



Village Trumpet



Embrace the possibilities

33875 Kiely Drive • Chesterfield, Michigan 48047 • www.pvm.org

April 2016



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Chaplain

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The Village of
East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



THE VILLAGE OF EAST HARBOR
PRESENTS
THE 2016 FRIENDS & FAMILY
FUNDRAISER KICK-OFF CAMPAIGN

BUCA DI VILLAGIO
MURDER MYSTERY DINNER THEATER
WEDNESDAY, APRIL 6
5:00PM
DINING ROOM



Enjoy an evening of Fine Italian Cuisine and Wine.
Guests are invited to dress as your favorite Gangster while
helping Detective David Miller find clues to solve the who
done it.



MENU

POLLO (CHICKEN) AND PENNE ALFREDO
POLPETTE (ITALIAN MEATBALLS) IN SAUCE
SICILIAN VEGGIES
GARLIC ITALIAN CHEESE BREAD
DEATH BY CHOCOLATE CAKE

TICKETS- \$12.00
RSVP- APRIL 1
586-716-7143





From the desk of the Executive Director:

Presbyterian Villages of Michigan, in order to be good stewards of the monies we receive from our residents and insurances, looks at our larger vendor partners every three to five years. We like to make sure we are getting the very best pricing for the products and services that are provided. Recently we decided to put out to bid our therapy services, office supplies, trash removal, medical supplies, gas and electric services, and dining services. We have new contracts with Agility Therapy, who has been providing our therapy services for the last six years, Staples Office Supplies, still looking at medical supply vendors, we now have Dillon Energy and Direct Energy for gas and electric, and Waste Management for trash services starting April 1st. These are Presbyterian Villages of Michigan State wide contracts.

The purpose of this communication is to tell you that our five year contract with Unidine Dining Services ends April 30th, 2016. We recently sent out a request for proposal to Unidine and three other dining service companies in Michigan. When we consider our vendor contracts we not only looking at pricing but overall services as well. We hope to have a decision by the end of April but if you have any questions please feel free to contact me at 716.7410.

“Remember April is our annual Friends and Family fundraiser and we are hoping to raise over \$50,000, once again, for our Wellness Center. Every dollar counts, you are making an investment that will affect current residents as well as those we will serve in years to come. We could have 5 people donate \$10,000 each, or 50 people donate \$1000 each, \$50,000 seems more attainable when we break it down like this. Let’s work together and exceed the expectations by raising even more. Thank you for your support!”

Respectfully Submitted: David Miller

PRESBYTERIAN VILLAGES OF MICHIGAN FOUNDATION

2015 **FRIENDS & family**

April 1-30

Help PVM Villages raise funds for projects and programs to enhance the lives of seniors.

Your gift today will change the lives of seniors for years to come!

TO MAKE A GIFT:
See your Administrator for your Village's fundraising goal and project, or call the PVM Foundation at **248.281.2040** or visit www.pvmfoundation.org.

Your gift can be **MATCHED!**
Match guidelines apply.

Friends & Family Kicks Off April 1st!

Join us in the annual **Friends & Family** fundraising campaign! Friends & Family is an opportunity for residents to raise funds for projects that will enhance and enrich their lives. The 2016 goal is to raise \$150,000 cumulatively across all participating PVM Villages.

Match Opportunity

Your gift received by April 30th during Friends & Family (F&F) is eligible to be matched! Matching funds will be awarded at the end of the campaign to every Village, based on the percentage they raised toward the total F&F amount raised. So, the more funds your Village raises, the more matching dollars you'll receive!
Example: If your Village raises 10% of the total F&F amount raised (across all Villages), then your Village will receive 10% of the matching funds available.

Want to Learn More?

Attend your Village Kick-Off Party or look for flyers and posters to learn more about your Village's individual fundraising goal and project. You can also visit pvmfoundation.org/FF2016. Please encourage everyone you know to make a gift during the month of April to support your Village's much-needed project and, remember, **every gift matters!**

To Make a Gift

See the front desk or your Administrator for a donation envelope and mail it to PVM Foundation, 26200 Lahser Road, Suite 300, Southfield, MI 48033.

Go online at pvmfoundation.org and select the Village you want to support
Call the PVM Foundation at 248-281-2040

Match guidelines apply. For more information, please contact your Village Administrator or the PVM Foundation at 248-281-2040. Best of luck to ALL the Villages for a successful Friends & Family Campaign!

Warm regards,

Paul J. Miller, CFRE



Our way of saying “thank you” to Bob and Pat Healy: \$250.00! Simply for telling friends and family how much you enjoy living at The Village

of East Harbor and encouraging them to find out more by giving them one of your referral cards, which are available in the Admissions Office, you can earn your own referral bonus. We can’t make it easier than that! Just put your name on the card, give it to anyone interested in more information about our independent apartments, assisted living or memory care, and Nancy, Peggy or Sue will take it from there. When they move in, you get a check for \$250.00!

Our Murder Mystery Dinner Theater on April 6th would be a great way to introduce your friends to The Village of East Harbor. Be sure to get your reservations in before all the tickets are sold because it promises to be a fun evening of fine Italian cuisine, wine and interactive theater for only \$12!



DO YOU HAVE **concerns**
about falling?

Please join us for this proven, evidence-based program to help manage your fear of falling. You will feel more confident and independent at the completion of this workshop.

Space is limited to 16 participants

Class days are as follows:

Friday, April 15; Tuesday, April 19; Friday, April 22; Tuesday, April 26;

Tuesday, May 3; Friday, May 6; Friday, May 13; Tuesday, May 17

1-2 pm Chapel

Class days and times are subject to change

Please sign up in the Lobby

From the Desk of Chaplain Mindy ...

Welcome to the month of April!

2016 is our year to be studying, The Fruit of the Spirit, so this month we are jumping in head first and taking a real look at

PATIENCE

Patience is one of those attributes that you cannot learn by reading about it. It's a quality that can only be acquired by persistent, enduring, practice— and for some it's a drill that we go over, and over, and over again!

The original Webster's dictionary offers this definition of patience: "the suffering of afflictions, pain, toil, calamity, provocation or other evil, with a calm, unruffled temper; endurance without murmuring or fretfulness, from a kind of heroic pride, or from a Christian submission to the divine will."

There are so many things we can learn about being patient, the blessings of having patience with God, having patience with ourselves and having patience with others and many, many more! So join me this month as we explore the virtue of patience.

You may be surprised what you find out.

2 Peter 1:5-7

And beside this, giving all diligence, add to your faith virtue; and to virtue knowledge; And to knowledge temperance; and to temperance patience; and to patience godliness; And to godliness brotherly kindness; and to brotherly kindness charity.



Join us in the Chapel for these special music events in April !

Brookside Church Easter Cantata – Sunday, April 3rd, 3:00pm

Motor City Choral (GM) – Monday, April 25th, 7:00pm

Dunneman's—Tuesday, April 26, 3:00pm



Alphabet Programs of The New Deal*

By: Fred Pankow

WPA (Works Progress Administration) was instituted to generate public jobs. In 1936 3.4 million people were employed. The program built 651,087 miles of roads; 8,192 parks; 853 landing fields repaired; refurbished and built 124,031 bridges; 125,110 public buildings; cleaned slums; revived forests; and extended electrical power to rural locations.

NYA (the National Youth Administration), a part of the WPA, provided jobs for 2 million high school and college students between the ages of 16 and 25.

REA, (Rural Electrification Administration) was a loan program to bring electricity and telephone service to rural areas.

NRA, (National Recovery Administration) enacted federal planning of the economy during peace time.

TVA (Tennessee Valley Authority). A federally owned corporation. Pres. Coolidge and Hoover opposed these efforts. Under Pres. Roosevelt the TVA Act passed. The project and its dams and rivers provided electrification of rural Tennessee Valley farmlands

SSA (Social Security Administration) A program offering savings for retirement which would pay the contributor a monthly check at the age of 65. From the loins of Social Security sprang Medicare medical benefits.

CCC (Civilian Conservation Corps.) the CCC enlisted young men to promote public works in environmental conservation and in the "tree army." They worked at soil conservation, reforestation, canal and ditch digging, wildlife shelters and stocking rivers.

FHA (Federal Housing Administration) a Federal mortgage insurance program. The purpose is to stimulate housing construction.

FDIC (Federal Deposit Insurance Corp.) , for the education and protection of the public in banking matters, to revitalize communities.

NLRB (National Labor Relations Board) the Act was created to protect the rights of employees and employers and to encourage collective bargaining.

SEC (Security and Exchange Commission) (Act) Following the market crash of 1929 it was passed in 1934; to restore investors confidence, maintain market integrity and protect investors.

G I Bill of Rights (the Servicemen's Readjustment Act of 1944) has been recognized as one of the most important acts of Congress....many in Congress and educators at colleges and universities had serious misgivings.

To finance his first New Deal Roosevelt introduced higher taxes for the rich. They felt that he had betrayed his class....

Fearing too much power centered in our national government there were cries of "Socialism" from those with a more conservative bent.

President Franklin D. Roosevelt, our only president elected for four terms spoke of Four Freedoms: freedom of speech and expression; freedom to worship God in his own way; freedom from want; freedom from fear. Artist Normal Rockwell painted his interpretation of the Four Freedoms: copies of which were hung in most family dining rooms. In his address to Congress on January 6, 1941 he explained, "This is no vision of a distant millennium. It is a definite basis for a kind of world attainable in our own time and generation. That kind of world is the very antithesis of the so-called new order of tyranny which the dictators seek to create with the crash of a bomb."

Perhaps what was happening in other world powers was an influence.

Germany; Adolph Hitler, Nazi Party, Fuhrer 1934-1945

Italy; Benito Mussolini, National Fascist Party, Duce 1924-1943

Russia; Joseph Stalin, Communist Party, Premier 1941-1953

Spain; Francisco Franco, Revolutionary Leader, Generalissimo 1939-1975

Japan; Michinomiya Hirohito, Hereditary (all powerful) Emperor 1926-1989

* Program proposals of President Franklin D. Roosevelt. Information from various government and media sources.

** HistoryLearningSite.co.uk

*** The Fight for the Four Freedoms, Simon and Schuster 2014

**** Military.com



All 2:00 Fitness Center classes

are moving to 2:30

This change will go into effect April 1st

Set a reminder for yourself!



FRIDAY, APRIL 8TH • DETROIT VS. YANKEES

1:15pm ACTIVITY ROOM

Afternoon with an Author

Norman Gibson

Civil War Enthusiast, former Teacher and the holder of several national championships in artillery, will join us to discuss historical events during the Civil War.

April 11, 1:30pm Activity Room

Detroit Opera House Tour

Tuesday, April 19, 9:00am

\$5.00—Please sign up in Lobby



Magic Flute—Detroit Opera House

Friday, May 13, 9:00am

\$24—Tickets still Available

Money due April 25

EXCURSIONS.....

Saturday, April 2

Dollar Tree

1:15pm

Wednesday, April 13

Women's Lunch

Pantry

11:00am

Tuesday, April 19

Opera House Tour

9:00am

Tuesday, April 19

Men's Lunch

Boatyard Grill

12:15pm

Friday, April 22

Movie & Lunch

Dimitri's

9:00am

Saturday, April 23

Big Lot's

1:15pm

Wednesday, April 27

Mall Trip

Birchwood

9:30am

Thursday, April 28

Kroger

2:00pm



Make a Spring Door Hanger

Wednesday, March 30 ~ 1:30pm ~ Activity Room

Friday, April 1 ~ 2:30pm ~ Activity Room

This is a 2 day project.

Don't be disappointed, you **MUST** sign up in the Lobby.

PALLET PROJECT WITH ST. MARY'S YOUTH GROUP

Join the St. Mary's Youth Group for Coffee and Donuts
and make pallet art!

You **MUST** sign up for
this project by April 1

Thursday, April 7
10:00am
Activity Room



Seniors Staying Sharp—Part 3

Join Marcia Relyea in this fun interactive event on the aging brain.
Learn to use all the latest tricks and strategies to maintain and improve
the most important organ in the body, your brain.

Thursday, April 14
1:30pm Activity Room

FRESH FLOWER ARRANGING WORKSHOP

LEARN HOW TO MAKE BEAUTIFUL ARRANGEMENTS OUT OF
FRESH FLOWERS WITH PROFESSIONAL FLORIST, THERESA

MONDAY, APRIL 11 & WEDNESDAY, APRIL 13

4:00PM

ACTIVITY ROOM



YOU MUST SIGN UP FOR THIS EVENT BY APRIL 8

COMPUTER CLASS

Do you want to learn more about searching the Internet? Attend a hands-on class to learn more computer skills focused on effective Internet searches. Experience with a keyboard and a mouse is required.

This class will be led by staff from the Chesterfield Township Library. This class is limited to 8 attendees (**please sign up in lobby**).



Tuesday, April 26, 1:30pm, Activity Room

The Bachelor Dinner Date



St. Patrick's Day Patty Paw Parade



Easter Egg Art Project



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Easter Fun



WELCOME NEW RESIDENTS

We welcome these new residents to our Village of East Harbor Family:

Ronald Parish— E-2

Evelyn Clark—500

Rosaria Lombardo—412

Doris Perkins—T601

Alzheimer's Support Group

Hosted by Pauline Zeig
3rd Tuesday of every month

We've Moved

2:00pm
Chapel

Directory

Accounting	
<i>Tracy Tesch</i>	716-7408
Activity Lead A/L & I/L	
<i>Betsy Mianecki</i>	716-7143
Admissions Specialist T.C.U	
<i>Sue McCallum</i>	716-7427
Assisted Living Nurse	
<i>Denise Klimaszewski</i>	716-7115
Beauty Salon	
<i>Appointments</i>	716-7180
Chaplain	
<i>Mindy Raulston</i>	716-7438
Front Desk	
<i>Receptionist</i>	725-6030
Dining Services Mgr.	
<i>Nolan Poloney</i>	716-7419
Director of Nursing	
<i>Melissa Freiburger</i>	716-7416
Driver	
<i>Ann Marie Hart</i>	716-7142
Fitness Specialist	
<i>Chris Gorde/Lisa Sonnenberg</i>	716-7164
Front Desk	
<i>Receptionist</i>	725-6030
Haven Hall Nurse	
<i>Lynette Sanday</i>	716-7384
Housekeeping / Laundry Mgr.	
<i>Mary Breen</i>	716-7418
Maintenance Mgr.	
<i>Rod Brandt</i>	716-7417
HCC Activity/Volunteer Mgr.	
<i>Sheri Stover</i>	716-7021
Physical Therapy Mgr.	
<i>Kim Frabotta, Agility Therapy</i>	716-7398
Resident Care Mgr.	
<i>Toni Greig</i>	716-7426
Sales & Leasing Mgr.	
<i>Carolyn Martin</i>	716-7221
Sales & Leasing Specialist	
<i>Peggy Carroll</i>	716-7397
<i>Nancy Smiley</i>	716-7183



4/01 Vida Pozar

4/02 Mary Doher

4/02 Mary Tame

4/03 Neil Veneri

4/07 Evelyn Duncan

4/14 Robert Bradley

4/18 Ruth Nichols

4/20 Peter Batts

4/23 Doris Gregor

4/25 Jean Campbell

4/28 Linda Aderman

Date: Thursday, April 28th
Time: 10:00 a.m. - 2:00 p.m.

FREE ADMISSION!

First 25 people receive FREE PIE!



The Village of
East Harbor

A SENIOR LIVING COMMUNITY

Presentations:

10:30-Infection Control-Jennifer Heim RN

11:30-Tai Chi Demonstration-Chris Gorde

12:30-Veteren Aids & Attendance- John Whitworth

1:30-Food Demonstration-Unidine

Featuring:

- **Blood Pressure Check**
- **Chair Massage**
- **Bone Density Testing**
- **Senior Brigade**
- **Veterans Aids & Attendance**
- **Jewelry**
- **Soaps**
- **Lotions**
- **Aromatherapy**
- **Miracle Ear**
- **Bake Sale**

PRESCRIPTION DRUG TAKE BACK DAY

SPONSORED BY

THE CHESTERFIELD POLICE DEPARTMENT

DROP OFF YOUR

UNUSED/EXPIRED MEDICATIONS

The Village of East Harbor is located on Kiely Drive just south of
23 Mile Rd. in Chesterfield.

33875 Kiely Drive, Chesterfield, MI 48047

586-725-6030

