new items on the menu. Try some of the new healthy bowls. I tried a vegetarian bowl and it was delicious. You can also find reasonably priced jewelry, scarves and a variety of gift ideas at low prices. We tend to price our gift items about 1/3 of the cost for what you would pay in a boutique. We do this as a special perk for residents and staff.

T-shirts are designed and created locally for our shop only. Shirts are priced to cover the cost of production. Wear your VEH shirts proudly.

The next shirt is green with Shamrocks on it. Watch for it to be available soon.

Next up is dinner and Jazz on, Feb. 13<sup>th</sup>. We will be offering special events monthly with dinner in Marguerite's. We hope to build demand for the restaurant. Dinners are priced reasonably with entertainment. The Jazz band was recommended by one of our residents and is sure to be a wonderful way to celebrate Valentine's Day with friends and family.

If you have any suggestions or ideas for entertainment, trips, or clubs that you would like to see us offer, see Betsy, or drop your suggestion in the suggestion box. We are always looking for new ideas. One village stitchers group is making mats out of garbage bags for the homeless. We had a resident recently suggest we start an Ambassador's Club. We will be putting together meetings soon to create the Ambassadors group.

The participants will be invited to lunches promoting our new expansion, welcoming new residents, and more. Great way to make new friends. Watch the calendar for dates and times.

Winter can be long and dreary but it is always warm and friendly inside the building. Take time to come in and join in an exercise class, go on a trip, enjoy tea time, game time, entertainment, and more. One of the key elements to happiness and longevity is social engagement.

Would you like to give a testimonial why you chose to live at The Village of East Harbor? Contact Dylan or Peggy in Sales and Leasing and will schedule a time to video tape your comments. We are happy to hear why you chose us and look forward to your participation.

Our staff does their best to respond to your issues. Place work requests at the front desk by stopping in or calling 586-725-6030.

Happy Valentine's Day,

Carolyn

# MARKETING



What is there not to love about a care community like ours? Cupid has shot a bow from his arrow and it struck right inside of our loving hearts. Here at the Village of East Harbor, it is common to see our residents sharing experiences with one another during activities, out in the hallways, or over a delicious meal. Be sure to include our staff in conversations as we love talking and learning about our residents' unique backgrounds. You will find that some of the staff here actually..... is quite FUNNY!!

We love our residents and the people that we serve everyday. Feel free to encourage our new residents to check out the activities center with you, share a meal, or get to know you over 1on1 conversations. Everyone could use a friend to lean on, and lucky for our residents you get to live with them every day!!

We Have an "Epi-Demick" in Barnett Hall

Congratulations once again to Judy Demick receiving a Resident Referral Bonus check! We have a real "Epi-Demick" happening in Barnett Hall! Two of her children's mothers in law are now residents with her in Barnett Hall; how exciting is that? We are so pleased to welcome our newest "in-law" Rosa Barretta to The Village of East Harbor and kudos to Judy Demick! It speaks volumes of wonderful things about you Judy that your children spouses would chose to have their mom-in-laws come live with us. We are so grateful to you and are so pleased to share this well-deserved bonus with you! Thank you.



## WELCOME HOME NEW RESIDENTS

We welcome these new residents to our  
Village of East Harbor Family:

**Anna Bauer—116**

**JoAnn Hacala—502**

**Janice Schmidt— 100**

## Alzheimer's Support Group

**Hosted by Chaplain Laura**

**3rd Tuesday of every month**

**2:00pm**

**Chapel**



*From The Desk Of Chaplain Laura...*



## FEBRUARY

VALENTINE' DAY; A Celebration of LOVE

Named after the Roman Catholic Priest, St Valentine, struggling against emperor, Claudius, (a persecutor of the Church) who banned marriage so young men can focus on war, not love, St Valentine secretly began marrying couples in the church. He was eventually caught, persecuted, beaten and imprisoned for performing marriages. The church believed marriage to be sacred between two people, for life, and was to be encouraged.

As did Jesus Christ, Who gave his life for the cause... **LOVE.**

Father O'Gara of Dublin, Ireland states, "What Valentine means to me as a priest, is that there comes a time where you have to lay your life upon the line for what you believe. And with the power of the Holy Spirit we can do that —even to the point of death."

**John 15:12-13- "This is My commandment, that you love one another as I have loved you. Greater love has no one than this, that he lay down his life for his friends."**

**TRUE LOVE.... laying down your life for another.**

By request, February's **Breakfast With Our Chaplain** will be at **The Pantry** on **Monday, February 10.** (weather permitting)

**Please meet in the lobby by 8:30.**

If you need to be picked up, I will arrive between 8:15 and 8:30.

\*\*\* Reservations are required, so you **MUST** sign up early.

**I WILL BE ADDING ANOTHER DAY THIS MONTH TO MAKE LAP BLANKETS**

If you have need of prayer or a visit, please reach out. I  
may be reached any time before 9:00 pm. (586) 424-5674.

All updates, Chapel events and information including notices of funeral/ memorial services are posted on the Chapel board.

**PLEASE SEE "CHAPLAIN'S CORNER" FOR MORE EVENTS AND ACTIVITIES**

*In His Service,*

*Chaplain Laura Stone*

## Chaplain Laura's Corner

- ◆ **BREAKFAST WITH OUR CHAPLAIN THE PANTRY**; MONDAY, FEB 10 MEET IN LOBBY AT 8:30
- ⇒ **LAP BLANKETS**— FOR THOSE WHO WERE UNABLE TO ATTEND, BY REQUEST, I HAVE SCHEDULED ANOTHER CLASS. FREE FOR THOSE WHO WERE NOT AT OUR JANUARY CLASS OR DONATED YOURS. THURSDAY, FEBRUARY 6 AT 1:30 IN CHAPEL. PLEASE SIGN UP EARLY. to ensure we have enough supplies. You will have a choice of designs, either a braided edge or tied edge. They are fun and simple to make, so come join in the fun and learn to make one! Anyone can do it! (Assistance is available)
  - ◆ **ASH WEDNESDAY SERVICE** FEBRUARY 26 AT 11:00 AM
- ⇒ Come praise the Lord with us every Sunday at 11:00 am. For our Non-Denominational Service.
- ⇒ Join us in the Chapel on Monday's at 1:30pm for our Bible study. Bring a friend and meet some interesting residents and family members for an hour of great discussion and diverse teachings. Come and share your understanding with us.
- ⇒ Catholic service Every Tuesday at 10:45am. Mass is every 3rd Tuesday at 10:45am.
- ⇒ Every Wednesday is Bible Trivia and Games. Bring a friend for some great fellowship!
- ⇒ Every Thursday at 11:00 am in the Chapel is Rosary. Please bring a fellow believer to join in rosary prayer.

*“Stand for Him” drama group is returning Saturday, February 29 at 2:30. Mark your calendar and bring some friends!*

## Fitness Center News...



**February is National Heart Month**  
**Learn ways YOU can improve your Heart Health!**  
**Thursday, February 6—11:00am—Activity Room**

**Health and Wellness Passports** are now available in the Fitness Center  
Get each square signed off for attending specific health and wellness programs.  
Once filled, turn in your passport for a prize!

**One on Ones ~ Tuesdays @ 2:30 pm**

Use this time for individual training, your fitness evaluation or an orientation refresher.  
Not available at this time? Make an appointment with Chris Gorde, Fitness Specialist

cgorde@pvm.org or (586) 716-7385

**We have programs for EVERY-BODY!**

## Minutes of the Residents Association Meeting January 14, 2020

The meeting was called to order by the President at 1:34. Pledges to the American and Christian flags were led by Pete Batts. There were no first time members in attendance.

### Staff Reports

#### Laura Stone – chaplain

- Thanked all who attended the memorial for Helen with special thanks to Dorothy Dennis for the beautiful song she sang.
- Thursday Jan.3 we will make lap blankets @ 1:30 if you would like to help.
- Next July is the 10 yr anniversary of the chapel. We are looking for ideas on how to celebrate.

#### Carolyn Martin Administrator

- Laura goes to hospitals to visit residents then sees that they get rehab.
- If there is bad weather, stay in if possible. If we must leave, then call the front desk for help.
- The holiday decorations were done by the staff and help and were very good.
- We will have an Ambassador program to help new residents to acclimate. If interested let Frank Gire know.
- We are trying to do name tags for staff.
- Parking signs for residents will be up in the spring.
- We will have one large event every month. On February 13 we will have a jazz party. Dinner is \$20. Frank will keep us informed about the concert. He says the group is very good and will accept requests.
- In March there will be a “paddle” event auction and dinner. We will bid with quarters.
- In April there will be secret event.
- In July we celebrate the chapel’s 10<sup>th</sup> anniversary. We need a recipe from each resident for a cookbook.
- It is hard to keep some items in the café. They get sold out early. The gloves have gone and scarves are scarce.
- New T-shirts are coming. Since they go quickly, get yours early.
- Construction is coming along well. We will know more soon.
- There will be a fashion show in May.
- In December we will have Three Men and a Tenor.
- Marguerite’s will be reopened soon. We will have a “Take and Go” and other events that include dinner. Elaine says we must support this.

#### Dustin – dining services

- Omelet bar is open twice a week. Wednesday is one of those days.
- We will have a cookie of the month. We can submit requests to the restaurant.
- The last Tuesday of the month in Health Care we will have a Tasty Treat @ 2 p.m. with the recipe of the month, a competition between cooks and outsiders.
- Read the section for dietary in the newsletter.
- January 25<sup>th</sup> is the chili cook-off. We leave at 5:30 to be there at 6.
- Pot luck: for \$5 chef does a main course the third Sunday of each month. Hors d’oeuvres are at 4:30, byo drinks, dinner at 5.

#### Chris Gorde – fitness

- The Health and Wellness Passport has 16 squares to fill out. We will have prizes.

- We will have a fitness evaluation test, which will be repeated every 3 months and includes balancing on a chair and one on ones. Contact [CGordy@pvm.org](mailto:CGordy@pvm.org). Tests are given at 2:30 on Mondays, but we can arrange other times.
- She has been doing programs with the staff, that have together lost 600 pounds. All weights are kept secret.

#### Betsy Mianeki – activities

- Tomorrow (Wednesday) we will have a “Show and Tell” in the Activity Room at 1:30.
- Thursday is the Birthday Dinner. The entertainment is a 1:00 and will feature an Elvis Presley impersonator.
- We will have a “Bachelor” watch party every Monday at 8 in the lobby with a big final party.
- “Arm Chair Travel” will show videos, includes a meal. Wednesday, Jan. 29<sup>th</sup> @ 1:30 the subject will be China, but no meal, in honor of the Chinese New Year.
- Wednesday, July 22<sup>nd</sup>, we will go to MGM casino.
- We must sign up for all events. If we can’t make it, call Ann Marie or the front desk, because if we don’t have 6 people, we must cancel.
- Next Tuesday and the following Tuesdays we will watch the series “Downton Abbey”. The last Tuesday we will have a speaker.

#### Business Meeting

- Elaine says the sugar bowl is up front with the cookies and coffee.
- Secretary – additions and corrections – Jean Campbell explained the corrections, which include that the omelet bar is \$7.50. Minutes accepted as corrected.

#### Jean Campbell

- She stated the Pot Luck is this coming Sunday, and we will have beef as the main course. We should sign up several days in advance.
- We are considering reading out loud to residents the Trumpet and other material. Volunteers will be needed once a week.

#### Treasurer – Pat Mikle

- The starting balance of the Residents Association account is \$3,168.83, while the ending balance is \$2,200.08.
- The starting balance of the Petty Cash account is \$678.62, and the ending balance is \$707.87.

#### Christmas fund – Sherrie Knudson

- There will be a final report soon.
- \$100 was received after the deadline, which will go into next year’s account.
- Over \$11,000 was given out.

#### Buildings and grounds – Frank Gitre

- Some leaves and gutter problems have hopefully been solved.
- The Catholic church as well as the school on Sugarbush accepts newspapers.
- Pete asked about the ice on Sunday and was told that Scott used up all the salt.

Elaine said Saturday morning at 10:30 we will work with the plastic bags.

There was no old or new business.

Stan Wojcik made a motion to adjourn the meeting; it was seconded and the meeting was adjourned @ 2:36.

Beverley Pack

Secretary

## February EXCURSIONS.....

### Wednesday, February 5

*Women's Lunch*  
*Sugarbush*  
\$\$\$ on your own  
11:30am

### Monday, February 10

*Breakfast w/Chaplain Laura*  
*Chili Cook-Off*  
\$\$\$ on your own  
5:30pm  
Lobby

### Tuesday, February 11

*Assumption Grotto*  
Free  
9:00am  
Lobby

### Tuesday, February 18

*Men's Lunch*  
11:30am  
\$\$\$ on your own  
Lobby

### Friday, February 21

*MJR Theater*  
*Little Women*  
\$7.00 Matinee  
11:30am  
Lobby

### Friday, February 28

*Michigan Opera Theatre*  
*Gianni Schicchi Rehearsal*  
\$25.00  
*Money due February 3*  
9:00am  
Lobby

## **DON'T GET LEFT BEHIND!**

You **MUST** sign up for **ALL** shopping TRIPS and EXCURSIONS in the book found in the activity room!

When Making appointments with the Driver, please call as soon as possible. The Driver's calendar fills up quickly and last minute appointments may not be available.

**If you need a ride to the main building, please call as early as possible for a pick-up.**

## **JUST A REMINDER...**

**Committee Meetings are open to ALL Residents!**

**Please refer to the monthly calendar for actual dates and times.**

### **Building & Grounds**

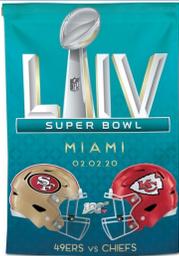
**Meets the 1st Tuesday at 3:00pm in Marguerites Restaurant.**

### **Communication Committee**

**Meets the 1st Wednesday at 3:00pm in Marguerites Restaurant.**

### **Culinary Committee**

**Meets the 1st Wednesday at 1:30pm in Marguerites Restaurant.**



**SUPERBOWL Party**  
**Sunday, February 2**  
**6:00pm**  
**Activity Room**



The First Tuesday of the month  
 alternating shopping trips.

This Month we will go to Aldi's  
 Tuesday, Feb. 4, 9:00am, Lobby

**Bachelor WATCH PARTY**  
**Every Monday**  
**8:00pm**  
**Lobby**  
**Snacks will be provided**  
*Finale to be announced*



**Women's Lunch**  
**Sugarbush**  
**Wed., February 5**  
**11:00am**  
**Lobby**



**National Wear RED Day**  
 Join us for our annual  
 wear red day picture!  
**Friday, February 7**  
**9:45am**  
**Activity Room**

**Valentine Aroma Therapy Craft**  
**Friday, February 7**  
**2:30pm**  
**Activity Room**



**ASSUMPTION GROTTO**  
**FEAST OF OUR LADY OF**  
**LOURDES**  
**HISTORICAL CEMETERY TOUR**  
**& GROTTO VISIT**  
**TUESDAY, FEBRUARY 11**  
**9:00AM-LOBBY**



Valentine Cookie Decorating  
 With  
 Immaculate Conception Students  
**Wednesday, February 12**  
**10:30am-Activity Room**



**Valentine's Day**  
**PARTY**

*Friday, February 14*  
*1:30pm-Activity Room*

**MJR THEATRE-MATINEE**  
**LITTLE WOMEN**  
**FRIDAY, FEBRUARY 21-11:30AM**  
**LOBBY**  
**\$7.00 AT THE DOOR**

**Healthy Heart Month**

Please help the Nursing Students from St. Clair Community College earn credit for their program. The nursing students will discuss how you can improve and maintain your heart health.

Saturday, February 22—4:00p—Activity Room—Healthy snacks will be provided



**Mardi Gras PARTY**  
**Tuesday, February 25**  
**1:30pm-Activity Room**

*Arm Chair Travel ~ Africa*

Learn about this fascinating country  
**Wednesday, February 26**  
**1:30pm-Activity Room**

# show & tell



*Ola & Ann*

**Snowy Owl at  
Ann Marie's house**



**Millie  
Betsy's Dog**



# ELVIS



# Directory

<b>Accounting</b>	
<i>Tracy Tesch</i>	716-7408
<b>Activity Lead A/L &amp; I/L</b>	
<i>Betsy Mianecki</i>	716-7143
<b>Administrator</b>	
<i>Carolyn Martin</i>	716-7221
<b>Admissions Coordinator TCU</b>	
<i>Beth Humble</i>	716-7427
<i>Sue McCallum</i>	716-7395
<b>Assisted Living Nurse</b>	
<i>Denise Klimaszewski</i>	716-7115
<b>Beauty Salon</b>	
<i>Appointments</i>	716-7180
<b>Care Sync Case Manager</b>	
<i>Josie Villegas</i>	716-7092
<b>Chaplain</b>	
<i>Laura Stone</i>	716-7438
<b>Dining Services Mgr.</b>	
<i>Brian Williams</i>	716-7419
<b>Director of Nursing</b>	
<i>Jeff Robinson</i>	716-7416
<b>Driver</b>	
<i>Ann Marie Hart</i>	716-7142
<b>Environmental Serv. Adm. Asst.</b>	
<i>Shelby Jones</i>	716-7436
<b>Executive Director</b>	
<i>David Miller</i>	716-7410
<b>Fitness Specialist</b>	
<i>Chris Gorde</i>	716-7385
<b>Front Desk</b>	
<i>Receptionist</i>	725-6030
<b>Haven Hall Nurse</b>	
<i>Lynette Sanday</i>	716-7384
<b>Housekeeping / Laundry Mgr.</b>	
<i>Teri Lynn Taylor</i>	716-7418
<b>Maintenance Work Request</b>	
<i>Front Desk</i>	725-6030
<b>Maintenance</b>	
<i>Emergencies After 11:00pm</i>	248-996-2470
<b>HCC Activity/Volunteer Mgr.</b>	
<i>Sheri Stover</i>	716-7021
<b>Physical Therapy Mgr.</b>	
<i>Kim Frabotta, Agility Therapy</i>	716-7398
<b>Resident Care Mgr.</b>	
<i>Toni Greig</i>	716-7426
<b>Sales &amp; Leasing Specialist</b>	
<i>Peggy Carroll</i>	716-7397
<i>Dylan Demo</i>	716-7183



2/01 Bill Creed

2/03 Archille Jones

2/05 Kardia Kacel

2/07 Audrey Bolton

2/12 Beverly Meola

2/24 Robert Jones

2/27 Ken Baker

2/27 Marlene Batts

2/27 Steven Huber