The Village of Westland



Village Voice



Embrace the possibilities

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Sept 2016

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Look for PVM on:











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See how many of these newspaper related words you can find in the puzzle. The words can be forward, backward or diagonal.

Created by Sue Lindlauf Grand Forks Herald 2012

1. LABOR

2. DAY

3. HOLIDAY

4. SEPTEMBER

5. WORK

6. LONG

7. WEEKEND

8. ENDING

9. SUMMER

10. NATIONAL

11. USA

12. TRAVEL

13. AMERICAN

14. MONDAY

15. DAY

16. OFF



It's Your Life. Live It Well.

By Tom Wyllie, Director of Wellness

A Living Memorial

During a recent visit to the Village of Sage Grove in Kalamazoo, Administrator Paula Hager took me for a stroll through their community garden to see their newly planted Living Memorial Tree. The idea for the tree sprang from a comment Paula overheard during the funeral of a resident who had recently died. Reflecting on the person who had passed, she heard someone remark, "we should plant a tree." That simple comment put into motion what this spring and summer became a community wide effort to create an accessible space on the Sage Grove campus to honor the residents who spent the last years of their lives at the Village.



A local supplier provided the concrete for the walkway; a local contractor provided the labor to build the walkway; and a local nursery provided the tree. Others donated anonymously to the project. In the end, the Village of Sage Grove did more than just plant a tree. They mobilized the community; built a lasting memorial to past residents and created a space for current residents and others to renew themselves spiritually. When it comes to wellness, you hear a lot about body and mind but seldom hear about spirit. That's why I decided to share the news about Sage Grove's Living Memorial Tree with you. If you would to learn more about the project you can reach Paula at (269) 567-330 or via email at phager@pvm.org.

Recipes Needed!

We will be putting together your favorite recipes for the rest of the year so that everyone can share their favorite recipes in the "Village Cook Book" that will come out before Christmas! Please turn them into Shana if you are interested!



Giving Matters.

By Paul J. Miller, CFRE, <u>President</u>, PVM Foundation

Secure your tickets and sponsorships now!

All That Jazz!

The Countdown is On!
Annual PVM Foundation Gala—November
11th!

When: Friday, November 11, 2016

5:30 p.m. Sponsor & Patron VIP Pre-Reception 6:30 p.m. General Cocktail Reception & Raffle 7:30 p.m. Dinner, Program & Entertainment

Where: COBO Center, 1 Washington Boulevard, Detroit,

Michigan 48226

Cost: \$375 Patron Ticket* includes Private VIP Pre-Reception, Prime Seating at Dinner & Program \$250 Individual Ticket* includes General Cocktail Reception, Dinner & Program

(*Estimated Fair Market Value: \$125/ticket)

PVM employees –get your **discounted tickets** through payroll deduction for less than \$21 per paycheck (if secured by August 18)!

For more information, please contact us at 248-281-2040, pvmfoundation@pvm.org, or visit pvmf.org/Gala2016.

Thank you for supporting PVM residents and I hope to see you for *All That Jazz!* on November 11th!

Staff Extensions...

Ellen Byrne ~ 28885 Executive Director

Mary Saffian ~ 0 Lead Receptionist

Josh Kephart ~ 0 Maintenance Mgr

Lisa Scott ~ 28893 Housekeeping Lead

Kara Otto ~ 28810 Social Worker

Shana Brown~ 28886 Activities

Sheila Rustin ~ 28952 Billing

Jason Lovelly ~ 28927 Human Resources

Teresa Davis~ 28928 Marketing Manager

Ashleigh Doletzky ~28896 Marketing Assistant

Pam & Mara ~ 28953 Wellness Instructors

Rita/Sally ~ 28889 Beauty Shop

September Facts

The 9th month of the year brings us Labor Day, and the start of the Fall season.

In the Georgian calendar, the calendar that most of the world uses, September is the ninth month of the year. However, it used to be the seventh month on the Roman calendar. It had 29 and 31 days but it later was changed to 30 days by Emperor Augustus. In Southern United States, it is the warmest months of the year and very cool nights for Northern states. It is the harvest time for crops and that is why Switzerland calls September the harvest month. In the Northern hemisphere, beginning of September leads to the beginning of meteorological autumn while it is the beginning of the meteorological spring in southern hemisphere.

Below are some fun facts about September:

- 1. The birthstone for September is the sapphire.
- 2. The zodiac signs for September are Virgo (August 23 September 22) and Libra (September 23 October 22)
- 3. The birth flower for September is the morning glory.
- 4. On September 1, 1905, Alberta and Saskatchewan were established.
- 5. On September 1, 1939, World War II began in Europe because the German troops invaded Poland.
- 6. On September 2, 1789, the United States Department of Treasury was established.
- 7. On September 3, 1783, the Revolutionary War in America ended after Great Britain signed the Treaty of Paris.
- 8. On September 6, 1901, William McKinley, the 25th President of the United States, was assassinated.
- 9. On September 8, 1565, the first permanent white settlement was founded in St.Augustine, Florida.
- 10. On September 10, 1846, Elias Howe patented his sewing machine.
- 11. On September 14, 1847, United States forces took control of Mexico City.
- 12. On September 14, 1940, the Selective Service Act was passed by Congress which provided the first peacetime draft in the United States history.
- 13. National Chicken Month
- 14. National Rice Month
- 15. National Potato Month
- 16. National All-American Breakfast Month
- 17. Labor Day first Monday of September
- 18. September 8 Pardon Day
- 19. September 13 Uncle Sam Day (his image was first used in 1813)
- 20. September 16 Mexican Independence Day

Biography of Shirley Stevens

August 13th, 2016

My parents, James and Hazel Marley, came to Detroit from Pennsylvania in 1925 with my oldest brother, Jimmy. I was born in 1927 and then had two more brothers, Donald and Lary (spelled with one R), and Ruthann, my sister. Only my sister and I are still living.

We lived in Detroit and moved often as my Dad worked for Ford Motor Company and most of his brothers came from Pennsylvania and stayed with us until they got settled with a job at Ford's and then moved out. It was during the Depression and it was quite common for families to live together. I was able to visit my Grandma Johnson in Pennsylvania each summer from age nine to twelve and experienced outdoor plumbing and carrying water into the house. We did have lights but it was a harder life than living in the city. That home is still owned by my brother Lary's family and has had many improvements. I was there a couple of years ago. Lots of memories!

I went to Fitzgerald, King, Cerveny and graduated from Cooley High. While I was in high school, I worked as an usher at the Mercury Theater, which was lots of fun! After graduation, I got a job as a secretary at Ford-Ferguson Tractor, which was located at the Ford Rouge Plant. Then we were transferred to Highland Park until I lost my ride from a neighbor. So I found a new job in downtown Detroit in the Penobscot Building for an advertising agency.

I met my husband through my brother as they had met in Fort Sill, Oklahoma, where they trained before being sent to the war. They were on the ship to North Africa but got separated upon arrival. After the war, they reconnected and Dave and I met, fell in love, and were married on October 25th, 1947. He lived in Detroit also. His family came to Detroit in 1937 from Massachusetts.

We have had two children: David, who lives in Michigan with his wife Ruthann, with four children, and Jane, who lives in Florida with Peter, with one child. There are now five grown grandchildren and three great-grandchildren with one more coming in November.

We lived in Detroit and Dave worked at Ford Motor Company. When the kids were in school, I also worked at Vincent R. Nee Real Estate on Joy Rd.

After we raised David and Jane, we moved to Lake City, MI, by Lake Missaukee in 1990. We enjoyed meeting new people. We also made many visits to Interlochen and went back and forth to Livonia and Florida to see our grandkids participate in sports. I joined the garden club, worked on the elections, volunteered at Lakeview Manor in Cadillac, and also the blood drives every year. Dave and I played golf together and we also attended St. John Lutheran Church in Lake City. So we were busy!

Dave died in 2008 after 60 years of marriage and I stayed in Lake City until 2014. I traveled with the seniors of Cadillac as I became friends with a widow so we became travelers together. I also would go to Marquette after Christmas, and stay with my sister and her family until February, and then would fly to Florida and stay with Jane and Peter. I spent the summers in Lake City.

I sold my place to my neighbor and eventually moved here in April of 2015. The time has gone so quickly. I have become acquainted with many of the residents and feel comfortably at home.

~ Transportation Services ~

Monday's

Van Runs (ACO, Hallmark, CVS, Post Office, Walgreens, Library)

Tuesday's

- Shopping at Meijer (1st Tuesday of the Month)
- Shopping at Kroger

~Electronic scooters are given based on the order of the sign-up sheet. This is on a first come first serve basis, as many stores do not have a sufficient number of scooters.

Tuesday, Wednesday, Thursday

 Van is available for residents to be driven to doctor appointments; must call the Activities Department to make reservations, cost is based on mileage and waiting time over 1 hour.

Wednesdays – Banking Day! (1st, 2nd & last Wednesday of the month)

Citizens Bank, TCF, Chase, Bank of America, Comerica, Credit Union on Ford Road

Other Shopping and Outings:

- We usually do at least two other shopping trips per month (Target, Walmart, Dollar Stores, Westland Mall, shopping in Taylor) This is at no cost to the resident
- Lunch outings ~ Usually once per month ~ only cost is for your meal.
- Sports Outings cost is for ticket and small gas fee.
- Movie outings ~ cost is only for ticket to the movie, usually \$5.00
- Library concerts free concerts

If there is ever a charge for an outing it will be written on the sign- up sheet.

^{**}Residents must sign up for all outings. Sign-up sheets are located in the mail room**

Happy Birthday to our Wonderful Residents...

Following are the residents who celebrate a birthday in September!

Mary Pilch	Sept 2 nd	Norma Gierczak	Sept 15 th
Alton Adams	Sept 4 th	Jeanette Allen	Sept 16 th
Joyce Holmes	Sept 10 th	Mildred Schmittling	Sept 19 th
Betty Munroe	Sept 11 th	Romayne Rhodes	Sept 21 st
Joan Smith	Sept 12 th	Mary Jones	Sept 25 th
Dolores Alioto	Sept 14 th	Jean McGill	Sept 26 th

Refer-a-Friend!

If you refer a friend who moves into the village you will receive a \$500.00 credit on your bill.



Presbyterian Villages of Michigan Mission Statement

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org



Ellen Byrne

Executive Director

Kara Otto

Social Worker

Jason Lovelly

Human Resources

Josh Kephart

Maintenance Supervisor

Teresa Davis

Marketing Manager

Shana Brown

Activities Supervisor

Dietary Services Director

Shelia Rustin

Billing

Lisa Scott

Housekeeping

EMERGENCY NUMBER

(734) 728-5222







Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan at **248-281-2040** or visit **www.pym.org**

