



Village Trumpet



Embrace the possibilities

33875 Kiely Drive • Chesterfield, Michigan 48047 • www.pvm.org

October 2017



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The Village of East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



Trick or Treating
Students from Great Oaks Elementary
Friday, October 27
1:30 ~ Activity Room



Spooky Story Telling By Alan Maldrett
Tuesday, October 31
1:30 ~ Activity Room

FROM THE DESK OF THE ADMINISTRATOR, CAROLYN MARTIN:



Communication is key in any relationship. My goal and the goal of VEH is to keep the lines of communication open and ongoing. The ways in which we communicate are through our monthly newsletters, Resident Association meetings, open door management policy, channel 3 TV (if you reside inside our main building) and Resident Communication Committee. We also utilize our ROBO Call System and suggestion box. If you have questions feel free to stop in and see me.

Starting next month there will be a brand new column : Ask the Administrator! Submit your question via the suggestion box, email, (cmartin@ovm.org) communication committee, signed or unsigned I will do my best to answer your questions.

Watch for questions and answers next month.

Anyone who says remodeling is painless must have thick skin! Remember when I said timelines are not written in stone but in gravel so they can be moved around? Moving that gravel again.

Assisted Living dining rooms are scheduled to be completed end of October. Haven Hall dining room and entryway end of October. Fitness Center is slated to open beginning of November. Library and Golden Treasures demo to re-create our new Cameron Cafe set to start end of October. Library books can be taken out and returned to Activity Room. New Library shelving and cozy reading corner will be coming after entryway is completed, date to be announced. Main dining and Activity area renovations and demolition slated to start Dec 4th. Therefore our last even will be Resident Association's Candlelight Dinner on Dec 4th. Note the date change. Direct TV new wiring and new programming in Assisted Living and SNF underway and should be completed shortly. Renovating and Improving for you!

Flu season is rapidly coming so don't forget to get your flu shot. Washing hands and getting a flu shot is our best defense against many strains of the flu.

Our Chaplain is bringing 3 Men and a Tenor performance group to our campus, Dec 9th. They are a professional touring group we are fortunate to book. Invite your families and friends but don't miss out. They sell out where ever they perform so be sure to sign up quickly. This performance is open to the public but our residents are getting first chance to Get tickets.

Congratulations to the new Resident Association Board Members. Thank you for donating your time and talents. Thank you to all of you who participate and volunteer your time on committees and helping out. Time is the most valuable thing you can give.

Happy Fall,

Carolyn Martin
Administrator



We have one of the year's most exciting events at The Village of East Harbor coming up soon – the annual Holiday Shopping Bazaar! This year's event will take place from 10am until 4pm on both Friday and Saturday, November 10th and 11th. There is no admission fee and this is open to the public. You will find details elsewhere in this newsletter, including a full page flyer. Every year our bazaar gets better and better, and is a wonderful opportunity to not only start your own Christmas shopping early or treat yourself to something special, but also a chance to show off The Village of East Harbor to your friends and family! This is an open invitation to all the collectors, shoppers and crafters you know to come out and have a fun experience, and also see our new renovations while they are here. As you know, more exciting changes are coming soon, and this is a great opportunity to do your own "open house" at The Village of East Harbor. Let us remind you that if you are the reason someone decides to make The Village of East Harbor their home, it will be YOU who receives a \$250 referral check!

WELCOME NEW RESIDENTS

We welcome these new residents to our
Village of East Harbor Family:

Donald Cramton-L-2

Sherrie Knudson-L-2

Eda Sahr-107

Linda Turri-100

Angie Capaldi-C-302

John Gregor-500

Alzheimer's Support Group

Hosted by

Chaplain Laura

3rd Tuesday of every month

2:00pm

JUST A REMINDER...Committee Meetings are open to ALL Residents!

Building & Grounds

Meets the 1st Tuesday of every month at 2:30pm in Dining Room.

Communication Committee

Meets the 1st Wednesday of every month at 3:00pm in the Activity Room.

Culinary Committee

Meets the 1st Wednesday of every month at 1:30pm in the Dining Room.

From the Desk of Chaplain Laura ...

OCTOBER- Focus on God's Love

We ended September discussing fear and breaking the chains that keep us bound to fear and the resulting anxiety. Fear is defined as: "An emotional response to a real, imagined, or perceived threat based on perception or anticipation of something that may not have actually happened yet is a threat to your security or general welfare".

Fear is best described as: **F**alse **E**vidence **A**ppearing **R**eal.

It is an apparition and is based on a lie; it is an emotion.

The Bible says the way to defeat the "father of lies" (the devil) is by the Sword of the Spirit, "which is the Word of God". (Ephesians 6:17). By putting on the Whole Armor of God (Ephesians 6:10-:17), "*so that you can take your stand against the devil's schemes*". On Sunday mornings at 11:00 am as we walk through the truth of the Bible, break the chains that bind us, and learn how to eradicate fear forever.

We have begun the Book of Acts in our Bible study. The Book of Acts is especially important because it was the first written history of the Christian church and is in a very vital period in Christian history between Jesus' resurrection and the apostle Paul's death, when Christian ideas and beliefs were being formulated and when the organization of the development of the church into a worldwide movement. Please join us every Monday at 3:00 pm in the Chapel to walk through the Bible with us.

We kicked off our monthly "Movie with Chaplain Laura" with "The Case for Christ", which we will run again, due to popular demand.

On the last Sunday of every month at 1:30pm in the Activity Room, will be a different movie premiered. Please watch the Chapel bulletin board for October's movie and the date of replay of "The Case for Christ".

Snacks and beverages will be served.

All are Welcome! Watch the Chapel bulletin board for upcoming chapel events.



Wednesday, October 4
1:30pm-Chapel

Minutes of the Residents' Association meeting of Sept. 12, 2017

55 residents in attendance

Meeting was called to order by the president, Bob Morrill, at 1:30

New officers were introduced, Bob Morrill, President, Bob Jones, vice-president, Elaine Walton, secretary, Darlene Wallace, treasurer. Bob thanked last years officers for their service.

Residents attending the meeting for the first time were introduced

Ed & Judith Wullaert S 504 John Gregor AL 105 Fred Brieling AL 102

Remarks and invocation Laura Stone, Chaplain

Harbor Lights will be singing at the PVM Foundation Inspirational breakfast September 14. "The Sirens" performed a number written especially for that event.

Carolyn Martin, Administrator Announced that it is Assisted Living Week and thanked all the AL staff for their devotion. She then gave an update on the construction. The present work has been slowed down due to delay in the delivery of materials. The contractor has assured them that no sections will be started until all materials are on site. It is forecasted that Kirk, Barnett and the Fitness room will be completed by the end of October.

The construction in the dining area will begin December 12. That will allow for the annual Candlelight dinner to be held on December 10. Both dining areas and the new Cameron Cafe should be completed by then. A media center is planned for Kirk Hall. A temporary library section will be in the Activity Room. Temporary walls in Haven Hall will soon come down. New furniture has been ordered.

New cable service in being installed in AL. There will be more channels and channel 3 (internal channel) will add weekly activities and menus. Eventually Channel 3 will be expanded to IL. (Billing for cable in AL will be adjusted to reflect actual service that was received during the change over).

Medical records for all AL residents are now electronic.

Hospital Liaison, Sue McCallum, will now be able to see IL residents while they are hospitalized and help them transition back to the Village.

Construction hats will be going out to all residents. The first to receive them are residents who have been temporarily displaced during the construction.

Bobbie Clement of PVM was introduced. She will be on campus visiting residents about the campaign for the fitness center.

Food service Brian Williams introduced Dustin, the new chef. The fall menu begins in October. They invited new ideas from the residents. Chinese food and Scottish haggis were suggested. Planning will begin for the candlelight dinner to be held December 10.

Resident care manager Toni Greig announced that a flu vaccine clinic (using the over-65 vaccine) will be held the first and second week in October. The shots are covered under your Medicare Part B. She reminded residents to be sure to wear the ERS buttons, especially when outside. They have a GPS embedded which, in case of an emergency, will allow someone to quickly locate you.

If there is a fall while you are on campus a nurse or trained assistant will come to assess your injury and if necessary will call EMS. Only then will they help you get up. They will also help assess the reason for the fall and determine if you need to follow up with your doctor.

Chaplain Laura Stone. All of the classes are held a 3:00 in the chapel.

Bible Study on Monday

Call to Joy Wednesday topics include handling grief, anxiety depression ,etc

Chapel service Wednesday

Inspirational reading Thursday

Alzheimer caregivers (thru Alzheimer Assi) 3rd Tues @ 2:00

Candlelight service is planned for December 10

An inter-active variety show.

Community outreach projects.

Fitness Chris Gordy. Fitness classes are held daily Monday thru Friday. 9:00 classes are the most vigorous and the afternoon classes are mostly seated. wii bowling is Mon 2:30 and Thurs 11:00 and balloon volleyball Wed and Fri 2:30 at 2:30.

Driver AnnMarie Hart

A sign up trip for trips is in the lobby. It is important that only one name is on a line as well as a telephone number. This greatly facilitates an accurate count and saves time if you have to be reached by phone for any reason. All items should be removed from walkers so they can more easily be folded.

If you need a driver for any appointments call Ann Marie as soon as possible so she can arrange a schedule. You might want to have her make the appointment so she can more easily coordinate trips. Let her know ahead of time if you will be using a wheelchair and if you will need assistance. BE PROMPT HAVE FUN

ACTIVITY LEAD Betsy MianECKi The DAR is honoring all women who worked in the war effort during WWII. Let Betsy know so you can be included in that celebration.

Trip to the National Cemetery in Holly, MI Nov. 11 You may bring 1 guest

"Great Courses" a video course on Music and the Brain Tues. 6:00 Sat 3:15

Acrylic Painting with Anita Wood begins Oct. 3 in the Activity room.. Cost \$50.

Spelling Bee Oct 20 3 more spellers are needed to have a team.

Upcoming activities include a trip "on the straits," Tiger Game, Eastern Market, Mystery Trip , Guinness Book of Records "Rosie the Riveter," glass painting and a reception in AL to celebrate National Assisted Living Week.

Congratulations to **Irma Black** who has resided at the Village for 30 years. She is still very active knitting, crocheting and playing cards.

Secretary Elaine Walton. Minutes of the last meeting were hand delivered

last week. One correction was made in the balance in the Sugar Bowl fund. Should have been \$135.81. Minutes were approved.

Treasurer Darlene Wallace

Residents Ass'c Account	4,340.24
Petty Cash	135.81
Sugar Bowl	188.84

Building and Grounds Committee Neil Veneri Topics discussed:

The need for restroom signs perpendicular to the wall so they can be seen from the hallway as well as better signage in the rest of the building. (this is being addressed as part of the renovations).

Restroom doors are too heavy, perhaps automatic doors are needed .

Fire hydrants need painting.

The light at the cross walk from the parking lot is not functional. (since the meeting it has been turned on).

The grounds crew will be trimming bushes.
5 new mailboxes have been ordered.

Communication Jean Campbell Topics discussed:

Concerns over stopping the Village Weekly paper,
Names and title of the administrators need to be in the list of staff in the Trumpet,
Signs are needed on administrators' offices,
Heavy restroom doors need to be fixed
Toilet paper dispensers, which are easier to change, are needed;
Laminated emergency information cards will be available at the front desk,
Committee is working with Betsy on programming-
Pot luck 3rd Sunday of each month

A letter of concerns from a resident was read..

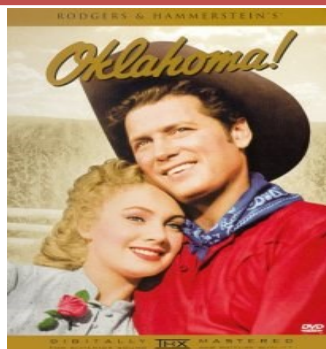
Administrator Carolyn Martin

Blueprints of the renovation can be seen in administrators' offices
There will continue to be items for sale in the remodeled facilities. Last year \$20,000 or merchandise was sold
There are plans for a "mobile bar" which will be used for special events
Plans for the renovation and new buildings have been based on research on the needs in senior housing

Discussion of how it can be communicated if a neighbor is hospitalized or passes away. Because of HPA laws staff cannot reveal personal information. Therefore sharing this information must be resident driven. A committee is working on this.

Meeting adjourned at 3:05

NEXT MEETING TUESDAY, OCTOBER 10, 2017 AT 1:30



MOVIE MUSICAL FOR OCTOBER AND NOVEMBER

Put on your jeans, your cowboy boots and your Stetson hat and join us as we watch one of Rodgers & Hammerstein's greatest hits — OKLAHOMA!

Starring Gordon MacRae and Shirley Jones.

Because of the length of the film, we will show it in two parts. Part 1 will be Sunday October 1st at 6:30PM



THREE MEN AND A TENOR

Four-time winners of "The Best Entertainment in Michigan", over 3,000 performances including shows with Jay Leno, a national PBS-TV special, performing music that will move you, rock you and maybe even touch your heart... Paul, Chuck, Mark and Glenn... A Contemporary a cappella group... Three Men and a Tenor!

**MARK YOUR CALENDARS-SATURDAY, DECEMBER 9 ~ 7:00PM
TICKETS TYPICALLY SELL FOR UP TO \$35**

FOR THIS SPECIAL ENGAGEMENT TICKETS-\$5.00 ON SALE OCTOBER 15

SEE CHAPLAIN LAURA



Autumn is finally here!

Bring out the spiced cider and cinnamon donuts!!

Fall is a wonderful time to enjoy with family and friends. The change in season from summer brings with it the infinite majesty of fall colors, along with the much welcomed cooler days.

This fall season, don't forget to spend some quality time outdoors, whether alone, or with your family and friends. Getting back to nature soothes the soul, and brings about a calm during your day. Even a quick walk or ride outdoors will get you feeling refreshed, and energized.

And what to do with that new energy?

How about challenging yourself to learn a new skill, like calligraphy, painting, knitting, or making artsy collages. What about writing? Whether fiction, non-fiction, or poetry, the Fall season is filled with creative inspiration all over. Fall is also a perfect time to make new friends!

This Fall season, challenge yourself to do one new thing a day for an exciting and pleasurable Autumn season.

Enjoy the wonderful weather and new adventures!!

Josie Villegas, LMSW

CareSync Care Manager and Discharge Planner at The Village of East Harbor

Office 586.716.7092

Mobile 586.817.5235

**CareSync Solutions is in partnership with Presbyterian Villages of Michigan and helps coordinate community based services to assist individuals to remain independent in the community and, when necessary, work through transitions of care. We provide options for programs and services to support each person's individual needs including physical, psychosocial, and emotional well-being.

If you're interested in services, give Josie a call today**



TERRORISTS - SEVEN DAYS MAKE A WEEP

COLUMN ONE

Mr. President I've often called you
a poor leader as we seldom agree;
But I still carry a respect that's true
of your desire to keep us strong and free.
In the night's solitude I kneel and pray -
Beseeching truth I question the Lord and why.
What do we seek that turns our souls to gray?
For our right to live - how many must die?
No Medal of Honor for our foe's chest.
Feathers are apt when you're chickened powered!
Never face to face - back stabbers at best.
Embassy truck bomber dies a coward.
Laughter shattered.
Off a wall the bullet careens.
Life's blood splattered -
A quaint cafe - unarmed Marines!
Not only do small countries use this terror
some modern day countries assume this stand.
Protestants - Catholics - - unholy terror.
Red blood over the green in Ireland!
Flight Eight- forty seven, flying Athens to Rome.
A flight into terror with Satan's Knights!
One dead, forty held, prevented from going home.
A name not to be forgotten - Shiites!
Explosions rock Jerusalem's suburbs where
Jesus once walked!
Bombs dismantled in Tel Aviv while police
and suspects talked.
In the Philippines Communist scum kill the
sister of a Provincial Governor.
As an IRA gunman shoots down an off-
duty policeman in Ireland's war.
Twenty-three people are slain by a car
bomb inside of a Beirut army post.
Bogota and Columbian towns are
bombed by Communists unions who then boast.
In India bullets riddle a rickshaw
as a Muslim leader is assassinated.
At a Frankfurt airport a bomb no one saw,
kills three - an assassin's bold thirst quickly sated!
Sixty are killed and one hundred others wounded
as a car bomber devastates a Tripoli candy store.
Six Americans are among the thirteen dead
when gunmen spray an outdoor cafe in El Salvador.
Nepal, for two days bombs explode in Katmandu.
Eight more dead as the rivers of blood freely run!
From the Nicaraguan Embassy smoke does spew
but bloodless as no lives are lost in Washington.

COLUMN TWO

This was a week in June
A week of terror and strife!
This was a week in June;
A week of some quelling life!
We do not understand the terrorists;
Our views have been archaic and obtuse.
Scolding won't work nor a slap on the wrist.
Harangued rhetoric are of little use.
We are the strongest nation known to man.
Never have we tasted defeat in our history.
Yet we fight the terrorists by their own plan;
We fight a war of compromise - not for victory.
Viet Nam was the crux of the United States;
Afghanistan gave new meaning for Russian Red!
Two super powers against two backward ingrates...
Our credibility slipped with the mounting dead!
Terrorists are not afraid of our might.
They aggrandize by using a mortal affront.
The recesses of our soul brought to light.
A test of our inner self to carry the brunt!
The terrorists thrive on our confusion - fear
and the media to a very large extent.
Newsworthy facts should be kept precise and clear
instead of making it a Hollywood event.
They know we won't attack innocent people
even to save a son, daughter, husband or wife.
They use our morals as a counter-weapon.
taking advantage the value we place on life.
Terrorists are followers - - not leaders!
Fanatical puppets - little pride.
Of little value except as bleeders;
Not even a tear once they have died.
Just how do we handle them?
A solution with few words.
Clear your throat - spit out the phlegm - -
Now blow away those bastards!
Are we to be more charitable?
Do we cure this chancre with class?
Do we fill the dictators coffers?
Do we kiss the murderer's ass?
Do we open world communication?
Do we open our minds to really understand?
Do we blockade airports or mine harbors?
Do we share our knowledge which is our upper hand?
As Americans we must do it together.
Together as one - we can't be denied.
Terrorists must know America won't falter -
Our fight for survival is justified!

Because my poems are so varied in theme I have been asked how I choose a subject to write about. This poem I have chose by reading a Detroit newspaper for one week during June in the Eighties. The intent was not to glorify terrorism or to bad mouth any one nation. I did not want to insult anyone and if you think I did I apologize.

They say things improve with age but I have to disagree. The world today is not a safer place as the battles continue to wage throughout between mankind. Drugs locally are killing as many people today as in a war.

The subject of this poem is a terrible one but I just had to let out my frustrations. I sent copies of my poem to President Reagan and both the houses of Senate and Representatives. Their response to me was prompt and satisfying.

Thank you
Chuck Kisandi
October, 2017

Fall Walking Club

Friday, October 10th & 27th
1:30pm

Sign up in the lobby—Meet in the Front Lobby!

Men's & Women's Lunch Bunch Dorsey House

Wednesday, October 11
October 16
10:30am
Lobby

Blake's Cider Mill

Monday,
October 16
10:00am
Lobby



Fort Gratiot Park Visit & Walk

Friday, October 27
1:00pm
Lobby



ROYAL
OAK

Made in the Mitt Shop &

Lunch at Inn Season
Wednesday, October 25
10:30am
Lobby

Halloween Tour of
Tillson Street
October 30
1:00pm



*Walmart & Meijer
Every other Week Shopping
Tuesday's
9:00am*

Please refer to calendar for exact dates!

ROSIE WORLD RECORD

CALLING ALL ROSIES!

Help Yankee Air Museum bring the Guinness World Record for
Largest Gathering of Rosie the Riveters back to Michigan!

DATE: Saturday, October 14th, 2017

All ages are welcome to participate
with correct costume!

The required costume has four parts:

1. Red polkadot bandanna (available at Joann Fabrics)
2. Dark blue jumpsuit or dark blue work pants and work shirt
3. Red soccer socks (available at most sporting goods stores)
4. Dark work shoes (no high heels or sandals)

*Lunchbox not required!

Celebrate with the largest gathering of Original Rosies since WWII!



October EXCURSIONS.....

Wednesday, October 11

Men's & Women's Lunch Bunch
Dorsey House
\$\$\$ on your own
10:30am

Friday, October 14

Rosie the Riveter World Record
Ypsilanti
\$\$\$ on your own
8:30am

Monday, October 16

Blakes Apple Orchard
\$\$\$ on your own
9:00am

Friday, October 20

Walking Group
1:00pm

Wednesday, October 25

Shop in Royal Oak-Made in the Mitt
Lunch at Inn Season
\$\$\$ on your own
10:30am

Friday, October 27

Fort Gratiot Park Walk
Free
1:00pm

Monday, October 30

Tour Tillson Street
Free
1:00pm

PLEASE NOTE:

MEIJER, WALMART & KROGER
NOW LEAVE AT 9:00AM

PLEASE REFER TO MONTHLY
CALENDAR FOR EXACT
DAYS



DON'T GET
LEFT BEHIND!

You **MUST** sign up for **ALL** shopping
TRIPS and EXCURSIONS in the book
found in the lobby and money in by the
due date!



RESIDENT POTLUCK

Sunday, October 22

5:00pm

Activity Room

Sign up in Lobby



**Morning Mingle
&
Fellowship & Coffee**

Enjoy a cup of coffee or tea and a
pastry with your neighbors.

Tuesday and Wednesday's
9:00am
Activity Room

**Book Group
Book this month:**



**The Inner Circle
By: Brad Meltzer**

Wednesday, October 18
3:30pm
Activity Room



2017 PEP RALLY



Make a Pennant
Thursday, October 5
1:30pm
Activity Room

**Friday, October 6
1:30pm
Activity Room**



**Columbus Day
Monday, October 9**



History of this Day ~ Bake Spice Cookies
1:30pm
Activity Room

**Make an Owl Door Hanger
Monday, October 9**



10:00am
Activity Room

EGGSPLORATION

CHECK THE PROGRESS OF OUR EGGS IN THE ACTIVITY
ROOM

SEE THE CHICKS THAT HATCHED
FRIDAY, OCTOBER 13
1:30PM
ACTIVITY ROOM



DECORATE A PUMPKIN

THURSDAY, OCTOBER 26

1:30PM

ACTIVITY ROOM



National Candy Corn Day

Monday, October 30

Paint Candy Corn

10:00am

Activity Room



Tiger Game



Detroit River Cruise



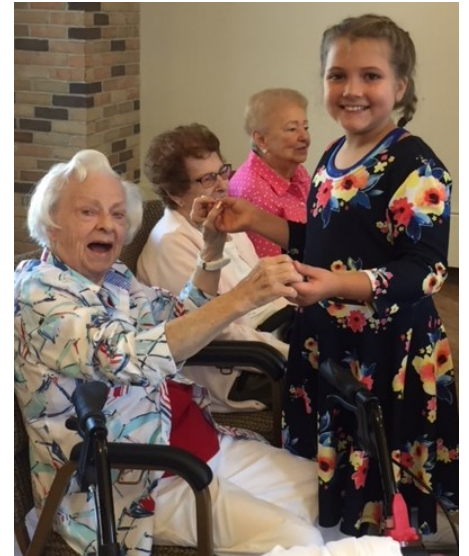
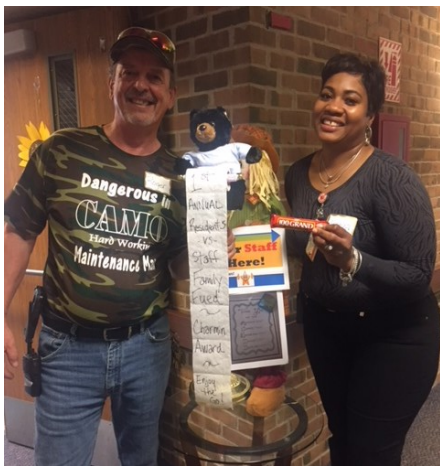
Detroit Zoo



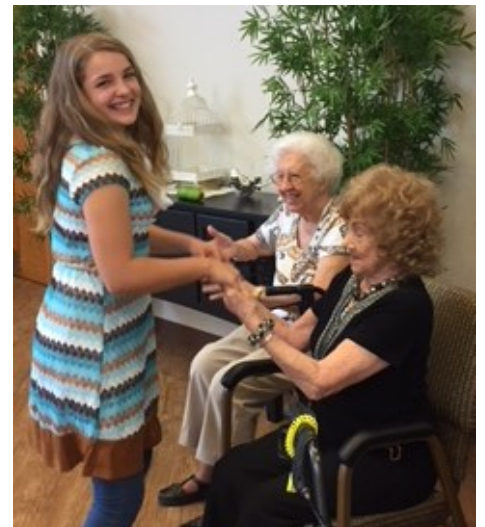
Lunch Bunch



Family Feud Staff -vs- Residents



Birthday Entertainment The Feldpauschis



Directory

Accounting	
<i>Tracy Tesch</i>	716-7408
Activity Lead A/L & I/L	
<i>Betsy Miannecki</i>	716-7143
Administrator	
<i>Carolyn Martin</i>	716-7221
Admissions Specialist T.C.U	
<i>Sue McCallum</i>	716-7427
Assisted Living Nurse	
<i>Denise Klimaszewski</i>	716-7115
Beauty Salon	
<i>Appointments</i>	716-7180
Care Sync Case Manager	
<i>Josie Villegas</i>	716-7092
Chaplain	
<i>Laura Stone</i>	716-7438
Dining Services Mgr.	
<i>Brian Williams</i>	716-7419
Director of Nursing	
<i>Melissa Freiburger</i>	716-7416
Driver	
<i>Ann Marie Hart</i>	716-7142
Fitness Specialist	
<i>Chris Gorde</i>	716-7385
Front Desk	
<i>Receptionist</i>	725-6030
Haven Hall Nurse	
<i>Lynette Sanday</i>	716-7384
Housekeeping / Laundry Mgr.	
<i>Mary Breen</i>	716-7418
Maintenance Work Orders.	
<i>Front Desk</i>	725-6030
Maintenance	
<i>Emergencies After 11:00pm</i>	248-996-2470
HCC Activity/Volunteer Mgr.	
<i>Sheri Stover</i>	716-7021
Physical Therapy Mgr.	
<i>Kim Frabotta, Agility Therapy</i>	716-7398
Resident Care Mgr.	
<i>Toni Greig</i>	716-7426
Sales & Leasing Specialist	
<i>Peggy Carroll</i>	716-7397
<i>Nancy Smiley</i>	716-7183



10/01 John David

10/01 George Manning

10/05 Carol Ouellette

10/08 Shirley Osborne

10/13 Bruce Smith

10/15 Grace Buffa

10/17 Elmer Pekarek

10/18 Helen Rosnik

10/19 Joyce Carter

10/23 John Gregor

10/23 Marilyn Igel

10/30 Paul Mahoney

Find our Newsletter & Calendar on line!

Go to: PVM.org

Click on: The Village of East Harbor

Click on: Calendars

Newsletters: Go to the bottom of the page and click on "Read all about us"