

# Village View



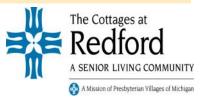
# **Embrace the possibilities**

25340 West Six Mile Redford, MI 48240 · www.pvm.org

December 2020

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# **Administrator's Notes**



"Have yourself a merry little Christmas, Let your heart be light. Next year all our troubles will be out of sight".

Timely words from a familiar Christmas song.

Please join me in welcoming Angela Hooks. Angela is our new Administrative Assistant who comes to us with extensive experience in the housing industry. Angela will be conducting the tax credit interviews and processing annual recertifications among other duties.

Maintenance requests should be phoned into the main office to Linda Smith, (Receptionist), Angela Hooks, (Administrative Assistant) or to me. Requests should **NOT** be directed to the Service Coordinator (Anita Stephens) or the Sales Department (George Simmon).

The office has been diligent in keeping residents updated on the current Covid-19 mandates. Please do your part by reading the memos and staying informed. We are still under the mandate that allows only essential visitors to the building.

Thank you for your patience as the electrical panel project is being complete in the cottages. All units should be completed by December 19, 2020.

#### Look for PVM on:



Contacts





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## **Administrator Notes (continued)**

There will be a HUD inspection of Redford Cottages on Wednesday January 13, 2021. The inspector will arrive at 9:30 a.m. Units from Village Green, Sylvan Terrace and the Heatherwoods will be randomly selected. If you have any questions, please contact the office.

On Monday, December 14<sup>th</sup>, Sue Hurst, Chairperson of the Redford Board and Angela Hooks, Administrative Assistant, were judges in the Christmas Door decorating competition. The judges considered originality, creativity and beauty.

## Winners are:



1<sup>st</sup> floor North side Debra Libermann (113)



1<sup>st</sup>.floor South side Tonna Brown (153)



2<sup>nd</sup>. floor North side Thomasine Brantley (226)

## **Christmas Door Winners Continued:**

## 2nd floor South side Nadine Doolan (231)



3rd floor North side Estelle Willis (311)



3rd floor South side Allie Brooks (364)



Mr. & Mrs. Santa Claus visited the Village of Redford





# It's Your Life. Live It Well.

By Tom Wyllie, Director of Wellness

## The Winter Solstice – A Harbinger of Better Days to Come

As the saying goes, "it's always darkest before the dawn." On Monday, December 21, 2020 at 5:02 a.m., the Sun will be directly above the Tropic of Capricorn, the imaginary circle around the Earth south of the Equator that demarks the southernmost position at which the Sun can appear directly overhead. In the Northern Hemisphere, we refer to this moment in time as the Winter Solstice.

From that point forward, when the day is the shortest and the night the longest, the hours of daylight begin to wax and the hours of darkness begin to wane. With each passing day, we experience more light and less dark. In ancient times, this "changing of the light" was celebrated as a rebirth of the Earth, a movement away from the dead of winter toward the fertility of spring. It was considered a harbinger of better days to come.

As the year 2020 draws to a close, we have indeed experienced some dark days. A once-in-a-lifetime pandemic hit our shores wreaking havoc as it spread across the land. As the year 2021 approaches, however, rather than expect the days ahead to darken further still, I choose to believe they will begin to brighten. One way or the other, we will defeat this pandemic.

Hence, on December 21<sup>st</sup>, I hope you will join me in celebrating "the changing of the light" when literally, and with hope and faith, figuratively the time we spend in the dark will shorten while the time we spend in the light lengthens. Better days are ahead!



# The Senior Advocate.

By Lynn Alexander, Vice President of Public Affairs

## Be Smart - Be Prepared

One life lesson which will probably stay with all of us forever from these times is how important it is to be prepared. Now with cold weather coming at us I decided to remind us all of some good survival tips. I hope your power stays on for the entire Winter. Just in case here are important tips:

Keep a flashlight within reach with good batteries and test it.

Stock up on water and canned goods. Make sure you have a manual can opener. Or you can purchase pouches of tuna and chicken as well as individual fruit cups.

In the event of an upcoming storm fill your tub with water in case you need it to flush your toilet.

Make sure you have the emergency number for PVM handy and wear your emergency pendant all the time.

Check with the PVM team at your community and make sure they have the contact information for your family and friends to contact in an emergency.

One new idea which my mom and I just now realized is the importance of sharing contact information with the family of your friends. She has recently found out that one of her dear friends was admitted to a nursing home; and the staff rightfully so will not give out her information to a stranger over the phone. We are working with mutual friends and her fellow church members to find her son's contact information.

Finally, one of the best ways to get through the Winter is to get a flu shot and to follow the recommended safety protocols. As one person said it: I would rather have a Zoom holiday dinner so that my loved ones will be here next year to celebrate.

Wishing you joy, peace, comfort and safety throughout until we can welcome in a long-awaited new year in 2021.

## RESIDENT COUNCIL NEWS DECEMBER 2020





We wish you a joyous holiday. May your family and friends celebrate while staying safe.

From: Nadine Doolan, Caroline Jonah, Janice Rowe, Gloria Whittington, Mary Dobson, Carolyn Lambreth, Thomasine Brantley, Juanita Johnson, Ernestine Peete and Geraldine Chenault-Ansley

From now until December 25 is a time of preparation; a time to prepare your spirit so you can be ready inside regardless of how it is outside. Here are some suggestions.

Listen closely for what is hidden. Listen for grace, gratitude and grief and resentment, confusion and despair. Watch for wonder, hope and joy.

For whom or for what did you wait this year?

To whom did you offer welcome and from whom did you receive it?

What would you like to trim away from your life? What can blossom and come to birth in the year to come?

Were there any "Aha!" moments? Cherish them.

Were there any moments of despair? Lay them against the hope you see and let them melt into it.

If you are a Christian, remember that Mary and Joseph had to go where they were told to go, out of control for what would happen to them. Trust you have the resources to face this time of uncertainty. Rest in trust.

Choose hope, hidden deep within, but always there no matter how deep the despair. Look for it. Wait for it. It is a choice. Choose hope.

# Service Coordinator Corner December 2020

Quote of the Month: "You don't choose your family. They are God's gift to you.

As you are to them." ~ Desmond TuTu



This is the season of giving. Please remember the reason for the season! Christ was born for our salvation. Do not let this pandemic steal your joy.

The Village Victory Cup results are revealed later this month. Stay Tuned!

December 10th thru December 18th Happy Hanukkah!

Friday, December 25th MERRY CHRISTMAS! Offices are closed.

Saturday, December 26th HAPPY KWANZAA!

Welcome to all the new residents

Anita Stephens/ your Service Coordinator/ 313-541-6450





Here is a great inexpensive way to clean your shower: Use spray bottle to mix 1/2 vinegar and 1/2 Dawn dish soap. You can also use this for counters, sinks and

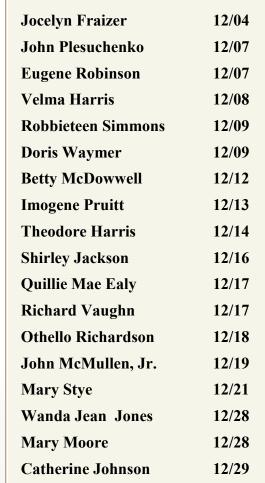
appliances. Works like a charm!

## An interesting quote:

We have to stay at a distance so when we come together; no one is missing.

(We care about our residents)

# December Birthday Celebration!









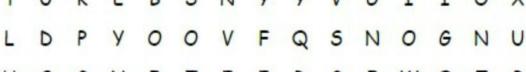
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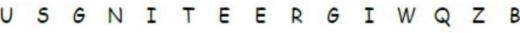
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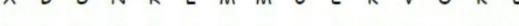


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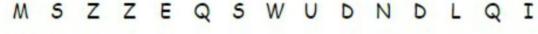
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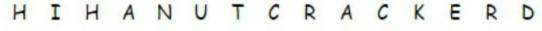


















YULETIDE GREETINGS CAROLING PRESENTS

WREATH NUTCRACKER TREE MISTLETOE SANTA GINGERBREAD ORNAMENT ELVES



















#### INGREDIENTS NEEDED TO MAKE CHRISTMAS CRACK CHEX MIX

- Two boxes of Chex Cereal pick TWO DIFFERENT flavors (use smaller sized boxes...
   i.e. 12 oz box)
- 16 oz bag of Snyder's Sourdough Pretzel Nibblers
- 7.5 oz bag of Bugles
- One package of Christmas mini M&Ms

White Candy Melts – (you will need 1 -2 packages of the CandiQuik candy melts) or you could use candy melts too!

- One package of Starlight Peppermints
- 1. First, grab 2 baking sheets and line them either with a silicone baking mat or parchment paper.
- 2. Next, crush your peppermints in a zip lock bag the more crushed the better!
- 3. Now, you need a really, really big bowl! You will want to mix the cereal, Bugles, and pretzels together.
- 4. Then, melt the candy melts according to the directions on the package.
- 5. Little by little, you will drizzle in the melted chocolate over the dry ingredients and immediately sprinkle the M&M's, peppermints and sprinkles over the melted chocolate (so it sticks in the chocolate) and gently mix it up.
- 6. Repeat this step until all of the dry ingredients is covered somewhat evenly with the chocolate and toppings.
- 7. Divide the mixture in half and spread it out on the two cookie sheets.
- 8. Let the candy set if you are in a rush, you can put it in the refrigerator for a few minutes.
- 9. Break it apart into smaller pieces and serve or store in an airtight container.

## Presbyterian Villages of Michigan Mission Statement

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

www.pvm.org

## MAIN OFFICE NUMBER 313-541-6000

## **Village Staff**

#### Gloria Robinson

Senior Housing Administrator (313) 541-6042

#### **Angela Hooks**

Administrative Assistant 313-541-15991

#### **Mark Uzarek**

Maintenance Lead

Linda Smith Receptionist

313-541-6126

## **Anita Stephens**

Service Coordinator 313-541-6450

#### **George Simmon IV**

Sales & Leasing Specialist 313-541-6140

#### Rhonda Kuhn

Housekeeeper

Phyllis @ The Beauty Salon (313) 541-6077

EMERGENCY NUMBER (VILLA) (313) 910-7027

EMERGENCY NUMBER (COTTAGES) (313) 573-3572

NON-EMERGENCY REDFORD PD (313) 387-2500

CLASSIC SECURITY (313) 662-4648

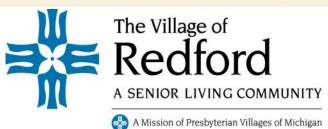






**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit **www.pvmfoundation.org** 

Redford Board of Directors
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The Villa and Cottages at Redford - 25340 West Six Mile Rd. Redford, MI 48240

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