



Village Trumpet



Embrace the possibilities

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December 2018



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The Village of East Harbor
Resident Association
Candlelight Dinner
Sunday, December 9, 2018
~
Doors open: 4:30pm
Cocktails: 5:00pm
Dinner: 5:30pm
Reserve your seat-Front Desk
\$25.00
Get your tickets TODAY-Tickets are limited!



The Village of
East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:



Brr it's cold out there. Winter is fast approaching. If you find yourself needing more assistance and think you may need more care come in and let's talk about it.. Please don't hesitate to call Sales and Leasing. Even if you are worried about the cost; we may have a program to assist you. Don't suffer being isolated out in your apartment. You moved to a community that cares about you and offers numerous living options. Let us help you. Call sales and leasing for more information.

Surveys have gone out to our IL residents. It is an important way your voice can be heard by completing your survey. We encourage everyone to fill out the survey. The survey's remain anonymous. If you wish to receive a gift certificate we do need to account for your survey being mailed out so please stop by the front desk to mail out your survey and receive your \$10 gift certificate.

The Holidays are fast approaching and we have many events, concerts, and parties for you to enjoy. If you don't want to walk in the inclement weather please call ahead to arrange for transportation. We will do our best to accommodate you. 24 hour notice would be beneficial to help us plan. Hope to see you enjoying the festive season.

We recently had another Wedding in the Chapel. Our Chapel is a lovely venue for Weddings, Memorial Services, Baptisms, Vow renewals, and more. Remember if you have family who wish to use the Chapel ;they get a special family rate. Memorial services for residents are at no charge.

The Holidays are a busy time for families who wish to utilize our building for parties. Room availability is on a first come first serve basis. Space is limited and we may not be able to accommodate all request. Reserve early, we booked every space we had for Thanksgiving this year and had to turn people away.

The Holidays can bring joy but can also intensify depression. Did you know that chronic anger bitterness and resentment can raise your stress baseline, taxing or overloading your immune system? Bitterness starts out as hurt. Becoming obsessed with blaming someone else can blind you from recognizing your own role or responsibility according to Psychology Today. Smoldering hate or blaming someone else for your misery may give you gratification that we are morally superior but in reality can hamper us. The cost of acrimonious victimhood invariably carries a high price tag. It can lead to depression, anxiety, health problems, or vengeful acts. It can rob you from joy. This holiday season practice compassion, forgiveness, and be relieved from the venom that has consumed you. If you need someone to talk to please seek help.

Give the gift of kindness this holiday season. A gift that doesn't cost you money. I remember a special person who used to live here and has since passed away. She said she loved to make other people smile by complimenting them, noticing something special about them, and in return it made her happy as well. She had health issues but never let it get her down. I have always believed her passing on kindness was her best medicine. What a gift. To herself and others.

Have a Merry Christmas and Happy New Year,
Carolyn

MARKETING

Sales and Leasing is happy to make our resident, Joyce Carter's Christmas a little brighter this year with not one, but two, referral checks! This could be you if you refer a friend or family member to The Village of East Harbor and they mention your name upon initial contact with Nancy or Peggy. If you need referral cards or have questions about this program, please give Nancy 716-7183 or Peggy 716-7397 a call.



The Sales, Marketing and Admissions Department would like to wish each and every resident a very Merry Christmas, many blessings of health and love of family and friends during this most holy season and throughout the new year.



Nancy Smiley
Peggy Carroll
Sue McCallum
Beth Humble



Chris Gorde
Shining Star-Wellness Category
TOP SHINING STAR



The Village of East Harbor Book Group

Do you like to Read?

Would you like to discuss what you read?

**Wednesday, December 19
3:30 ~ Activity Room**





From The Desk Of Chaplain Laura...



DECEMBER-
REMEMBERING CHRIST **IN**
CHRISTMAS.

A time of HOPE, New Birth, Love, and Joy

As November passes, we must not leave the spirit of thanks-giving behind. We have much to be thankful for as we move into Christmas and toward the birth of a new beginning of 2019.

The news of the gift of the birth of Christ, which we celebrate in December, instills a sense of joy and newness in our hearts, spreading love and cheer to those we love. May we not lose the message of Christmas in the hustle and bustle of the **symbols** of the season, but hold fast to the **reason** for the season. **Christ is the reason for the season.** Let us always remember Him as we move through **CHRIST**mas and in to the new year. The gift of time is the greatest gift of all. The cost of giving our time is simply...time itself. A warm hug, a genuine smile, or a brief chat will bless anyone to whom it is offered. May the hustle and bustle of **CHRIST**mas not break the spirit of the holiday since giving of our time is free and not burdensome.

Throughout December, we will have several choirs and concerts for the Holidays and a memorial service for our residents who have passed in the list year (formerly "All Saints Day service").

Please read your calendar and watch the Chapel board in the Chapel hallway for details regarding these events.

All events are also listed in the insert in this Trumpet.

In His Service,

Chaplain Laura Stone

Christmas Concerts

December brings the magic of music to our Village! We have many guests lined up to ring in the holiday cheer; below is a list of special musical performances during this month. I hope you take advantage of each and every one by joining us in the Chapel to celebrate the Hope, Peace, Joy and Love that comes to us through the birth of our Savior!

Kacel Family Christmas Concert
Dec. 1, Saturday - 2:00pm, Chapel



Interfaith Choir Christmas Concert
Dec. 3, Monday - 7pm, Chapel

Michigan Chamber Chorale
Dec. 5, Wednesday - 7pm, Chapel

Girl Scouts
Dec. 6, Thursday - 5:15pm, Dining Room & 6:00pm, Haven Hall

St. Mary's Cub Scouts –Pack 71 Sing
Dec. 8, Saturday - 1:30pm, Activity Room & 2:00pm, Haven Hall

St. Mary's Choir
Dec. 15, Saturday– 12:15, Dining Rooms & 1:00 Haven Hall

Brookside Choir
Dec. 16, Sunday - 2:00pm, Chapel

1C Students Choir
Dec. 19, Wednesday - 10:30am, Chapel & 11:00 Haven Hall

Brass Quintet Performance
Dec. 19, Wednesday - 6:00pm, Chapel & 6:45pm, Haven Hall

Mom's Club Children Sing
Dec. 21, Friday - 1:30pm, Activity Room



Minutes Residents Association November 13, 2018

Meeting began 1:32 pm by President Elaine Walton as Darlene Wallace rang the bell collecting for the Sugar Bowl.

Bob Healy led the pledges to the American and Christian flags.

Dorothy Dennis welcomed home new residents

Janet Lickman—S-502

Anne McCloskey—610

Joyce Rener—611

Paul Ross—117

Raoul VanHecke—600

Carol Morrill gave inspirational message of marriage from the Canadians: The important word is “we”; least important, “I”. Admit I made a mistake. You did a good job! What is your opinion? If you please. Do you?

Joan Lehoczky had a correction from last month’s minutes re: the complete meals delivered to residents of the FAN house. She thanked those who donated money and helped prepare the food. Darlene Wallace moved to accept the correction to the minutes. Seconded by Dorothy Dennis and carried.

Pete Batts gave the Treasurer’s Report for Nov. 13, 2018.

Residents Assn. Acct. 10/09/18 Beginning Balance \$2,646.79

11/13/18 Ending Balance \$2,784.29

Petty Cash account 10/09/18 \$528.19

Xfer to Residents fund -200.00

Sugar Bowl 10/09/18 Mtg. + 48.70

Petty Cash account 11/13/18 \$376.89

Next topic: The cement trucks are here. Last month a motion was made requesting PVM to repair damage to the sidewalks. That was done and was authorized. Some sidewalks will be repaired now with some repairs next year. We’re very happy to have these badly needed repairs started.

STAFF REPORTS

Dustin: Sunday Brunch \$10.00 thru Nov. Restaurant opening sometime in Jan. Candlelight Dinner (to fund East Harbor Resident Association) cost \$25; reserve your seat at the front desk. Sun. Dec. 9 doors open at 4:30, drinks 5:00, dinner 5:30.

Omelet Bar tomorrow 7-10 am; birthday meal in December as well.

Chris Gorde, fitness instructor: New name for the most rigorous exercise class now called Be A.B.L.E.” 9 am Thurs. You will find the Village Walkers walking inside the main building. Chris has paperwork for you to fill out before joining an exercise class or using the machines. Also remember to sign in when using the machines in the Fitness Center. Please join us in the Activity Center Nov. 29 Thurs. at 2:15 pm for Balloon Volleyball.

Chaplain Laura Stone: Wed. November 28, Meet the Chaplain in the lobby. We will continue to go to Country Inn. Beverly Tarien Memorial was yesterday.

Neither David Miller nor Carolyn Martin are here today.

Betsy Miannecki, Activities, thanked us for the PCM Caring Spirit Award she received. Thanks given to those who helped in this year's Holiday Bazaar—the best to date. You can now play cards of your choice in the Activities Center 10:30 pm on Weds. After the Birthday dinner tomorrow, in the chapel will be the 3-piece band VooDoo Doctors. November is National Family month. Join us in the Activities Room on Wed., Nov. 28 at 1:30 pm to show your friends and neighbors something means a lot to you that you would like to “Show and Tell”—get to know your neighbors. Thanksgiving party in AR Wed., 1:30 pm, Nov. 21. The Women's Lunch will be held at Frankenmuth along with a visit to Bonners Tues. Nov. 20. Meet in the lobby at 8:30 pm. Inspirational Dance will be in the chapel at 6 pm Fri., Nov. 16. We happily welcome Kathleen Sowards, our new employee in the AR.

Elaine: On a sad note, Neal Veneri passed away. Neil chaired the Building & Grounds Committee. Frank Gitre has offered to chair this committee.

Christmas Fund: the hourly workers appreciate the monetary gift given to them from the residents before Christmas. We are encouraged to donate to this yearly gift to the hourly staff as a thank -you for all the services they provide to everyone of us. About half of the residents contributed last year. The gift needs to be in by Dec. 7.

Jean Campbell, Chairperson of the Communications Committee: Arrangements can be made for those residents who would like to have the Trumpet read to them. Soon to have the preliminary copy of the handbook to include a drawing of the main building as it looks after recent renovations. The committee is looking at providing alarms systems for residents with hearing disabilities. Catalogs with information about commercially available aids may be borrowed from the front desk. Recently there was a demonstration of an adapted alarm clock.

Further discussion by residents regarding Christmas Fund. The staff is appreciative of the gift. I encourage you to participate. Further discussion on Candlelight dinner.

When no other business was offered for discussion, President Elaine Walton closed the meeting at 2:30 pm.

Carol White, Acting Secretary

WELCOME HOME NEW RESIDENTS

Carol Bolter—619

Marilyn Carpenter –616

Robert Yuerks—108

**Alzheimer Caregiver's
Support Group
Hosted by
Chaplain Laura**

**3rd Tuesday of every month
2:00pm
Chapel**

December Resident Association Meeting ~ Tuesday, December 11

X-Mas Cookie Day

1:30pm ~ Marguerite's Restaurant

Reception immediately following the meeting



Citywide celebration of an old fashion river town Christmas

Merrytime Christmas

December 1 2018 ~ 10 am - 10 pm

FUN FOR KIDS & ADULTS

Shopping - Giveaways - Santa - Crafts

Ice Carvings - Wagon Rides - Discounts & More!

Merrytime Christmas

Saturday, December 1

1:00pm

Lobby

Dress Warm



Christmas Door Hanger

Thursday, December 3

Activity Room

1:30pm



Wednesday, December 5

12:00pm-Lobby

This trip is FREE!

Sign up today-only 9 spots

Partridge Creek Shopping

Monday, December 10

10:00am

Lobby

SALVATION ARMY SHOPPING

Wednesday, December 12

10:30am

Lobby

Omelet Station

Wednesday, December 12

7-10:30am

Marguerite's Restaurant



Women's Lunch

Just Delicious Scones

Monday, December 17

11:00am

Lobby



Hanukkah Celebration

What is Hanukah? How is Hanukkah celebrated?

What are the traditional foods of Hanukkah?

Find out more about this Jewish Holiday.

Thursday, December 6 ~ 1:30pm ~ Activity Room

Live From Orchestra Hall...

BEETHOVEN'S FIFTH

DSO Live Webcast

Friday, December 7, 10:30am, Chapel

Join us for coffee and a concert!



Shop Salvation Army for a sweater
Wednesday, December 12 -10:30am-Lobby
Decorate your sweater for the Christmas Party
Thursday, December 13-1:30pm-Activity Room



BIRTHDAY DINNER & CHRISTMAS PARTY
ENTERTAINMENT BY:
GARY SACCO-FRANK SINATRA IMPERSONATOR
THURSDAY, DECEMBER 20
1:30PM
CHAPEL

Contest for Best
X-Mas Sweater



New Year's Eve Party
Featuring : **The Soundz of Music**
Monday, December 31-1:30pm-Chapel
New Year's Eve Pot Luck
Monday, December 31-6:00pm-Activity Room
Please sign up in the book with what you will be bringing.



Show & Tell

Wednesday, December 26
1:30pm
Activity Room



Bring something you would like to talk about and share with your fellow residents.

JUST A REMINDER... Committee Meetings are open to ALL Residents!

Building & Grounds

Meets the 1st Tuesday of every month at 2:30pm in the Activity Room.

Communication Committee

Meets the 1st Wednesday of every month at 3:00pm in the Activity Room.

Culinary Committee

Meets the 1st Wednesday of every month at 1:30pm in the Activity Room.

December EXCURSIONS.....

Saturday, December 1

*Merrytime Christmas
Marine City
1:00pm-Lobby*

Monday, December 3

*Christmas Tree Shoppe
9:00am-Lobby*

Wednesday, December 5

*Mystery Trip
FREE to the first 9 people
Please eat lunch prior
12:00-Lobby*

Monday, December 10

*Partridge Creek
On your own
10:00am-Lobby*

Wednesday, December 12

*Salvation Army
Senior Discount Day
10:30am-Lobby*

Monday, December 17

*Women's Lunch
Just Delicious Scones
10:00am-Lobby*

Tuesday, December 18

*Men's Lunch
\$\$\$ on your own
11:30am-Lobby*

UPCOMING EXCURSIONS.....

**SS Candide Rehearsal
Opera Dress Rehearsal
March 8
Showtime 11:00am**

New Production! Celebrate the centenary of Leonard Bernstein with this new production featuring the Michigan Opera Theatre Studio Artists! Bernstein's funny, philosophical, quick paced take on Voltaire's biting satire on the tragedy of human nature. Its effervescent score includes the classic songs, *Make Our Garden Grow* and *Glitter and be Gay*.

\$25.00-Due February 1

DO YOU ENJOY MUSIC?

**Join Harbor lights in the Chapel,
Thursdays at 4:00pm**



We are not a choir, we
sing for fun.
If you enjoy sing-a-longs
or like to listen to people
who enjoy singing, this is
the group for you.

**Come to sing
or just listen.**

DON'T GET LEFT BEHIND!

You **MUST** sign up for **ALL** shopping
TRIPS and EXCURSIONS in the book
found in the lobby and money in by the
due date!

Art Class with Linda



Purse Raffle Winner

Margaret Dsmet



o
p
e
r
a

Frankenmuth



MJM Casino



Macy's Shopping Trip



Birthday Entertainment

The Voodoo Doctors



Directory

Accounting <i>Tracy Tesch</i>	716-7408
Activity Lead A/L & I/L <i>Betsy Mianecki</i>	716-7143
Administrator <i>Carolyn Martin</i>	716-7221
Admissions Specialist T.C.U <i>Sue McCallum</i>	716-7427
Assisted Living Nurse <i>Denise Klimaszewski</i>	716-7115
Beauty Salon <i>Appointments</i>	716-7180
Care Sync Case Manager <i>Josie Villegas</i>	716-7092
Chaplain <i>Laura Stone</i>	716-7438
Dining Services Mgr. <i>Brian Williams</i>	716-7419
Director of Nursing <i>Melissa Freiburger</i>	716-7416
Driver <i>Ann Marie Hart</i>	716-7142
Fitness Specialist <i>Chris Gorde</i>	716-7385
Front Desk <i>Receptionist</i>	725-6030
Haven Hall Nurse <i>Lynette Sanday</i>	716-7384
Housekeeping / Laundry Mgr. <i>Mary Breen</i>	716-7418
Maintenance Work Orders. <i>Front Desk</i>	725-6030
Maintenance <i>Emergencies After 11:00pm</i>	248-996-2470
HCC Activity/Volunteer Mgr. <i>Sheri Stover</i>	716-7021
Physical Therapy Mgr. <i>Kim Frabotta, Agility Therapy</i>	716-7398
Resident Care Mgr. <i>Toni Greig</i>	716-7426
Sales & Leasing Specialist <i>Peggy Carroll</i>	716-7397
<i>Nancy Smiley</i>	716-7183



12/1 Beverly Harwood

12/6 Carol Morrill

12/13 Jean Grunow

12/15 Marion Welchner

12/17 Irma Black

12/17 Pat Healy

12/18 Charlotte Gitre

12/19 Joan Rifenberg

12/22 Margaret Beaver

12/22 Fred Breiling

Find our Newsletter & Calendar on line!

Go to: PVM.org

Click on: The Village of East Harbor

Click on: Calendars

Newsletters: Go to the bottom of the page and click on "Read all about us"

Please join us

Every Sunday in November

10am-2pm



Marguerite's \$10

**Chef Dustin's
Sunday Brunch**

