



Sage Grove View



Embrace the possibilities

214 S. Sage Street • Kalamazoo, Michigan 49006 • www.pvm.org

April 2014

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The Senior Advocate.

By Lynn Alexander,
Vice President of Public Affairs

SAVVY SENIORS TAKE NOTE

There are several alarming trends these days we need to be alert for and protect ourselves!

The first of these occurs in our healthcare arena and in hospital settings. Lately hospitals have been keeping patients on observation status when they arrive rather than admitting them, which has gone as long as ten days in some cases. This is reportedly a less than transparent transaction since they do not notify patients that rehabilitation services will not be covered by Medicare without an official hospital admission taking place. If you are being held in observation status, insist that you be formally admitted so that you will not be denied payment coverage if services are needed at a later date.

Several more sinister interactions going on right now are scams being operated by criminals. These have both surfaced once in a while but are in full swing right now. In the one scenario people are being called by someone claiming to be

with the IRS demanding money for supposed delinquent taxes. The callers are quite intimidating and have tricked many into sending money to them. The other involves a consistent scam of calling grandparents and pretending to be their grandchild who is in trouble and needing to have them wire money to a specified location. In many instances the perpetrators even have the name of the grandchild and have been successful at stealing large sums of money. Locally there was a woman recently who lost \$10,000 in one transaction and was about to send more money when she realized that it was a scam and called the authorities.

As a reminder, do not give money to strangers who call or approach you unsolicited. Reputable groups do not ask for money in this manner. And always check with another person such as a friend, family member or senior services professional/senior center director before responding to these requests. Do not engage in conversation with them. Hang up or walk away and notify the authorities immediately. BE SAVVY!



The Village of
Sage Grove

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:





For Your Safety.

By Carrie L. Moon-Dupree,
Vice President of Risk Management & Quality

Independent Living, What happens in a medical emergency?

Presbyterian Villages' Independent living apartments provide seniors with a maintenance free retirement lifestyle. We offer service amenities at our independent Villages. Each Village offers a different menu of services. What is true across our independent villages is that we do not provide medical services. Apartment living does not provide the oversight that assisted or skilled nursing offers. That is why it is important you and your family understand what happens if a medical emergency should occur.

When you, or someone else, dial 911, local emergency personal will respond. During non-business hours EMS, Police and Fire dept. personnel can enter the building by using the keys left for them in the locked box outside the building. The quickest response comes from dialing 911. Each resident in independent living is also offered an emergency response button at no cost to them. This is an additional way to summon emergency help when you are not within reach a phone. However, you must wear your response button in order for it to be most effective. If your response button is on your dresser and you fall in the bathroom, it won't be of much use.

Our Staff at our independent living Villages are not trained in CPR or other medical procedures. This means they will not be rendering medical care. If they are aware of the emergency and are in the building, they will help facilitate the EMS personnel to get into the building and to you as quickly as possible. They will notify your emergency contact person, if you so request. If they are not in the building they may not know about your situation at all.

Now might be a good time to review your advance directive and place it in an accessible place for the EMS personnel to find. Only medical personnel can interpret your wishes as outlined in your advance directive. If you do not have one and wish assistance with this task, please contact your Village Service coordinator or social worker.

We certainly hope that you never have a medical emergency, but if you do local emergency personnel will respond quickly, with the proper equipment and the necessary knowledge. It is nice to know that we live in communities where local emergency response service is top rate and available.

Announcements

- ✚ **April 1st** – April fool's Day
- ✚ **April 13th** – Palm Sunday
- ✚ **April 15th** – First Day of Passover
- ✚ **April 18th** – Good Friday
- ✚ **April 20th** – Easter Sunday
- ✚ **April 18th & 21st** – Office Closed

Community Room Events

- ❖ **April 2nd** – Commodities Pick-up
- ❖ **April 7th & 21st** – Bible Study Group Meets 4:00 – 5:00pm
- ❖ **April 5th & 19th** – 2:00pm Crafts, Needlework & other crafts. People are willing to teach others
- ❖ **April 10th** – Garden Club meeting – 10:00am
- ❖ **April 12th** – Community luncheon 11:00am
- ❖ **April 16th** – Mail order prescription presentation - time TBA
- ❖ **April 24th** – Bingo with Life EMS – 2:30pm
- ❖ **April 28th** – Activities planning committee meeting – 10:00am
- ❖ **April 29th** – Resident meeting 1:00pm



Giving Matters.

By Paul J. Miller, CFRE,
President, PVM Foundation

Friends & Family Kicks Off; Consider Joining a PVMF Giving Society

The annual **Friends & Family Appeal** kicked off on April 1st and we are thrilled to offer a **\$1.00 for \$1.00 match for eligible gifts received through April 30th and a \$2.00 for \$1.00 match for eligible gifts over \$1,000 (up to \$5,000)**! Look for posters, flyers or ask your Village Administrator about your Village's fundraising goal and project for this year. Please encourage all of your friends and family members to make a gift during the month of April and take advantage of the opportunity to double or triple their impact!

There are several ways to make a gift (*match guidelines apply*):

- See the front desk or your Village Administrator
- Online at www.pvmfoundation.org (you must select the Village you would like your gift to benefit)
- Call the PVM Foundation at 248.281.2040
- Mail your gift to: PVM Foundation
26200 Lahser Road, Suite 300
Southfield, MI 48033

With our Calvin, Sterling and Mission Maker Societies' Recognition Luncheon coming-up on June 9th at the Edsel & Eleanor Ford House, I thought I would give you a description of the types of donors that are members of these societies:

- **Calvin Society:** Donors who have made a planned or deferred gift to PVM, such as inclusion in a Will/Estate Plan, including PVM as an insurance policy beneficiary, or a Charitable Gift Annuity, to name a few.
- **Mission Makers Society:** Make a multi-year pledge to PVM for \$1,000 or more and for two or more years.
- **Sterling Society:** Donors that have cumulatively given over \$50,000 to PVM.

Please give me a call at 248.281.2040 or email at pmiller@pvm.org if you are interested in learning more about these Giving Societies and how you can become a member.

Warm regards,
Paul J. Miller, CFRE



Consider Making a Gift to the

ANNUAL FRIENDS & FAMILY APPEAL: APRIL 1-30

Your gift could be **MATCHED \$1.00 for \$1.00!**

Gifts of \$1,000+ are eligible to be MATCHED \$2.00 for \$1.00
Your gift will benefit residents at your local Village! See reverse for how to make a gift.

See your Administrator for your Village's fundraising goal and project, or call the PVM Foundation at 248.281.2040.



It's Your Life. Live It Well.

*By Tom Wyllie,
Director of Wellness*

Last Month's Word Search Answers

We hope you enjoyed last month's word search. Below are the answers. If you like doing word searches, check out <http://onlinewordsearch.org>. When you go to the site you will immediately be greeted with a word search. When you find a word put your mouse cursor on the first letter, hold down the left mouse button and drag the cursor over the word. If it's a word from the list, it will end up being highlighted in gray and crossed off the list. There are several categories to choose from for hours of fun and mental stimulation!

DC RECOMMENDED VACCINES

Answers

F	T	N	B	N	R	X	U	L	V	B	B	P	N	D
V	C	E	E	D	N	B	S	D	V	N	C	G	Y	R
G	L	P	N	E	U	M	O	C	O	C	C	A	L	S
T	Y	E	P	S	X	S	H	E	J	I	I	G	E	Q
G	C	L	O	I	A	D	D	U	A	M	X	L	P	C
V	J	S	I	T	I	T	A	P	E	H	G	Y	X	N
X	A	J	M	S	J	S	M	V	A	N	C	T	D	U
U	T	I	X	D	Y	R	L	B	I	Z	X	X	F	K
Y	M	C	S	Z	O	W	H	H	I	K	O	S	I	C
X	K	P	E	R	T	U	S	S	I	S	B	Z	B	F
T	A	D	I	P	H	T	H	E	R	I	A	W	F	M
L	U	I	M	A	Z	N	E	U	L	F	N	I	A	I
K	G	X	E	Z	G	L	K	G	W	K	B	H	J	L
W	K	F	G	C	M	Q	P	M	W	R	W	A	J	K
S	T	E	T	A	N	U	S	P	C	B	I	A	B	P

Diphtheria
Hepatitis
Influenza

Pertussis
Pneumococcal
Shingles

Tetanus

Service Coordinator's Corner: Rebecca Ogradowski

I have good news! It's about money and how to keep more of it in your pockets. Did you know that you are likely to be eligible for a Social Security and Medicare program that could save you thousands of dollars on your prescriptions?

Last month, Paula sent me information about the Medicare Part D (prescription) coverage. An article in the Detroit Free Press (dated March 28, 2014) explains what the Medicare Low Income Subsidy is and how to apply for it. Low Income Subsidy is a program that will **eliminate** your prescription copays in 2014.

The article is here:

<http://www.freep.com/apps/pbcs.dll/article?AID=/201403280300/NEWS06/303280011>. I have put a hard copy on the cork board outside of the office.

If you have both Medicare and Medicaid, you are automatically eligible. This means that Social Security will send your information to Medicaid, unless you tell Social Security not to do so.

You can also apply for yourself or with your spouse. The Social Security website (<http://www.socialsecurity.gov/prescriptionhelp/>) includes information and an online application form. You can go in person and fill out a paper application or mail it to:

Social Security Administration
Wilkes-Barre Data Operations Center,
P.O. Box 1020
Wilkes-Barre, PA 18767-9910.

The requirements are:

Your monthly income is \$1,459 or less if you are single (\$17,505 annual income), or \$1,966 or less if you are married and living with your spouse (\$23,595 annual income). You might qualify even if you have slightly higher income if you provide at least half of the financial support for other relatives living in your household, if you have earnings from work, or if you live in Alaska or Hawaii. **AND** Your resources or assets (such as savings accounts or investments) are \$13,440 or less if you are single, or \$26,860 if you are married and living with your spouse. (All asset eligibility limits include a \$1,500 per person burial allowance.)

If you are willing to bear with this newbie, I can also help you through that application process. Just stop by the Service Coordinator office and we will go from there. I hope that every person at Sage Grove who is eligible will sign up and save some of that green stuff that we all use.

Feel free to share this information with anyone who might be able to benefit.

Rebecca

Continued from page 2

Announcements Continued

- ❖ 1st Sunday of the Month – Gospel music sing-along – **5:00pm**; Followed by ***BirthDay Celebration*** for all who have birthday's during the month
- ❖ Last Monday of the month, Activity Planning Committee meet @10am
- ❖ Last Saturday of the month "Give away day" and Social Gathering – 10am – 12pm
- ❖ Movie Matinee every other Tuesday – 1:30pm
- ❖ Loaves and Fishes – Delivery of Produce & Baked goods from Meijer Shopping Center & other local stores. **Deliveries are at random.** All residents are welcome to what we receive, on a 1st come 1st serve basis.
- ❖ Wal-Mart Bus – Every Monday – Pick-up is at 12:15pm

Birthday Celebration!

Ann M.April 12th
 Barbara G.April 23rd
 Madge B.April 26th
 Anthony V.April 29th

Wishing you a Great Day and a Blessed Year



Administrator Column

Village happenings – Please remember check out the *Announcement*, *Community Room Events* and *Calendar* sections of this newsletter.

April is our Friends and Family Appeal. Remember your donation can be matched \$ for \$ by the PVM Foundation while resources are available. So get your donation in soon to have it doubled. It's for a good cause. Thank you to all who have already given!

To all of our gardeners ... anyone interested in joining the "Gardening Club" The first meeting will be on Thursday, April 10th at 10:00am in the community room. I received several suggestions for the designated area(s) for those gardeners who like to use pots. I still need to know the approximate size. Please keep in mind the location should have easy access to all gardeners, access of the hoses and plenty of sunlight. We plan to make the potted gardening area permanent. ... To the gardeners using the raised bed gardens, there are some vacant beds available. Please come to the garden club meeting to sign up for your section.

There was a lot of confusion after last month's newsletter regarding Charter Cable switching from analog to a digital signal in June. I apologize for that. Once I have a definite date when the switch will take place and the go ahead for those who do not have a box to go pick one up, I will give you the information so you can plan accordingly. I'm trying to make this as painless as possible. Please do NOT try to get the free box ahead of time. I believe Charter will charge you if you do.

The office will be Closed April 18th and 21st due to the Easter Holiday. Also, April 23rd and 24th. I will be attending a two day workshop out of town. If you need something from me, please call the office and make an appointment before or after those dates.

For those who do not have access to the fitness center and would like to, I will be doing an orientation on Thursday, April 3rd at 1:00pm in the fitness center.

Enjoy Spring ... I truly believe it's right around the corner.

*Thank you,
Paula Hager*

April 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Walmart Bus <u>EVERY Monday</u> pickup @ 12:15pm ... Weather permitting	1 April Fool's Day	2 Commodities pick-up for <u>those enrolled</u> Games, Cards or Bowling 2:00pm in Comm. Rm	3 Wellness Room Orientation 1:00pm in Fitness Center	4 Comm. Van	5 Crafts, Needlework & other crafts 2:00pm
6 ~ Gospel Sing-Along 5pm – in Comm. Rm. Birthday Celebration's 5:30pm in Comm. Rm	7 Bible Study Group Meets 4 - 5pm <u>in Cm Room</u> Resident Activity Meeting 10:00am	8 Movie Matinee 1:30pm	9 Games, Cards or Bowling 2:00pm in Comm. Rm	10 Garden Club Meeting 10:00am	11 Comm. Van	12 Resident Luncheon 11:00am
13 Palm Sunday	14	15 First Day of Passover	16 Mail order Prescription presentation – Time TBA	17 Board Meeting 9:30 - 11:00am Comm. Rm Closed	18 Comm. Van Good Friday	19 Crafts, Needlework & other crafts 2:00pm
20 Easter Sunday	21 Bible Study Group Meets 4 - 5pm in Cm Room	22 Movie Matinee 1:30pm	23 Games, Cards or Bowling 2:00pm in Comm. Rm	24 "Bingo" Life EMS – 2:30pm in Cm Room	25 Comm. Van	26 "Give Away Day" 10am - Noon
27	28 Resident Activity Meeting 10:00am	29 Resident Meeting 1:00pm	30 Games, Cards or Bowling 2:00pm in Comm. Rm			

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org



Office Numbers

Phone: (269) 567-3300

Fax: (269) 381-6733

Village Staff

Paula Hager

Administrator

Rebecca Ogradowski

Service Coordinator

Monday – Thursday – Phone: (269)382-9910

10am – 3pm

Joseph King

Maintenance Technician

MAINTENANCE EMERGENCY NUMBER: (269) 615-3804



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org



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