






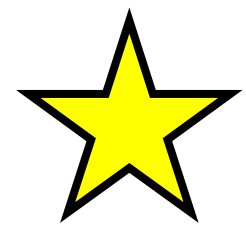


MAY 2018

Sun	Mon	Tues	Wed	Thu	Fri	Sat
		1 9:00 Arthritis Fitness (FC) 9:00 Walmart (LB) 9:30 Bingo (KD) 10:30 Pictionary (KD) 10:45 Catholic Service (CH) 11:30 Walk Club (LB) 1:30 Crossword (CH) 1:30 Walgreens (LB) 2:30 Sing-a-long (CH) 2:30 Building & Grounds (CM) 6:00 Pinochle (CH)	2 9:00 Arthritis Tai Chi (FC) 9:30 Bingo (CH) 10:30 Chicks w/Sticks (CH) 11:15 Stretch & Relax (CH) 1:30 Culinary Com(CM) 1:30 VVC Meeting (CH) 3:00 Communication Mtg(CM) 3:00 Bible Trivia (CH) 6:00 Euchre (MO) 6:30 Leader Dog (CH)	3 Pre-Kentucky Derby Party 9:00 Better Balance (FC) 9:00 Kroger (LB) 10:00 Men's Coffee Hour (CM) 10:00 Crossword (BD) 11:00 Puzzler (LB) 11:00 Beanbag Toss (FC) 11:00 Billiards (CM) 11:00 Rosary (CH) 1:30 Kentucky Derby Party(CH) 3:00 Inspirational Read (CH) 4:00 Harborlights (CH) 6:00 Pinochle (CH)	4 9:00 Circuit Training(FC) 9:00 Manicures (KD) 9:00 Women's Coffee Hr (KD) 11:15 Tai Chi Stretch (CH) 1:30 Bingo (BD) 2:30 Balloon Volleyball (CH)	5 Cinco de Mayo 9:30 Bingo (CH) 10:30 Learn to Knit(CH) 1:30 Sing-a-long (CH) 2:15 Cover that No(CH) 1:30 Sing-a-long (CH) 
6 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH)	7 9:00 Bingo (CH) 9:00 VVC Practice on own (FC) 9:30 Fashion Show Fitting (LB) 10:00 Cover that Number (CH) 1:30 Word Games (KD) 1:30 Bible Study (CH) 6:00 Bridge (CH) 7:00 Interfaith Choir (CH)	8 9:00 Arthritis Fitness (FC) 9:00 Meijer (LB) 9:30 Bingo (BD) 10:00 Hoop Shoot on own (FC) 10:30 Pictionary (BD) 10:45 Catholic Service (CH) 11:30 Bean Bag Toss (FC) 1:30 Resident Assoc (CH) 3:00 Kick-a-Roo (CH) 6:00 Pinochle (CH)	9 7-10:30am Omelet Station 9:00 Arthritis Tai Chi (FC) 9:30 Listen & Love (LB) 9:30 Bingo (CH) 10:00 Hoop Shoot on own (FC) 10:30 Chicks w/Sticks (CH) 11:15 Stretch & Relax (CH) 12:00 Meadowbrook Thtr. (LB) 1:30 Brain Fitness (CH) 2:30 Kick-a-Roo (FC) 3:00 Bible Trivia (CH) 6:00 Euchre (CH)	10 9:00 Better Balance (FC) 9:00 Kroger (LB) 10:00 Hoop Shoot on own (FC) 10:00 Men's Coffee Hour (CH) 10:00 Crossword (BD) 11:00 Puzzler (LB) 11:00 Beanbag Toss (FC) 11:00 Billiards (CM) 11:00 Rosary (CH) 1:30 Identity Theft Info (CH) 2:30 Kick-a-Roo (FC) 3:00 Inspirational Read (CH) 4:00 Harborlights (CH) 6:00 Pinochle (CH)	11 Hostess Cupcake Day 9:00 Manicures (CH) 9:00 Women's Coffee Hr (CH) 9:00 Circuit Training(FC) 10:00 Hoop Shoot on own (FC) 11:15 Tai Chi Stretch (CH) 1:30 Bingo (CH) 2:30 Balloon Volleyball (CH) 	12 Pretty in Pink Spring Fashion Show 12:00pm Restaurant 
13 9:45 Presbyterian Church (LB) 11:00 Mother's Day Service (CH) 	14 9:00 Bingo (CH) 9:00 Heart Smart Exercise (FC) 10:00 Kick-a-Roo on own (FC) 10:00 Cover that Number (CH) 11:15 Stretch & Relax (CH) 11:30 Women's Lunch (LB) 1:30 Word Games (KD) 1:30 Bible Study (CH) 2:30 Hoop Shoot (FC) 6:00 Bridge (CH)	15 9:00 Arthritis Fitness (FC) 9:00 Walmart (LB) 9:30 Bingo (KD) 10:00 Kick-a-Roo on own (FC) 10:30 Pictionary (KD) 10:45 Catholic Service (CH) 1:30 Crossword (KD) 2:00 Beanbag Toss (FC) 2:30 Hoop Shoot (FC) 2:00 Alzheimer's Support (CH) 2:30 Sing-a-long (CH) 6:00 Pinochle (CH)	16 9:00 Arthritis Tai Chi (FC) 9:30 Bingo (CH) 10:00 Kick-a-Roo on own (FC) 10:30 Chicks w/Sticks (CH) 11:15 Stretch & Relax (CH) 1:00 Hope for the Hungry (LB) 1:30 Wheel of Fortune (CH) 2:30 Hoop Shoot (FC) 3:00 Bible Trivia (CH) 3:30 Book Group (KD) 6:00 Euchre (CH)	17 9:00 Better Balance (FC) 9:00 Kroger (LB) 10:00 Kick-a-Roo on own (FC) 10:00 Men's Coffee Hour (CM) 11:00 Puzzler (LB) 11:00 Beanbag Toss (FC) 11:00 Billiards (CM) 11:00 Rosary (CH) 1:30 Birthday Entertain (CH) 3:00 Hoop Shoot (FC) 3:00 Inspirational Read (CH) 4:00 Harborlights (CH)	18 9:00 Manicures (CH) 9:00 Women's Coffee Hr (CH) 9:00 Circuit Training(FC) 10:00 Kick-a-Roo on own (FC) 11:15 Tai Chi Stretch (CH) 1:30 Bingo (CH) 2:30 Balloon Volleyball (CH)	19 9:30 Bingo (CH) 10:30 Learn to Knit(CH) 1:30 Sing-a-long (CH) 2:15 Cover that No(CH)

MAY 2018

Sun	Mon	Tues	Wed	Thu	Fri	Sat
20 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 5:00 Resident Pot Luck (CH) 	21 9:00 Bingo (CH) 9:00 Heart Smart Exercise (FC) 10:00 Hoop Shoot on own (FC) 10:00 Art w/ Linda (CH) 11:15 Stretch & Relax (CH) 1:30 Word Games (KD) 1:30 Bible Study (CH) 2:00 VVC Dance Routine (CH) 6:00 Bridge (CH)	22 Vanilla Pudding Day 9:00 Arthritis Fitness (FC) 9:00 Meijer (LB) 9:30 Bingo (KD) 10:00 Hoop Shoot on own (FC) 10:30 Pictionary (KD) 10:30 Lunch with Veterans (LB) 10:45 Catholic Service (CH) 1:30 Crossword (CH) 2:00 Beanbag Toss (FC) 2:00 VVC Dance Routine (CH) 6:00 Pinochle (CH) 	23 9:00 Arthritis Tai Chi (FC) 9:30 Bingo (CH) 10:00 Hoop Shoot on own (FC) 10:30 Chicks w/Sticks (CH) 11:15 Stretch & Relax (CH) 1:30 Wheel of Fortune (CH) 2:00 VVC Dance Routine(CH) 3:00 Bible Trivia (CH) 6:00 Euchre (CH)	24 9:00 Better Balance (FC) 9:00 Kroger (LB) 10:00 Kick-a-Roo on own (FC) 10:00 Men's Coffee Hour (CM) 10:00 Crossword (BD) 11:00 Billiards (CM) 11:00 Puzzler (LB) 11:00 Beanbag Toss (FC) 11:00 Rosary (CH) 11:30 Arthritis Exercise (CH) 1:30 Tasty Thursday (CH) 2:00 VVC Dance Routine(CH) 3:00 Inspirational Read (CH) 4:00 Harborlights (CH) 6:00 Pinochle (CH)	25 National Wine Day 9:00 Manicures (CH) 9:00 Women's Coffee Hr (CH) 9:00 Circuit Training(FC) 10:00 Kick-a-Roo on own (FC) 11:15 Tai Chi Stretch (CH) 1:30 Bingo (CH) 2:30 VVC Dance Routine(CH) 3:30 Wine Party (CH) 	26 9:30 Bingo (CH) 10:30 Learn to Knit(CH) 1:30 Sing-a-long (CH) 2:15 Cover that No(CH)
27 9:45 Presbyterian Church (LB) 11:00 Memorial Day Service (CH)	28  Friends & Family Visit	29 9:00 Meijer (LB) 9:00 VVC Practice on own(FC) 9:30 Bingo (KD) 10:30 Pictionary (KD) 10:45 Catholic Service (CH) 11:00 Men's Lunch (LB) 1:30 Crossword (CH) 2:30 Sing-a-long (CH) 6:00 Pinochle (CH)	30 8:30 Waffle Wed w/Chap.(CH) 9:00 Arthritis Tai Chi (FC) 9:30 Bingo (CH) 10:00 VVCpractice on own(FC) 10:30 Chicks w/Sticks (CH) 11:15 Stretch & Relax (CH) 1:30 Wheel of Fortune (CH) 2:00 Balloon Volleyball (CH) 3:00 Bible Trivia (CH) 3:30 Book Group (KD) 6:00 Euchre (CH)	31 9:00 Better Balance (FC) 9:00 Kroger (LB) 10:00 VVCpractice on own(FC) 10:00 Men's Coffee Hour (CM) 10:00 Crossword (BD) 10:00 Tiger Game (LB) 11:00 Puzzler (LB) 11:00 Beanbag Toss (FC) 11:00 Billiards (CM) 11:00 Blessed Mother Visitation with Rosary (CH) 2:00 Balloon Volleyball (CH) 1:30 Tasty Thursday (CH) 3:00 Inspirational Read (CH) 4:00 Harborlights (CH) 6:00 Pinochle (CH)	<div style="border: 1px solid red; padding: 5px;"> <p>CH=Chapel FC=Fitness Center BD=Barnett Dining Room KD=Kirk Dining Room LB=Lobby MO=Marketing Office CM=Capman Hall</p> </div>	



**PLEASE NOTE:
 ALL ACTIVITIES, FITNESS CLASSES & CHAPEL PROGRAMS ARE
 SUBJECT TO CHANGE DUE TO CONSTRUCTION!**

