The Village of East Harbor



Embrace the possibilities

33875 Kiely Drive • Chesterfi	eld, Michigan 48047 • www.pvm.org Dec	ember 2017	
Presbyterian Villages OF MICHIGAN SERVING SENIORS & COMMUNITIESFeatured ArticlesAdministratorMarketing & EventsChaplainEventsEventsWhazzup	It's a sea It's a sea It's a sea God's love f Merry (thappy	son to give son to love on to share or you and me. Christmas & New Year d Your Family Carbor	
Photos Directory		-	
The Village of	Nativity Dedication Ceremony Thursday, December 7 1:30pm Lobby		
East Harbor A SENIOR LIVING COMMUNITY	THREE MEN AND A TENOR		
Look for PVM on:	2ND SHOW ADDED Sunday, December 10 3:00pm Chapel	Show & Dinner-\$15 Show only-\$5.00 Purchase through Chaplain Laura	

FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:



Many years ago a resident planted a seed that has become a beautiful reality. The resident mentioned to me, " it is a shame the Village doesn't have a Nativity Display. We are a Faith based organization and we should have one. " Her words stayed with me all these years. As luck or Faith would have it, our new chaplain had surplus money left in her budget. I shared the idea of using the money for a Nativity and Crèche. She loved the idea. We started looking on line and pricing out Nativity Figures and Crèche. Laura picked out a beautiful set complete with camels and an Angel. She then decided she and her husband could build the stable

themselves. Who knew our Chaplain was also a crafty builder? I marvel to recall from that seed planted many years ago a beautiful nativity display has now bloomed. Please join us for the dedication and blessing as we celebrate the beginning of this Holiday Season.

Our fitness center and dining rooms are now completed. Stop by and see how lovely they turned out. They were worth the wait. Renovations will begin Dec. 11th on the main dining area, front lobby, and new Cameron Café. You may have noticed the cement was poured which is going to be part of the outdoor seating. Wonderful things are happening at The Village.

Don't forget Candle Light Dinner is, Dec. 3rd. The Coach purse and gift baskets will be raffled off, and final bids will be taken on the hand painted dressers customized by our own resident, Walter Krawczyk. All proceeds benefit the Resident Association. Due to popular demand Three Men and a Tenor Show sold out quickly so we added a second show, Dec. 10th at 3 pm. Dinner & show tickets are now available and show only tickets. Don't wait long to pick up your tickets before the show is sold out.

Sometimes suggestions or ideas may not come to fruition as quickly as we would all like but don't think we don't file your ideas away in our hearts and do our best to eventually make them come true.

Have a Blessed and Wonderful Holiday Season. We are truly blessed to have you in our lives, making memories, sharing ideas, and living life.

Merry Christmas!!!

Carolyn

Ask the Administrator:

Why are the new mailboxes set back further from the curb than the previous mail boxes?

I posed the question to David Miller and was told that residents requested room in front of the mail boxes for wheel chairs/ scooters to better navigate in front of the mail boxes so they would not have to go in the street.

If you have a questions that you were wondering about, ask me in person, email me, tell the front desk, or give me a call.



Would you like some extra Christmas money, or some after-Christmas money? What a beautiful time of year to show off The Village of East Harbor to your friends and family when they visit! Remember, you get a nice referral check if they decide to make The Village their home as long

as you or they notify Nancy or Peggy that you referred them prior to their visit with Sales and Leasing! So many new improvements, remodeling, and updating are going on this promises to be a very exciting time to live at The Village of East Harbor. Make sure to come and see our brand new nativity scene being set up just outside the chapel. Come and take a moment to reflect on the true meaning of the Christmas season.

The Sales, Marketing and Admissions Department would like to wish each and every resident a very Merry Christmas, many blessings of health and love of family and friends during this most holy season and throughout the new year.

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Nancy Smiley Peggy Carroll Sue McCallum Beth Humble





DON'T LET SANTA HAVE ALL THE FUN of giving to others during this Christmas season. There's only a short time left to give to the Residents' Association Christmas Fund to show the East Harbor hourly employees how much we appreciate them. Your gift may be placed in any envelope marked "RA Christmas Fund" and left at the desk in the main lobby. **Spread the joy of the season!**

JUST A REMINDER...Committee Meetings are open to ALL Residents!

Building & Grounds

Meets the 1st Tuesday of every month at 2:30pm in Dining Room.

Communication Committee

Meets the 1st Wednesday of every month at 3:00pm in the Activity Room.

Culinary Committee

Meets the 1st Wednesday of every month at 1:30pm in the Dining Room.





Have you noticed our new arrival? Our newest addition to our Community is the nativity scene near the front entrance, in honor of the birth of our Lord Jesus, just in time for Christmas.

Since the birth of Jesus is traditionally celebrated on December 25, Jesus will not arrive in His manger until His birth date. On Thursday, December 7

at 1:30, we will have a dedication ceremony outside at the nativity and will conclude with Christmas carols in the lobby.

THREE MEN AND A TENOR has added a show on Sunday, December 10.

Tickets for the show are \$5 each; Show and Dinner tickets are only \$15 each. Three Men and a Tenor tickets make GREAT Christmas gifts!

For the first three weeks in December, I invite all residents to participate in the Spirit of Christmas where we will make lap blankets for some of our Residents who are in wheel chairs and in need of lap blankets. We will also be creating "Prayer Jars". Please see a sample jar on the bureau outside the Chapel. If you would like to make a Christmas card for someone, please join us in creating a hand-made card to bless someone for the holidays.

Alzheimer's Support Group

Hosted by Chaplain Laura

3rd Tuesday of every month

2:00pm

Chapel

Village of East Harbor Residents' Association Meeting November 7, 2017

New residents attending for the first time Angie Capaldi 302, Charlotte and Frank Gitre K2 and Don Young, a guest of Christine Young.

Business meeting was called to order about 2:45 by President Bob Morrill.

Bob Healey led pledges to the American and Christian flags

Christine Young shared an interesting article on "maturity".

Kevin Petru of PVM, Stephanie RBM ,overseer of the construction process and Ellie, construction coordinator from PVM presented an update on the construction process.

Reports from Village staff.

Carolyn Martin, Administrator, gave information on current fundraisers for the Resident Ass'c; a raffle of a Coach handbag and wallet. Raffle tickets are \$10.00. With purchase of a ticket you receive a lovely pink or black scarf. Winner will be selected at the Candlelight Dinner.

There are 4 small chests of drawers in the lobby. They have been refurbished by residents and decorated by resident artist Walter Krawczak. They will be sold by silent auction. Place your bid on the list on top of each piece. Auction will concluded December 4, the Monday following the Candle light Dinner. Proceeds from these activities benefit the Residents' Association of the Village of East Harbor.

Dustin, dining services gave the menu for the Candle light dinner. Tomato bisque soup, strawberry walnut salad, surf and turf, mushroom risotto & fresh vegetables and chocolate mousse cheesecake. The doors will open at 4:30 with cocktails at 5:00 and dinner at 5:30. Mike McCabe will return to entertain and sing at the piano following dinner.

The new dining rooms in Kirk and Barnett halls will open November 22. In response to a question, Dustin said that there will be no change in the menus for the month.

November 8 there will be cooking class on "cranberries" at 1:30

Chaplain Laura Stone, announced that "Three Men and a Tenor "will perform Dec. 9, followed by a dinner. The show and dinner is \$15.00 Tickets for the show only are \$5.00. There will be a number of other performances during the holiday season. The veterans breakfast and recognition as very successful.

Toni Greig, Resident Care Manager announced that flu shots are available at the nurse's offices. Pneumonia and shingles shots are not available at the Village, but you are encouraged to get them from your primary physician or a local drug store. She cautioned that, as the weather gets colder, we should be very careful as the pavements may become slippery. Wear your ERS button at all times so you can be readily reached in case of an emergency.

Chris Gordy, fitness Her office is now in Haven Hall. Classes will continue to be held in the Chapel and Activities Room. Attendance has increased since classes are being held there. Fitness equipment will remain in Kirk Hall (the other end of the old fitness center). She will be available for orientation on the equipment. An indoor walking club is being set up for fall and winter.

Bob Morrill reported on a conversation with *Mary Breen,housekeeping manager*. She is looking into the possibility of arranging for access to the company who washes the outside windows. Residents would like to be able to hire them for additional outside and inside window cleaning.

Betsy Mianecki, Activities Lead Betsy thanked all the residents who helped with the bazaar.

Activities Scheduled:

Nov 16 Birthday dinner with the Voo Doo Doctors

Nov 18 Snug Theater Home Town Holidays

Nov 18 Healy grandchildren's' dance performance

Nov 20 First graders singing and bringing a craft

Nov 21 Baking gingerbread cookies

Nov 27 painting Christmas "Inchies"

"Future Nurses" from Oakland University are here to interview seniors in IL 11/16 and 11/21 at 1:30 in the activity room. This is an important opportunity for them to learn more about the lives and needs of their future senior patients.

Business Meeting

Minutes from the last meeting were approved.

Treasurers' Report Darlene Wallace	
Residents Assn. Account 11/3/17	4229.49
Petty Cash	135.81
Sugar Bowl	224. 24
A preliminary report from the Holiday Bazaar showed:	
Sale of knitting, bake goods and resale items	583.68
Purse Raffle (so far)	290.00

Darlene thanked those who contributed to the bazaar and to Betsy for organizing it.

Bob Healy gave an explanation of how holiday cash gifts for unsalaried employees are determined. Letters have gone out to all residents and families. Money needs to be

received by December 4 to enable the committee to have gifts ready to be included in 1st December paycheck

Building and grounds committee, Neil Veneri

Neil reported that 5 new mailboxes have been installed and light poles painted. Concern was again brought up about safety because of cement raised in the cracks on sidewalks. Signage in the main building is being addressed in the renovation project. A resident commented he would like to see the appearance of the storage building improved. It does not give a good "first look" as you enter the village.

Bob Morrill presented Neil and Pete with large photographs of them next to the new mailboxes, as a recognition of all the work that went into getting them.

Communication committee, Jean Campbell

Jean shared information about assistive devices for the hearing impaired such as alarm clock, smoke alarms, adapted telephones, and other adaptive devices. Catalogues of these are available in the building.

Copies of "Peace of Mind", a guide to medical and legal decisions, were distributed and will be available at the desk. It's recommended you complete these and put them in your red folder.

Welcoming Committee, Dorothy Dennis welcomed new residents, Frank & Charlotte Gitre, Bill and Marilyn Igel, Herbert Walny and Colette Yager

She explained a new program operated by the residents called "Stay Connected". People want to know if their neighbors are in the hospital, ill or might need help. Because of privacy laws that information cannot be shared by the staff, so this is a way to stay connected. You are asked to fill out the folder which is being distributed with the name of a designated family member or other contact person.

This is a voluntary program if you would like to participate. See Dorothy if you have any questions.

Volunteers are needed to sell raffle tickets at the Candlelight Dinner. See Betsy.

At the next meeting a new system for name-tags will be introduced. They will be disposable sticky tags that can be easily worn in the refreshment room following the business meeting. Next Meeting December 12, 2017 1:30

Elaine Walton, Secretary

From the Fitness Center

The Wii Bowling Season has come to an end. We may not have made the playoffs, but our Bowling Pirates gave the other villages a run for their money!

Let's keep the fun going and start a new bowling season within our own village! We'll need at least 2 teams of 4 people but the more the merrier!! If you think you may be interested in having a great time and some friendly competition, please sign up in the Activity Room. We'll plan to begin the season in January. That gives everyone plenty of time to learn the game and get plenty of practice! Currently, we have open practice times on Tuesdays at 2:15 pm and Thursdays at 11:00 am. Please come in and give it a try!





THINGS TO LOOK FORWARD TO IN DECEMBER...

Pick up a *Health and Wellness Passport* from the Activity Room and get busy! Receive stickers for attending specific health and wellness programs and turn in your passport at the end of the month for a prize!

Indeer Walker's Club—Don't let the cold weather stop you from getting in your daily exercise! Get a map of the building to help determine the number of steps you are taking daily. Walk on your own or as a group and log your steps for a passport sticker.

Questions? See Chris Gorde, Fitness Specialist

Christmas Concerts

December brings the magic of music to our Village! We have many guests lined up to ring in the holiday cheer; below is a list of special musical performances during this month. I hope you take advantage of each and every one by joining us in the Chapel to celebrate the Hope, Peace, Joy and Love that comes to us through the birth of our Savior!

> Kacel Family Christmas Concert Dec. 2nd, Saturday - 1:30pm, Chapel



Interfaith Choir Christmas Concert Dec. 4th, Monday - 7pm, Chapel

Michigan Chamber Chorale Dec. 6th, Wednesday - 7pm, Chapel

Girl Scouts Dec. 7th, Thursday - 5:30pm, Dining Room & 6:15pm, Haven Hall

Great Oaks Elementary, 3rd Graders Sing Dec. 15th, Friday - 1:30pm, Chapel

Cub Scouts – Pack 71 Sing Dec. 16th, Saturday - 1:30pm, Chapel & 2:00pm, Haven Hall

> Brookside Church Choir Dec. 17th, Sunday - 3:00pm, Chapel

DTE Singers Dec. 18th, Monday - 3:00pm-Chapel

Pioneer Girls Singing Dec. 19th, Tuesday - 6:00pm, Chapel



Church of Jesus Christ Dec. 21st, Thursday - 7:00pm, Chapel

Cardinal Mooney, National Honor Society Students Sing Dec. 23rd, Saturday– 12:30, Dining Room & 1:00pm Haven Hall

Dear Santa

How are you Dear Santa, and all of your elves? your house must be a mess with toy cluttered shelves.

I've been good throughout there year so I'm sending you this list. I'll write very carefully hoping nothing I have missed.

Divided equally throughout the world I want a zillion hearts of gold; And within each heart a burning candle to keep our love from growing cold.

A gift of understanding, an ounce of strength for the weak; The will to keep on trying when everything seems so bleak.

Please give to all young lovers the art of holding hands; Into the lives of children a touch of Disneyland.

Give each tenor a song to be sung; And to each smoker an extra lung.

Bring happiness to those who are sad; Give each orphan a new mom and dad.

Give patience to those quickly annoyed; Give needed jobs to the unemployed. Bring talks to the Far East with peace everywhere. And to this balding head a sock full of hair.

Well I'll see you later. Take care now - - you hear? Keep dry - stay healthy - and don't forget next year!







Michigan Christmas

Let's see - dial - T-H-E/Y-U-L-E. Hello - hello,Santa - remember me? It's me Santa - Mankind - calling toll free. Could you bring these gifts for under the tree?

Give us the ambition to move forward, Never reckless - always a steady pace. Let us give our children a tomorrow... Give the world no losers in the arms race.

Eliminate hunger throughout the world. Give Mother Waddles a bottomless pot. Give the Governor a balanced budget; Let the Spartans smell roses where it's hot.

Bring out the tourists to ski down our hills; Entice the fishermen to fish our streams. Give equal education to each child; With knowledge allow them to live out their dreams.

Give Detroit the will to keep on going; Let them overcome poverty and strife. Let silent factories open their doors; Clatter of machines - smokes takes belching life.

You have already given us so much. We have lakes almost over every ridge. We go to the extremes in contrast from the Mackinaw to Croswell's Swinging Bridge.

You have given us Fort Michilmackinac... A silent sentinel of hate and fear. You gave us the Thanksgiving Day Parade with Santa Claus and eight tiny reindeer.

Your first gift was the most important one; Thank you Santa for where it all began. Beneath the green boughs of a Hartwick Pine -You've given your greatest gift - - MICHIGAN!







December EXCURSIONS.....

Monday, December 11

Birchwood Mall 9:00am

Wednesday, December 13

Canterbury Village & Lunch \$\$\$ on your own 9:30am

Friday, December 15

Christmas Light Tour 6:30pm

Monday, December 18

Waterside Mall 10:00am

Wednesday, December 20

Women's Lunch Ardmore Park Place \$\$\$ on your own 11:30am

Tuesday, December 26

Men's Lunch Boatyard \$\$\$ on your own 11:30am

CANDLELIGHT

DINNER

Sunday, December 3

Doors open: 4:30pm

Cocktails: 5:00pm

Dinner: 5:30pm

DON'T GET LEFT BEHIND!

You <u>MUST</u> sign up for ALL shopping TRIPS and EXCURSIONS in the book found in the lobby and money in by the due date!

Find our Newsletter & Calendar on line! G0 to: PVM.org

Click OII: The Village of East Harbor

Click OII: Calendars

Newsletters: Go to the bottom of the page and click on "Read all about us"



1:30pm-Chapel Refreshments: Activity Room







Gingerbread Cookie Day

















Directory

Accounting	746 7409	
Tracy Tesch	716-7408	
Activity Lead A/L & I/L Betsy Mianecki	716-7143	
Administrator	/ 10-/ 143	
Carolyn Martin	716-7221	
Admissions Specialist T.C.U	110-1221	
Sue McCallum	716-7427	
Assisted Living Nurse	110-1421	
Denise Klimaszewski	716-7115	
Beauty Salon		
Appointments	716-7180	
Care Sync Case Manager		
Josie Villegas	716-7092	
Chaplain		
Laura Stone	716-7438	
Dining Services Mgr.		
Brian Williams	716-7419	
Director of Nursing		
Melissa Freiburger	716-7416	
Driver		
Ann Marie Hart	716-7142	
Fitness Specialist		
Chris Gorde	716-7385	
Front Desk		
Receptionist	725-6030	
Haven Hall Nurse		
Lynette Sanday	716-7384	
Housekeeping / Laundry Mgr.		
Mary Breen	716-7418	
Maintenance Work Orders.		
Front Desk	725-6030	
Maintenance	0.40,000,0470	
Emergencies After 11:00pm	248-996-2470	
HCC Activity/Volunteer Mgr.	716-7021	
Sheri Stover Bhysical Thorapy Mar	/10-/021	
Physical Therapy Mgr. Kim Frabotta, Agility Therapy	716-7398	
Resident Care Mgr.	/ 10-/ 390	
Toni Greig	716-7426	
Sales & Leasing Specialist	110-1420	
Peggy Carroll	716-7397	•
Nancy Smiley	716-7183	
	. 10 / 100	



7	12/1 Charlotte Bacsikin
5	
5	12/1 Beverly Harwood
2	12/3 Gary Allen
8	12/6 Carol Morrill
9	
6	12/15 Marion Welchner
2 35	12/17 Irma Black
0	12/17 Pat Healy
4	12/18 Charlotte Gitre
8	
0	12/19 Joan Rifenberg
′0 1	12/22 Fred Breiling
8	12/27 Mary Jacob
6	
7 3	12/30 Angeline Trovato