The Village of Sage Grove



# **Embrace the possibilities**

August 2016

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The Village of Sage Grove A SENIOR LIVING COMMUNITY Managed by Presbyterian Villages of Michigan

Look for PVM on:



## **Birthday Celebration!**

Marilyn H	August 15 <sup>th</sup>
Carol L	August 21 <sup>st</sup>
Esther P	August 26 <sup>th</sup>
	August 28 <sup>th</sup>

We wish all who have July Birthday's a Fantabulous Day and a Blessed Year!!!

Happy Birthday... Happy Birthday... Happy Birthday...

**PVM Store Features Goodies with Your Village Logo** By the PVM Marketing Department

The Sales and Marketing Department was proud to launch the first ever Presbyterian Villages of Michigan ecommerce store in 2015. This was made possible via a grant from the PVM Foundation. The PVM store allows staff members, residents, board members, and their families the opportunity to purchase great PVM apparel and accessories complete with the village logo of their choice. Apparel options include shirts, sweatshirts, jackets, bags, hats, and all kinds of other essentials.

Along with our current stock of awesome apparel, if you have an item you'd like to see on the website, please bring item details to the office to forward to the Marketing Department.

*To visit the PVM store, type www.pvmstore.org into your web browser.* 

## Village Appreciation...

# Thank You... Village of Sage Grove Residents 2016 Virtual Village Victory Cup Winner's

## Congratulations Village of Sage Grove Zoo!!!

1st Place	The Village of Sage Grove	423.67 pts
2nd Place	The Village of Spring Meadows I	396.67 pts
3rd Place	The Village of Hampton Meadows	350.67 pt <i>s</i>
4th Place	Perry Farm Village	251 pts
5th Place	The Village of Spring Meadows II	245 pts

The winner of the Spirit Award will be announced later as the final results are still being calculated. The delay is due to technical issues. As soon as all videos have been reviewed, the results will be announced.

Watch for the date and time of our Awards Ceremony. We will also be having a BBQ luncheon the same day.

Way to Go Sage Grove ... You're all Rock Stars!!!

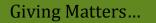
## Announcements

#### **Community Room Events**

- ✤ August 7<sup>th</sup> Birthday Celebration – 5:30pm
- August 3<sup>rd</sup> Commodities Pick-up for those registered
- August 4<sup>th</sup> Kolb Resident Chicken Dinner 12:00pm
- August 10<sup>th</sup> New Hope Hypnosis Presentation – 1:00pm
- August 18<sup>th</sup> –
  Board Meeting
  9:30 11:00am
  Community Room Closed
- August 1<sup>st</sup> & 15<sup>th</sup> Bible Study Group Meets 4:00 – 5:00pm
- ✤ August 18<sup>th</sup> Bingo with Life EMS – 3:00pm
- August??? Virtual Village Victory Cup luncheon & Awards Ceremony ... Date TBA
- August 31<sup>st</sup> Activities planning committee meeting – 10:00am – All Welcome!

See Calendar for more events.

Continued on page 5



## **Giving Matters.**

Paul J. Miller, CFRE, esident, PVM Foundation Secure your tickets and sponsorships now!

# All That Jazz!

### The Countdown is On! Annual PVM Foundation Gala—November 11th!

When: Friday, November 11, 2016

5:30 p.m. Sponsor & Patron VIP Pre-Reception

6:30 p.m. General Cocktail Reception & Raffle

7:30 p.m. Dinner, Program & Entertainment

Where: COBO Center, 1 Washington Boulevard, Detroit, Michigan 48226

Cost: \$375 Patron Ticket\* includes Private VIP Pre-Reception, Prime Seating at Dinner & Program \$250 Individual Ticket\* includes Conoral Cocktail Recention, Dinner & Program

**\$250 Individual Ticket\*** includes General Cocktail Reception, Dinner & Program

(\*Estimated Fair Market Value: \$125/ticket)

**PVM employees** –get your **discounted tickets** through payroll deduction for less than \$21 per paycheck (if secured by August 18)!

For more information, please contact us at 248-281-2040, <u>pvmfoundation@pvm.org</u>, or visit <u>pvmf.org/Gala2016</u>.

Thank you for supporting PVM residents and I hope to see you for *All That Jazz!* on November 11<sup>th</sup>!

Warm regards, Paul J. Miller, CFRE





#### BE SMART & SAVVY TO PREVENT EXPLOITATION

All too often I hear terrible stories of how a senior has been exploited, sometimes by total strangers and sometimes by relatives, even their own children! So I decided it is time to review some tips for protecting oneself from a potential tragedy. Here are some tips recommended by the Michigan Attorney General's Office:

Be alert to individuals who seem extremely interested in your personal finances.

Do not turn over your checkbook or any other financial affairs to another person unless you have established trust in them. Even so, it is good if possible to have two parties so there are checks and balances. Whenever possible these two parties should be a family member or close friend/ advisor of many years.

Protect important information, such as your social security number and medical information.

Do not give out personal information over the phone or take unsolicited phone calls.

Be aware that fraudsters may have set up a fake website while pretending to be a reputable agency or company. Always call the organization directly rather than taking someone's word for it.

Do not respond to solicitations on the internet. Scammers come from all countries. If someone is really a prince or coming into huge sums of money they do not need your help!

And, most of all, remember: IF IT SEEMS TOO GOOD TO BE TRUE IT IS!

Be smart! Be savvy!

#### Service Coordinator Corner

Welcome to the August 2016 SC Corner. We have many exciting events coming up soon. If you have an idea for an outing, let me know and I can help with coordinating the transportation. Please read on for details about the fun things we are planning.

#### **Trip to Scooters**

The Community Van ride to Scooter's is on Tuesday August 16. I have put out a new sheet for that date. If you had already signed up, I put your name on the new sheet. The van will leave Sage Grove at 11am. If you need to go anywhere before that time, please sign up in the earlier spots

Because of the great interest in this trip, we have more people signed up than the van can accommodate. If someone who has a vehicle is willing, we could arrange a carpool to accompany the van. Please let me know if you can help with this.

#### **Trip to South Haven**

Due to an accident with a Metro van, the trip to South Haven had to be rescheduled. We don't have a new date yet, but the plan is to go on a Tuesday in September 2016. Once the new date is decided, I will let you know.

#### **Pontooning Trip**

A family member of one of your fellow residents has offered to take a group out on a pontoon ride in Long Lake. We are looking at one of the Tuesdays in August, but aren't sure which one yet. I will post a sign-up sheet once the date is set.

#### **Upcoming Presentations**

Hypnosis Presentation – Wednesday, August 10, 2016 at 1pm in the Community Room. Mike Steffes of New Hope Hypnosis will be here to share knowledge of the technique. He might ask for volunteers!

**September 2016** – I am working with Angels Care Home Health for a flu shot clinic toward the end of the month. More information will be provided as it is available.

Western Michigan University Vision Rehabilitation Clinic – On Thursday, October 13, 2016 at 1pm in the Community Room, George Kremer will be here to talk about the clinic's services and how they can help you, or someone you know, to live with changes in vision.

Rebecca Ogrodowskí, LLMSW Service Coordinator

## Announcements Continued

- 1<sup>st</sup> Sunday of the Month –
  5:30pm Birthday
  Celebration for all who have birthday's during the month
- Last Monday of the month, Activity Planning Committee meet @10am – ALL ARE WELCOME TO ATTEND ©
- "Give away day" is now every day. Items to give away are located in the Game Room on the 3<sup>rd</sup> floor.
- Movie Matinee 1:00pm Movie showing in Parlor Movies are cancelled for a while due to nice weather.
- Loaves and Fishes Delivery of Produce & Baked goods from Meijer Shopping Center & other local stores.
   Deliveries are at random. All residents are welcome to what we receive, on a 1<sup>st</sup> come 1<sup>st</sup> serve basis.
- Wal-Mart Bus Every Monday – Pick-up is at 12:50pm

#### **Administrator Column**

**Village happenings** – Please remember to check out the Announcement, Community Room Events and Calendar sections of this newsletter.

**Bowling** is available for residents interested **every Tuesday at 1:00pm** in the community room. So, come out and participate, it's a lot of fun and no lifting is involved. Again, it's a great opportunity to get out of your apartment, get some exercise, socialize, and see friends.

**Please note** – Crafts have been suspended until October.

#### We are the 2016 VVVC Winner's ... Sage Grove Rocks!!

Our **Virtual Village Victory Cup** was held on June 22nd. ... Thank you to all who came out to participate and those who came to show your support and team spirit! It was a lot of fun and a great day.

Tom Wyllie will be coming to Sage Grove to bring the Victory Cup that we will house until next year. He will also be doing our awards ceremony. We will be having a BBQ luncheon with dish to pass. Please watch for flyers with more information when the date and time have been set.

#### **Recycling Update:**

The City of Kalamazoo is working on streamlining the recycling program; meaning no more separating the glass, cans, plastic and newspaper/cardboard.

As soon as the program is ready to go we are

on the list for the dumpsters. You will find them on each floor in the trash room. They will have instructions taped to the top & above them. The main priorities are NO TRASH, and of course to please wash out the recyclable prior to disposing. ... Watch for more information as I receive it.

We are getting ready to purchase the new community room chairs and permanent bird feeders from our Friends & Family project. ... Thank you again everyone who participated in our F&F campaign via participation with village fund raiser and/or donations. ... We couldn't do what we do without you!!

I hope everyone is enjoying this beautiful summer. Please remember to dress appropriately, stay hydrated and use sun screen if you plan to be outside for any length of time. ...



Paula Hager Administrator

	Fri	a s i i i i i	— Games	12	Games		19		Games	27	Games	
August 2016	Thu	<b>4</b> Resident Chicken Din- ner—12:00pm Thank	you Kolb Family Cards © 1:00pm	11			18	Board Meeting 9:30—11:00am	Bingo with Life EMS 3:00pm	26		
	Med	3 Commodities for those registered		10	1:00pm Presentation on Hypnosis	:	17			25		
	Tue	2 Bowling—1pm	No Van today	6		Bowling—1pm	16	Resident trip to Scooters 11:00am	Bowling—1pm	23 Bowling—1pm		
THS SUMMER	Mon	1 Bible Study	4-5pm	æ			15	Bible Study	4—5pm	22		<b>31</b> Resident Activity Comm. 10:00am All are Welcome
	Sun			7	Birthday s Celebration 5:30pm	-	14			21		29

13 No Res. luncheon due to the Chicken Dinner on Aug. 4th

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## August 2016

Hello August! (and goodbye July)

Sage Grove View | Village of Sage Grove

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Village of Sage Grove • 214 S. Sage Street • Kalamazoo, Michigan 49006

Presbyterian Villages of Michigan Mission Statement

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

## **Office Numbers**

#### Phone: (269) 567-3300 Fax: (269) 381-6733

#### **Village Staff**

Paula Hager Administrator

#### Rebecca Ogrodowski

Service Coordinator – National Church Residences Monday – Thursday – Phone: (269)382-9910 10am – 3pm

Joseph King Maintenance Technician

#### www.pvm.org

#### MAINTENANCE EMERGENCY NUMBER: (269) 615-3804





**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation.org

214 S. Sage Street Kalamazoo, MI 49006

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