



Village News



Embrace the possibilities

420 S Opdyke Rd • Pontiac, MI 48341 • www.pvm.org

July 2016

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The Village of
Oakland
Woods

A SENIOR LIVING COMMUNITY

 A Mission of Presbyterian Villages of Michigan

Look for PVM on:



A Nation Free

Today is a time for fireworks and fun
But we shouldn't forget its reason.
This is one of the most important days
of the entire summer season.

Today's the day our nation became free
and the date of the country's birth.
For so many years we have grown to be
one of the best countries on earth.



Giving Matters.

By Paul J. Miller, CFRE,
President, PVM Foundation

YOU ARE A SUPERHERO

The power to reach the future is in your hands.

Dorothy Thurston, a resident at the Village of Westland is a hero whose legacy is having an impact today. Her Charitable Gift Annuity made it possible for the Village to purchase a big screen TV—a new social hub at Westland!

Dorothy's planned gift is a great example of how the legacy YOU leave will benefit seniors long into the future.

Just like in the comic books, heroes come in all shapes and sizes. And your gift can become anything from a TV to a ***life-saving service***. The giving options are as unique as you are!

Here are just a couple of options:

Gifts that pay you income, like a Charitable Gift Annuity –

the donor makes a gift and, in return, receives fixed payments for life - as high as a 9% rate of return!



Gifts that benefit PVMF after your lifetime, like a Bequest –

Simplest and most popular planned gift, it's a provision in a will or trust allocating all or part of a donor's estate to PVM.

To learn how your legacy can brighten the future, please contact us at 248-281-2040 or pvmfoundation@pvm.org.

Warm regards,

Paul J. Miller, CFRE

P.S. Secure your tickets and sponsorships now! The countdown has begun! The 13th Annual Gala, "*All That Jazz!*" is Friday November 11—only 5 weeks away!



Service Coordinator News

By Danette Pye,
Service Coordinator

Notes from Your Service Coordinator:

"It takes as much courage to have tried and failed as it does to have tried and succeeded." ~ Ben H. Bagdikian

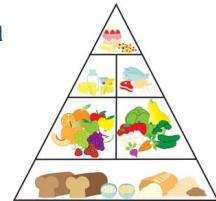
Special Thanks:

11th Annual Village Victory Cup

Special thanks go out to Daniela Blechner, Wellness and Activities Coordinator for coordinating her first Annual Village Victory Cup. She did a great job organizing the activities for the residents and making sure that fun was had by all those who participated.

Michigan State Extension

I would like to thank *Michigan State Extension*, Nancy Hampton for bringing such a wonderful program to the Village of Oakland Woods. Our residents learned how to “*Eat Smart and Live Strong*” along with some helpful exercising tips. I would also like to thank all the residents who participated in the program as well.



Upcoming Events:



Older Adult Safety

Join us for a presentation on Adult Safety Issues Wednesday July 6, at 2:00 p.m. in the community room. “*Staying Safe At Home*” address common safety issues that adults may face as they grow older.

Refreshments will be served

Cooley Law School

The Estate Planning Clinic will be at the Village Of Oakland Woods from 6 p.m. To 9 p.m. on Thursday July 21, 2016. Resident with appointments, please arrive on time. This meeting will consist of the document execution.

Bingo and Blood Pressure

Come and join Sabrina Sawson from Sunshine Home Care for Bingo and Blood Pressures at 11:00am on July 12, in the community room. Please see your calendar for more blood pressure dates.



Wellness Coordinator News

By Daniela Blechner,
Wellness and Activities Coordinator



WELLNESS NEWS & NOTES:

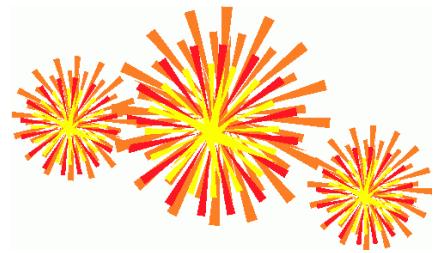
I would like to start off by saying a huge **THANK YOU** to all those who participated, helped and supported our residents at the Village Victory Cup! We came home with a few ribbons and medals, and overall had a great day competing and cheering on the events! Thank you for making my first year at the Village Victory Cup enjoyable and successful, and I know next year will only get better! Go Cardinals!

Next, I would like to highlight a brief survey asking for residents' input on trip options for the upcoming fall. At this point, the questions are simply about location and where the majority of you would like to visit for a 2-3 day trip. Once a place is decided on I will start researching specifics a little more. A cost will be affiliated with this trip. If you would please take a few minutes to fill out the survey and return them back to me prior to July 15th I would greatly appreciate it! Plans are to take the trip in September or October of this year. Thank you for your feedback!

HAPPY FOURTH OF JULY!!



JULY EVENTS



Line Dancing: Please join us every Friday in July at 11am for an hour long line dancing lesson! This will be a fun activity for residents to try something new and perhaps even meet new people living at Oakland Woods in the process! Be sure to wear comfortable shoes and clothing, bring water to stay hydrated, and the instructor has requested a \$3 fee for participants per session. We hope to see you movin' and groovin' out there with us starting Friday July 1st!



“Christmas in July” Christmas Tree Shop: Let's do a little Christmas shopping in July to help break up the heat of summer! We will be traveling to the Christmas Tree Store on Thursday, July 7th at 11am. Residents will have the opportunity to shop for a few hours. The store has a wide variety of holiday décor and gift ideas, as well as many more non-Christmas related items. Be sure to sign up for the trip at least a day in advance!

Cranbrook Gardens Trip Rescheduled: Our trip to Cranbrook Gardens has been rescheduled to Friday, July 8th at 12:15pm. We are hoping that the weather holds out this time and we are able to enjoy a beautiful day in the gardens and the surrounding area! House tours will still be an available option for \$8 per person, and this is something that can be purchased at the door once we have arrived at the Gardens. We hope that those who originally signed up are able to attend the new date of the trip! A new sign-up will be included in the July sign-up binder.

Oakland County Fair Senior Day: It's Senior Day at the Fair on Monday July 11th! We will be spending the afternoon at the fairgrounds, and admission for seniors is free on this date. Enjoy a day of games, animals, funnel cakes and maybe even a few rides! We will leave for the trip at 11:30am and return in the afternoon. We hope you can join in the fun!



JULY EVENTS CONTINUED

Huron Lady Boat Cruise: We are excited to announce that we have planned an afternoon sightseeing cruise on the Huron Lady II scheduled for Thursday, July 14th at 10:45am. We will begin with a lunch at the Community Center and then board the bus to travel to Port Huron. The cruise begins at 1pm and will last approximately an hour and a half. The cruise will pass by several sights, including the Gratiot Lighthouse and the Blue Water Bridge between the U.S. and Canada. The cost of the boat cruise will be \$9, and the cost of the catered lunch will be \$4 per person. Please be sure to sign up for the event by Wednesday, July 6th so that ticket purchases may be done ahead of time. Payment for the cruise and for lunch will be collected on the day of the trip.



Shining Star Awards: Please join us on Friday, July 15th at 12:30pm for our annual Shining Star Awards. Your nominations, feedback and participation in this event are what make it special. We hope you can join us in honoring and celebrating those employees of Oakland Woods that have made a positive impression on you in the past year.

Eastern Market Trip: On Tuesday, July 19th we will be taking a trip to Detroit's Eastern Market to do some fresh and local shopping! The bus will leave at 9:00am that Tuesday morning, and we will be home by the early afternoon. Residents attending the trip are welcome to pack their own lunch and/or snacks, or they may purchase food in Eastern Market for their lunch. Please be sure to sign up in advance for this trip in the July sign-up binder!



Tigers Viewing Party: On Wednesday, July 20th the Tigers will take on the Minnesota Twins at 1pm. We will be showing the game in the Community Center, and light snacks including popcorn and peanuts will be provided as well. Please feel free to come on by to watch the game with your neighbors! Bring your favorite drink, kick back and relax as you support your local baseball team on a Wednesday afternoon!



Travel Survey



We will be taking a group trip this fall, in either September or October depending on schedules and pricing, and I would like to get your opinion on where to visit! Please circle your choices for places to visit. Please circle *no more than* three destinations as options you would like to visit. You may also write down an alternative location next to the "Other" option. Thank you for your input!!

Frankenmuth, MI:

Located in Saginaw County, about an hour away from Oakland Woods. The most popular nickname is "Little Bavaria" due to its German heritage and city architecture/design. It is also home to Bronner's Christmas Wonderland, the "largest Christmas store in the world."

Ludington, MI:

Located along Lake Michigan, Ludington is home to a beautiful state park, beaches and a quaint downtown area with local shops, restaurants and cafes. Ludington is about 3 and a half hours away from Oakland Woods.

Grand Rapids, MI:

The second-largest city in Michigan, Grand Rapids has developed into a beautiful and well cultivated city on Michigan's west side. One of the largest attractions to the city is their annual Artprize art competition, happening September 21-October 9, 2016. Artists from all over the world come to the city to display, compete and sell their creations. Grand Rapids is approximately 2 hours and 15 minutes away.

Sault Ste. Marie, MI:

Located in the U.P., Sault Ste. Marie is filled with Michigan, and United States, history. Located right on the border of Canada, Sault Ste. Marie is home to beautiful views and nature, as well as the Soo Locks which connect Lake Superior to the other Great Lakes. Travel time to Sault Ste. Marie would take about 4 and a half hours.

Traverse Bay/ Leelanau area, MI:

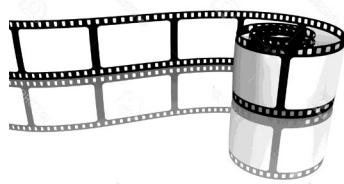
A popular tourist destination in Michigan, Traverse City and its neighboring towns in northern Michigan are filled with lakes, sand dunes, wineries and picturesque downtown scenes. Visiting in the fall will allow us to avoid some of the tourism, however the views will still be beautiful with the changing leaves and colors around the lake. Traverse City and Leelanau are about 3 and a half to 4 hours away, depending on where we specifically decide to stay.

Columbus, OH:

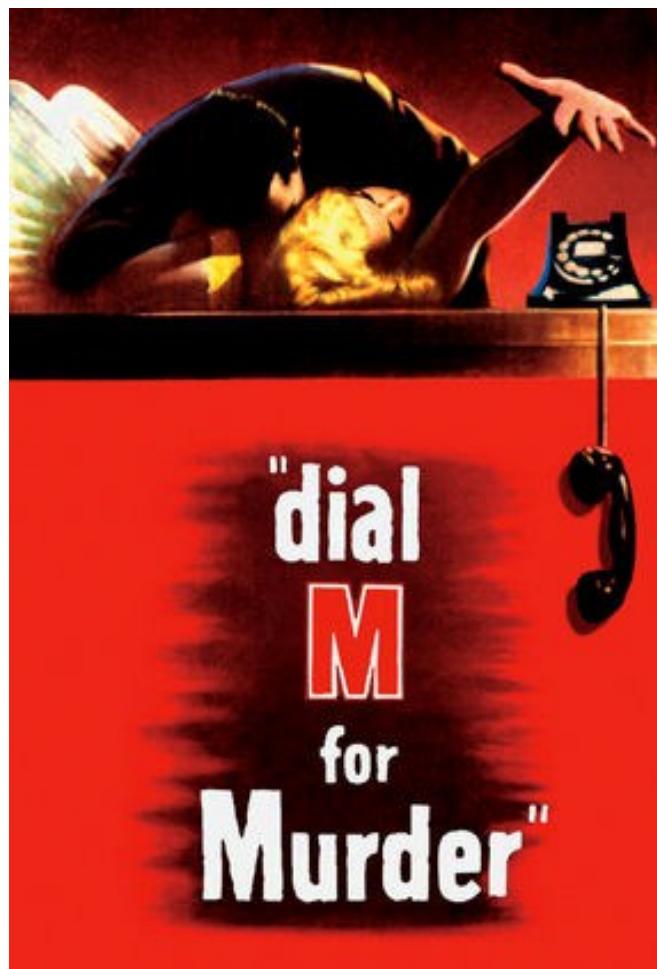
Columbus is approximately a 4 hour drive from Oakland Woods. It is the largest city in Ohio, as well as the state capital. A trip to Columbus may include visits to local museums and monuments, a performing arts show in the evening, as well as potential shopping and dining opportunities in the downtown district.

Other:

Theater Thursday



- **Thursday, July 21, *McFarland, USA*:** Track coach Jim White's search for work leads him to a high school in California's Central Valley with a largely Latino student body. After White and his determined athletes establish a bond of trust, remarkable achievements are on the horizon.
- **Thursday, July 28, *Dial M for Murder*:** Director Alfred Hitchcock's masterpiece of double-cross and intrigue stars Ray Milland as former tennis champ Tony Wendice, who concocts a plan to kill his rich but unfaithful wife (Grace Kelly), who's embroiled in a liaison with a writer (Robert Cummings). When Tony's plans go awry, he improvises a second act of deceit, but the entire bloody affair turns out to be far messier than he expected. John Williams plays a sly Scotland Yard inspector.



July

Ruth Hathaway Miller

The year is half o'er

When enters July,

Demure in her manner,

Sweet, gracious and shy.

Casting bright mellow warmth

Over mountain and rill,

And the last rose of summer

That's lingering still.

There is no fairer day

Nor more radiant sky

Than is found in the keeping

Of blissful July.

For it's then that the larkspur

And buttercups bloom;

Then songbirds sing best

And the world is in tune.

The air then is balmiest,

Trees are the greenest,

Flowers are prettiest

And life is serenest.

The together midyear and

Midsummer pass by,

Oh, lackadaisical soulful July.



Flower: Delphinium



Gem: Ruby

Birthday Celebration!

The Birthday Party will be held on Friday, July 22nd. Please join us in the community room at 1:30 pm for the celebration and bingo.

Mary Snoddy 7/1

Harry Terrell 7/2

Mary Hudson 7/4

Ester Hood 7/5

Alice Rockhill 7/5

Hannah Cole 7/6

Pauline Wylie 7/7

Ruthie Griffin 7/12

Susie Taylor 7/12

Sharron Robinson 7/13

Essie Rimson 7/15

Adeline Atchison 7/17

Frances Metcalf 7/21

Arzola Bishop 7/24

Susan Wright 7/27

Judy Shatto 7/28

Bonnie Bliszack 7/29

Patty Serda 7/29

“America is much more than a geographical fact. It is a political and moral fact - the first community in which men set out in principle to institutionalize freedom, responsible government, and human equality. “ ~Adlai Stevenson

HAPPY INDEPENDENCE DAY TO ALL!

Resident Council News

By Judy Shatto,
Resident Council President

Happy 4th of July!

I hope you will celebrate our great nation's birthday in some way, whether it's a picnic, attending a fireworks display, or just sitting outside with friends enjoying our American flag. Remember, America is still the BEST country to live in, and we should always be proud and thankful for those that served to keep it the best. We say thank you to all those that served our country!



Another thank you is in order to all those who participated in the Village Victory Cup this year. Great job everyone!

Friends & Family Update:

Our new oven and dishwasher have been installed. Our new fridge will be installed very soon as well. These are all purchases from our 2015 Friends & Family donations. Thank you for your generosity—the kitchen is looking great!

Resident Council Meeting Update:

I have to say (with a gleeful shout) I am very pleased on the increased attendance of our Resident Council Meetings. In fact, we have doubled in attendance! Thank you everyone. Even though it is a meeting, I try to keep it light but informative. After discussions at our most recent meeting, I thought it might help you to know the proper procedures for reporting and documenting an issue. The steps you should take include:

1. Maintenance Work Orders—Call the office to request a work order. If it continues to be a problem after a reasonable time, request an additional work order, depending on the situation. Let the office know it is a repeated problem. Be sure to document it, and record the date when the problem was reported. It is our responsibility to inform the office of water leaks and other necessary repairs so that they may be repaired immediately.
2. If after attempting a work order, and potentially attempting a second work order, the problem persists then talk to Kevin Centala about the issue. He may be able to help with the issue, or contact the proper people to resolve the problem.

** Another option, with ongoing or chronic issues, would be to file a complaint form. You can request this form at the office. This is a way to again have documentation of an issue, and it may be used for concerns such as parking, trash or any violations pertaining to your comfort & safety here at the Village. Follow the steps on the document—name, apartment/cottage number, and explain in detail what is happening. Remember to make yourself a copy for your records.

Kevin and his staff do a great job assuring us of a quiet and safe environment, but if issues do come up, we as residents need to do our part by letting the office know what is happening.

Resident Council Board

Judy Shatto, President
(248) 499-8574

Dolores Ochoa Vice President
(248) 535-7306

Vernice Johnson, Secretary
(248) 622-4470

Catheryn James, Treasurer
(248) 891-9290

Ruthie Griffin, Sympathy Cards
(248) 322-4222

Phone Numbers:

Residents are required to notify the office pertaining to any changes of your phone number(s) immediately. If you have a Lifeline button, this changed information needs to go to our tech department for updating. This allows for the EMS, fire and/or police departments to have the correct information on file.



Resident Council's Annual Ice Cream Social/Bake Sale Fundraiser

In early August we are having our Annual Ice Cream Social & Bake Sale Fundraiser to increase our depleting treasury funds. This money, as always, goes back to the residents in some way. It will be a lot of fun and potentially some surprises as well! Please attend this event if you are able to! Details on the fundraiser will be posted at a later date. Please give Resident Council your support by participating in our fundraising efforts!



Flower Picture Contest:

Soon the flower pictures will be posted on to the Community Room bulletin board! You must find all of the flower pictures to win the prize! Good luck to all!

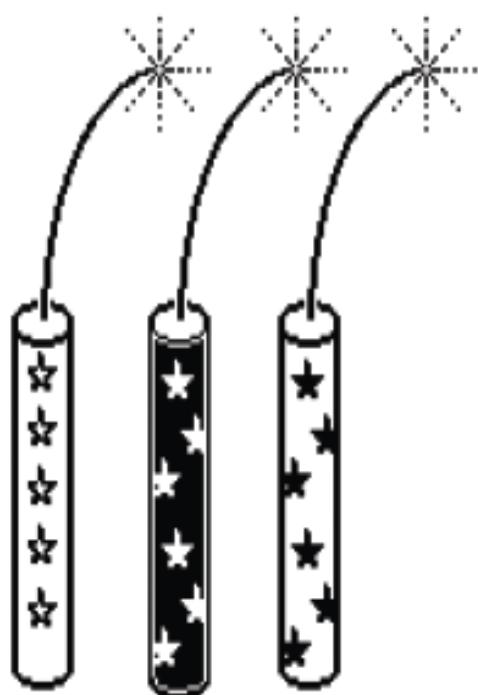
Garden Club:

We would like to thank Frances Metcalf, who lives in a cottage on Maplewood Lane, for her generous donation to the Garden Club. This donation was in response to Bernadette Harrison's hard work landscaping the area around Frances Metcalf's cottage. Thank you to both of you—it looks beautiful!

The Garden Club is off on a few day trips in July. Please check your calendar. Enjoy your summer instead of working all the time!



I hope this information has been helpful to you. Please feel free to contact me if you do have any additional questions, comments or concerns. Thank you—Judy.



4th of July Word Search

BLUE
CONGRESS
ENGLAND
FIREWORKS
FLAG
FREEDOM
JULY
KING
LIBERTY
PARADE
RED
STATES
TAXES
UNITED
WAR
WHITE

U	R	L	W	Z	T	O	G	B	T
N	G	U	A	K	I	N	G	S	P
I	M	K	R	S	E	T	A	T	S
T	A	X	E	S	W	Y	L	U	J
E	M	O	D	E	E	R	F	M	B
D	F	Y	T	R	E	B	I	L	L
A	W	E	N	G	L	A	N	D	U
R	L	L	Z	N	W	H	I	T	E
A	S	K	R	O	W	E	R	I	F
P	J	R	U	C	Q	L	N	L	B

JULY 2016

Juvenile Arthritis Awareness Month

SU	MON	TUE	WED	THU	FRI	SAT
	27	28	29	30		
3	4 <u>FOURTH OF JULY OFFICE CLOSED</u> 				1 9:00 Balance & Core 11:00 Line Dancing 12:00 Quilting Class	2
10	11 9:00 Strength Training 11:00 Walking Club 11:30 Oakland Co. Fair Senior Day	12 9:00 Balance & Core 11:00 Blood Pressure & Bingo 11:00 TOPS 1:00 Kroger	13 9:00 Strength Training 10:00 Prayer Group 11:00 Quilting Class 1:00 Sit & Be Fit	14 <u>NO EXERCISE</u> Cruise <u>FOCUS HOPE</u>	15 9:00 Balance & Core 11:00 Line Dancing 12:30pm Shining Star Awards	16
17	18 9:00 Strength Training 11:00 Walking Club	19 <u>NO EXERCISE</u> 9.00 Eastern Market Trip	20 9:00 Strength Training 10:00 Prayer Group 11:00 Quilting Class 1:00 Sit & Be Fit 1:00 Tigers vs. Twins Watch Party	21 9:00 Stretch & Flex 1:00 Theater Thursday	22 9:00 Balance & Core 11:00 Line Dancing 1:30 Birthdays & Bingo	23
24	25 9:00 Strength Training 11:00 Walking Club 1:00 Meijer	26 9:00 Balance & Core 11:00 Blood Pressure Clinic 11:00 TOPS 2:00 Resident Council FREE TABLE	27 9:00 Strength Training 10:00 Prayer Group 11:00 Quilting Class	28 <u>NO EXERCISE</u> 1:00 Theater Thursday	29 <u>NO EXERCISE</u> 11:00 Line Dancing	30

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

www.pvm.org



**Presbyterian
Villages
OF MICHIGAN**
THE FOUNDATION

Office Number

(248) 334-4379

Village Staff

Kevin Centala
Administrator

Sharon Benton
Administrative Assistant

Carolyn Mancos
Administrative Assistant

Jack Johansson
Leasing Specialist

Danette Pye *Service Coordinator*

Daniela Blechner
Wellness and Activities Coordinator

Tim Coil
Maintenance Lead

Matthew Myers
Maintenance Tech

EMERGENCY MAINTENANCE

(248) 330-0213

On-Site Security

(248) 917-2539



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org

Embrace the Possibilities

Pontiac, MI 48341-3145

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A Mission of Presbyterian Villages of Michigan

A SENIOR LIVING COMMUNITY

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