



# Village Trumpet



Embrace the possibilities

33875 Kiely Drive • Chesterfield, Michigan 48047 • www.pvm.org

March 2017



## Featured Articles

Executive Director

Marketing & Events

Chaplain

Events

Events

Whazzup...

Photos

Directory

**ST. PATRICK'S DAY  
PARTY**

**The Shannon Irish Dance Company  
&  
Bagpiper-Don Ross**

Thursday, March 16  
1:30pm  
Chapel

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**Happy Hour  
&  
Dancing**

Friday, March 17  
2:45pm  
Activity Room



The Village of East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



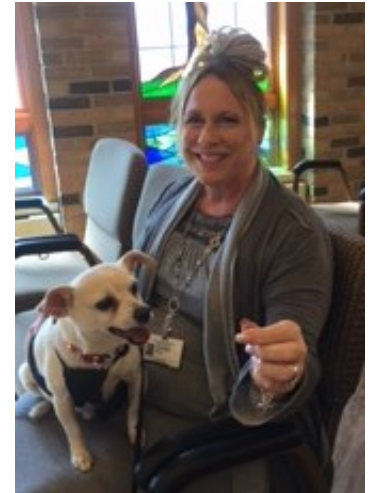
Be sure to set your clocks ahead before going to bed Saturday night.



**DAYLIGHT SAVINGS TIME BEGINS 2:00AM MARCH 12**

**The Village of East Harbor would like to welcome our new Administrator,  
Carolyn Martin.**

Carolyn Martin, Administrator of the Village of East Harbor has served Presbyterian Villages of Michigan for over nine years. Her duties include overseeing the Licensed Home for the Aged, Assisted Living, Memory Care, and Independent Living Residents. She is responsible for upholding Presbyterian Villages of Michigan policies, and procedures as well as State, Federal and Local regulations. She coordinates and supervises Admissions, Sales and Leasing, Activity Staff, Fitness Staff, and our Chaplain. Carolyn manages the marketing activity and social media efforts. Make sure to Like the Village of East Harbor Facebook page. She reports to David Miller the Executive Director of our campus. In addition, she is the Licensed Real Estate Broker for PVM. “I am committed to providing positive outcomes. I feel fortunate and blessed to work here at The Village of East Harbor. I welcome the opportunity to meet with residents and family members. “



Carolyn is fortunate to have her Mother Virginia living here on our campus. She has been married to her husband John for over 31 years and is the proud Mom of two children, Courtney a CPA and JJ a college student. Carolyn is active in the community, serving as a Board Member for the Anchor Bay Chamber, past President of the Anchor Bay Rotary club, past Richmond PTA President, past President of Richmond Little League Baseball, and currently attends St. Mary’s Queen of Creation.

She enjoys kayaking and paddle boarding, Biking, and her dog Bazooka.



**WHERE IN THE WORLD HAS OUR VEH JACKET BEEN?**

**Elaine Walton recently was seen in Sacramento, California wearing her Village of East Harbor jacket.**

# MARKETING

It's March, and Spring is just around the corner! Hopefully, you have been taking advantage of the unseasonably warm weather and getting out to take advantage of some of the many activities we have to offer. We have recently had a number of new residents move in, and a few mentioned that they knew some current residents, which is wonderful! We would love to hand out some \$250 referral checks, but please remember that anyone you refer to the Village of East Harbor MUST mention your name during the initial contact with Sales and Marketing. We make it so easy with pocket cards that are available for the asking in the Sales and Leasing Department on which you can write your name and give to anyone interested in more information about The Village of East Harbor.

## WELCOME HOME NEW RESIDENTS

We welcome these new residents to our  
Village of East Harbor Family:

**Leotta MacKenzie –115**

**Marie Spicher—100**

**Edwin & Judith Wullaert—S504**

## Alzheimer's Support Group

**Hosted by Pauline Zeig**

**3rd Tuesday of every month**

**2:00pm**

**Chapel**

## JUST A REMINDER... Committee Meetings are open to ALL Residents!

### Building & Grounds

Meets the 1st Tuesday of every month at 2:30pm in Kirk Hall.

### Communication Committee

Meets the 1st Wednesday of every month at 3:00pm in the Conference Room. (except in March)

### Culinary Committee

Meets the 1st Wednesday of every month at 1:30pm in the Dining Room. (except in February).



## CAN YOU HELP US SOLVE THIS MYSTERY?

WHO HUNG THE PETE'S PARK SIGN?

WE KNOW PETE BATTS

METICULOUSLY MAINTAINS HIS

"PARK", BUT WHO HUNG THE SIGN?

REWARD TO ANYONE WHO CAN HELP  
US SOLVE THIS MYSTERY.

CONTACT BETSY-586-716-7143







*Ash Wednesday Services*

March 1, 10:30am  
Chapel

BIBLE  
STUDY

WEDNESDAY'S  
STARTING MARCH 1

4:00PM

CHAPEL



# DON'T GIVE UP *chocolate* FOR LENT

Do something *life changing* instead.

We all know the things that make us happy, but we don't always do them. Lent is an opportunity to change that. This year we invite you to do something different.

**RESISTING  
HAPPINESS**



A true story about why you sabotage yourself,  
feel overwhelmed, set aside your dreams, & lack the courage to  
truly be yourself. . . & how to start (resisting happiness) again.

**MATTHEW KELLY**  
NEW YORK TIMES BESTSELLING AUTHOR

Sign up for Best Lent Ever, and receive a **FREE** copy of **Matthew Kelly's book, Resisting Happiness.**

This video-based program presented by Katie Dailey, features internationally acclaimed speaker and *New York Times* bestselling author Matthew Kelly. From Ash Wednesday to Easter Sunday, Matthew will help you identify what stands between you and happiness . . . and what to do about it. Are you ready for your best Lent ever?

***Mondays, starting March 6***

***3:00pm***

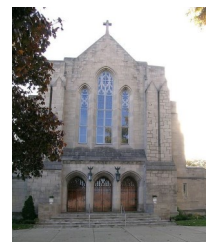
***Chapel***

## **PRAYER PILGRIMAGES PRESENTS**

**Easter Friday Pilgrimage of Eight Detroit Historical Churches  
Friday, April 21**

**\$50.00 ( Includes Deluxe Motor Coach & Catered Lunch Buffet)**

**Money Due: March 24**



## What Is A Poet

A poet is many things! All things being equal  
there has to be one factor that stands out just a little more.

### TRUTH

In every poem I have written a part of me is etched for all to see.

I have tried writing poems of which I wasn't connected  
In some way. I can do it but not unlike a good artist if there isn't  
any feeling, then there isn't any depth.

An artist paints upon a canvas where the beauty and truth are  
captured by the eye and then is engulfed by the soul.  
A poet supplies the words to your eyes and ears. Then you become  
an artist. Using your mind as a brush you then paint the  
Picture of your imagination.

If a poet can make you smile or cry - mad or pleased - happy or sad –  
envious or loving or any combination of feelings, then and only then  
has a poet written a successful poem.

### POETRY-R-ME!

Poetry is a fine art. Not unlike Rembrandt or Monet a poem brings life  
by etching a picture. The brush of a poet is the pen, the canvas  
is your imagination.

If one of my poems brings a smile - a tear - a forgotten memory - or  
a moment of anger, then and only then have I succeeded in writing  
a poem.

A Poem is the truest form of communication. In each poem there must be a part of a poet's  
own self - without this it can not be a  
poem - it will then be but a story!

“Poetry is the journal of life  
and the diary of one's soul”!

Chuck Kisandi - Poem

# Fitness Center NEWS



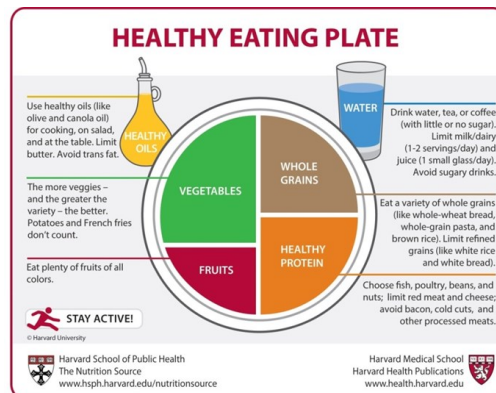
## March is National Nutrition Month

**Healthy Eating** is a program for people who want to learn more about how nutrition and lifestyle changes can promote better health. Healthy snacks will be provided!

**Dates:** Thursday, March 2, March 9<sup>th</sup>, March 23<sup>rd</sup> & March 30<sup>th</sup>

**Time:** 1:30

**Location:** Activity Room



## Wellness Works

### Treat Yourself Thursday

Wellness works is a hands on apothecary class where you will make homemade, all natural bath & body products. **Please sign up for this workshop in the binder located in the front lobby!**

**When:** The 3<sup>rd</sup> Thursday of every month

**Time:** 2:30

**Where:** Activity Room



# MARCH EXCURSIONS.....

**Wednesday, March 8**

*Listen & Learn @ Maconce Elementary  
Introduction Meeting  
9:00am*

**Wednesday, March 8**

*Women's Lunch  
Sugarbush  
11:00am  
Lobby*

**Monday, March 20**

*Pewabic Pottery & Lunch  
\$20.00  
9:30am  
Lobby  
Money due March 6*

**Tuesday, March 21**

*Men's Lunch  
Bobby Mac's  
11:00am  
Lobby*

**Tuesday, March 28**

*Henry Ford Museum  
\$18.00  
8:30am  
Lobby  
Money Due March 20*

**Monday, March 27**

*Mall Trip  
Great Lakes Crossing  
9:00am  
Lobby*

**Friday, March 31**

*Movie Matinee  
9:30am  
Lobby*

## UPCOMING EXCURSIONS.....

*Coming in April...*

**Friday, April 21**

*Prayer Pilgrimage  
\$50.00  
Money Due -March 24*

**Wednesday, April 26**

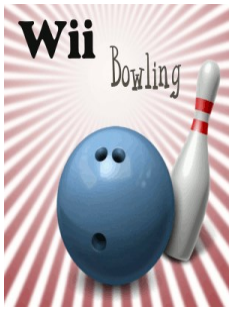
*I Love a Piano-Meadowbrook Theatre  
\$27.00  
Money Due -March 23*

## **DON'T GET LEFT BEHIND!**

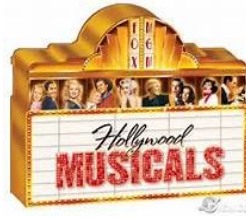
You **MUST** sign up for ALL shopping TRIPS and EXCURSIONS in the book found in the lobby and money in by the due date!

**There must be 6 or more signed up or trips may be subject to cancellation.**





**Wii Games**  
**Thursday's—11:00am**  
**Friday's—2:45pm**  
**Activity Room**



**HARBORLIGHTS**  
**Musical Movie**  
**Sunday, March 5**  
**6:30pm**  
**Activity Room**

**Craft with Anita**

**Monday, March 6**  
**10:00am**  
**Activity Room**



**Cards with JoAnne**  
**Learn to make a card for yourself or to give away!**  
**Tuesday, March 7**  
**1:00pm**



**Spring Door Hanger**  
**Tuesday, March 21**  
**1:00pm**  
**Activity Room**



**Painting w/ a Twist**  
**Tuesday, March 28**  
**1:30pm**  
**Activity Room**

*Listen*  
*and Love*



***“Listen & Love”***  
 Won't you open your hearts to listen to 1st & 2nd graders read at Maconce Elementary?  
**Wednesday, March 8**  
**9:00am**  
**Lobby**

**MUSEUM MASTERPIECES: THE LOUVRE**

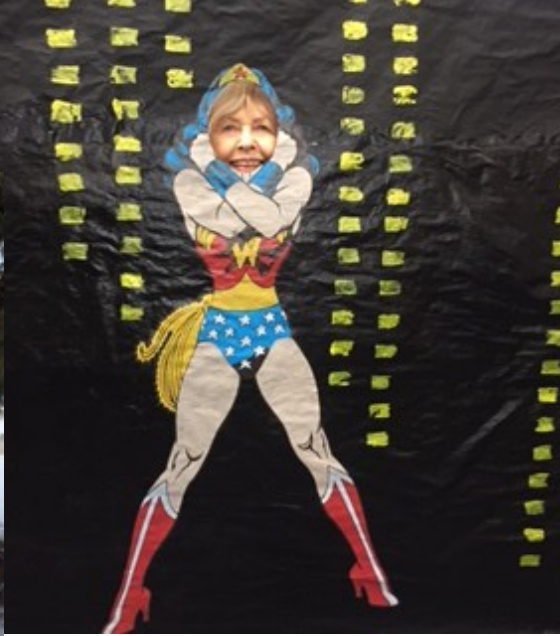
Do you dream of exploring the masterpieces of the Louvre Museum in Paris? Whether you're planning your first visit to this world-class museum, returning for a second look, or simply playing the role of armchair art critic, you'll enjoy the pleasures that await you in this tour of France's greatest treasures.



**Join us for this fascinating program!**  
**Saturday's Starting March 4**  
**3:15pm**  
**Activity Room**



# FROZEN HARBOR



## Make & Take Soup Demo





# Sanders Morley Candy Visit







# Directory

<b>Accounting</b>	
<i>Tracy Tesch</i>	716-7408
<b>Activity Lead A/L &amp; I/L</b>	
<i>Betsy Mianecki</i>	716-7143
<b>Admissions Specialist T.C.U</b>	
<i>Sue McCallum</i>	716-7427
<b>Assisted Living Nurse</b>	
<i>Denise Klimaszewski</i>	716-7115
<b>Beauty Salon</b>	
<i>Appointments</i>	716-7180
<b>Care Sync Case Manager</b>	
<i>Josie Villegas</i>	716-7092
<b>Chaplain</b>	
<i>Mindy Raulston</i>	716-7438
<b>Dining Services Mgr.</b>	
<i>Brian</i>	716-7419
<b>Director of Nursing</b>	
<i>Melissa Freiburger</i>	716-7416
<b>Driver</b>	
<i>Ann Marie Hart</i>	716-7142
<b>Fitness Specialist</b>	
<i>Chris Gorde/Lisa Sonnenberg</i>	716-7164
<b>Front Desk</b>	
<i>Receptionist</i>	725-6030
<b>Haven Hall Nurse</b>	
<i>Lynette Sanday</i>	716-7384
<b>Housekeeping / Laundry Mgr.</b>	
<i>Mary Breen</i>	716-7418
<b>Maintenance Work Orders.</b>	
<i>Front Desk</i>	725-6030
<b>Maintenance</b>	
<i>Emergencies After 11:00pm</i>	248-996-2470
<b>HCC Activity/Volunteer Mgr.</b>	
<i>Sheri Stover</i>	716-7021
<b>Physical Therapy Mgr.</b>	
<i>Kim Frabotta, Agility Therapy</i>	716-7398
<b>Resident Care Mgr.</b>	
<i>Toni Greig</i>	716-7426
<b>Sales &amp; Leasing Mgr.</b>	
<i>Carolyn Martin</i>	716-7221
<b>Sales &amp; Leasing Specialist</b>	
<i>Peggy Carroll</i>	716-7397
<i>Nancy Smiley</i>	716-7183



<b>3/01 Virginia Visner</b>
<b>3/04 Bernice Guga</b>
<b>3/04 Patricia Helmrich</b>
<b>3/07 Frances Masters</b>
<b>3/08 Christine Young</b>
<b>3/10 Gerald Malburg</b>
<b>3/10 Robert Morrill</b>
<b>3/14 James Brigulio</b>
<b>3/15 Marceline Roche</b>
<b>3/17 Geneva Malane</b>
<b>3/17 Gladys Stolzenfeld</b>
<b>3/18 Glenn Nichols</b>
<b>3/18 Miriam Woodcock</b>
<b>3/21 Marie Beaulac</b>
<b>3/22 Viola Casey</b>
<b>3/24 Shirley Landuyt</b>
<b>3/30 Donald Hubbert</b>
<b>3/30 Veronica St. Sauver</b>