



# Hampton Herald



## Embrace the possibilities

700 North Pine Road • Bay City, Michigan 48708 • [www.pvm.org](http://www.pvm.org)

November 2018

### Veterans' Day – Observe, Remember, Appreciate

#### Featured Articles

**Giving Matters** pg. 5

**It's Your Life, Live it Well** pg. 6

**The Senior Advocate** pg. 7

**Service Coordinator's Corner** pg. 3

**Administrator's Column** pg. 13

**Puzzles and Fun** pg. 10-12



**Veterans Day** originated as “Armistice Day” on Nov. 11, 1919, the first anniversary of the end of World War I.

Congress passed a resolution in 1926 for an annual observance, and Nov. 11 became a national holiday beginning in 1938.

Unlike Memorial Day, Veterans Day pays tribute to all American veterans—living or dead—but especially gives thanks to living veterans who served their country honorably during war or peacetime.

#### Veterans Today

The military men and women who serve and protect the U.S. come from all walks of life; they are parents, children, grandparents, friends, neighbors and coworkers, and are an important part of their communities. Here are some facts about the veteran population of the United States:

- 7 million veterans served during the [Vietnam War](#).
- 5.5 million Veterans served during the [Persian Gulf War](#).
- Of the 16 million Americans who served during World War II, about 558,000 are still alive.
- 2 million veterans served during the [Korean War](#).
- 6 million veterans served in peacetime.
- As of 2014, 2.9 million veterans received compensation for service-connected disabilities.
- As of 2014, 3 states have more than 1 million veterans among their population: California (1.8 million), Florida (1.6 million) and Texas (1.7 million).
- The VA health care system had 54 hospitals in 1930, since then it has expanded to include 171 medical centers; more than 350 outpatient, community, and outreach clinics; 126 nursing home care units; and 35 live-in care facilities for injured or disabled vets.

- 16.1 million living veterans served during at least one war.
- 5.2 million Veterans served in peacetime.
- 2 million veterans are women.

Look for PVM on:



## Activities

## Maintenance Updates

- **Reminder: DO NOT** leave paper, plastic, cardboard boxes or any other flammable or combustible items on top of your stove or stored in your oven. This is VERY dangerous. We have seen several residents do this lately and it is hazardous for everyone. The stove knobs are very sensitive and can be turned on with a simple bump. Please keep flammable and combustible items stored away from the oven and stove for your safety and for the safety of everyone around you. Thank you!
- We have noticed that trash is being thrown on the floor pretty regularly even when the barrels are empty or even when the item can fit down the chute. This is your home. Trash on the floor only encourages pests/rodents to try to enter the building. Please help us to keep it pest free for your comfort.
- Pizza boxes WILL fit in the chute and in the barrels on the first floor. Do not leave them on the floor in the trash rooms. Trash belongs in its proper place.
- Your trash needs to be in bags that are securely tied. Trash should not be thrown into the chute or barrels without a bag.
- ***If you have a health emergency, you or your family members should press your personal help button or call 911.***
- ***If there is a fire emergency you should call 911.***
- ***If your smoke detector is going off because of burned food and it is after hours, please call 911 to let them know. The fire dept. will still respond to reset your alarm but they won't need to send the big truck and a slew of volunteers. Thank you for your continued cooperation.***

## November Activities

## Please join us in the month of November for:

- BINGO - Every Wednesday @ 5:00 pm
- Administrator's Updates Meeting – November 8<sup>th</sup> @ 11:00 am.
- Monthly Birthday Celebration – No birthdays to celebrate this month
- Bookmobile –November 1<sup>st</sup> from 3:00 pm – 4:00 pm.
- Movie Day – Monday, November 26<sup>th</sup> @ 2:00 pm.
- Wii Bowling this month will be practice on Tuesday with tournament scoring on Thursday for the first 3 weeks. If we continue on in the tournament there will be slight adjustments to the schedule for the holiday.
- Shingles shots were not included in the health fair this year because they were not available to the pharmacist at that time. He will be setting up a separate date to offer the shots in the near future. Stay tuned for more information.
- Smoke detector testing has been changed to November 12<sup>th</sup> and possibly the 13<sup>th</sup> if they cannot complete it in one day.

## Announcements

Laundry Repair Contact Number: 1-800-521-9938

Please use this number when the washers or dryers are not working or if you've lost quarters in the machine.

**Laundry Room Hours are:**  
8:00 a.m. – 8:00 pm  
everyday

**\*\*Be courteous of your neighbors and wipe down the washers and empty the lint screens after each use.**

**\*\*Please do not touch other people's laundry or remove them from the machines.**

**\*\*You should not be leaving your laundry for extended periods.**

## Bay City Happenings in November

Bay City is host to several festivals and events each year. There are many different activities throughout our beautiful little town and the surrounding areas.

Here are a few:

**DOWNTOWN BAY CITY**

**November 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> from 8:00 am to 5:00 pm •Holiday Open House•** Businesses all over Downtown hold an Open House this weekend, and have special events throughout the Holiday season. Stroll through our beautifully decorated shops, enjoy special treats and look for the perfect gifts of the seasons.

*Continued on pg. 4*

## Service Coordinator Corner

Elizabeth Brinker 989-892-6906

Service Coordinator's office is located on the 2<sup>nd</sup> floor inside the theater

*My Goodness! I can't believe we're in November, with the Daylight Savings Time change (fall back) on the 4<sup>th</sup> and Thanksgiving on the 22<sup>nd</sup> with Black Friday on the 23<sup>rd</sup> and Cyber Monday on the 26<sup>th</sup>. It's only about two months until Christmas - have you started shopping (or writing your Santa list)? Enjoy the holiday season and spend time with your friends and family; time passes so fast and then people who we loved and appreciated are gone. Tell your family (and friends) how much you love them while you have the chance!*

On **November 8th at 2pm & November 29th at 2:15p – 2:45p** we will have our Blood Pressure Clinics. **Please consider doing this one quick check on an area that can affect your life without you knowing...** Thank you to all that have taken advantage of having their blood pressure checked by a trained professional: it is good preventative care. Remember, *there is no cost and you don't even need to show your insurance information!* There's always lots of fun conversation and laughter while we wait. On top of that, you get a ticket for coming down and doing something good for yourself!

This month is also the beginning of **Open Enrollment for Medicare** – it runs October 15 – December 7<sup>th</sup>. Make an appointment with me to discuss your coverage and check out your options. Call the office and leave a message if I'm not in – I'll return your call as soon as I return.

Mel from SouthernCare will be presenting on **"Hospice: What it is, and What it Can Offer You"** on **November 14<sup>th</sup> at 2pm in the Community Room.**

For those of you who have inquired, I am working on a Resource Binder which will be placed in the Library so that any of you might be able to look up contact information and resources when I am not available. I have completed the training and testing for a Certificate in Gerontology which I believe will benefit all of you as I am learning more about the aging process and various issues that might be



encountered.

I will be in the office **all day on November 13<sup>th</sup> and 28<sup>th</sup> (9a – 4p)**. I will be out of the office **all day November 12<sup>th</sup>, and 26<sup>th</sup>**. **Also, remember that the Offices are closed for Thanksgiving Day and the Day After (11/22-11/23)**. You can always refer to the calendars posted on my office door, outside the Theater Room in the hall, and on the bulletin board near the cubbies downstairs.

Remember, you **get a "ticket" for each activity or presentation that you attend that Stephanie or I organize**. When you gather 10 tickets, come up to the Service Coordinator office and choose from the **"Goodie Shelf"** – there will be a variety of items, both male and female, and from practical like laundry soap, hand soap, toilet paper, or canned goods to fun like candy, nuts, or 'doo dads'. **I'm continuing to get new and different items so don't "assume" that you know what's there. ☺** Thanks for your participation!

**You can always call (989) 892-6906 and request an appointment at any time** – if I'm not here, leave a message and I will return your call as soon as I return. You can also leave me a message in the mail slot outside the Theater Room door; I will contact you as soon as I am able.

*I am so thankful for my blessings - each of you - as well as my family and lifelong friends.*  
Elizabeth

*Continued from pg. 2***Programs (continued)**

## Celebrating November Birthdays

There will be no birthday celebration in November.

**No Birthdays to list for  
November**



**November 23<sup>rd</sup> 7:00-10:00 pm**  
**•Santa's Arrival•** Santa arrives in Wenonah Park at 7 pm for a special performance before going to the Nickless Family Community Pavilion Concession Stand to talk with all the good little boys and girls.

**November 24<sup>th</sup>•Small Business Saturday•** Celebrate local small businesses by shopping small and supporting your own community. This special day is all about supporting and shopping at small businesses, owned and operated in your neighborhood by your neighbors.

**Beginning Sunday, November 25<sup>th</sup>•Sundays in the City•** The four Sundays leading up to Christmas showcase all of the "one-of-a-kind" shops and eateries that Downtown has to offer. Enjoy Holiday decorations, free horse-drawn carriage rides, strolling carolers, and holiday movies at the historic State Theatre.

### Bay County Division on Aging

The Bay County Division on Aging provides services to Bay County residents age 60 and older. Many programs are funded through senior millage funds, donations, cost-share contributions and fees from seniors, as well as grants from the State and Federal Government.

Some programs are:

- Case Coordination and Support
- Home Delivered Meals
- Senior Dining Centers
- Homemaking
- Caregiver Training
- Personal Care
- Information and Referral

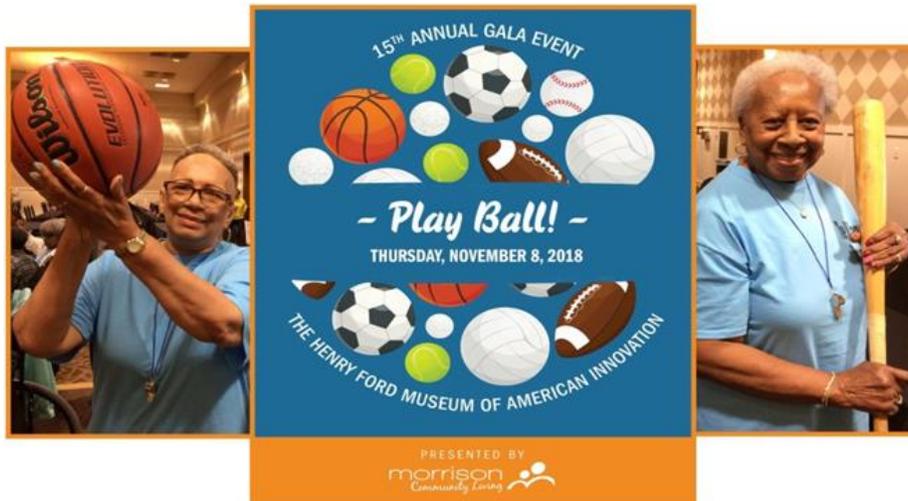
*For more details, contact Debbie Keyes at 989-893-7070*



# Giving Matters.

By Paul J. Miller, CFRE,  
President, PVM Foundation

## PVMF Gala November 8<sup>th</sup>



**Come to the best party around Thursday, November 8<sup>th</sup> at The Henry Ford Museum of American Innovation!**

PVMF's 15<sup>th</sup> annual gala will kick off at 7:00 PM and feature a fabulous strolling dinner, cocktails, raffle and other FUN surprises!

It's always a better party when your friends are there! We hope you can join us for ***Play Ball!***

*The best part?!* By attending, **you become the real MVP** for the 5500+ older adults served by PVM and you'll help make Michigan a ~~better~~ ***the best*** place to live at any age!

We hope to see you there!

**Join the Fun! Book your tickets:  
All Tickets \$300!**

Learn more about how to attend at [pvmf.org/Gala2018](http://pvmf.org/Gala2018). If you have any questions or comments, please contact us at 248-281-2040 or [pvmfoundation@pvm.org](mailto:pvmfoundation@pvm.org).

Thank you!  
Paul J. Miller, CFRE



## It's Your Life. Live It Well.

By Tom Wyllie,  
Director of Wellness

### *Life Without a Car*



A few weeks ago I experienced - temporarily – what many of us will perhaps one day experience permanently: life without a car. Some of you may already be in that situation. I still had to go to work. I still had meetings to attend. I still had errands to run but I had no car. It was in the shop for some minor repairs that of course took longer to fix than I was originally told so when all was said and done, I was without a car for a little over a week.

I live alone and my kids have long since flown the coop to pursue adult lives of their own. Besides, they don't live nearby so asking them to cart me around wasn't really an option. So what was I to do? I was in a bit of a bind until I remembered something my daughter's boyfriend recently told me, that he was living the "app life". So what does that mean?

Well, if you own a smartphone and have access to the internet you have a lot of power in your pocket. There are thousands of computer applications, which are essentially small computer software programs commonly referred to as "apps" that you can place on your phone that allow you to do numerous things and provide you with easy access to a variety of innovative and useful services. Among them are apps that will link you to ridesharing services, two of the most popular being Lyft and Uber.

Over the course of the next few months, I will be sharing with you how I used "apps" to do what I needed to do and be where I needed to be without a car. In so doing, I discovered that giving up my car didn't mean I had to give up living my life. So stay tuned. Next month I will start by sharing how I used Lyft to get out and about.



## The Senior Advocate.

By Lynn Alexander,  
Senior VP & Chief Marketing Officer

### What Goes Around Comes Around

Recently I experienced good karma in a way which affirms my belief in caring about others. My grandma was right when she used to say: "What goes around comes around." I have witnessed this phenomena in many ways over the years. In my recent experience I was attending an annual meeting with an organization still somewhat new to me; and more than several attendees reached out to me in an intentional manner to include me and make me feel welcome. I am usually that person that notices when a fellow human being needs to be welcomed so this was a gratifying experience for me.

Bringing this concept around to PVM, residents often talk about how they and their neighbors all look out for each other. This has created a sense of community which adds to their quality of life. Unfortunately I have heard stories with the opposite script. We all have had issues to deal with and problems to conquer. The longer we have been on this earth the more we have endured as well as enjoyed. Keep that in mind and lift another person's psyche. Offering a smile and welcoming a newcomer can pay great dividends. You may meet a new lifelong friend or may need a smile yourself on any given day. "What goes around comes around."

LEAVE A  
*Legacy*  
Ways to make  
a Planned Gift

Support PVM during your  
lifetime and beyond.

- › Make a bequest in your will
- › Start a Charitable Gift Annuity
- › Your Life Insurance Policy

CONTACT US TO LEARN MORE

Without obligation, PVM Foundation would like  
to answer any questions you may have, call Paul Miller  
248.281.2045 [www.pvmfgifts.org](http://www.pvmfgifts.org)

 Presbyterian  
Villages  
OF MICHIGAN  
THE FOUNDATION

## **SERVICE EXCELLENCE**

Just a reminder that the Service Excellence recognition slips are located to the right of the cubbies on the first floor. If you feel that any Hampton Meadows' employee has done something noteworthy for you or our community, please fill out a recognition slip for them. You can either put it in the suggestion box where they are located, in the drop box or you can give it to the Administrator directly.

It will then be forwarded along to a monthly drawing where we can be entered to win a prize. Thank you again for your continued support and assistance. Please let us know if there is anything that we can do to make your experience here at The Village of Hampton Meadows the best that it can be.

### **Friendly Reminders:**

*We will again be a Toys for Tots drop off location for the community. If you would like to donate any new, unopened toys to the less fortunate children in our area, please stop by the office. I have a donation box available. They will be picking the box back up at the beginning of December so if you, any family members or friends would like to make a donation, please feel free to stop by.*

*Remember to always be kind to one another. One simple act of kindness can go a long way. Help your neighbors and your friends if you see that they could use a helping hand. Offer some kind words of encouragement if you know that they are struggling with something in their lives.*

#GivingTuesday is a global day of giving fueled by the power of social media and collaboration. Celebrated on the Tuesday following Thanksgiving, #GivingTuesday kicks off the charitable season when many focus on their holiday and end-of-the-year giving. One of the best ways to get involved is in your own community. This November 27<sup>th</sup>, join the movement and give – whether it's some of your time or a donation; give back to your community.

## ***Congratulations!***

You are being recognized because  
"What you did mattered!"



***Thank you for what you did!***

**Employee Name:** \_\_\_\_\_

**Person Recognizing Employee:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**\*\* Please turn a copy of this card into Village Administrator or HR, for a drawing**

**ACCOUNTABILITY • LISTENING • RELATIONSHIPS • RESPECT**

## Salted Caramel Filled Dark Chocolate Chunk Skillet Cookie

### Directions



### Ingredients

- 1 stick 4 oz. unsalted butter
- 2 tablespoons white sugar
- 1 cup dark brown sugar packed
- 1 egg
- 1 teaspoon vanilla
- 1  $\frac{3}{4}$  cup all-purpose flour
- $\frac{3}{4}$  teaspoon baking soda
- $\frac{1}{4}$  teaspoon salt
- 8 oz. dark chocolate cut into  $\frac{1}{2}$  inch chunks
- $\frac{1}{2}$  cup caramel bits
- $\frac{2}{3}$  cup thick salted caramel sauce or add about 1 teaspoon salt to regular caramel
- Good quality salt for sprinkling on top before baking

- Grease a 6-inch or 8-inch cast iron skillet with butter. Set aside.
- In a medium skillet, melt butter over medium-low heat, stirring nearly continuously. Butter will melt, then begin to foam. It will then begin to turn golden brown and smell nutty. As soon as the butter begins to turn brown, take the pan off the heat, and continue to stir for about a minute, to ensure carryover heat doesn't continue to cook and subsequently burn the already browned butter. Transfer to a small bowl, cover with plastic wrap, and let cool to room temperature, about 1-2 hours.
- When the butter has cooled down and started to solidify slightly, add the butter to a large mixing bowl. Add the sugars and cream the butter and sugars until light and fluffy, about 3 minutes on medium high. Scrape down the sides of the bowl.
- Add the egg and vanilla and mix until completely incorporated. Combine the flour, soda and salt in another bowl with a whisk to combine. With the machine on low, slowly add the flour mixture. Mix until just combined, taking care not to overmix. With a spatula, fold in the caramel bits and dark chocolate chunks.
- Press about  $\frac{1}{3}$  of the dough into the bottom of prepared skillet (the entire bottom and sides should be covered). Fill with caramel sauce. Top with more dough until the top is completely covered and the caramel is sealed inside. You may have some leftover. Sprinkle the top of the cookie with flaky salt. Cover with foil and refrigerate for at least 30 minutes or up to 3 days.
- When you're ready to bake, preheat oven to 350° F.
- Bake for 18-20 minutes or until golden brown on top. Serve immediately with ice cream and more caramel sauce if desired.
- Use the remaining dough to make cookies. Bake for 11 minutes at 350° or until golden brown. The dough will keep in a Ziploc bag in the fridge for 1 week or in the freezer for 3 months.

# November Word Search

## NOVEMBER WORD SEARCH

W	C	C	S	T	O	I	P	L	Y	M	O	U	T	H	A
N	W	O	R	B	N	O	O	E	A	A	A	P	R	Y	B
F	N	R	R	A	E	O	K	H	D	Y	C	I	R	R	R
K	R	N	S	N	K	R	I	Y	I	F	S	H	Z	O	Y
I	S	B	E	T	U	R	G	P	L	L	C	S	W	E	E
L	R	R	S	T	C	C	E	U	O	O	E	R	R	B	H
F	H	E	H	N	R	F	O	M	H	W	L	O	O	R	A
N	R	A	O	T	A	T	O	P	T	E	E	W	S	P	N
O	Y	D	R	L	N	E	T	K	I	R	B	Z	W	O	L
I	E	L	L	V	B	E	B	I	T	A	R	E	L	T	O
T	K	V	E	T	E	R	A	N	S	D	A	Y	P	S	D
I	C	O	L	O	R	S	T	P	E	T	T	D	E	A	R
D	E	G	N	A	R	O	T	I	H	E	E	E	S	E	M
A	E	E	G	N	I	S	S	E	L	B	R	R	E	F	A
R	F	A	R	M	E	R	R	E	H	T	A	G	O	C	Y
T	H	A	N	K	S	G	I	V	I	N	G	C	N	C	T

BLESSING  
CORN BREAD  
FARMER  
HAM  
MAYFLOWER  
RED  
TREES  
WORSHIP

BROWN  
CORNUCOPIA  
FEAST  
HARVEST  
ORANGE  
SWEETPOTATO  
TURKEY

CELEBRATE  
CRANBERRIES  
GATHER  
HOLIDAY  
PLYMOUTH  
THANKSGIVING  
VETERANS DAY

COLORS  
FALL  
GREEN BEANS  
MAIZE  
PUMPKIN PIE  
TRADITION  
WEATHER

# November Bonus Puzzle

7		2					3	6
8				2		7		
3				9	6			
			4					
						4	2	3
	6		3		2		1	
4			1		5	2		
6	1							4
	3	5		4	7		9	

Sudoku Puzzle #K976KE  
Presented by Puzzle Baron

Rated: Easy

Sudoku Puzzle #H997AU  
Presented by Puzzle Baron

Rated: Medium

				3	1		8	
				5		7		
	7			2			5	1
	6							
		8	6		2	9		
2			3		7			
	4					2	6	
						8		
5	2						1	

Copyright © Puzzle Baron January 29, 2016 • Go to [www.Printable-Puzzles.com](http://www.Printable-Puzzles.com) for Hints and Solutions!

## Laughter is the Best Medicine

### **The Miser Gets His Just Reward: A Funny and Salutary Story**

Bryan, had worked all of his life and had saved all of his money.

He was a real miser when it came to his finances. Bryan loved money more than just about anything, and just before he died, he said to his wife, Emma, 'Now listen, Emma, when I die, I want you to take all my money and place it in the casket with me. I want to take my money to the afterlife.'

So he demanded that Emma promised him with all her heart that when he died, she would put all the money in the casket with him.

Well, of course, one day he died. Bryan was stretched out in the casket, Emma was sitting there in black next to her closest friend.

When they finished the ceremony, just before the undertakers got ready to close the casket, the wife said, 'Wait just a minute.'

Emma had a shoe box with her, she came over with the box and placed it in the casket. Then the undertakers locked the casket down and rolled it away.

Her friend said, 'I hope you weren't crazy enough to put all that money in the casket, Emma?'

She replied with a twinkle in her eye, 'Yes, I promised. I'm a good Christian, I can't lie. I promised him that I was going to put that money in that casket with him.'

'You mean to tell me you put every cent of his money in the casket with him?' spluttered the friend.

'I sure did,' said Emma. 'I got it all together, put it into my account and I wrote him a check.'

### **The Braggart: An Amusingly Droll, Silly Short Story**

One day at work, Bob was bragging that he knew everyone that was anyone. His boss, Rod, got tired of his boasting and decided to check it all out.

He said, 'OK Bob, how about Clint Eastwood? Do you know him?'

'Oh sure,' said Bob. 'He and my Dad shoot grouse

together and he's a great guy.'

'OK, prove it,' said Rod. 'Let's fly out to Carmel, USA, and you can introduce me.'

'Great.' said Bob. And so they did. They took a taxi to Mr. Eastwood's estate, Bob knocks on the door, Mr. Eastwood opens it and shouts, 'Bob! Hey, great to see you! You and your friend come on in and have lunch.' Ron was very was impressed, but still rather skeptical. When they left after lunch, he said, 'That was a coincidence that you knew Clint Eastwood. How about President Trump?'

'Sure, I know him,' replied Bob. So, they fly off to Washington, DC and head to the White House. As they are touring the grounds, Mr. Trump sees Bob and comes right over saying, 'my word, Bob, I haven't seen you in a couple years. Come on in, have some coffee and let's catch up.'

After a couple hours, Bob and his boss, Ron, are escorted off the White House grounds and Bob asks his boss, 'Well, do you believe me now?'

His boss, shaken and a bit bewildered, but still not completely convinced says, 'I'll believe you if you show me you know one more person - the Pope.'

'Certainly,' says Bob, 'I've known Pope Benedict since I was just a little kid. Let's fly over to Italy.'

So, off to Rome they fly and join a mass of people in St Peter's Square waiting to catch a glimpse of the Pope.

Bob says, 'There's no way I can get the Pope's attention with all these people here. How about if I go talk to one of the guards I know and then I'll come out on the balcony and wave.'

Ron patiently waits as Bob heads off into the crowd. About 15 minutes later, the Pope emerges on the balcony and right beside him is Bob waving to the crowd.

When Bob returned a few minutes later to where he had left his boss, there were paramedics there surrounding his boss laying on the ground - he had had a heart attack. Bob rushes up and asks what happened. Ron looks up at him and gasps, 'I was doing OK when you came out on the balcony. But then the guy next to me asks 'Hey, who's that up on there on the balcony with Bob?'

## Administrator Column

## Resident Updates



### The Season Of Giving

#### 20+ Ways to Give Back

- 1) Aid victims of the Florida hurricanes
- 2) Help provide service dogs for disabled children
- 3) Save abused horses
- 4) Help youth with developmental disabilities
- 5) Help pay for school programs
- 6) Give school supplies
- 7) Teach a child to read
- 8) Buy some wine, help pay for college for a worthy young woman

- 9) Help families with sick children
- 10) Build spaces for artists
- 11) Preserve archeological sites
- 12) Donate your old prescription bottles
- 13) Help the world see a bit better
- 14) Donate books to kids in Africa
- 15) Provide socks to the needy
- 16) Eat healthy snacks, help feed a hungry child
- 17) Help support survivors
- 18) Plant a tree in a national forest
- 19) Become a citizen scientist
- 20) Don't forget Giving Tuesday
- 21) Contribute to finding a cure for spinal cord injuries
- 22) Create a recipe for change
- 23) Give a truly life-saving gift
- 24) Help kids learn and grow
- 25) Raise funds for kids in need

*The manner of giving is worth more than the gift.*

Here are some quotes about being thankful as we move into the Thanksgiving season:

“Be thankful for what you have; you'll end up having more. If you concentrate on what you don't have, you will never, ever have enough”  
— Oprah Winfrey

“One of the main reasons that we lose our enthusiasm in life is because we become ungrateful. We let what was once a miracle become common to us. We get so accustomed to His goodness it becomes a routine...”  
— Joel Osteen, [Your Best Life Now: 7 Steps to Living at Your Full Potential](#)

“Sometimes we focus so much on what we don't have that we fail to see, appreciate, and use what we do have!”  
— Jeff Dixon

“Thankfulness creates gratitude which generates contentment that causes peace.”  
— Todd Stocker

Have a wonderful fall season! ☺  
**Stephanie Cooper**  
Administrator  
The Village of Hampton Meadows

**Don't Miss the Bay County Library Bookmobile on  
Thursday, November 1<sup>st</sup> from 3:00 PM – 4:00 PM**

Commodities are now being distributed at the Essexville Baptist Community Church, located at 1001 Main St., Essexville, MI 48732. Please contact the Mid-Michigan Community Action Agency if you have any questions or concerns.

Distribution time is from 1:30 pm until 2:30 pm.

Distributions dates are:	10/10/18,	11/14/18,	12/12/18,	1/9/19,	2/13/19,
	3/13/19,	4/10/19,	5/8/19,	6/12/19,	7/10/19,
	8/14/19,	9/11/19			

**Presbyterian Villages  
of Michigan  
Mission Statement**

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)

# Office Numbers

## Village Staff

**Stephanie Cooper** **989-892-1912**  
*Administrator*

**Elizabeth Brinker** **989-892-6906**  
*Service Coordinator*

**David Short**  
*Maintenance*

**EMERGENCY TELEPHONE  
NUMBER** **989-415-7974**



**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit **[www.pvmfoundation.org](http://www.pvmfoundation.org)**



**Our Mission:** Motivated by Christ's love, we engage people as they experience and embrace their God-given potential.  
**Our Vision:** Changed Lives. Strong Families. Transformed Communities.  
**Our Values:** Christ-centered. Excellence. Integrity. Life.



**700 North Pine Road  
Bay City, MI 48708**

# Embrace the possibilities