



# Village Trumpet



## Embrace the possibilities

33875 Kiely Drive • Chesterfield, Michigan 48047 • www.pvm.org

JULY 2016



### Village Victory Cup Pirates 2016

#### Featured Articles

Executive Director

Marketing & Events

Chaplain

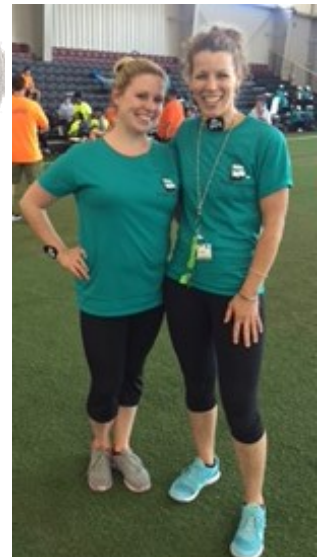
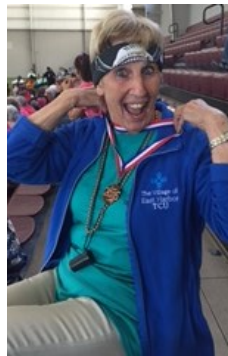
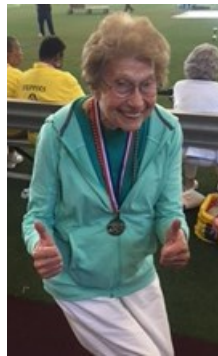
Events

Events

Whazzup...

Photos

Directory



## The Village of East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



From the desk of the Executive Director:



The Assisted Living/Nursing project and renovations are still coming along. We have settled on the nursing changes and renovations and we are now working on the assisted living renovations. We hope to be able to re-plan the main resident hall entrance that will include a new café, a full service restaurant, new assisted living dining areas, and larger activities spaces. Along with this the assisted living resident halls themselves with new carpet, paint, furniture, doors, etc. The time table to start is still looking like late October.

As we have been reporting, part of the Villages due diligence is to review our vendor partner contracts every few years. The dining services contract with Unidine is up so at the beginning of April we put the contract out to bid. We had three service providers put together a proposal, Unidine being one of the three. Unidine has served us well for over five years but East Harbor has decided to switch dining services companies and transition back to Morrison's, the provider we had five years ago. A lot has happened with Morrison's over the last five years and we are excited about what they can bring to our community with their services. **September 1<sup>st</sup>** will be their official start date but a lot of things will be happening over the next two months to prepare for this change. If you have any questions regarding this particular change please do not hesitate to contact me.

Summer is here and there seems like a lot is going on throughout our Village as well as our community. I would encourage you to get involved and have some fun. The annual Village Victory Cup will have happen by the time you read this but I wanted to thank all of the residents who participated as well as the staff who helped our Village to be successful again this year.

Please feel free to email me, stop by the office, or call me anytime with questions or concerns. This is your home and we are here to serve you. Have a great summer!

Respectfully Submitted: David Miller



Happy Summer, everyone! There are a few things we would like to remind you about, one is August 4th, Teepa Snow, which requires advance registration, but there are still seats available if you sign up soon. Teepa Snow is one of America's leading educators on dementia and has agreed to present two sessions (one in the morning and one in the afternoon) in our chapel for those who are caregivers for loved ones with memory loss. These invaluable seminars are free, thanks to Senior Helpers, Hospice of Michigan and The Village of East Harbor, but you must sign up in advance, either online at [www.cehealthlink.com](http://www.cehealthlink.com) or call 586 430-1015.

You probably already know that part of our Continuing Care Retirement Community includes memory care, but did you know that we are currently offering a huge discount for move-ins to Haven Hall of \$1,000.00 off per month through December 31, 2016? If you know of anyone who is considering memory care for their loved one, please have them contact Nancy (716-7183) or Peggy (716-7397) in the Sales/Admissions Office for details or more information.

Of course, you will get a \$250.00 referral fee upon move-in if they mention they were referred by you upon initial contact. Keep in mind that we also offer respite care in both assisted living and memory care at a low daily rate for up to 14 days if you know of anyone needing care for a loved one while family members or caregivers vacation, please tell them about respite. The referral bonus does not apply to respite care, however.

## WELCOME NEW RESIDENTS

We welcome these new residents to our Village of East Harbor Family:

**Elena McPherson—A101**



## TAKE OUR SURVEY

To better serve the Residents of The Village of East Harbor, please find on the last page of this Monthly Trumpet a Resident Survey.

Please fill it out and return it to The Activity Office or the Front Desk by July 8.

Thank you,  
The Activity Department

*From the Desk of Chaplain Mindy ...*



### **Welcome to the month of July!**

2016 is our year to be studying, The Fruit of the Spirit as laid out in the book of Galatians chapter 5. This month we are concentrating on **FAITHFULNESS!**

#### **Definition of Faithfulness** - adjective

1. strict or thorough in the performance of duty: a faithful worker.
2. true to one's word, promises, vows, etc.
3. steady in allegiance or affection; loyal; constant: faithful friends.
4. reliable, trusted, or believed

Faithfulness is a character trait we all want other people to have. We want our spouse to be faithful to us in good times and bad. We want the guy who's repairing our roof to be faithful and do a good job and get it finished on time. And we want our children to faithfully obey us not just to get gifts or special privileges, but because they trust us and believe we want the best for them.

Faithfulness is a wonderful thing. But it's not easy to **be** faithful, and it's not easy to find other people who fit the definition these days. Faithfulness seems to be a dying character trait. But we can still strive to be faithful! We can put forth the effort to do good consistently regardless of the results we receive.

When we were young someone might have asked us "What kind of person do you hope to be throughout your life?" We probably answered; successful, famous, well known, influential etc. Let me tell you a secret, you can be all of those things by just being faithful.

Be faithful to your word, your spouse, your children, your friendships, and your work!

When you are faithful in character you **are** successful, famous, well known and influential!

Faithfulness is a Godly character trait, that when practiced and lived out in one's life, it will set you apart from others and make you rise above!

**Join us this month in the chapel as we learn more about Faithfulness.**

## MINUTES OF THE RESIDENTS' ASSOCIATION MEETING OF JUNE 14, 2016

The meeting was called to order by President Pete Batts at 1:35PM.

Betsy asked residents to indicate any specific difficulties they were having with the sound system. These problems are to be evaluated by techs from PVM.

Residents present at our meetings for the first time included Oliver and Mary Jacob, and Paula Boglarsky

Pledges to the American and Christian flags were led by Bob Healy.

Our inspirational note was brought by Miriam Woodcock.


The minutes of the previous meeting were approved as published.

David Miller offered thanks to the staff for the work they put into making the Friends & Family Hoedown a success. He reported that plans for the changes to be made to the licensed areas of the Village (Assisted Living, Health Care) have been sent to the State of Michigan for approval. Meanwhile, the Village is also working with local officials. Initial changes will be mostly cosmetic. They include the creation of a café at the main entrance, and enclosing the Kirk Hall dining area. In addition, 16 private rooms will be added to the TCU (Transitional Care Unit). The plan is to begin construction in the Fall. No residents will be relocated during this time. New apartments and cottage homes will begin construction next Spring. In response to a question regarding how much of the East Harbor property will be used when construction is complete, Mr. Miller said that approximately 40 acres out of a total of 44 will be used. To another question about how soon will uneven concrete in the Village be corrected, he said that this was already in process.

Gladys Stolzenfeld gave the Treasurer's report as follows: General Fund – with no activity, balance remains at \$3,249.00; Petty Cash Fund – with no activity, balance remains at \$93.00; Sugar Bowl – purchase of basketball equipment for practice for the Village Victory Cup - \$87.98, and cash receipts of \$9.28 left a balance of \$78.94.

Nolan announced that Oliver Clark Poloney was born on June 1<sup>st</sup>. He informed us that because of a food recall of Keebler Honey Grahams due to peanut residue, none would be available for a short time. He presented the Birthday Luncheon menu and the menu for a special Fathers' Day luncheon on the 20<sup>th</sup>.

Betsy described some interesting and/or fun activities for the month of June including a downtown Detroit walking tour, and going to a Tiger baseball game. Events coming in July include a trip to the Belle Isle Aquarium on the 8<sup>th</sup>, and a Clinton River cruise on the 11<sup>th</sup>. She mentioned the possibility of going to some baseball games of the United Shores Baseball League on Friday evenings. She needs to know how many people would be interested in going to any of these games.



Chris reminded us of a pep rally on June 23<sup>rd</sup> and the Village Victory Cup games on the 24<sup>th</sup>. Mindy said that those who were providing cookies and brownies for the carnival workers at Bayrama should package them 2/baggie and bring them in on June 20<sup>th</sup>. We will also be participating in the parade on the 26<sup>th</sup>.

COMMUNICATIONS COMMITTEE. Jean Campbell reported that the committee is working on updating the Resident's Handbook.

BUILDING & GROUNDS COMMITTEE. Neil Veneri reported that the committee agreed that the hard work and time spent by the landscaping crews has resulted in a great looking East Harbor campus that we can all be proud of. The committee also discussed the need for some additional signage at the entrance of the Village that would draw the attentions of drivers to the fact that seniors live here. On behalf of the committee, Neil moved that a letter be submitted to East Harbor management requesting that vehicular stop signs be installed directly opposite the main building parking lot at the pedestrian crossing. Whether the sign is permanent or portable in nature would be left to the East Harbor management. The motion was seconded and passed by vote of those in attendance.

NOMINATING COMMITTEE. Jean Campbell presented the slate, and the following were voted into office: President – Pete Batts; Vice President – Elva Daniels; Secretary – Elaine Walton; Treasurer – Gladys Stolzenfeld.

Pete warned everyone that some residents had received phone calls from someone who said they were from the IRS and were asking for information. The IRS assures us that they will never call us on the phone. Pete reminded everyone that there is a suggestion box in the lobby for anyone to use. He thanked Marie Beaulac for her work as chair of the Welcoming Committee, and Annette Gobert for her work as the "Sunshine Lady."

Josie from CareSync reminded us that she coordinates discharges from health Care, and she is available for help in making decisions regarding moves from one area of the Village to another. Her office is at Station 3 in Health Care. CareSync sponsored the ice cream social after this meeting.

The meeting was adjourned at 2:45PM and we gathered in the Activity Room for refreshments.

Respectfully submitted,

Bob Healy, Secretary



# These will Stir Memories

by Fred Pankow

These notes, from your past, were passed on to me by two friends, Joyce Wells and June Hill, neither of whom recall their original source.

Would you recognize the word Murgatroyd? **Heavens to Murgatroyd!**  
Lost words from our childhood: Words gone as fast as **the buggy whip!** Sad Really.

The other day, a not so elderly (65) lady said something to her son about driving a **jalopy** and he looked at her quizzically and said what the heck is a jalopy? He had never heard of the word jalopy! She knew she was old but not that old.

Well, I hope you are **hunky dory** after you read this and chuckle.

About a month ago, I illuminated some old expressions that have become obsolete because of the inexorable march of technology. These phrases included **don't touch that dial, carbon copy, you sound like a broken record** and **hung out to dry.**

Back in the olden days we had a **lot of moxie.** We'd put on our **best bib and tucker** to **straighten up and fly right - heavens to Betsy!**

**Gee whillikers! jumping jehoshaphat! holy moley!** We were in like **Flynn** and living the life of **Riley** and even a regular guy couldn't accuse us of being a **knucklehead, a nincompoop** or a **pill.** Not for all the **tea in China.**

Back in **the olden days,** life used to be **swell** but when's the last time anything was **swell?** Swell has gone the way of **beehives, pageboys, D.A., spats, knickers, fedoras, poodle skirts, saddle shoes** and **pedal pushers.** Oh, **my aching back.** **Kilroy was here** but he isn't anymore.

(I will save a few for another time. For now don't take any **wooden nickels**)

# **EXCURSIONS.....**

***Friday, July 8***

***Belle Isle & Picnic  
\$5.00 due July 5  
9:30 am***

***Saturday, July 9***

***Dollartree  
11:00am***

***Monday, July 11***

***Clinton River Cruise  
\$32.50 due July 5  
10:45am***

***Tuesday, July 12***

***Tapper Gardens  
Garden -free, \$\$\$ for ice cream  
12:00pm***

***Wednesday, July 20***

***Men's & Women's Lunch  
Voyager  
11:30pm***

***Friday, July 22***

***Mt. Clemens Farmers Market  
\$\$\$ on your own  
9:00am***

***Saturday, July 23***

***Dollartree  
11:00am***

***Tuesday, July 26***

***Eastern Market  
9:00am***

***Wednesday, July 27***

***Mall Trip  
Lakeside  
9:30am***



***Make a  
Flower  
Door Hanger***

***Thursday, July 14***

***1:30pm***

***Activity Room***



***Paint a  
Wooden Birdhouse***

***Tuesday, July 19***

***1:30pm***

***Activity Room***





**TOUR OF  
BELLE ISLE  
&  
PICNIC**

**FRIDAY, JULY 8  
9:30 AM**

**\$5.00**

**MONEY DUE JULY 5**



**CLINTON RIVER CRUISE  
AND LUNCH**

**MONDAY, JULY 11  
10:45 AM**

**\$32.50**

**MONEY DUE  
JULY 5**



**TAPPER  
GARDEN'S  
Tuesday, July 12  
12:00pm**

**Garden is Free.  
Please bring  
money for  
ice cream.**



Join us  
this month for a  
Men's  
and  
Women'  
Lunch  
Wednesday, July 20  
11:30pm

**Mount Clemens  
Farmers Market  
Friday, July 22  
9:00am**



**Eastern Market  
&  
Lunch**

**Tuesday,  
July 26  
9:00am**



**Book Group**

Book this month:

*"A Constellation of Vital Phenomena"*  
by Marra Anthony

Wednesday, July 13, 3:00pm  
Conference Room



**FRIDAY, JULY 29**

**3:00PM**

**ACTIVITY ROOM**

**Alzheimer's Support Group  
Hosted by Pauline Zeig  
3rd Tuesday of every month  
2:00pm , Chapel**

Great Lakes Legal will provide  
legal service by appoint. only.

Please call  
Anita Wenzel, Lead Attorney  
(313) 937-8282

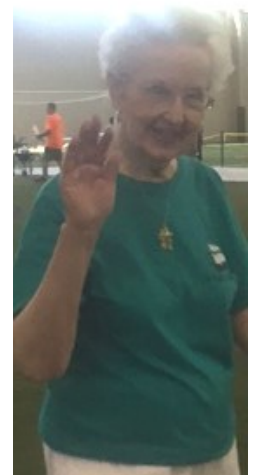
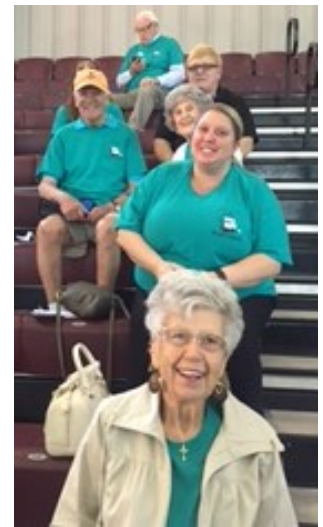
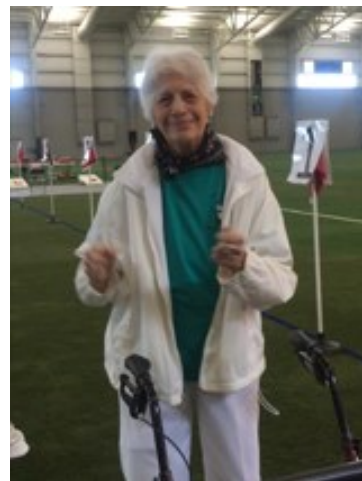
# Hoe Down 2016



# Father's Day Celebration



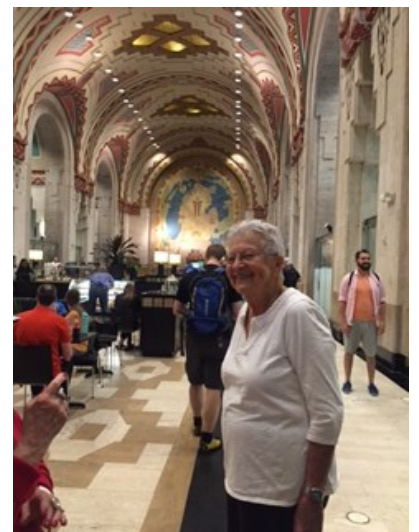
# Village Victory Cup



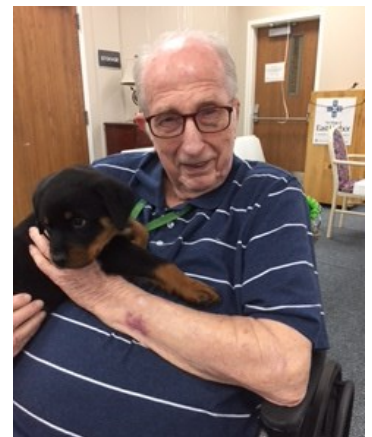
# Detroit Tour

Here is what Jean Campbell, one of our independent residents said about the Detroit Tour:

Six of our residents enjoyed a walking tour of downtown Detroit. The city was bustling with youthful energy. We Really enjoyed the beautifully designed Guardian Building and the many connections it has with the Penobscot Indian Tribe. Our group relaxed with lunch at The Hard Rock Café, located in the Campus Martius Building, formerly known as the Compuware Building. There we enjoyed viewing the largest indoor, hanging water feature in the world. We then traveled to East Harbor on our bus. It was good to sit down and let Betsy drive us home.



## Kelly's new puppy, Tyson



# Directory

## Accounting

*Tracy Tesch* 716-7408

## Activity Lead A/L & I/L

*Betsy Mianecki* 716-7143

## Admissions Specialist T.C.U

*Sue McCallum* 716-7427

## Assisted Living Nurse

*Denise Klimaszewski* 716-7115

## Beauty Salon

*Appointments* 716-7180

## Chaplain

*Mindy Raulston* 716-7438

## Front Desk

*Receptionist* 725-6030

## Dining Services Mgr.

*Nolan Poloney* 716-7419

## Director of Nursing

*Melissa Freiburger* 716-7416

## Driver

*Ann Marie Hart* 716-7142

## Fitness Specialist

*Chris Gorde/Lisa Sonnenberg* 716-7164

## Front Desk

*Receptionist* 725-6030

## Haven Hall Nurse

*Lynette Sanday* 716-7384

## Housekeeping / Laundry Mgr.

*Mary Breen* 716-7418

## Maintenance Mgr.

*Rod Brandt* 716-7417

## HCC Activity/Volunteer Mgr.

*Sheri Stover* 716-7021

## Physical Therapy Mgr.

*Kim Frabotta, Agility Therapy* 716-7398

## Resident Care Mgr.

*Toni Greig* 716-7426

## Sales & Leasing Mgr.

*Carolyn Martin* 716-7221

## Sales & Leasing Specialist

*Peggy Carroll* 716-7397

*Nancy Smiley* 716-7183



**7/04 Walter Krawczyk**

**7/07 Genevieve Sabol**

**7/11 Loretta Cortis**

**7/11 Ruth Ann Hubbert**

**7/11 Fred Pankow**

**7/11 Marvin Poelke**

**7/13 Oliver Jacob**

**7/13 Marjorie Scott**

**7/15 Geraldine Bellak**

**7/16 Virginia Balanda**

**7/27 Marie McKenna**

**7/28 Chuck Kisandi**

**7/30 Evelyn Clark**

**7/31 Christine Avila**

**Resident Interest Survey**

**Please Fill out and Return to activity Department office or front desk by July 8**

Resident Name: \_\_\_\_\_

Village Address: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail Address: \_\_\_\_\_

**INTERESTS**

\_\_\_ Music \_\_\_ Theater/Fine Arts \_\_\_ Arts & Crafts \_\_\_ Cooking \_\_\_ Gardening

\_\_\_ Bridge/Cribbage Lessons \_\_\_ Billiard/Pool \_\_\_ Board Games \_\_\_ Bocce

\_\_\_ Video Games ( Bowling / Golf -please circle one or both) \_\_\_ Talent Show

\_\_\_ Line-Dancing Class \_\_\_ Art Classes

**EXCURSIONS:**

\_\_\_ Tiger game \_\_\_ Lions Game \_\_\_ Red Wings Game \_\_\_ Auto Show

\_\_\_ Detroit Institute of Arts \_\_\_ Pewabic Pottery Tour \_\_\_ Canterbury Village

\_\_\_ Meadowbrook/behind the scenes \_\_\_ Historical Museum \_\_\_ Circus

\_\_\_ Huron Lady Cruise & Dinner at River Crab - afternoon or evening? ( please circle one)

\_\_\_ Ann Arbor Art Museum \_\_\_ Art Fairs (which ones?) \_\_\_\_\_

\_\_\_ Crossroads Village/Huckleberry Railroad \_\_\_ Holocaust Museum \_\_\_ Motown Museum

\_\_\_ Art Prize in Grand Rapids \_\_\_ Fr. Solanus Casey Center \_\_\_ Stratford Festival

\_\_\_ DuMouchelle Tour \_\_\_ Ford Factory Tour \_\_\_ Casino (which one?) \_\_\_\_\_

\_\_\_ Sauder Village \_\_\_ Wine Tasting \_\_\_ Shipshewana \_\_\_ Whitney Hotel \_\_\_ Mackinac Island

**SUGGESTIONS? IDEAS?**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_

**ENTERTAINMENT**

Do you attend the Birthday Entertainment? (circle one) YES NO

Do you like the Entertainment? (circle one) YES NO

Do you have any suggestions/comments regarding Entertainment?

\_\_\_\_\_