

# ✦ Manor Message ✦

## Embrace the possibilities

29495 Annapolis • Westland, Michigan 48186 • [www.pvm.org](http://www.pvm.org)

Issue 9 2015

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## The Administrator's Pen

Greetings OSM Family and Friends,

We have two new additions to the OSM Family. Please join me in officially welcoming Ms. Barbara Thornton and Ms. Celie Mae Jones. Welcome home!

OSM was honored to host Morning Coffee Hour with Westland's Mayor, William Wild. Mayor Wild addressed the residents of OSM and the surrounding community regarding the updates that has been taking place around the city. He was also joined by Councilman Dewey Reeves. Guests were able to ask questions and present their concerns. Participants felt informed and appreciated. Thank you to Mayor Wild and Councilman Reeves. (pictures Pg. 3)

We are very excited to announce that our stair lift will be installed in the month of October. We were able to raise the funds needed through our 2015 Friends and Family Campaign. The stair lift will aide during emergency power outages for residents that are mobile impaired. This is another safety feature upgrade to OSM that will enhance the quality of life for our residents. Thank you to all of our donors for helping OSM accomplishing its goal.

And lastly, as the winners of the 2015 Village Victory Cup Spirit Award, on Thursday, September 14, 2015 at 1:00 pm, the PVM Foundation will be shooting the Gala Video at OSM. All residents are encouraged to come and participate. The video will debut at the Gala on November 13, 2015. The theme is 70 and Still Making Waves. Please come and show your Monarch pride. **Go Monarchs!!!**



The Village of  
**Our Saviour's  
Manor**

A SENIOR LIVING COMMUNITY

 A Mission of Presbyterian Villages of Michigan,  
Wellspring Lutheran Services and  
The Lutheran Church of Our Saviour

*Aaron E. Price*  
Administrator

Look for PVM on:





# Monarch Moments

By Martha Adams,  
Resident Volunteer Program Coordinator

Blessings Our Saviour's Manor,

Thank you for all those who participated in our Movie night. We had great a great turn out.

Just a reminder, our Friends and Family event is on Saturday, September 12<sup>th</sup> from 4 – 8 PM. Please note the new time! Hope to see everyone at this event. Please remember everyone is asked to bring a dish to pass out.



We are in need for more Wii Game challengers, please come out to our next Wii Game Event. We have Wii Games every Wednesday at 2:00 PM in the Theater Room.

Our next Resident meeting is on Wednesday, September 9<sup>th</sup> at 11:00 AM, please bring your ideas and suggestions.

Thank you all for allowing me to serve as your Activities Coordinator, It's an honor and a privilege to serve you at OSM.

**GO OSM MONARCHS!**



## Schwan's Delivery Schedule

Thursday  
September 3<sup>rd</sup>  
&  
September 17<sup>th</sup>  
at  
1:45 p.m.



# The Village of Our Saviour's Manor Coffee Hour with Westland's Mayor William Wild





# Inspirational Moments

By Warnedie Cross,  
Resident Volunteer

## Put On The Whole Armor Of God

(Ephesians 6:13-18)

The devil is busy and we should be prepared to fight him on a daily basis. There are a few things to learn here about our enemy.

First, it is a fact that demons, evil spirits, Satan, devils, or whatever name given them exist, contrary to the belief of many today who say that evil spirits are a myth. However, we must be careful not to give the devil a place he does not deserve by attributing to him everything adverse that happens. We must not be afraid of him. This often leads to the worship of Satan and his agents. We must acknowledge their existence as Paul did, but we are not to be afraid of them or pay them homage.

Second, we must acknowledge that they possess some power, although their power is limited. God's power is unlimited and superior. Although evil spirits exist, we should not expend our energy daily thinking about and fighting them at the expense of other areas of ministry, as some churches do today. Instead, we must be ready for the enemy at all times by being equipped with God's own armor, which He has made available to us.

Third, we must acknowledge that Satan, the devil, is cunning and crafty, full of fury, and prowls around like a roaring lion looking for someone to devour (1 Peter 5:8). Having been cast out of heaven, he is full of fury and envy. His hatred is against God, His people, and all they stand for. He has a well-organized army and is out to destroy God's kingdom and to bring with him as many people as possible into hell. Satan's craftiness can be seen throughout scripture. He mixes falsehood with some truth to make it plausible (Genesis 3:4, 5, 22) quotes scripture out of context (Matthew 4:6), and masquerades as an angel of light (2 Corinthians 11:14). Therefore, we must be properly equipped to fight him, not with human armor but God's, Paul says, the call here is urgent.

Are you prepared? Are you dressed for the fight?



## Coordinator's Corner

By Nicole St. John-Wingenfeld,  
Service Coordinator

September is upon us and soon the leaves will be changing to their bright, fiery colors of fall. This is my favorite time of year. I wanted to let everyone know my official last day for my maternity leave will be this Friday September 4, 2015 after 3pm. This will begin my LONG awaited journey. Thank you to everyone for the warm wishes and prayers for me and the new addition to my family. I will keep the office posted on the arrival when he finally decides to show up.

This month you will see some different events like fall prevention, flu shots, life insurance information and how to choose a home care agency or long term care facility. So I will begin with the first set of presentations. On Wednesday September 2<sup>nd</sup> Sterling Home Health will be here from 11-12 to talk with you about fall prevention. Right after this The Senior Brigade will be talking to you about choosing the right home care or long term care facility from 12-1. Then beginning at 1pm Sam Raad from the National Kidney Foundation will be here to discuss the healthy living topic of the month. On September 16 at 10 am Ms. Bristol from Lincoln Life Insurance will be here to discuss the different types of life insurance policies and the advantages and disadvantages that go along with them. On Friday September 18<sup>th</sup> beginning at 12pm in the Community Room the local Walgreens will be hosting a flu shot clinic. If you are interested in receiving a flu shot please make sure you have your ID and any insurance cards with you before you receive your shots. They will be billing everyone's insurance that is interested.

*"Babies are like little suns that, in a magical way, bring warmth, happiness and light into our lives."*

-Kartini Diapari-Oengider



## The Village of Our Saviour's Manor

A SENIOR LIVING COMMUNITY

 A Mission of Presbyterian Villages of Michigan,  
Wellspring Lutheran Services and  
The Lutheran Church of Our Saviour

### OSM Board of Trustees

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Carolyn Kimbrough, Member

Michelle Williams, Member

Myra Davenport, Member

Judy Piccininni, Member



# It's Your Life. Live It Well.

By Tom Wyllie,  
Director of Wellness

September is National Healthy Aging Month. In the word search below there are 20 things you can do to stay healthy as you age. See if you can find all 20!

M T K L S Q E O Y U G S G S N L F S F P H L Y C K  
 A A T C I T A N K Z T L P H B I K R H S M F T A Y  
 T H I X E W R J T A B U C L W T Q Y W H S N K J R  
 N C N N O H Y E Y S K F L L Q T S E S J R N I Y D  
 E W O U T H C H N C O E A S R I X O P N D I L T Z  
 L Z H M X A Y Y E G W V K U C E S J U M G A T E V  
 Y N I N E D I H T P T X N I O D T C K D S N H C U  
 R P T L R D C N E E P H A M Z S R Q C V U N Z Y L  
 B H Z A A L I E H S F N T I L S E B E I T U Y I H  
 B J T M A I L T S E C A J R B V T T H S J A U P Y  
 Q E T T Q S C Z A H A B S Z A R C E C I X L P Q A  
 D Q N X K C M O E T C L T E J I H W G T T V R H H  
 E E Q S I J K C S Q E C T U M A N I N F T A W X U  
 D I I I L U K A G W K A B H A O G U I R A C R E T  
 L Y S X Q U E X E R C I S E Y K H O R I D C T W B  
 G Y C B P Y H T L A E H T A E W L Y A E H I Y R J  
 R V I S I O N C H E C K U P S C E C E N U N E E N  
 W E N G N I H T E M O S N R A E L I H D H A C E X  
 O Q T D T R Y Q A R V S X D P H U S G S B T L T W  
 H M C O G K Z D D E U U J F Q J K Z W H I I B N W  
 V Y A R P S C M H T Y E R J Y W Y C O X T O K U F  
 Z N E A D A F W D A P R A K I A P C L K S N K L V  
 P A D B B P L Q H I Z Z R B K F T R G S H S N O Y  
 D J F E U J Z Z L U A C M V P L K D Q S S H F V H  
 H R W A B P O T W P N F Q Z P L S S V P K Y T T Y

Annual  
Vaccinations  
Dental Checkups  
Eat Healthy  
Exercise  
Hearing Checkups

Home Safety Check  
Learn Something New  
Maintain Healthy  
Weight  
Meditate  
Physician Checkups

Pray  
Read  
Sleep Well  
Socialize  
Stay  
Hydrated

Strength Train  
Stretch  
Vision  
Checkups  
Visit Friends  
Volunteer



## Mission, Vision & Values

Just as water from a wellspring is pure and clear, we want our Vision, Mission and Values to be rock solid and easily seen.

### Vision

**Changed Lives. Strong Families. Transformed Communities.**

A ripple is caused by making a splash. Many of our clients believe they can make no positive impact at all. By engaging with the individual to build self-esteem and dip into their own God-given potential, a splash of hope ripples through the individual and the family. We believe this ripple cannot only reach distant shores, but its lasting effect can transform whole communities.

### Mission

**Motivated by Christ's love, we engage people as they experience and embrace their God-given potential.**

At the source is God's love. We seek to release and be a channel of the love that Jesus, by his example, poured out in abundance. It's a love that puts the good of neighbor above personal interests and engages those on the "outside," as he did with a woman he met at a well. Because of this meeting, her life, her family and community were transformed.

### Values

Our values are the things we must live out — things we must not only believe but be. These values help direct our actions and drive our behavior.

- ❖ Christ-centered
- ❖ Excellence
- ❖ Integrity
- ❖ Life

*Our Vision* Changed lives. Strong families. Transformed communities.



*Hope flows through us.*



# Giving Matters.

By Paul J. Miller, CFRE,  
President, PVM Foundation

## Save the Date: Annual PVM Foundation Gala on November 13th!



**When:** Friday, November 13, 2015

5:30 p.m. Sponsor & Patron VIP Pre-Reception

6:30 p.m. General Cocktail Reception & Raffle

7:30 p.m. Dinner, Program & Entertainment

**Where:** COBO Center, 1 Washington Boulevard, Detroit, Michigan 48226

**Cost: \$250 Individual Ticket\*** includes General Cocktail Reception, Dinner & Program

**\$375 Patron Ticket\*** includes Private VIP Pre-Reception, Prime Seating at Dinner & Program

(\*Estimated Fair Market Value: \$125/ticket)

PVM employees can purchase tickets through payroll deduction (form is due no later than October 15). For more information, please contact us at 248-281-2040 or [pvmfoundation@pvm.org](mailto:pvmfoundation@pvm.org), or visit the "Events" page at [pvmfoundation.org](http://pvmfoundation.org).

Thank you for supporting PVM residents and I hope to see you on November 13<sup>th</sup>!

Warm regards,  
Paul J. Miller, CFRE

**Maybe money CAN grow on trees... \$**



**WHEN YOU PLANT A CHARITABLE GIFT ANNUITY WITH PVM! \$**

Did you know you can secure a fixed rate annuity that will generate annual payments for life by making a contribution to PVM? Investments starting at just \$2,500.

Without obligation, PVM Foundation would like to answer any questions you may have. Please call Paul Miller  
**248.281.2045** [www.pvmgifts.org](http://www.pvmgifts.org)



**Presbyterian Villages OF MICHIGAN THE FOUNDATION**





# Mayor's Message

By William Wild,  
Mayor, City of Westland



Greetings!

I hope you are enjoying these last few weeks of warm weather, before we know it there will be a bite in the air and maybe even snow on the ground! (Yikes!)

Now is a great time to enjoy a round of golf at the Westland Municipal Golf Course and our Monday Madness continues from noon to 5 p.m. During that time, you may enjoy a relaxing 9 holes of golf, an electric cart, a hot dog, chips and soda for \$20 (\$15 for seniors). If you're not a golfer, the course clubhouse is also a great place to enjoy a tasty yet inexpensive lunch.

Soon, the Westland Farmers & Artisans Market will be shutting down for the winter. The Market remains open every Thursday in September from 3 – 7 p.m. and is your place to support local growers and crafters and to purchase fresh farm to table produce, baked goods and crafts. Who knows? You may even find that perfect gift for someone special and after all, Christmas is right around the corner! (Yikes!)

At 9 a.m. on September 8, I will host my monthly *Mornings with the Mayor* at City Hall. I welcome the opportunity to see you and hear of concerns or suggestions you have that would make Westland an even better place in which to live, work, play or worship. The coffee will be hot and the conversation lively!

I also hope you will consider joining me at City Hall at 6 p.m. on Tuesday, September 22 when I deliver my State of the City address. As Michigan's tenth largest city, the past year has been one of remarkable achievement. At the State of the City address, I will share with you the continued private sector investment being made in our All American City and how the City's finances continue to improve. I will comment about the progress made in municipal investment from our new City Hall, to the new Ralph Savini Fire Station, the long-needed renovations to the Police Department and the opening of the Jefferson Barns Vitality Center. In addition, I will share with you my ideas and plans for the coming year. Together, let's celebrate the high quality of life to which we have become accustomed in Westland!

Remember to visit the City's website [www.cityofwestland.com](http://www.cityofwestland.com) and the City's *Facebook* site for the latest news on events happening in our All American City!



# Notes From The Parish Nurse

By Carolyn Kimbrough,  
Parish Nurse, Lutheran Church of Our Saviour|The Village of Our Saviour's Manor

Hello Residents,

Eating fruits and vegetables has many health benefits. People who eat a healthy, balanced diet with plenty of fruits and vegetables can help lower their risk for heart disease, type 2 diabetes, and some types of cancer. Eating healthy can also help prevent obesity and high blood pressure.

However, many people don't eat enough fruits and vegetables.

- Fewer than 1 in 7 adults eat the recommended amount of fruits every day.
- Fewer than 1 in 10 adults eat the recommended amount of vegetables every day.

The good news? Communities, health professionals, businesses, and families can work together to encourage people to eat more fruits and vegetables.

Make a difference: Spread the word about tips for healthy eating and encourage communities, organizations, families, and individuals to get involved.

How can Fruits & Veggies – More Matters Month make a difference?

We can use this month to raise awareness about the importance of getting enough fruits and vegetables.

Here are just a few ideas:

- Spread the word about programs that support local agriculture.
- Encourage families to make small changes, like keeping fresh fruit or carrot sticks within easy reach.
- Motivate local restaurants, stores, and other businesses to provide quality foods made with fresh fruits and vegetables.

I'm looking forward to seeing you all on the 14<sup>th</sup> of September.



# The Senior Advocate.

By Lynn Alexander,  
Vice President of Public Affairs



"Knowledge is power", especially when it comes to aging well and living well. So I am pleased to report that, as an outcome of Governor Snyder's Special Message on Aging, the State of Michigan has just launched a new website: "Living Well & Aging Well". The goal is to easily connect residents with local aging programs and services as well as with aging services organizations and communities. The website can be viewed at [www.michigan.gov/aging](http://www.michigan.gov/aging). PVM will link to this site and use this opportunity to enhance our message.

To view our website go to [www.pvm.org](http://www.pvm.org). You can also "Like" us on Facebook at Presbyterian Villages of Michigan. Help us spread the word about all the great things we are doing.

## Foreign Language Classes

*"I'm going to learn a foreign language someday?"*

*If this is something you've said that day has finally come. The Westland Library is offering free lessons online. Anyone interested in taking a class can sign up on the website.*

[www.westlandlibrary.org](http://www.westlandlibrary.org).

Go on obtain a library card, choose a language and you will be free to start taking the course.

You can do it in the Computer Lab or on your personal computer, providing you have internet in your apartment. You will also need speakers in order to hear the instructor. If you have any questions computer related or concerning this class, please see Will on Tuesday from 10:30 a.m. to 12 noon in the OSM Library/Computer Lab.

## Flu Clinic!

**September 18<sup>th</sup>**

**12:00 pm – 4:00 pm**

**OSM Community Room**

**Bring your insurance card and roll up your sleeves**



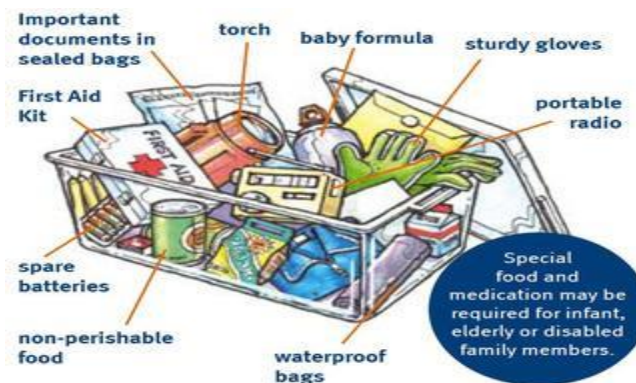
# Mike's Maintenance Tips

By Michael Hooton,  
Maintenance Technician

## CHANGE OF SEASONS

With the change of season comes a drop in temperature. Many residents have begun to inquire when the air conditioning be turned off and the heat turned on. Typically, the change-over takes place the second week of October. This is of course dependent upon the weather. But if you find that your apartment is too cool for you during the evening hours, you can use small electric heaters. For your safety, please do not use your stove as a heating element. And please follow all safety precautions when using heaters and remember using electrical heaters may increase your electric bill.

With the change of seasons, also comes different storms and bad weather. Please remember to have your emergency kits ready at all times. Management has discussed this on several occasions during the Administrative Resident Meetings. If you do not have a print out on how to prepare your emergency kit, please log onto [www.ready.gov](http://www.ready.gov) for more information. Or, you can come to the office and ask for a printout.



A few reminders:

- *Please report all maintenance repairs to the office. (734-595-4663)*
- *Please make sure the dryer lint cleaner is being emptied after each use.*
- *No Candles or Incense to be burned in apartment or building.*



*Dial 1 -734-740-4777 for after hour maintenance emergencies.*



# Bruner's Brief Bulletin

By Graziella Bruner,  
Administrative Assistant



Here's a poem from 9/11 from Dr. H. Solomon

## If I Knew

If I knew it would be the last time that I'd see you fall asleep, I would tuck you in more tightly and pray the Lord, your soul to keep. If I knew it would be the last time that I see you walk out the door, I would give you a hug and kiss and call you back for one more. If I knew it would be the last time I'd hear your voice lifted up in praise, I would video tape each action and word, so I could play them back day after day.

If I knew it would be the last time, I could spare an extra minute to stop and say "I love you," instead of assuming you would KNOW I do. If I knew it would be the last time I would be there to share your day, well I'm sure you'll have so many more, so I can let just this one slip away. For surely there's always tomorrow to make up for an oversight, and we always get a second chance to make everything just right. There will always be another day to say "I love you," And certainly there's another chance to say our "Anything I can do?" But just in case I might be wrong, and today is all I get, I'd like to say how much I love you and I hope we never forget.

Tomorrow is not promised to anyone, young or old alike, and today may be the last chance you get to hold your loved one tight. So if you're waiting for tomorrow, why not do it today? For if tomorrow never comes, you'll surely regret the day, That you didn't take that extra time for a smile, a hug, or a kiss and you were too busy to grant someone, what turned out to be their one last wish. So hold your loved ones close today, and whisper in their ear, Tell them how much you love them and that you'll always hold them dear Take time to say "I'm sorry,"

"Please forgive me," "Thank you," or "It's okay." And if tomorrow never comes, you'll have no regrets about today.































# Events for August 2015

## Happy Birthday!!!



Barbara Spytko – 9/01  
 Delores Williams - 9/03  
 Marcella Cline – 9/05  
 Thelma Saunders -09/12



 <h2 style="text-align: center;">September 2015</h2> 						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		01 10:30 am Computer 	02 11:00 am Focus Hope 11:00 am Sterling HHC 12 pm Senior Brigade 1 pm NKFM Presentation	03 1:00 pm Walmart 2:30 pm PS Credit Union  	04 1:00 pm Bingo 1:45 pm Schwan's 	05 9 am Coffee & Conversation 6:00 pm Game Night 
06	07 <b>LABOR DAY OFFICES CLOSED</b>	08 10 am Great Lakes Mall Shopping Trip 10:30 am Computer 	09 10 am Care Sync Presentation 11:00 am Resident Activities Meeting 	10 1:00 pm Kroger 	11 <b>National Patriot Day</b> 	12 Friends & Family Outing 4:00 to 8:00 PM <b>Family Friends</b> 
13	14  11:00 am Parish Nurse 1 - 4 pm Gala Video Shoot <b>Wear your OSM T-shirts</b> 6:00 pm Bible Study 	15 10:30 am Computer 1:00 pm—Compassionate Hearts Visitations 	16 9 am Coffee & Conversation 10 am Lincoln Life Insurance 11 am Administrator's Meeting 	17 1:00 pm—Meijer 	18 11:30 to 4:00 Flu Shot Clinic 1:45 pm Schwan 	19 9 am Coffee & Conversation 6:00 pm Game Night 
20 	21 <b>International Day of Peace</b> 6:00 pm Bible Study 	22 10:30 am Computer 	23 <b>FALL BEGINS</b> 9 am Coffee & Conversation 2:00 pm Sing A Long 	24 12:00 pm Red Lobster 	25 1:00 pm Bingo 	26 <b>Family Health &amp; Fitness Day</b> 
27	28  11:00 am Parish Nurse 2:00 pm Support Group 6:00 pm Bible Study 	29 10:30 am Computer 	30 9 am Coffee & Conversation 2 pm Wii Games 6:00 pm Karaoke 			

# September Recipe

## Bacon & Potato Soup



### Ingredients

6 thick slices bacon, 1 1/2 teaspoons olive oil

1/2 cup chopped green onions (or regular onions)

1/2 cup chopped carrots (optional), 1 stalk celery, chopped

4 cups low fat, low sodium chicken broth, 4 cups cubed potatoes

1/8 teaspoon cayenne pepper or garlic, 1/2 cup shredded Cheddar cheese

1/2 teaspoon kosher salt

### Directions

Cook bacon until crisp in 3-quart saucepan, remove and drain well on paper towels.

Discard bacon grease and wipe pan thoroughly with paper towel.

Meanwhile, prepare vegetables. Add olive oil to saucepan and add onion, carrot, and celery as they are cut up.

Saute until onion is soft but not brown, about 3-4 minutes.

Stir in chicken broth, potatoes, and pepper or garlic; bring to a boil, reduce heat, and simmer, covered, until potatoes are tender, about 10-15 minutes.

Stir in cheese, heating just until melted--do not boil. Chop bacon and add to soup.

Adjust seasoning to taste by adding salt, if desired. Serve at once.

***ENJOY!***

# Monthly Word Search

## September Puzzle

L O N G E R N I G H T S N A A U C N  
 T O R U E S T U N Y R O K C I H R I  
 M S O A Y Q E N I S I A O T R W O K  
 R C Y H N E U V S T E R F H E O P P  
 C E A A C G K I A S N O A A B R S M  
 K N D N D S E R N E D S R N M C O U  
 S C Y L N R G L U O L P M K E E C P  
 Q R A K E I E R E T X G I S V R T S  
 U Y D T M A N T S A E F N G O A O E  
 A D Y D S I V G R T V S G I N C B P  
 S N R N G Y W E H O E E N V W S E T  
 H I E L P P A E S P H A S I V O R E  
 B W T Y L L I H C T E S P N R F L M  
 F T S E V R A H Y E L O I G C R E B  
 A A U H A L L O W E E N E F I O S E  
 A F L S E V A E L W O L L E Y S L R  
 L O B L W E C H E S T N U T S T R D

- |                |               |               |                |
|----------------|---------------|---------------|----------------|
| ACORN          | EQUINOX       | NOVEMBER      | SEPTEMBER      |
| APPLE          | FALL          | OCTOBER       | SHORTER DAYS   |
| BIRD MIGRATION | FARMING       | ORANGE LEAVES | SQUASH         |
| BLOWING LEAVES | FEAST         | PIE           | SWEET POTATOES |
| BLUSTERY DAY   | FROST         | PUMPKIN       | THANKSGIVING   |
| CANNING        | HALLOWEEN     | RAKE          | TURKEY         |
| CHESTNUTS      | HARVEST       | RED LEAVES    | WINDY          |
| CHILLY         | HAYSTACK      | SCARECROW     | YELLOW LEAVES  |
| COLD           | HICKORY NUTS  | SCHOOL        |                |
| CROPS          | LONGER NIGHTS | SEASON        |                |



## September Observances & Fun Facts:

### September is observed as:

National Cholesterol Education Month  
 National Alcohol and  
 Drug Addiction Recovery Month  
 National Honey Month  
 National School Success Month  
 Prostate Cancer Awareness Month  
 Leukemia & Lymphoma Awareness Month

### Weekly Celebrations:

Week 1 – National Nutrition Week  
 Week 2 – National Assisted Living Week  
 Week 3 – Health Information & Technology Week  
 Week 3 – Fire Prevention Week  
 Week 4 – World Hearing Aid Awareness Week

## September Flower and Birthstone



The Aster



Sapphire

### On Site Banking



Public Service Credit  
 Union will be here,  
**August 3rd**  
**at 2:30 PM**

They will take care of all your  
 banking needs, supply  
 quarters, and stamps as well.



**FREE**  
**NOTARY**  
**Services**  
 Provided  
 To All of Our  
 OSM Residents

Please visit the  
 office and See Mrs.  
 Graziella Bruner for  
 more details

## OSM Local Sponsors:

*Samantha White*

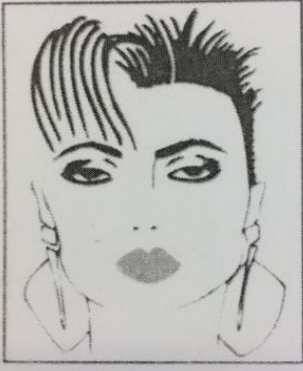


*Sterling Home Health Care, Inc.*

5880 CANTON CENTER RD.  
SUITE 490  
CANTON, MI 48187

CELL: (248) 229-6887  
OFF: (734) 207-9990  
FAX: (734) 207-9991

**313-671-5555**



**Paulette Styles**



Find us on  
**Facebook**

The Village of Our Saviour's Manor

## OSM Classifieds:



### **OSM Gifted Hands:**

These wonderful volunteers use their sewing skills and talents to make items such as blankets, pillows, dolls and even giant teddy bears. All items are given away to organizations such as the Westland Goodfellows. If you can use a sewing machine or stuff a pillow and would like to volunteer and be a part of OSM Gifted Hands, please see Ms. Louis Rush or Ms. Alice Finley.



### **OSM Compassionate Hearts:**

If you have a heart for people, we're looking for volunteers to join OSM Compassionate Hearts. Headed by Ms. Warnedie Cross, Compassionate Hearts are a group of residents that volunteer to visit their fellow neighbors while hospitalized or in rehab. You will be surprised what a friendly face, a warm hug, prayer and a loving smile and will do for someone.



### **OSM Growing Hands:**

Do you like to garden and get your hands dirty? Well come and join are gardening volunteers, OSM Growing Hands. This group volunteers to work in and care for our new garden. We're praying that OSM Growing Hands garden will produce enough vegetables to help feed those in our community. If you have a green thumb and would like to volunteer please see Ms. Gloria Jefferson.



### **OSM Caring Hands:**

We are in need of volunteers for our homeless project. Please see Ms. Margo Taylor if you're looking to join OSM Caring Hands. This group volunteers to crochet blankets and create pillows using plastic grocery bags known as plarn. We are also in the process of raising funds to be able to purchase items to make toiletry bags to pass out to the homeless. Let's not forget our fellow man and reach out to those less fortunate than ourselves.



### **OSM Fisherman:**

Love to fish? This is the group for you! Headed by Mr. David Brown, OSM Fishermen is a group of residents that enjoy being at the lake and casting their rods. If you ever wanted to try your hands at fishing, please come and join this group.

# Village Staff

**Aaron Price**  
*Administrator*

**Michael Hooton**  
*Maintenance Tech*

**Graziella Bruner**  
*Administrative Assistant*

**Nicole Wingenfeld**  
*Service Coordinator*

**Kesha Akridge**  
*Director of Housing*

**Carolyn Kimbrough**  
*Parish Nurse*

**Martha Adams**  
*Volunteer Program Coordinator*

**Warnedie Cross**  
*Volunteer Driver*

**Office Number**  
**Emergency Number**  
**Fax Number**  
**Service Coordinator**

**(734) 595-4663**  
**(734) 740-4777**  
**(734) 595-2222**  
**(734) 722-9763**



## Presbyterian Villages of Michigan Mission Statement

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

[www.pvm.org](http://www.pvm.org)



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit [www.pvmfoundation.org](http://www.pvmfoundation.org)



The Village of  
**Our Saviour's Manor**

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan, Wellspring Lutheran Services and The Lutheran Church of Our Saviour

**29495 Annapolis Road**  
**Westland, Michigan 48186**

## Congratulations!

You are being recognized because "What you did mattered!":



\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*Thank you for what you did!*

Employee Name: \_\_\_\_\_

Person Recognizing Employee: \_\_\_\_\_

Date: \_\_\_\_\_

**\*\* Please turn this card into Village Administrator for a chance to win a prize \*\***

**ACCOUNTABILITY • LISTENING • RELATIONSHIPS • RESPECT**



**Embrace the possibilities**

**Is there someone on the staff that you would like to recognize for their work?**  
**Fill this out this form and turn it into the office.**  
**They might win a prize!**