



# Hampton Herald



Embrace the possibilities

700 North Pine Road • Bay City, Michigan 48708 • www.pvm.org

February 2020

## President's Day Facts

### Featured Articles

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--George Washington was the only president unanimously elected. - Meaning all of the state representatives voted for him.

--John Adams died on the same day as Thomas Jefferson, July 4th, 1826. This day was also the 50th anniversary of the approval of the Declaration of Independence!

--Thomas Jefferson was also an accomplished architect. He designed his famous home at Monticello as well as buildings for the University of Virginia.

--James Madison and George Washington are the only presidents who signed the Constitution.

--James Madison was the shortest president at 5 feet 4 inches tall and weighed 100 pounds. Abraham Lincoln was the tallest president at 6 feet 4 inches tall (Lyndon B. Johnson was also 6' 4").

--James Monroe was the 5th president, but the 3rd to die on the 4th of July.

--On the day he was shot, Lincoln told his bodyguard that he had dreamt he would be assassinated.

--Franklin D. Roosevelt met President Grover Cleveland when he was five years old. Cleveland said "I am making a wish for you. It is that you may never become president of the United States".

--Franklin D. Roosevelt was the first president to appear on television during a 1939 broadcast from the World's Fair.

--At 42 years, 10 months, 18 days old Teddy Roosevelt was the youngest man to hold the office of president. Ronald Reagan was the oldest at 69 years 11 months. John F. Kennedy was the youngest to be elected president.

--Teddy Roosevelt was blind in his left eye due to an injury in a boxing match.

--When Ronald Reagan was shot by an assassin in 1981, he joked "I forgot to duck".

--The "S" in Harry S. Truman does not stand for anything.

--Woodrow Wilson was buried at the Washington National Cathedral. He is the only president buried in Washington D.C.

--Andrew Jackson was shot in the chest during a gun duel, but managed to stay standing and shoot and kill his opponent. The bullet could not be safely removed and remained in his chest for the next 40 years.

--George W. Bush and Donald Trump are the only presidents to have earned a Master of Business Administration (MBA) degree.

*Continued on page 6*

Look for PVM on:



## Maintenance Updates

- You must report all work orders as they happen. Please do not ignore repair issues within your apartment. You will be responsible to pay for any damage that is caused by your neglect.
- You cannot place ANY item in front of your breaker panel in the kitchen, your furnace closet or window in the living room. This is a REAC violation. If we notice any item blocking them, you will receive a lease violation.
- You must be clothed when we come to your apartment to do work. If you have requested service or if we have sent a notice that we will be by, you need to be sure to have clothes on. Not robes or see through gowns. Lease violations will be written if you are not. No exceptions.
- You cannot place any item on the stove that is not designed for cooking. All other items are fire hazards. If we notice anything on or near your stove that is flammable, you will be receiving a lease violation.
- Boxes are to be broken down flat and placed on the trash room floor. Large items must be disposed of by your friends or family. Trash bags need to be tied and placed in the barrels or down the chute. We have sent enough reminders for everyone to be aware. Lease violations will be sent if you do not comply with the house rules.
- NO ONE should be in the laundry room before 8:00 am or after 8:00 pm. No exceptions. No excuses. Lease violations will be issued.
- ***If you have a health emergency, you or your family members should press your personal help button or call 911.***
- ***If there is a fire emergency you should call 911.***
- ***If your smoke detector is going off because of burned food and it is after hours, please call 911 to let them know. The fire dept. will still respond to reset your alarm but they won't need to send the big truck and a slew of volunteers. Thank you for your continued cooperation.***

### Please join us in the month of February for:

- BINGO - Every Wednesday @ 5:00 pm
- Administrator's Updates Meeting – February 13<sup>th</sup> @ 11:00 am.
- Monthly Birthday Celebration – Monday, February 10<sup>th</sup> @ 6:00 pm
- Bookmobile –February 6<sup>th</sup> and 27<sup>th</sup> from 5:15 pm – 6:15 pm.
- Wii Bowling – every Thursday Morning @ 9:00 am
- Lunch Bunch – The next Lunch Bunch will be Grampa Tony's @ 11:30 am in the community room. The menu is always

posted ahead of time on the office window. Please be sure to have your exact dollar amount needed which includes the food, 6% sales tax and \$1.50 tip IF the food gets delivered.

- Thank you to everyone for filling out the surveys that I passed out. Your opinions really do count! Please see my Administrator's column for survey results.

## Announcements

### Laundry Repair Contact Number: 1-800-521-9938

Please use this number when the washers or dryers are not working or if you've lost quarters in the machine.

**Laundry Room Hours are:  
8:00 a.m. – 8:00 pm  
everyday**

**\*\*Be courteous of your neighbors and wipe down the washers and empty the lint screens after each use.**

**\*\*Please do not touch other people's laundry or remove them from the machines.**

**\*\*You should not be leaving your laundry for extended periods.**

### Bay City Happenings in February

Bay City is host to several festivals and events each year. There are many different activities throughout our beautiful little town and the surrounding areas. Here are a few:

#### **DOWNTOWN BAY CITY**

• **Indulge • February 9<sup>th</sup> 10:00 am – 5:00 pm** • A Downtown event full of life's special things: chocolate, giveaways, pampering, fashion, great dining and so much more. Whether you are looking for a day with friends out on the town, a romantic spa getaway or a day just for you. *Continued on pg. 4*

Continued from pg. 2

Programs (continued)

## Celebrating February Birthdays

We will be celebrating February Birthdays in the community room on **Monday, February 10<sup>th</sup> at 6:00 pm**. Skorupski Family Funeral Home and Cremation Services has graciously agreed to host all of our birthday celebrations. The staff will bring the cake and some balloons! Please come by and celebrate with us!

Joann H ..... 2/20  
 Ruth R ..... 2/26  
 Lin F..... 2/26



**•Hot Chocolate Hop • Sunday, February 2<sup>nd</sup>, 11:00 am – 3:00 pm •** Come on out and stay warm with an array of delicious drinks while shopping, dining and exploring Downtown Bay City! Meet your local entrepreneurs, enjoy the unique spaces the city has to offer & hop all along to all the warm spots! Bring the whole family to try them out and vote for your favorite!

**•Chili Cook-Off • Saturday, February 29<sup>th</sup> 8:00 am – 5:00 pm •**

**•Bay City Polar Bear Plunge • Saturday, February 29<sup>th</sup> 11:00 am – 5:00 pm •** Annual fundraiser for Special Olympics of Michigan. Includes Parade of Costumes and Polar Teams plunging for funds, plus special activities for all. Visit [www.plungemi.com](http://www.plungemi.com) for more!

### Bay County Division on Aging

The Bay County Division on Aging provides services to Bay County residents age 60 and older. Many programs are funded through senior millage funds, donations, cost-share contributions and fees from seniors, as well as grants from the State and Federal Government.

Some programs are:

- Case Coordination and Support
- Home Delivered Meals
- Senior Dining Centers
- Homemaking
- Caregiver Training
- Personal Care
- Information and Referral

*For more details, contact Debbie Keyes at 989-893-7070*



## The Senior Advocate.

By Lynn Alexander,  
Senior VP & Chief Marketing Officer

### PVM TO CELEBRATE OUR 75<sup>TH</sup> DIAMOND ANNIVERSARY THROUGHOUT 2020

To All of Our Readers: Welcome to 2020! We wish you a wonderful year full of promise and vitality. It is a very special year for Presbyterian Villages of Michigan (PVM) since it is our 75<sup>th</sup> Anniversary.

PVM began in September of 1945 with the opening of our flagship location at The Village of Redford. At the time it was considered quite innovative to do so since there were very few options available for senior housing. Thus began a 75 year journey of serving seniors and communities throughout Michigan and being known as an innovative organization. From the Ambassador Bridge in Detroit to Harbor Springs Up North and from the west to the east side of the state we provide quality senior living and services to Michigan seniors. As a resident or PVM stakeholder you are part of a vibrant community network dedicated to making Michigan a great place to age and live.

Throughout 2020 we will host many events to celebrate in a big way! Every PVM Village will host an event and invite all of our residents and stakeholders to participate in planning and attending. We will tell our story far and wide. On June 5<sup>th</sup> the Village Victory Cup will have a special event tied to the celebration. In our anniversary month of September The Village of Redford will be front and center with a large community event. And our annual PVM Gala will be showcase our theme of celebration.

Please join us in celebrating the remarkable work and leadership which has served PVM and Michigan over these past 75 years. We will be asking you to share any stories and anecdotes you may have about your experiences with being a part of the PVM community. For further information contact your administrator or wellness coordinator. Here's to a memorable 75<sup>th</sup> in 2020 – a new decade of promise and innovation for PVM.

*Your Life. Your Legacy.*

Presbyterian Villages of Michigan is only able to provide the best quality of housing, programs and services to seniors throughout Michigan with the generous support of our donors.

**Please consider a charitable bequest...  
and leave a legacy.**


 Presbyterian Villages  
OF MICHIGAN  
THE FOUNDATION

For more information, call  
Paul Miller at the PVM Foundation  
**248.281.2045**  
[www.pvmgifts.org](http://www.pvmgifts.org)





## It's Your Life. Live It Well.

By Tom Wyllie,  
Director of Wellness

### *Did You Know?*

If you are among the 500,000 plus Americans who undergo open-heart surgery each year, then you have Dr. Daniel Hale Williams to thank for it. Defying conventional wisdom and against all odds, Dr. Williams successfully stitched together a tear in the heart lining of a young stabbing victim, which by today's standards would be considered routine. What makes this operation remarkable is that it took place in 1893! Anesthetics were primitive, there were no antibiotics, and blood transfusion had yet to be perfected.



Despite the risk, Dr. Williams opened the victim's chest and performed the surgery. Unlike his predecessors, however, he used early antiseptic methods to cleanse the repaired wound before re-closing the chest. Fifty-one days later the victim left the hospital infection free, and lived another 20 years. Until that time, patients who had their chests surgically opened died days later usually from massive infection. Thanks to Dr. Williams' pioneering surgical techniques and use of antiseptics, no longer was open-heart surgery considered to be an automatic death sentence.

In addition to being the first physician to successfully perform open-heart surgery, Dr. Williams founded Provident Hospital in Chicago, the nation's first interracial hospital and nurse training school. He was also the first African American physician to be inducted into the American College of Surgeons. This February, as we celebrate both Heart Health Month and Black History Month we owe Dr. Williams a debt of gratitude for making the seemingly impossible possible and saving countless lives as a result.

## **SERVICE EXCELLENCE**

Just a reminder that the Service Excellence recognition slips are located to the right of the cubbies on the first floor. If you feel that any Hampton Meadows' employee has done something noteworthy for you or our community, please fill out a recognition slip for them. You can either put it in the suggestion box where they are located, in the drop box or you can give it to the Administrator directly.

It will then be forwarded along to a monthly drawing where we can be entered to win a prize. Thank you again for your continued support and assistance. Please let us know if there is anything that we can do to make your experience here at The Village of Hampton Meadows the best that it can be.

# *Congratulations!*

You are being recognized because  
"What you did mattered!"



*Thank you for what you did!*

**Employee Name:**

**Person Recognizing Employee:**

**Date:**

\*\* Please turn a copy of this card into Village Administrator or HR, for a drawing

**ACCOUNTABILITY • LISTENING • RELATIONSHIPS • RESPECT**

## **President's Day Fun Facts** **Continued**

--Barack Obama won a Grammy Award in 2006 for his voice on the audio book *Dreams From My Father*.

--Bill Clinton enjoys playing the saxophone and was a member of a band called "Three Blind Mice" in high school.

--Martin Van Buren was the first president to be born as a citizen of the United States. The presidents before him were born as British subjects.

--Martin Van Buren was the only president to speak English as a second language. His first language was Dutch.

--William Henry Harrison was the 9th president. His grandson, Benjamin Harrison, was the 23rd president.

--John Tyler had 15 children.

--James K. Polk was the first president to have his photograph taken while in office.

--William Henry Harrison died just 32 days after becoming president. He died from a cold he got while standing in the rain giving his inauguration speech.

--Abraham Lincoln often stored things like letters and documents in his tall stove-piped hat.

--John F. Kennedy was the first president who was a Boy Scout.

## Creamy Ham and White Bean Tortellini Soup



### Ingredients

- 3 tablespoons butter
- 2 tablespoons olive oil
- ½ large onion, chopped
- 2 carrots thinly sliced
- 2 stalks celery, chopped
- 4 garlic cloves, minced
- 1/3 cup flour
- 6 cups low sodium chicken broth, divided
- 2 tablespoons cornstarch
- 2 cups cooked and cubed ham
- 1 15 ounce can cannellini beans, rinsed and drained
- 1 tablespoon Dijon mustard
- 2 bay leaves
- 1 tablespoon chicken bouillon
- 1 teaspoon dried parsley
- ½ teaspoon EACH dried oregano, dried thyme, ground cumin
- ¼ teaspoon pepper
- ¼ teaspoon red pepper flakes (optional)
- 4 cups (one lb.) uncooked refrigerator cheese tortellini
- 2-3 cups half and half

### Directions

- Melt butter and olive oil in Dutch oven/large soup pot over medium high heat. Add onions and sauté for 2 minutes. Add carrots and celery and cook, while stirring, for 3 minutes. Add garlic and sauté for 30 seconds. Sprinkle in flour then cook, stirring constantly for 3 minutes (it will be thick).
- Turn heat to low and gradually stir in 5 ½ cups of chicken broth. Whisk 2 tablespoons cornstarch with remaining ½ cup chicken broth and add to soup. Stir in ham, beans, Dijon mustard, bay leaves, bouillon and all remaining herbs and spices.
- Bring to a boil; cover and reduce to a gentle simmer for 15-20 minutes or until vegetables are tender.
- Add tortellini and boil for 1-2 minutes or until cooked al denté.
- Stir in half and half, adding additional half and half or broth if desired for a less “chunky” soup and warm through.
- Garnish individual servings with fresh parsley and parmesan cheese if desired.

**DELICIOUS**

# February Word Search

Happy Valentine's Day!

- Candle Light
- Cards
- Chocolate
- Cupid
- Date
- Dinner
- First Kiss
- Memories
- Movie
- Pink
- Poem
- Proposal
- Red
- Romance
- Roses
- St. Valentine
- Sweetarts
- Teddy Bear
- True Love



B	Q	Q	J	D	F	I	R	S	T	K	I	S	S	N	T	I	U	K	O
O	C	Q	E	Z	Y	D	P	K	K	G	E	Y	O	D	H	J	Q	K	A
X	Z	T	S	H	E	J	F	P	I	U	I	W	C	U	G	R	J	T	U
I	A	C	R	L	H	V	W	L	V	B	U	G	K	E	I	O	C	C	Q
D	V	V	J	U	P	O	R	D	V	L	V	C	I	I	L	M	N	D	F
Q	I	L	H	G	E	A	Q	B	A	P	O	V	I	Z	E	A	M	V	Z
I	K	N	I	P	I	L	A	S	O	P	O	R	P	S	L	N	E	G	X
O	K	O	N	P	M	P	O	E	O	M	P	Z	T	Q	D	C	H	M	H
K	H	J	X	E	W	R	M	V	O	S	Z	V	L	P	N	E	F	A	F
Y	P	I	S	M	R	A	L	P	E	P	A	G	S	W	A	U	G	D	E
P	N	K	D	Z	K	A	K	S	D	L	T	O	T	X	C	H	W	W	L
E	T	U	R	D	P	E	O	O	E	S	W	Z	R	P	B	W	M	O	P
S	E	L	A	A	Y	R	Z	N	U	M	I	L	A	E	D	E	R	Z	Y
S	D	E	C	R	L	M	T	E	N	E	P	X	T	S	W	X	Y	H	L
B	D	G	C	O	S	I	M	Y	A	M	Z	G	E	N	O	L	I	J	X
F	Y	G	R	N	N	D	D	X	M	O	L	T	E	C	K	L	M	Y	N
P	B	W	Q	E	Y	T	S	A	Z	R	U	O	W	D	D	J	V	Z	P
D	E	H	K	Q	K	U	D	V	T	I	G	E	S	N	C	G	Q	C	C
B	A	C	H	O	C	O	L	A	T	E	B	Q	D	I	P	U	C	T	O
J	R	V	D	C	F	X	T	N	E	S	Y	R	J	J	I	Z	T	A	F

Chicken Scratch NY



# February Puzzle

	9	6			4			8
			1	6		9		5
	5			9	3	1		
9			5					
4	8							9
					2	7	8	
8			3	2				7
	4				8	5	1	
					9		6	

Sudoku Puzzle #M297SB  
Presented by Puzzle Baron

Rated: Easy

Sudoku Puzzle #L531BZ  
Presented by Puzzle Baron

Rated: Medium

		6			8	4		
8							6	
5			1			7		
6				7		2		
			3	2				1
2	7	1		9			3	
		4	9	3				
						1		9
	8	9				6	5	

Copyright © Puzzle Baron February 17, 2020 - Go to [www.Printable-Puzzles.com](http://www.Printable-Puzzles.com) for Hints and Solutions!

# Laughter is the Best Medicine

## The Tax Audit

The IRS decides to audit Jim, and summons him to the IRS office. The IRS auditor is not surprised when Jim shows up with his attorney.

The auditor says, "Well, sir, you have an extravagant lifestyle and no full-time employment, which you explain by saying that you win money gambling. I'm not sure the IRS finds that believable."

"I'm a great gambler, and I can prove it," says Jim. "How about a demonstration?"

The auditor thinks for a moment and said, "Okay. Go ahead."

Jim says, "I'll bet you a thousand dollars that I can bite my own eye."

The auditor thinks a moment and says, "No way! It's a bet." Jim removes his glass eye and bites it.

The auditor's jaw drops.

Jim says, "Now, I'll bet you two thousand dollars that I can bite my other eye."

The auditor can tell Jim isn't blind, so he takes the bet.

Jim removes his dentures and bites his good eye.

The stunned auditor now realizes he has wagered and lost three grand, with Jim's attorney as a witness. He starts to get nervous.

"Want to go double or nothing?" Jim asks. "I'll bet you six thousand dollars that I can stand on one side of your desk, and spit into that wastebasket on the other side, and never get a drop anywhere in between."

The auditor, twice burned, is cautious now, but he looks carefully and decides there's no way this guy can manage that stunt, so he agrees again.

Jim stands beside the desk but although he strains mightily, he can't make the spit reach the wastebasket on other side, so he pretty much gets it all over the desk.

The auditor leaps with joy, realizing that he has just turned a major loss into a huge win.

But Jim's attorney moans and puts his head in his hands.

"Are you okay?" the auditor asks.

"Not really," says the attorney. "This morning, when Jim told me he'd been summoned for an audit, he bet me twenty thousand dollars that he could come in here and spit all over an IRS official's desk and that you'd be happy about it."

~~~~~  
A well dressed, debonair man in his mid-nineties enters an upscale cocktail lounge and finds a seat next to a good looking, younger woman in her mid-eighties, at the most. Trying to remember his best pick-up line, he says, "So tell me, do I come here often?"

~~~~~  
Having lost most of his hearing a number of years ago, this elderly man goes to the doctor to be fitted with hearing aids which promise to allow him to hear 100%. A month later, he returns to the doctor for a check up on his progress. The doctor tells him that his hearing is perfect and asks if his family is pleased.

~~~~~  
The man says, "Oh, I haven't told them about the hearing aids yet. I just sit around and listen to them talk. I've changed my will three times!"

## Administrator Column

**Resident Updates****Administrator's News****Survey Results**

Thank you to those of you who have taken the time to complete the surveys that I have passed out. Your opinions really count! Now for the results....

**AVIARY**

We will not be adding more birds to the aviary. Due to the need for the funding to come from the resident activity fund, you have voted to not add another bird service. Thank you for your vote and thank you for the suggestions on what to do with it

going forward. Hopefully we can come up with something great!

**LAUNDRY**

We will be staying with the coin operated system due to your votes. Many of you felt that there was no need to fix something that wasn't broken so....don't forget to pick up your quarters while you're out on the town.

My office door will be closed upon occasion as I will need to focus my time on processing and compiling the budget for the coming year to be sent to HUD.

**Office etiquette reminders...**

- 1) If my door is open, please come in. If I'm on the phone or with someone, I will let you know.
- 2) If my door is closed but unlocked, please come in if it is an urgent need.
- 3) If my door is closed and locked, please do not disturb unless in case of a non-fire or non-medical emergency only.

I may be on the phone, with someone or concentrating on making sure our numbers are accurate and precise.

The budget is full of numbers, documents, spreadsheets and can be over 2 inches thick of paper that all needs to be submitted to HUD accurately and on time.

Your patience and consideration is always appreciated during this time.

I am still in the process of planning our catered dinner. I have reached out to several of the caterers, (the ones you selected as top of your list). I am still waiting to hear back from them. As the time starts to flow into my budget processing time, I may have less time to devote to the planning of the dinner. Never fear! It will still be happening! Stay tuned for further details as they become available.

**Stephanie Cooper--Administrator  
The Village of Hampton Meadows**

**Don't Miss the Bay County Library Bookmobile on  
Thursday, February 6<sup>th</sup> AND 27<sup>th</sup> from 5:15 PM – 6:15 PM**

Commodities are now being distributed at the Essexville Baptist Community Church, located at 1001 Main St., Essexville, MI 48732. Please contact the Mid-Michigan Community Action Agency if you have any questions or concerns. Their number is 989-894-9060.

**Presbyterian Villages  
of Michigan  
Mission Statement**

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)

# Office Numbers

## Village Staff

**Stephanie Cooper** **989-892-1912**  
*Administrator*

*Service Coordinator* **989-892-6906**

**David Short**  
*Maintenance*

**EMERGENCY TELEPHONE  
NUMBER** **989-415-7974**



**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit **[www.pvmfoundation.org](http://www.pvmfoundation.org)**



**Our Mission:** Motivated by Christ's love, we engage people as they experience and embrace their God-given potential.  
**Our Vision:** Changed Lives. Strong Families. Transformed Communities.  
**Our Values:** Christ-centered. Excellence. Integrity. Life.



**700 North Pine Road  
Bay City, MI 48708**

# Embrace the possibilities