



The Village of Brush Park Manor

# PARK VALLEY NOTES



2900 Brush St. • Detroit, Michigan 48201 • [www.pvm.org](http://www.pvm.org)

September 2015

## Village Administrator

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Thank you to Mrs. Florine Grice, Mrs. Margaret Anderson, Mrs. Michael Carney, and Mrs. Charity Jackson for their leadership with this year's annual Brush Park Manor Paradise Valley's (BPMPV) picnic. As usual Ross Catering outdid themselves with catering our event. Again, it was a great day to enjoy the food, fellowship and fun that was relished by all in attendance. Remember the quarterly birthday party will be held on September 29 in the E. Kern Tomlin Community Room. Everyone is invited to attend this celebration.

Cable has been installed at our village and if you are interested in having cable please call the office. It takes just a few minutes for maintenance to connect you to our cable system. The monthly cost for the cable is \$45.00 which includes seventy-two channels for your enjoyment.

The Laundry Card System has arrived at BPMPV and is located in the second floor laundry room. It quite simple to operate and now you do not have to go out looking for quarters. The maximum amount to refill your cards is \$20.00. If you lose the card there is a \$5.00 replacement fee for the loss of your card. For those who do not or have not picked up your card please do so because Laundry cannot be done without the card. Laundry Cards can be picked up from the office during normal business hours.

I have tickets for those who would like to attend a Tiger's game. Those dates are September 7 with the Tampa Bay Rays and September 23 with the Chicago White Sox. IF you are interested please see me to get your tickets.

Courage is a virtue that the young cannot spare; to lose it is to grow old before the time: it is better to make a thousand mistakes and suffer a thousand reverses than run away from battle.

Look for PVM on:



## Autumn Fires

By Robert Lewis Stevenson

In the Gardens and all up  
there vale,  
From autumn bond fires  
see the smoke trail.

Pleasant is summer over  
And all the summers  
flowers,  
The red fire blazes,  
The grey smoke towers.

Sing songs of seasons!  
Something bright and all!  
Flowers in the summer,  
Fires in the fall!



## Laundry Room Etiquette

Please be courteous to your neighbors when utilizing the laundry facilities on the 2<sup>nd</sup> and 3<sup>rd</sup> floors. Please be attentive to your laundry to give a chance for someone else to utilize the machines.



### New Residents

Shirley Barfield  
Laura Cross

## Announcements

- ☞ Worship Service held every 1<sup>st</sup> Sunday and 5<sup>th</sup> at 4:00 pm in the Community Room. This service is open to all faiths; please feel free to invite your family and friends:
- ☞ 1<sup>st</sup> Sunday—Rev. Knox (Communion)  
5<sup>th</sup> Sunday- Rev. Greenfield
- ☞ FOCUS HOPE delivers every 2<sup>nd</sup> Thursday. You can sign up too.(Craft Room.)
- ☞ Podiatrist Dr. Jeffery Levitt will be at Brush Park Manor on October 6, 2015  
His signup sheet is on the board.
- ☞ Wal-Mart Shopping  
Sept. 8<sup>th</sup>, 10<sup>th</sup>, 17<sup>th</sup>, and 24<sup>th</sup>  
pick-up 9:00am
- ☞ Shelton Tappes meets every second Wednesday at 12:00 p.m.  
**All are welcome to join!**
- ☞ AARP meets every second Friday at 12:00 p.m.  
**All are welcome to join !**
- ☞ Exterminator at Brush Park every 3<sup>rd</sup> Thursday,  
  
**1<sup>st</sup> floor**
- ☞ Arts & Craft every Tuesday at 2pm in the Craft Room.
- ☞ Bingo every Wednesday at 1pm-3:30pm in the Craft Room.
- ☞ Enhance Fitness Program M-W-F 11:30 to 12:30pm in the Community Room. Please see calendar for location changes.
- ☞ Bible Study Rev. Knox (every Wednesday at 6pm) in the E. Kern Tomlin community room.



# Giving Matters.

By Paul J. Miller, CFRE,  
President, PVM Foundation

## How Would You Like to Receive Income and Support Future PVM Residents, Too?

If you'd like to support PVM's mission and receive steady payments during your retirement years, a **charitable gift annuity (CGA)** may be right for you.

Through a simple agreement, you agree to make a donation of cash, stocks or other assets to PVM Foundation. In return, you receive a **fixed income payment** for the rest of your lifetime with a rate of return as high as 9%, depending on your age.

Other benefits of a CGA include:

- Your initial gift is partially income tax-deductible.
- Your CGA payments are partially income tax-free throughout your estimated life expectancy.
- Your payments are not affected by ups and downs in the economy.
- The CGA can be for one or two people, so your spouse or another loved one can also receive payments for life.

Donors who make a planned gift to PVM, like a CGA, are eligible to be members of the Calvin Society and are honored annually at a special event. For more information about CGAs and Calvin Society membership, please contact us at 248-281-2040 or visit [PVMgifts.org](http://PVMgifts.org).

You don't have to be very wealthy to make a charitable gift annuity. With a little planning, even people of modest means can make a big impact. Thank you to all our donors who support the PVM mission and make a lasting impact on future residents!

Warm regards,  
Paul J. Miller, CFRE

**PUT YOUR MONEY TO WORK FOR YOU!**

*With a Charitable Gift Annuity from PVM!*

**Key Features**

- A sizable part of each gift annuity is also tax-free.
- You'll receive a guaranteed income for as long as you live and your rate will never change – you will get the same payment for life!
- You make a special and enduring gift to strengthen the Mission of PVM.

AGE	RATE
65	4.7%
70	5.1%
75	5.8%
80	6.8%
85	7.8%
90+	9.0%

Without obligation, PVM Foundation would like to answer any questions you may have. Please call Paul Miller 248.281.2045 [www.pvmgifts.org](http://www.pvmgifts.org)

Presbyterian Villages OF MICHIGAN THE FOUNDATION

### Announcements

The Men's Club  
meets every  
1<sup>st</sup> Monday  
at  
5:00 p.m.

\*Please see Mr. Arthur Hill if you are interested in joining.



The resident  
association  
meetings are held  
every fourth  
Thursday at  
4:30 p.m. in the  
E. Kern Tomlin  
community room.

Florine Grice, President  
Thomas Jackson, Treasurer.

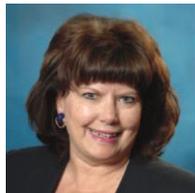


September is National Healthy Aging Month. In the word search below there are 20 things you can do to stay healthy as you age. See if you can find all 20!

M T K L S Q E O Y U G S G S N L F S F P H L Y C K  
 A A T C I T A N K Z T L P H B I K R H S M F T A Y  
 T H I X E W R J T A B U C L W T Q Y W H S N K J R  
 N C N N O H Y E Y S K F L L Q T S E S J R N I Y D  
 E W O U T H C H N C O E A S R I X O P N D I L T Z  
 L Z H M X A Y Y E G W V K U C E S J U M G A T E V  
 Y N I N E D I H T P T X N I O D T C K D S N H C U  
 R P T L R D C N E E P H A M Z S R Q C V U N Z Y L  
 B H Z A A L I E H S F N T I L S E B E I T U Y I H  
 B J T M A I L T S E C A J R B V T T H S J A U P Y  
 Q E T T Q S C Z A H A B S Z A R C E C I X L P Q A  
 D Q N X K C M O E T C L T E J I H W G T T V R H H  
 E E Q S I J K C S Q E C T U M A N I N F T A W X U  
 D I I I L U K A G W K A B H A O G U I R A C R E T  
 L Y S X Q U E X E R C I S E Y K H O R I D C T W B  
 G Y C B P Y H T L A E H T A E W L Y A E H I Y R J  
 R V I S I O N C H E C K U P S C E C E N U N E E N  
 W E N G N I H T E M O S N R A E L I H D H A C E X  
 O Q T D T R Y Q A R V S X D P H U S G S B T L T W  
 H M C O G K Z D D E U U J F Q J K Z W H I I B N W  
 V Y A R P S C M H T Y E R J Y W Y C O X T O K U F  
 Z N E A D A F W D A P R A K I A P C L K S N K L V  
 P A D B B P L Q H I Z Z R B K F T R G S H S N O Y  
 D J F E U J Z Z L U A C M V P L K D Q S S H F V H  
 H R W A B P O T W P N F Q Z P L S S V P K Y T T Y

Socialize  
 Read  
 Exercise  
 EatHealthy  
 Meditate  
 Pray  
 Stretch  
 StrengthTrain  
 PhysicianCheckUps  
 AnnualVaccinations

MaintainHealthyWeight  
 DentalCheckUps  
 HomeSafetyCheck  
 VisitFriends  
 LearnSomethingNew  
 Volunteer  
 VisionCheckUps  
 HearingCheckUps  
 SleepWell  
 StayHydrated



## The Senior Advocate.

By Lynn Alexander,  
Vice President of Public Affairs

"Knowledge is power", especially when it comes to aging well and living well. So I am pleased to report that, as an outcome of Governor Snyder's Special Message on Aging, the State of Michigan has just launched a new website: "Living Well & Aging Well". The goal is to easily connect residents with local aging programs and services as well as with aging services organizations and communities. The website can be viewed at [www.michigan.gov/aging](http://www.michigan.gov/aging).

PVM will link to this site and use this opportunity to enhance our message.

To view our website go to [www.pvm.org](http://www.pvm.org). You can also "Like" us on Facebook at Presbyterian Villages of Michigan. Help us spread the word about all the great things we are doing.



### Announcements

**The Enhanced Fitness group meets every Monday, Wednesday and Friday.**



**On Wednesday mornings as long as the weather permits, the Enhanced Fitness group walks outside of the building. Feel free to join them at 10:00 a.m. in the lobby.**

**Please see Mrs. Charity Jackson**

# September

**HAPPY  
Birthday**



Claudia Jackson 9/1  
 George Stanley 9/9  
 Deloris Jordan 9/11  
 Vernell Rivers 9/14  
 Lucille Charles 9/15  
 Dwidell Love 9/21  
 Asabi Onayemi 9/21  
 Bessie Ardis 9/26  
 Edwin Johnson 9/27  
 Clark Williams 9/27  
 Dorothy Johnson 9/28  
 Barbara Young 9/28

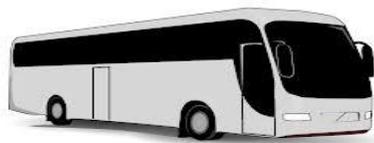


**Harold Massingille**  
*Service Coordinator*  
**313-832-1576**

The beauty salon is open Wednesday through Saturday. Please call and schedule your appointment today!

(313) 832-8804

## WAL-MART



The Walmart bus leaves promptly at 8:50 a.m. If you would like to go shopping please be in the lobby every Thursday by 8:30 am.



# Calendar

# September 2015

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Arts and Crafts 	2 Enhanced Fitness 11:30 am BINGO 1:00 p.m. Beauty Salon (By appointment)	3 WALMART 9:00 a.m. pick up PUBLIC SERVICE CREDIT UNION 11:00-12:00 p.m.	4 Enhanced Fitness 11:30 am 	5 Beauty Salon (By appointment) 
6 Visit your Church 4:00 p.m. Rev. Knox 	7 Enhanced Fitness 11:30 am 	8 Arts and Crafts DEB'S DOLLAR STORE PLUS 10:00-12:00p 	9 Enhanced Fitness 11:30 am BINGO 1:00 p.m. SHELTON TAPPES 12:00 p.m.	10 WALMART 9:00 a.m. pick up FOCUS HOPE 	11 Enhanced Fitness 11:30 am AARP 12:00 p.m.	12 Beauty Salon (By appointment) 
13 Visit your Church 4:00 p.m. 	14 Enhanced Fitness 11:30 am 	15 Arts and Crafts 	16 Enhanced Fitness 11:30 am BINGO 1:00 p.m. Beauty Salon (By appointment)	17 WALMART 9:00 a.m. pick up 	18 Enhanced Fitness 11:30 am 	19 Beauty Salon (By appointment) <b>KAPPAS</b> 
20 Visit your Church 4:00 p.m. 	21 Enhanced Fitness 11:30 am 	22 Arts and Crafts 	23 Enhanced Fitness 11:30 am BINGO 1:00 p.m. FIRST DAY OF FALL	24 WALMART 9:00 a.m. pick up 	25 Enhanced Fitness 11:30 am 	26 Beauty Salon (By appointment) 
27 Visit your Church 4:00 p.m. 	28 Enhanced Fitness 11:30 am 	29 Arts and Crafts Quarterly Birthday Party! 	30 Enhanced Fitness 11:30 am BINGO 1:00 p.m. Beauty Salon (By appointment)			



The Village of  
**Brush Park Manor  
Paradise Valley**  
A SENIOR LIVING COMMUNITY

Member of The Village of Michigan

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**Brush Park Manor  
Paradise Valley**  
2900 Brush St  
Detroit, MI 48201

Phone: 313-832-9922  
Fax: 313-832-8801  
E-mail:  
[www.pvm.org](http://www.pvm.org)

Jannie Scott  
Administrator

Taisha Reed-Hobbs  
Administrative  
Assistant

Harold Messingille  
Service Coordinator  
313-832-1576

Maintenance  
Diego Manning  
Harrison Mount  
313-832-9922

Ara Hunter  
Housekeeping

Willette Lamar  
Beauty Salon  
313-832-8804

Wednesday - Saturday

# Fun Zone

## Autumn Word Scramble

Unscramble these Autumn-themed words and write your answers on the lines below.

ALLF \_\_\_\_\_

UMTUAN \_\_\_\_\_

AELF \_\_\_\_\_

EKAR \_\_\_\_\_

EHARTVS \_\_\_\_\_

AHTNGVSNIKGI \_\_\_\_\_

NMKPIPU \_\_\_\_\_

SCEWACROR \_\_\_\_\_

UKRTEY \_\_\_\_\_

PLAPE EDICR \_\_\_\_\_



## Autumn

Find and circle all of the Autumn words that are hidden in the grid.  
The remaining letters spell a secret message - an Albert Camus quotation.

L O N G E R N I G H T S N A A U C N  
 T O R U E S T U N Y R O K C I H R I  
 M S O A Y Q E N I S I A O T R W O K  
 R C Y H N E U V S T E R F H E O P P  
 C E A A C G K I A S N O A A B R S M  
 K N D N D S E R N E D S R N M C O U  
 S C Y L N R G L U O L P M K E E C P  
 Q R A K E I E R E T X G I S V R T S  
 U Y D T M A N T S A E F N G O A O E  
 A D Y D S I V G R T V S G I N C B P  
 S N R N G Y W E H O E E N V W S E T  
 H I E L P P A E S P H A S I V O R E  
 B W T Y L L I H C T E S P N R F L M  
 F T S E V R A H Y E L O I G C R E B  
 A A U H A L L O W E E N E F I O S E  
 A F L S E V A E L W O L L E Y S L R  
 L O B L W E C H E S T N U T S T R D

- |                |               |               |                |
|----------------|---------------|---------------|----------------|
| ACORN          | EQUINOX       | NOVEMBER      | SEPTEMBER      |
| APPLE          | FALL          | OCTOBER       | SHORTER DAYS   |
| BIRD MIGRATION | FARMING       | ORANGE LEAVES | SQUASH         |
| BLOWING LEAVES | FEAST         | PIE           | SWEET POTATOES |
| BLUSTERY DAY   | FROST         | PUMPKIN       | THANKSGIVING   |
| CANNING        | HALLOWEEN     | RAKE          | TURKEY         |
| CHESTNUTS      | HARVEST       | RED LEAVES    | WINDY          |
| CHILLY         | HAYSTACK      | SCARECROW     | YELLOW LEAVES  |
| COLD           | HICKORY NUTS  | SCHOOL        |                |
| CROPS          | LONGER NIGHTS | SEASON        |                |



**Presbyterian Villages  
of Michigan  
Mission Statement**

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)

# Office Numbers 313-832-9922

## Village Staff

**Jannie Scott**  
*Administrator*

**Tanisha Reed-Hobbs**  
*Administrative Assistant*

**Harold Massingille**  
(313) 832-1576  
*Service Coordinator*

**Del Diego Manning**  
*Maintenance*

**Harrison Mount**  
*Maintenance*

**Ara Hunter**  
*Housekeeper*

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**EMERGENCY NUMBER**

(313) 832-9922

**FAX**

(313) 832-8801



**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit [www.pvmfoundation.org](http://www.pvmfoundation.org)

## The Village of Brush Park Manor Paradise Valley

### Board Members:

**E. Kern Tomlin, Chair**  
**John Gardner, Vice  
Chair**  
**James Bradford,  
Treasurer**  
**Elaine Hearn,  
Secretary**  
**Dakima Jackson**  
**Paul Johnson**  
**Donald J. McSwain**  
**Ellen Childs**  
**Gwendolyn  
Robertson**  
**Arthur Caldwell**  
**Lynda K. Jeffries**  
**Michael Morrison**  
**Stacy Brackens**

### Autumn Word Scramble Answers

1. Fall
2. Autumn
3. Leaf
4. Rake
5. Harvest
6. Thanksgiving
7. Pumpkin
8. Scarecrow
9. Turkey
10. Apple Cider