



# Sage Grove View



## Embrace the possibilities

214 S. Sage Street • Kalamazoo, Michigan 49006 • [www.pvm.org](http://www.pvm.org)

May 2016

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## Birthday Celebration!

Theresa M. ----- May 4<sup>th</sup>

Barbara W. ----- May 11<sup>th</sup>

Jeni P. ----- May 20<sup>th</sup>

*We wish all who have April Birthday's a Fantabulous Day and a Blessed Year!!!*

*Happy Birthday... Happy Birthday... Happy Birthday...*

### PVM Store Features Goodies with Your Village Logo

By the PVM Marketing Department

The Sales and Marketing Department was proud to launch the first ever Presbyterian Villages of Michigan ecommerce store in 2015. This was made possible via a grant from the PVM Foundation. The PVM store allows staff members, residents, board members, and their families the opportunity to purchase great PVM apparel and accessories complete with the village logo of their choice. Apparel options include shirts, sweatshirts, jackets, bags, hats, and all kinds of other essentials.

Along with our current stock of awesome apparel, if you have an item you'd like to see on the website, please bring item details to the office to forward to the Marketing Department.

*To visit the PVM store, type [www.pvmstore.org](http://www.pvmstore.org) into your web browser.*



The Village of Sage Grove

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



## Resident Appreciation...

We have so many exceptional residents who do so much around our Village, saying "Thank you" just doesn't seem to say enough.

If you haven't done so recently, please take a moment to let those who help make your life a little better in some way or another, let them know you appreciate them. ... I appreciate ALL of you!!

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"Thank You!"

A special shout out to Joe King – (Maint. Tech.) Thank you for going the extra mile and finding a beautiful tree for our Memorial Tree. Not only did Joe go out looking at local tree nursery's on his own time, but he found a great tree and got them to donate it. We will have a \$230.00 tree for free. ... Way to go Joe!!

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Thank you Sandra P. for going and picking up the commodities each month. You are an angel in disguise.

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Thank you to all who help sort and box the commodities. You're generosity with your time is remarkable.

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Thank you ... Thank you ... Thank you!!

We couldn't do what we do without you!



## Announcements

### Community Room Events

- ❖ **May 1<sup>st</sup>** –  
Birthday Celebration –  
5:30pm
- ❖ **May 4<sup>th</sup>** –  
Commodities Pick-up
- ❖ **May 12<sup>th</sup>** –  
Virtual Victory Cup  
Meeting 1:00pm
- ❖ **May 12<sup>th</sup>** – 1:30pm  
Garden Club meeting
- ❖ **May 14<sup>th</sup>** –  
Resident Luncheon –  
**12:00pm** –
- ❖ **May 2<sup>nd</sup> & 16<sup>th</sup>** –  
Bible Study Group Meets  
4:00 – 5:00pm
- ❖ **May 18<sup>th</sup>**  
Go Doc's Go Preparation  
1:00pm
- ❖ **May 19<sup>th</sup>** –  
Bingo with Life EMS –  
3:00pm
- ❖ **May 23<sup>rd</sup>** –  
Activities planning  
committee meeting –  
10:00am – **All Welcome!**
- ❖ **May 24<sup>th</sup>** –  
Commodities sign-up &  
recertification 2:00pm
- ❖ **Game Day** –  
Friday's at 3:00pm

See Calendar for more  
events.

Continued on page 5

Giving Matters...



## Giving Matters.

By Paul J. Miller, CFRE,  
President, PVM Foundation

### Together, MAY We Make Michigan a Better Place to Age!

You, our donors, are transforming the lives of seniors by giving in all sorts of ways, and through gifts large and small. Giving is a deeply personal experience, and I'd like to let you know about a couple of ways you can support the mission of PVM, in a way that's right for you and your family.

The legacy you leave behind can change—or even *save* a life—and help Michigan seniors thrive for years to come! With a little planning, anyone can make a huge impact. Options exist for all personal circumstances and interests while ensuring your family's financial security. Two of the most common choices include:

- **Gifts that pay you income, like a Charitable Gift Annuity** – a simple agreement where the donor makes a gift to PVM and, in return, receives fixed payments (as high as a 9% rate of return!) for life.
- **Gifts that benefit residents beyond your lifetime, like a Bequest** – the simplest and most popular planned gift, it's a provision in a will or trust allocating all or part of a donor's estate to PVM.

With the PVM Foundation's 22<sup>nd</sup> Calvin, Sterling and Peterson Mission Maker Societies Luncheon around the corner on June 6<sup>th</sup> at the Masonic Temple, I wanted to share with you a description of our giving societies. Maybe one of these societies offers the right giving option for you!

- **Peterson Mission Makers Society:** Donors who have made a pledge commitment to PVM of \$1,000 or greater for two years or longer.
- **Calvin Society:** Donors who have made a planned or deferred gift to PVM, such as inclusion in a will/estate plan, insurance policy, or charitable gift annuity, to name a few.
- **Sterling Society:** Donors who have cumulatively given \$50,000 or more to PVM.

For more information about PVM's planned giving opportunities and giving society membership, please contact us at 248-281-2040 or [pvmfoundation@pvm.org](mailto:pvmfoundation@pvm.org).

We are so grateful for donors like **you** who have taken a personal interest in the future of Michigan seniors. Thank you for your support!

Warm regards,  
Paul J. Miller, CFRE

**P.S. Save the Date: The PVM Foundation's 5<sup>th</sup> Inspire Possibilities Breakfast is May 13! Learn more at [IPBreakfast2016.eventbrite.com](http://IPBreakfast2016.eventbrite.com)**

LEAVE A  
*Legacy*  
Ways to make  
a Planned Gift

Support PVM during your  
lifetime and beyond.

- > Make a bequest in your will
- > Start a Charitable Gift Annuity
- > Your Life Insurance Policy

CONTACT US TO LEARN MORE  
Without obligation, PVM Foundation would like  
to answer any questions you may have, call Paul Miller  
248.281.2045 [www.pvmfgifts.org](http://www.pvmfgifts.org)

Presbyterian  
Villages  
OF MICHIGAN  
THE FOUNDATION



## It's Your Life. Live It Well.

By Tom Wyllie,  
Director of Wellness

### Game On!

Don't look now, but June is just around the corner and you know what that means. The 11<sup>th</sup> Annual Village Victory Cup will soon be here. Scheduled for Friday, June 24<sup>th</sup> it will once again be held at Ultimate Soccer Arenas in Pontiac, just south of the Village of Oakland Woods. Word on the street is that several Villages have been practicing for quite some time now. They've been testing out their best paper airplane designs; trying out new cookie recipes; wearing down the carpet in the hallways with all the walking they've been doing; putting puzzles together faster than ever before; hitting the bull's-eye more often than not with their beanbag tossing; and doing their best Michael Jordan imitation shooting baskets. We've also heard that several Villages have their eyes set on taking home the coveted Spirit Award this year.

Will the Village of Westland successfully defend their title and capture the Victory Cup for the third time in four years? Will the Village of Our Saviour's Manor win the Spirit Award an unprecedented three years in a row? You never know. But one thing we do know is that there will be plenty of action June 24<sup>th</sup> at Ultimate Soccer Arenas. If you haven't already done so, to be part of the action contact your Administrator. The deadline for Villages to sign up is June 10<sup>th</sup>.

*For Villages located 100 miles or further from the PVM Home Office we will once again be conducting the Virtual Village Victory Cup. Contact your Administrator for details.*

Victory is Mine!



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## Service Coordinator's Corner: Rebecca Ogradowski

Welcome to the May 2016 edition of SC Corner. I have been working with many local providers find and continue services that you may want to use.

After the Strong Women and Men program, Leatta put me in touch with Khurram Imam from the Berrien County Michigan State University Extension. He is very knowledgeable about financial matters and strategies to improve your individual situation. He teaches classes on many subjects, including Financial Literacy (Financial Goals, Budgeting, Credit, Insurance, and Identity Theft). Khurram has offered to provide a workshop or series of classes at Sage Grove. If you are interested, please let me know so we can plan a presentation.

It's time for the Commodities sign-up and recertification process. Treasa and I are planning for her to come here in May and make sure that everyone who wants Commodities has current paperwork. If you receive, or want to receive, Commodities, it's important for you to provide proof of your income and your identification. The income guidelines from the Federal government have just changed. They are:

| Household Size | Annual   | Monthly | Weekly |
|----------------|----------|---------|--------|
| 1              | \$15,444 | \$1,287 | \$297  |

### Upcoming Presentations

As part of National Church Residences' focus on improving resident health, two presentations will focus on health conditions that you can manage through self-care. I have asked Go Docs Go (a home visit physician agency) and Senior Nursing Care Services (a home care provider) to come and share information about Hypertension and Diabetes. If you have, or are concerned about, these diagnoses please come. The information and strategies could save your life.

**Tuesday, May 18, 2016 - Go Docs Go Blood Pressure clinic** at 1pm in the Community Room. This meeting will focus on approaches you can use to get and keep your blood pressure at a healthy level.

**Tuesday, May 24, 2016 - Commodities Sign-Up and Recertification** at 2p in the Community Room. I will post a flier and sign-up sheet the week before the event.

**Wednesday, June 8, 2016 - Senior Nursing Services Diabetes clinic** at 1pm in the Community Room. You can take control of your blood sugar. Find out how with information and blood sugar checks.

*Rebecca*

Rebecca Ogradowski, LLMSW  
Service Coordinator

Continued from page 2

## Announcements Continued

- ❖ **1<sup>st</sup> Sunday of the Month – 5:30pm – Birthday Celebration** for all who have birthday's during the month
- ❖ Last Monday of the month, Activity Planning Committee meet @10am – **ALL ARE WELCOME TO ATTEND ☺**
- ❖ **“Give away day”** is now every day. Items to give away are located in the Game Room on the 3<sup>rd</sup> floor.
- ❖ **Movie Matinee – 4:00pm**  
**Movie showing in Parlor**  
Movies are cancelled for a while due to nice weather.
- ❖ **Loaves and Fishes –**  
Delivery of Produce & Baked goods from Meijer Shopping Center & other local stores.  
**Deliveries are at random.**  
All **residents** are welcome to what we receive, on a 1<sup>st</sup> come 1<sup>st</sup> serve basis.
- ❖ **Wal-Mart Bus –** Every Monday – Pick-up is at 12:15pm

## Administrator Column

**Village happenings** – Please remember to check out the *Announcement, Community Room Events and Calendar sections of this newsletter.*

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Bowling is available for residents interested every Tuesday at 1:00pm in the community. So, come out and participate, it's a lot of fun and no lifting is involved. Again, it's a great opportunity to get out of your apartment, get some exercise, socialize, and see friends.

*Please note* – Scheduled Movie Matinees have been cancelled for a while due to nice weather. However, you can get a few together or by yourself and kick back and enjoy a movie anytime, any day, as long as the parlor is available (which it usually is.☺)

Our **F&F Campaign** was held **April 1<sup>st</sup> – 30<sup>th</sup>, 2016**. ... Donations received by the PVM Foundation between those dates were eligible to share a percentage of the matching funds. Just like last year, any/all *eligible* donations will receive a percentage of matched funds according to our percentage raised of the overall F&F campaign goal met. ... As of April 28<sup>th</sup> we raised a total of **\$946.35** *without* the match. Watch for the grand total to be recorded on the thermometer on the first floor. Thank you to all who donated! Your Generosity is greatly appreciated!!!

We will be participating in the Virtual Victory Cup again this year. Hopefully we will have enough residents who want to participate in other events besides the Puzzler. We will be having a VVC meeting on May 12<sup>th</sup> at 1:00pm to go over the different events to participate in,

and pick the date in June to hold our Virtual Victory Cup. Please join us. ... Let's see if we can get enough resident participation to do more than last year.

The mandatory inspections are just around the corner. The furnace filter changes and smoke alarm battery changes are scheduled for May 12<sup>th</sup> & 13<sup>th</sup>. ... Also, May is one of our Fire Drill months; this will be your announced drill, weather permitting we will try for May 6<sup>th</sup>.

The Memorial Tree planting ceremony will be held toward the end of the month, closer to Memorial Day. Watch for the date and time TBA. ... Each of you received a voting ballot in your in-house mailbox regarding the plaque for the tree. Your input is needed ... Should the plaque have the names or not? Please turn in your vote by Tuesday, May 10<sup>th</sup>. Your vote is important! ... On that note, if the plaque doesn't list the names, it can have a nice poem and/or bible verse on it. If you write poetry and would like to submit a poem for consideration, please submit your poem to the office by May 16<sup>th</sup>.

Wishing All Mom's a very special and



Paula Hager  
Administrator

May 2016



May 2016



| Sun                                      | Mon                                                         | Tue                                                        | Wed                                        | Thu                                                                                     | Fri                               | Sat                                                                 |
|------------------------------------------|-------------------------------------------------------------|------------------------------------------------------------|--------------------------------------------|-----------------------------------------------------------------------------------------|-----------------------------------|---------------------------------------------------------------------|
| 1<br>Birthday's<br>Celebration<br>5:30pm | 2<br>Bible Study 4-5pm                                      | 3                                                          | 4<br>Commodities for<br>those registered   | 5<br>Cinco de Mayo                                                                      | 6<br>Game Day<br>3:00pm in Cm.Rm  | 7<br>14<br>Resident Luncheon<br>12:00pm Menu:<br>Breakfast Sandwich |
| 8<br><i>Mother's Day</i>                 | 9                                                           | 10                                                         | 11<br>Crafts 1:30pm                        | 12<br>Virtual Victory Cup<br>meeting 1:00pm<br>Garden Club meeting<br>immediately after | 13<br>Game Day<br>3:00pm in Cm.Rm | 21                                                                  |
| 15                                       | 16<br>Bible Study 4-5pm                                     | 17                                                         | 18<br>Go Docs Go<br>Presentation<br>1:00pm | 19<br>Bingo with Kim—<br>Life EMS 3:00pm                                                | 20<br>Game Day<br>3:00pm in Cm.Rm | 28<br><i>Armed Forces Day</i>                                       |
| 22                                       | 23<br>Resident Activity<br>Comm. 10:00am<br>All are Welcome | 24<br>Commodities sign-<br>up & recert. 2:00pm<br>in Cm Rm | 25<br>Crafts 1:30pm                        | 26                                                                                      | 27<br>Game Day<br>3:00pm in Cm.Rm |                                                                     |
| 29                                       | 30<br><i>Office Closed—<br/>Memorial Day</i>                | 31                                                         |                                            |                                                                                         |                                   |                                                                     |

**Presbyterian Villages  
of Michigan  
Mission Statement**

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)



**Presbyterian  
Villages**  
OF MICHIGAN  
THE FOUNDATION

## Office Numbers

**Phone: (269) 567-3300**

**Fax: (269) 381-6733**

### Village Staff

**Paula Hager**

*Administrator*

**Rebecca Ogradowski**

*Service Coordinator – National Church Residences*

Monday – Thursday – Phone: (269)382-9910

10am – 3pm

**Joseph King**

*Maintenance Technician*

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**MAINTENANCE EMERGENCY NUMBER: (269) 615-3804**



**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit [www.pvmfoundation.org](http://www.pvmfoundation.org)

**214 S. Sage Street  
Kalamazoo, MI 49006**

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