



Villa View



Embrace the possibilities

25340 West Six Mile Road • Redford, Michigan 48240 • May 2017

Notes from the Administrator

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This year for Friends & Family, The Village of Redford hosted our first Senior Fashion Show Extravaganza on April 27th. Residents, their friends and family members walked the “runway” displaying various styles of Haute couture. From elegant evening gowns and tuxedos to active sportswear, every category of clothing was displayed, including the grand finale that featured traditional African attire for men and women. The success of the fashion show was bolstered by having 24 models and selling over 89 tickets.

Look for PVM on:



An elegant buffet luncheon was made possible by resident donations.

All proceeds from the event went towards our goal of raising \$2500.00 for the upgrade of electronics in the building. Our current TV in the Theater Room is the original and is 14 years old. If our goal is met, we would like to update the existing TV and purchase a smaller one to accommodate chair exercise sessions.

Kudos goes out to Villa resident Mildred Kennedy who was the master-mind behind this event. We thank all the volunteers who helped to make this a success; the commentator and M.C., Amelia Brown, all the guest and resident models, hospitality staff, decorating staff and kitchen assistants.

Take a look at our marvelous models!



1st Annual Senior Fashion Show Extravaganza 2017



Pictured, first row : Jerry Belcher & Mildred Kennedy, Janice Rowe, and Jerry Belcher again.

Pictured, second row: Juanita Johnson, Thelma Scott, Donald McSwain, and Liz Jones.

1st Annual Senior Fashion Show Extravaganza 2017 (cont'd)



Pictured above: Robert Willis, Liz Jones, and Mildred Kennedy with Thomasine Brantley

The Village Victory Cup is fast approaching. We are still looking for dedicated residents to form teams.

Categories include Kick-A-Roo, Puzzler, Wellness Walk, Hoop Shoot, Bean Bag Toss and the Photo Contest. Please contact Anita Stephens, Service Coordinator for practice dates and times.

Lawn Care

We have a new landscape company this year. This will be their first spring/summer on campus. If you have any questions or concerns about their service, please contact the office. We will see that any oversights are brought to the attention of the provider and corrected.

Reminder: All over-night visitors must be registered with the office. A visitor is defined as anyone who is not listed on the lease.

Coordinator Corner

May is a month of renewal, rebirth and revitalization.



Happy “Cinco de Mayo” on May 5th Cinco de Mayo, Spanish for the “fifth of May,” is the celebration of Mexico’s victory over France in the battle of Puebla in 1862.



Pathway to a Healthier Michigan Spring Session begins on Thursday, May 4-June 15, 2017 12:00 – 12:45pm

Blood Pressure checks with the Redford Fire Department on Wednesday, May 24th @ 9:00am

Redford Township 2017 Dog License Program: If you own a dog you must register it with a one year license. If you purchase the license during the month of June, the cost is ONLY \$10.00 On July 1, 2017 the fee increases to \$30.00. The location is 12200 Beech Daly, Redford, MI 48239. Open Mon-Fri 8:30 -4:30pm If purchasing by mail, send a copy of rabies vaccination along with check or money order. Forms are available in the service coordinator office.



LOVE CATS? May 15th is National Hug Your Cat Day!!

May Quote: “Mama always said life was like a box of chocolates. You never know what you’re gonna get.” ~ Forrest Grump



Village Victory Cup Participants, Please continue to practice!!!

Anita Stephens ~ 313-541-6450
May 29th 2017 (Offices Closed)

Enjoy Memorial Day / Monday,



Giving Matters.

By Paul J. Miller, CFRE,
President, PVM Foundation

AGE OUT LOUD!

Everyone's aging, but who is listening? Be the wake-up call!

Your backing and your voice = a variety of services, safe housing for a wide range of older adults and putting veterans first. YOU and PVM: we're up against a cultural indifference to the elderly. It sounds harsh, but it's true.

Think about it:

"Over the hill." "Senior moment." "Past your prime."

Those are pretty rough words about older adults—and we hear them, or even say them without batting an eye.

You have the power to change that indifference and make this state a great place to live at any age. Every time you introduce someone new to PVM, or you make a gift, you're bringing aging out of the shadows. You're making it possible for you and your peers of all income levels, backgrounds and needs to AGE OUT LOUD. This month is Older American's Month, so raise your voices and spread the word.

World: listen up!

If you have any questions or comments, please contact us at 248-281-2040 or pvmfoundation@pvm.org.

Thank you!

Paul J. Miller, CFRE

***P.S. YOUR IMPACT:** In 33 Michigan counties, there are now more older adults than school-aged children. HUGE when you consider that those older adults will stay as many kids grow up and move away.*

* "The Age Wave: A Call to Action" Thomas B. Jankowski



WORD SEARCH! SPRING CLEANING

FIND AND CIRCLE THE WORDS ON THE LIST...WORDS MAY BE FOUND ACROSS, DOWN, OR DIAGONALLY
--FORWARDS, BACKWARDS, AND SOMETIMES OVERLAPPING. HAVE FUN!

WORD LIST

ATTIC
BACK YARD
BASEMENT
BOXES
BUCKET
CAR
CEILING
CLEAN
DRYER
FRONT YARD
GARAGE
GARBAGE
GLOVES
GUTTERS
LADDER
LAUNDRY
LAWNMOWER
MIRRORS
MOP
ORGANIZE
PAINTBRUSH
RAKE
SHED
SORT
SPONGE
VACUUM
WATER
WALLS
WASH MACHINE
WINDOW CLEANER

M	G	A	R	A	G	E	G	N	O	P	S
V	Z	B	W	D	R	A	Y	K	C	A	B
C	E	N	I	H	C	A	M	H	S	A	W
F	R	O	N	T	Y	A	R	D	G	R	H
U	L	A	D	D	E	R	Z	Y	E	B	S
N	B	W	O	R	A	K	E	T	G	L	U
R	A	U	W	S	L	L	A	W	A	A	R
E	S	E	C	Y	Q	W	G	W	B	U	B
Y	E	Z	L	K	P	X	N	C	R	N	T
R	M	I	E	C	E	M	I	S	A	D	N
D	E	N	A	Z	O	T	L	R	G	R	I
P	N	A	N	W	T	R	I	E	X	Y	A
O	T	G	E	A	P	O	E	T	R	Y	P
M	I	R	R	O	R	S	C	T	Z	R	Q
G	L	O	V	E	S	M	U	U	C	A	V
B	O	X	E	S	H	E	D	G	E	C	S



**Phyllis at Shear
Perfection Salon**
Days of Operation:
Wed thru Sat.

Hours: 11 am- 4pm.

313-541-6077
Call to make an
appointment!

Redford Board of Directors

- Deanna Mitchell,
Board Chairperson
- Reva Wujcik
- Carrie Hays McElrye
- Joyce King
- Laura Scanlan
- Susan Hurst
- Catherine Esannason
- Kathryn Telck



It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

MARK YOUR CALENDARS!

“Vee Eye See Tee Oh Are Why”* is that your Village’s battle cry? If you’re having a challenge deciphering the battle cry, try reading it again but this time read it out loud. So, is it your Village’s battle cry? Is your Village ready for this year’s Village Victory Cup?

Scheduled for Friday, June 23rd this year’s event is being held at the Ford Community and Performing Arts Center in Dearborn. At 11:00 am sharp, PVM Villages from across Southeast Michigan will gather together at this location to compete for the coveted Village Victory Cup travelling trophy. To ensure everyone has the energy they need to compete, lunch will be served from

11:15 – 11:45 am. The games themselves will begin promptly at noon.



If you’re not familiar with the Village Victory Cup, it consists of a series of competitive events that include a puzzle building competition, a walking race, a lip sync battle, a photo contest, a beanbag toss, a timed basketball shoot and more. You earn points for your Village by simply coming to the event and cheering them on. You earn more points if you compete in the events and you earn even more points if you finish first, second, or third in an event. At the end of the day, the Village that scores the most points wins. To learn how you can join your Village’s team, contact your Administrator.

**battle cry = Victory*

Crispy Chicken Thighs with Cauliflower and Cilantro



1. Heat oven to 450° F. Heat the oil in a large ovenproof skillet over medium-high heat. Season the chicken with ½ teaspoon salt and ¼ teaspoon black pepper. Working in batches, cook the chicken skin-side down until crisp and golden, 6 to 7 minutes. Transfer to a plate; reserve the skillet.
2. Pour off all but 2 tablespoons of the drippings from the skillet. Add the cauliflower, chilies, and ¼ teaspoon each salt and black pepper; toss to coat. Nestle the chicken skin-side up in the cauliflower, transfer to oven, and roast until the cauliflower is tender and the chicken is cooked through, 20 to 22 minutes.
3. Add the lime juice and cilantro to the skillet and toss to combine. Serve with the lime wedges.

INGREDIENTS:

- 1 tablespoon olive oil
- 2½ pounds bone-in, skin-on chicken thighs (about 8)
- Kosher salt and black pepper
- 1 head cauliflower (about 1½ pounds), cut into florets
- 2 small dried red chilies or ¼ teaspoon crushed red pepper
- 1 tablespoon fresh lime juice, plus lime wedges for serving
- 1 ½ cup fresh cilantro leaves

Happy Birthday to You!

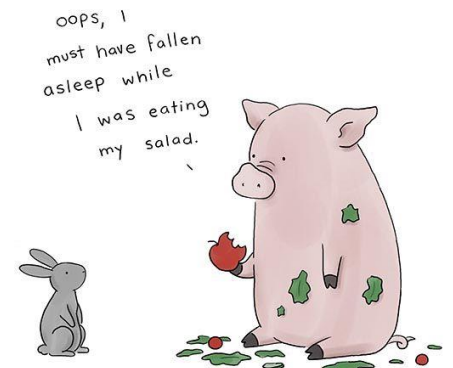
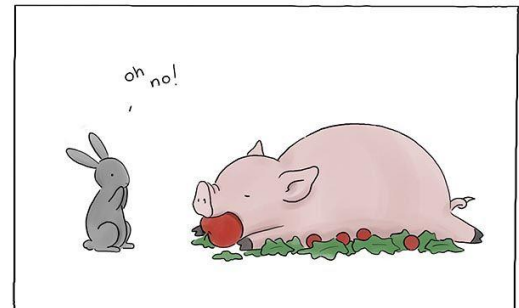
The Birthday Party will be held on 5/15, at 1:30 PM in the Villa Dining Room.

Villa Friends

Dorothy Welch	05/02	Annie Byrd.....	05/27
Mary Perry.....	05/04	Chester Latka.....	05/29
Donald McSwain.	05/05	Gwendolyn Felton...	05/30
Hattie Warren....	05/05		
Ernestine Hicks.....	05/10	Cottage Friends	
Frances Garrett.	05/11	Victoria Humphrey.....	05/08
Wallace Wood	05/20	Ruby Taylor.....	05/18
Doris Lee.	05/21	Debra Montgomery.....	05/30
Jimmie Foster.....	05/23	Sherry Merriwether....	05/31
Catherine Garrett.....	05/24		

Welcome New Residents!

Angela Morman, Cottages



lizclimo.tumblr.com

May 2017 Activities Calendar

May 2017						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 10 am Pantry 5 pm Bingo/Keno 6:30 pm Cards	2 2 pm Movie "Bad Moms"	3 10 am Kroger/ \$Store 2 pm Pinochle 2:30 Sing-A-Long 6:15 pm Bible Study	4 10 am Coffee Hour 10 am Pantry 11 am Hymn Sing 1 pm Chair Exercise	5 12:45 Milkman 1 pm Arts & Crafts 5 pm Keno/Bingo	6 1 pm Bingo (Game Room)
7	8 10 am Pantry 5 pm Bingo/Keno 6:30 pm Cards	9 2 pm Movie "The Duel"	10 10 am Value Center/Walgreens 2 pm Pinochle 2:30 Sing-A-Long 6:15 pm Bible Study	11 10 am Coffee Hour 10 am Pantry 1 pm Chair Exercise	12 12:45 Milkman 1 pm Arts & Crafts 5 pm Keno/Bingo	13 1 pm Bingo (Game Room)
	14 10 am Pantry 1:30 pm B-Day Party 5 pm Bingo/Keno 6:30 pm Cards	15 2 pm Movie "The Jungle Book"	16 10 am Kroger/ \$Store 2 pm Pinochle 2:30 Sing-A-Long 6:15 pm Bible Study	17 10 am Coffee Hour 10 am Pantry 11 am Hymn Sing 1 pm Chair Exercise	18 12:45 Milkman 1 pm Arts & Crafts 5 pm Keno/Bingo	19 1 pm Bingo (Game Room)
20	21 10 am Pantry 5 pm Bingo/Keno 6:30 pm Cards	22 2 pm Movie "Carter High"	23 10 am Value Center/Walgreens 2 pm Pinochle 2:30 Sing-A-Long 6:15 pm Bible Study	24 10 am Coffee Hour 10 am Pantry 1 pm Chair Exercise	25 12:45 Milkman 1 pm Arts & Crafts 5 pm Keno/Bingo	26 1 pm Bingo (Game Room)
	27 10 am Pantry 5 pm Bingo/Keno 6:30 pm Cards	28 2 pm Movie "Midnight Special"	29 10 am Kroger/ \$Store 2 pm Pinochle 2:30 Sing-A-Long 6:15 pm Bible Study	Redford Fire Department Blood Pressure Check will be held on Wednesday, May 24th from 9 to 11 am		

Reminder: The Redford Board of Directors meets the fourth Thursday of each month. Depending on the amount of members in attendance, the dining room may need to be utilized for the meeting. We appreciate your flexibility in this matter

Movie Listings May 2017



The Duel A Texas Ranger (Liam Hemsworth) investigates a series of murders in an Old West town that's run by a former Confederate officer (Woody Harrelson).

The Jungle Book Raised by a family of wolves since birth, Mowgli (Neel Sethi) must leave the only home he's ever known when the fearsome tiger Shere Khan (Idris Elba) unleashes his mighty roar. Guided by a no-nonsense panther (Ben Kingsley) and a free-spirited bear (Bill Murray), the young boy meets an array of jungle animals, including a slithery python and a smooth-talking ape. Along the way, Mowgli learns valuable life lessons as his epic journey of self-discovery leads to fun and adventure.

Carter High The Carter High football team has to overcome tremendous difficulties to reach its goal of a state championship.

Midnight Special The government and a group of religious extremists pursue a man (Michael Shannon) and his son (Jaeden Lieberher), a young boy who possesses special powers.

SEE YOUR MONTHLY CALENDAR FOR SHOWING DATES!

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

**Villa Office Number
Cottage Office Number**

Village Staff

Gloria Robinson
Senior Housing Administrator

Hannah Micallef
*Cottages Administrative
Assistant, TCS*

Steve Reardon
*Cottages Maintenance
Technician*

**(313) 541-5991
(313) 541-6300**

Crystal Davis
Villa Administrative Assistant

Mark Uzarek
Maintenance Lead, Villa

Rhonda Harvey
Housekeeper, Villa

Anita Stephens
*Service Coordinator, Villa &
Cottages (313) 541-6450*

Melissa Nestorovski
*Leasing and Marketing Specialist
(313) 541-6140*

EMERGENCY NUMBER (VILLA)

(313) 910-7027

EMERGENCY NUMBER (COTTAGES)

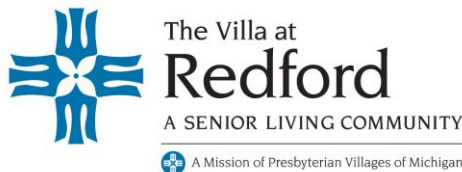
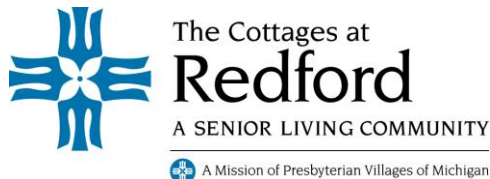
(313) 573-3572

NON-EMERGENCY REDFORD POLICE

(313) 387-2500



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org



LEAVE A
Legacy
Ways to make
a Planned Gift

Support PVM during your
lifetime and beyond.

- › Make a bequest in your will
- › Start a Charitable Gift Annuity
- › Your Life Insurance Policy

CONTACT US TO LEARN MORE
Without obligation, PVM Foundation would like to answer any questions you may have, call Paul Miller
248.281.2045 MyLegacy.pvmf.org

**The Villa and Cottages at Redford • 25340 West Six Mile Road •
Redford, Michigan 48240**

Embrace the possibilities