



Sage Grove View



Embrace the possibilities

214 S. Sage Street • Kalamazoo, Michigan 49006 • www.pvm.org

July 2016

Featured Articles

Resident Birthdays & PVM online store pg. 1

Resident Thanks pg. 2

Giving Matters pg. 3

It's Your Life pg. 4

Service Coordinator's Corner pg. 5

Administrator Column pg. 6

Calendar pg. 7



The Village of Sage Grove

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



Birthday Celebration!

Madonna S. ----- July 21st

Richard A. ----- July 21st

Shirley M. ----- July 31st

We wish all who have July Birthday's a Fantabulous Day and a Blessed Year!!!

Happy Birthday... Happy Birthday... Happy Birthday...

PVM Store Features Goodies with Your Village Logo

By the PVM Marketing Department

The Sales and Marketing Department was proud to launch the first ever Presbyterian Villages of Michigan ecommerce store in 2015. This was made possible via a grant from the PVM Foundation. The PVM store allows staff members, residents, board members, and their families the opportunity to purchase great PVM apparel and accessories complete with the village logo of their choice. Apparel options include shirts, sweatshirts, jackets, bags, hats, and all kinds of other essentials.

Along with our current stock of awesome apparel, if you have an item you'd like to see on the website, please bring item details to the office to forward to the Marketing Department.

To visit the PVM store, type www.pvmstore.org into your web browser.

Village Appreciation...

We have many exceptional residents, vendors, friends, family and staff who do so much around our Village, saying "Thank you" just doesn't seem to say enough.

If you haven't done so recently ... Please take a moment to let those who help make your life a little better in some way or another know that you appreciate them. ... Every day I appreciate ALL of you!! ... Thank you! ☺

"Thank You!"

✚ **Lynn Lloyd** – *Angels Care Home Health* – Lynn supplied our Hydration station for our Virtual Village Victory Cup held on June 22nd. Providing cold water and Gatorade for all who participated as well as spectators and staff. Lynn also joined us for lunch and helped with serving and clean-up.

It was wonderful having Lynn join us. We appreciate the Hydration station as well as the start of a new relationship with Angels Care Home Health.

We couldn't do what we do without you!!!



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Announcements

Community Room Events

- ❖ **July 3rd** –
Birthday Celebration –
5:30pm
- ❖ **July 4th** –
Office, Maintenance & SC
Office Closed
- ❖ **July 6th** –
Commodities Pick-up
- ❖ **July 7th** –
Kolb Resident Chicken
Dinner **12:00pm**
- ❖ **July 12th**–
Project Fresh
- ❖ **July 13th** –
Grandkids day – Ice
Cream Social **1:00pm**
- ❖ **July 14th** –
Angels Care CHF
Presentation 1:00pm
- ❖ **July 11th & 25th** –
Bible Study Group Meets
4:00 – 5:00pm
- ❖ **July 21st** –
Bingo with Life EMS –
3:00pm
- ❖ **July 21st** – Cm. Van
South Haven Trip
- ❖ **July 25th** –
Activities planning
committee meeting –
10:00am – **All Welcome!**

See *Calendar* for more
events.

Continued on page 5

Giving Matters...



Giving Matters.

By Paul J. Miller, CFRE,
President, PVM Foundation

You are a Superhero.

The power to reach the future is in your hands.

Dorothy Thurston, a resident at the Village of Westland is a hero whose legacy is having an impact today. Her Charitable Gift Annuity made it possible for the Village to purchase a big screen TV—a new social hub at Westland!

Dorothy's planned gift is a great example of how the legacy YOU leave will benefit seniors long into the future.

Just like in the comic books, heroes come in all shapes and sizes. And your gift can become anything from a TV to **a life-saving service**. The giving options are as unique as you are!

Here are just a couple of options:

- **Gifts that pay you income, like a Charitable Gift Annuity** – the donor makes a gift and, in return, receives fixed payments for life - as high as a 9% rate of return!
- **Gifts that benefit PVMF after your lifetime, like a Bequest** – Simplest and most popular planned gift, it's a provision in a will or trust allocating all or part of a donor's estate to PVM.

To learn how your legacy can brighten the future, please contact us at 248-281-2040 or pvmfoundation@pvm.org.

Warm regards,
Paul J. Miller, CFRE

P.S. Secure your tickets and sponsorships now! The countdown has begun! The 13th Annual Gala, "All That Jazz!" is Friday November 11—only 5 weeks away!





It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

PVM 11th Annual Village Victory Cup & PVM 6th Annual Virtual Village Victory Cup

On June 22nd we held our first full participation in the PVM Virtual Village Victory Cup, while other villages in the Detroit area competed in the Village Victory Cup in Pontiac, Michigan on June 24th. ... Sage Grove has participated in the Puzzler event in two of the previous VVVC, with residents receiving medals. ... We are all anxiously awaiting the final results.

Our team the "Sage Grove Zoo" (team name coming from breaking down Kalamazoo, Kzoo ...to Zoo) had a fantastic turn out with 26 spectators and 18 residents participating in events such as the Wellness Walk, Bean Bag Toss, Hoop Shoot, Paper Airplane Toss, the Puzzler and Team Spirit.



Wellness Walk



The Puzzler



Hoop Shoot



Sage Grove Zoo Motto ☺

Service Coordinator's Corner: Rebecca Ogradowski

I have a few subjects to cover this month. They are: Food Assistance the Home Heating Credit, Senior Project Fresh, and a day trip to South Haven. The presentations for the next couple of months will be health/wellness related. Thanks for reading.

Food Assistance – If you receive Food Assistance and have not filed for the Michigan Home Heating Credit, you may want to do that. When DHHS calculates the amount of Food Assistance you are eligible to get, they include whether you were granted more than \$20 from the Home Heating Credit. If you do, you are likely to be eligible for more Food Assistance.

The filing deadline is September 30, 2016. The requirements are: your homestead must be in Michigan, you own or rent the home (including an apartment), and your income (for a single person) is \$12,956 or less for 2015 calendar year. You DO NOT have to pay a separate heating bill to qualify.

The form you need is the MI-1040CR-7. **You do not have to file a tax return to apply for the credit.** The document is available at Michigan.gov/treasury (enter "Home Heating Credit" in the search box). You can call the Treasury Department at 517-636-4486 to request that they send one to you. Libraries have these forms. So do I. If you need help completing or submitting the form, let me know.

Senior Project Fresh – The annual coupon distribution is scheduled for Tuesday, July 12 from 9am – 2pm at Senior Services (918 Jasper Street). You will need to take your picture ID and the completed application when you go. The community van is reserved for transportation to and from the site. Please see me if you have questions or need help with the application process.

South Haven trip – Ralph has agreed to drive to South Haven on Thursday, July 21, 2016. I will put out a special sign-up sheet for this event. Should be a fun time.

Upcoming Presentations

Congestive Heart Failure Presentation - Angels Care Home Health will be here to discuss ways that you can decrease your risk of heart failure on **Thursday July 14, 2016 at 1pm** in the Community Room.

Hypnosis Self-Improvement Presentation – Mike Steffes from New Hope Hypnosis will present information about hypnosis as a means of improving your health (including weight loss and quitting smoking). There are many misconceptions about this approach to wellness. Why not come on **Wednesday, August 10, 2016 at 1pm** and find out for yourself?

Rebecca Ogradowski, LLMSW
Service Coordinator

Continued from page 2

Announcements Continued

- ❖ **1st Sunday of the Month – 5:30pm – Birthday Celebration** for all who have birthday's during the month
- ❖ Last Monday of the month, Activity Planning Committee meet @10am – **ALL ARE WELCOME TO ATTEND ☺**
- ❖ **"Give away day"** is now every day. Items to give away are located in the Game Room on the 3rd floor.
- ❖ **Movie Matinee – 4:00pm Movie showing in Parlor** Movies are cancelled for a while due to nice weather.
- ❖ **Loaves and Fishes** – Delivery of Produce & Baked goods from Meijer Shopping Center & other local stores. **Deliveries are at random.** All **residents** are welcome to what we receive, on a 1st come 1st serve basis.
- ❖ **Wal-Mart Bus** – Every Monday – Pick-up is at 12:50pm

Administrator Column

Village happenings – Please remember to check out the *Announcement, Community Room Events and Calendar* sections of this newsletter.

Bowling is available for residents interested every Tuesday at 1:00pm in the community. So, come out and participate, it's a lot of fun and no lifting is involved. Again, it's a great opportunity to get out of your apartment, get some exercise, socialize, and see friends.

Please note – Scheduled Movie Matinees have been cancelled for a while due to nice weather. However, you can get a few together or by yourself and kick back and enjoy a movie anytime, any day, as long as the parlor is available (which it usually is.☺)

Our **Virtual Village Victory Cup** was held on June 22nd. ... Thank you to all who came out to participate and those who came to show your support and team spirit! It was a lot of fun and a great day. We should know the results by July 1st. We are all looking forward to see how we did. ... Either way, I am overjoyed with pride for everyone who helped to make our participation in the Village Victory Cup a success.

Even though we are so far away from the other PVM Villages primarily in the Detroit area, we still let them know that we are here and “In it to Win it!” ... Or, at very least we tried to give the current Champions a run for the Cup. ... Sage Grove Rocks!!

The City of Kalamazoo was here conducting their annual inspection on Tuesday, June 28th starting at 9am. We were slated for two days

for the inspection to be completed. He was done within 45 minutes. We received high marks without any citing's. Which means he has recommended our next inspection won't be for another 40 months. As we continue to score highly, our inspections will be scheduled further and further out. ... The inspector commented on how beautiful our property is both inside and outside. ... So THANK YOU everyone for your help, understanding and patience when we have these very important inspections.

Laundry note: Please remember to move your laundry as it completes the wash/dry cycle, as well as remind your care providers if they do the laundry. Others are being held up when you don't move your clothes. Common curtesy goes a long way, especially when we only have the two washers/dryers.

Wishing All a Safe and Happy Independence Day...



Paula Hager
Administrator

July 2016



July 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
3 Birthday's Celebration 5:30pm	4 Bowling—1pm Independence Day Office Closed	5 No Van today	6 Commodities for those registered	7 Resident Chicken Dinner—12:00pm Thank you Kolb Family	8 Games Admin in Jackson Office Closed	9 No Res. luncheon due to the Chicken Dinner on July 7th
10	11 Bowling—1pm Bible Study 4—5pm	12 Project Fresh 9:00am-2:00pm at Senior Services	13 Grandkids Day Ice Cream Social 1:00pm in Cm. Rm	14 Angels Care Home Health—CHF Presentation 1pm in Cm. Rm.	15 Games	16
17	18 Bowling—1pm	19 Admin in Detroit Office Closed	20 Crafts 1:30pm	21 Cm. Van trip to South Haven Bingo with Life EMS 3:00pm	22 Games	23
24	25 Bowling—1pm Bible Study 4—5pm Resident Activity Comm. 10:00am All are Welcome	26 No Van today	27	28	29 Admin in Detroit Office Closed	30
31						

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org



Office Numbers

Phone: (269) 567-3300

Fax: (269) 381-6733

Village Staff

Paula Hager

Administrator

Rebecca Ogradowski

Service Coordinator – National Church Residences

Monday – Thursday – Phone: (269)382-9910

10am – 3pm

Joseph King

Maintenance Technician

MAINTENANCE EMERGENCY NUMBER: (269) 615-3804



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org

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