




DECEMBER

Sun	Mon	Tues	Wed	Thu	Fri	Sat
				1 9:00 Mandala Coloring (AR) 9:00 Brains & Balance (FC) 9:30 Kroger (LB) 10:00 Men's Coffee Hour (AR) 10:00 Crossword (DR) 11:00 Rosary (CH) 11:30 Cardio Fitness (AR) 1:30 X-Mas Door Hanger (AR) 2:00 Stay Fit (FC) 3:00 Inspirational Read (CH) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)	2 9:00 Circuit Training (FC) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 10:00 X-Mas Tree Shoppe (LB) 10:45 Crossword (AR) 11:30 Stretch & Relax (AR) 1:30 Bingo (AR) 2:00 Arthritis Exercise (FC) 7:00 X-mas Caroling (CH)	3 10:00 Bingo (AR) 1:00 Cards (DR) 1:30 K-Mart (LB) 6:00 Movie (LB)
4 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 5:00 CandleLight Dinner (DR) 	5 9:00 Bingo (AR) 9:00 FUNctional Fitness (FC) 10:00 Craft w/Anita (AR) 10:00 Chicks w/Sticks (AR) 11:30 Stretch & Relax (AR) 1:30 Cover That Number (AR) 2:00 Arthritis Exercise (FC) 2:15 Brain Games (AR) 3:00 Bible Study (CH) 6:00 Bridge (AR) 7:00 Interfaith Choir (CH)	6 9:00 Coffee & Coloring (AR) 9:00 Core Concentrate (FC) 9:30 Meijer (LB) 9:30 Bingo W/Vince (AR) 10:45 Catholic Service (CH) 11:30 Stability Ball Beat (AR) 1:00 Walgreens (LB) 1:30 Wheel Of Fortune (AR) 1:30 Culinary CommMtg (DR) 2:00 Tone up Tuesday (FC) 2:15 Crossword (AR) 2:30 Building & Grounds (KH) 6:00 Pinochle (AR)	7 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 10:00 Bingo w/ Neil (AR) 10:15 Mystery Trip (LB) 11:30 Stretch & Relax (AR) 1:30 Brain games (AR) 2:00 Move & Groove (FC) 2:15 Sing Along w/Sherry (AR) 3:00 Communication Mtg (AR) 6:00 Euchre (AR) 7:00 Leader Dog (AR) 7:00 Michigan Chorale (CH)	8 9:00 Mandala Coloring(AR) 9:00 Brains & Balance (FC) 9:30 Kroger (LB) 10:00 Men's Coffee Hour (AR) 10:00 Crossword (DR) 11:00 Rosary (CH) 11:30 Cardio Fitness (AR) 1:30 Christmas Craft (AR) 2:00 Stay Fit (FC) 3:00 Inspirational Read (CH) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)	9 9:00 Circuit Training (FC) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 10:45 Crossword (AR) 11:30 Stretch & Relax (AR) 1:30 Bingo (AR) 2:00 Arthritis Exercise (FC)	10 10:00 Bingo (AR) 11:15 Piano Concert (LB) 1:30 Dollar Tree (LB) 6:00 Movie (LB)
11 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 3:00 X-mas Cantata (CH) 5:00 Resident Potluck (AR) 6:30 Movie (LB)	12 9:00 Bingo (AR) 9:00 FUNctional Fitness (FC) 10:00 Chicks w/Sticks (AR) 11:30 Stretch & Relax (AR) 1:30 Christmas Craft (AR) 2:00 Arthritis Exercise (FC) 3:00 Bible Study (CH) 6:00 Bridge (AR) 7:00 Band Ensemble (CH)	13 9:00 Coffee & Coloring (AR) 9:00 Core Concentrate (FC) 9:30 Meijer (LB) 9:30 Bingo W/Vince (AR) 10:45 Catholic Service (CH) 11:30 Stability Ball Beat (FC) 1:30 Resident Assoc. (CH) 6:00 Pinochle (AR)	14 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 10:00 Bingo w/ Neil (AR) 11:00 Women's Lunch (LB) 11:30 Stretch & Relax (AR) 1:30 Brain Games (AR) 2:00 Move & Groove (FC) 2:15 Sing Along w/Kelly (AR) 3:00 Chapel Trivia (CH) 3:30 Book Group (AR) 6:00 Euchre (AR)	15 9:00 Mandala Coloring (AR) 9:00 Brains & Balance (FC) 9:30 Kroger (LB) 10:00 Men's Coffee Hour (AR) 11:00 Rosary (CH) 12:00 Birthday Dinner (DR) 1:30 Birthday Entertain (CH) 3:00 Around the Table (AR) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)	16 9:00 Circuit Training (FC) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 10:45 Crossword (AR) 11:30 Stretch & Relax (AR) 1:30 Bingo (AR) 2:00 Arthritis Exercise (FC) 5:30 X-Mas Walk (LB)	17 10:00 Bingo (AR) 12:40 St. Mary's Choir (DR) 1:00 Cards (DR) 6:00 Movie (LB) 6:30 Gather around The Piano (CH)

DECEMBER

Sun	Mon	Tues	Wed	Thu	Fri	Sat
18 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 1:30 Detroit Concert Choir (LB) 6:30 Movie (LB)	19 9:00 Bingo (AR) 9:00 FUNctional Fitness (FC) 10:00 Gingerbread House (LB) 10:00 Chicks w/Sticks (AR) 11:00 Stretch & Relax (AR) 1:30 Wheel Of Fortune (AR) 2:00 Arthritis Exercise (FC) 2:15 Crossword (AR) 3:00 Bible Study (CH) 6:00 Bridge (AR)	20 9:00 Coffee & Coloring (AR) 9:00 Core Concentrate (FC) 9:30 Meijer (LB) 9:30 Bingo W/Vince (AR) 10:45 Catholic Service (CH) 11:30 Stability Ball Beat (AR) 1:30 Cookie Contest (AR) 2:00 Alzheimer's Support(CH) 2:00 Tone up Tuesday (FC) 5:30 Pioneer Girls Sing (DR) 6:00 Pinochle (AR)	21 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 9:00 Salvation Army (LB) 10:00 Bingo w/Neil (AR) 11:30 Stretch & Relax (AR) 1:30 UNO (AR) 2:00 Move & Groove (FC) 2:15 Singing W/Sherry (AR) 3:00 Chapel Trivia (CH) 5:00 Girl Scouts Sing (DR) 6:00 Euchre (AR)	22 9:00 Mandala Coloring(AR) 9:00 Brains & Balance (FC) 9:30 Kroger (LB) 10:00 Men's Coffee Hour (AR) 10:00 Crossword (DR) 10:00 Rosary (CH) 11:00 Christmas Service (CH) 11:30 Cardio Fitness (AR) 1:30 Christmas Party (AR) 2:00 Stay Fit (FC) 3:00 Inspirational Read (CH) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)	23 9:00 Circuit Training (FC) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 10:45 Crossword (AR) 11:30 Stretch & Relax (AR) 12:00 Girl Scouts Sing (DR) 1:30 Bingo (AR) 2:00 Arthritis Exercise (FC)	24 10:00 Bingo (AR) 1:00 Cards (DR) 6:00 Movie (LB)
25 9:45 Presbyterian Church (LB)  6:30 Movie (LB)	26 9:00 Bingo (AR) 9:00 FUNctional Fitness (FC) 10:00 Chicks w/Sticks (AR) 11:30 Stretch & Relax (AR) 1:30 Wheel of Fortune (AR) 2:00 Arthritis Exercise (FC) 2:15 Crossword (AR) 3:00 Bible Study (CH) 6:00 Bridge (AR)	27 9:00 Coffee & Coloring (AR) 9:00 Core Concentrate (FC) 9:30 Meijer (LB) 9:30 Bingo W/Vince (AR) 10:45 Catholic Service (CH) 11:00 Men's Lunch (LB) 11:30 Stability Ball Beat (AR) 1:30 Brain Games (AR) 2:00 Tone up Tuesday (FC) 2:15 Cover That Number (AR) 6:00 Pinochle (AR)	28 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 9:00 Mall Trip (LB) 10:00 Bingo w/ Neil (AR) 11:30 Stretch & Relax (AR) 1:30 Yahtzee (AR) 2:00 Move & Groove (FC) 2:15 Sing Along w/Sherry (AR) 3:00 Chapel Trivia (CH) 6:00 Euchre (AR)	29 9:00 Mandala Coloring(AR) 9:00 Brains & Balance (FC) 9:30 Kroger (LB) 10:00 Men's Coffee Hour (AR) 10:00 Crossword (DR) 11:00 Rosary (CH) 11:30 Cardio Fitness (AR) 1:30 Card Games (AR) 2:00 Stay Fit (FC) 2:15 Trivia Quest (AR) 3:00 Inspirational Read (CH) 4:00 Harbor Lights (AR) 6:00 Pinochle/Bridge (AR)	30 9:00 Circuit Training (FC) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 10:45 Crossword (AR) 11:30 Stretch & Relax (AR) 1:30 Bingo (AR) 2:00 Arthritis Exercise (FC) 2:30 Pre-NY Eve Party (AR)	31 



AR=Activity Room
 CH=Chapel
 FC=Fitness Center
 DR=Dining Room
 KH=Kirk Hall
 LB=Lobby
 Lib=Library
 CR=Conference Room

All Events Subject to Change.

Please be sure to Sign-Up for all excursions in lobby.