




NOVEMBER

Sun	Mon	Tues	Wed	Thu	Fri	Sat
		1 9:00 Coffee & Coloring (AR) 9:00 Core Concentrate (FC) 9:30 Meijer (LB) 9:30 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (AR) 1:00 Walgreens (LB) 1:30 Wheel Of Fortune (AR) 2:00 All Saints Day Serv (CH) 2:30 Building & Grounds (KH) 2:15 Crossword (AR) 6:00 Pinochle (AR)	2 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 10:00 Bingo w/ Neil (AR) 11:00 Women's Lunch (LB) 11:30 Stretch & Relax (AR) 1:30 Brain games (AR) 2:00 Standing Pilates (FC) 2:15 Sing Along w/Sherry (AR) 3:00 Communication Mtg (AR) 3:00 Thankful Wreathe (CH) 6:00 Euchre (AR) 7:00 Leader Dog (AR)	3 9:00 Mandala (AR) 9:00 Brains & Balance (FC) 9:30 Kroger (LB) 10:00 Men's Coffee Hour (AR) 10:00 Crossword (DR) 11:00 Rosary (CH) 11:30 Fall Prevention Fit (AR) 1:30 Polish Poker (AR) 2:15 Brain Games (AR) 2:30 Sit & Be Fit (FC) 3:00 Inspirational Read (CH) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)	4 9:00 Circuit Training (FC) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 10:45 Crossword (AR) 11:30 Stretch & Relax (AR) 1:30 Bingo (AR) 2:00 Arthritis Exercise (FC)	5 10:00 Bingo (AR) 1:00 Cards (DR) 6:00 Movie (LB) <div style="text-align: right;">  <p>Set your clocks BACK one hour before going to bed tonight.</p> </div>
6 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 6:30 Movie (LB) 	7 9:00 Bingo (AR) 9:00 FUNctional Fitness (FC) 10:00 Craft w/Anita (AR) 10:00 Chicks w/Sticks (AR) 11:30 Stretch & Relax (AR) 1:30 Wheel of Fortune (AR) 2:00 Arthritis Exercise (FC) 2:15 Crossword (AR) 3:00 Bible Study (CH) 6:00 Bridge (AR)	8 9:00 Coffee & Coloring (AR) 9:00 Core Concentrate (FC) 9:30 Meijer (LB) 9:30 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (AR) 1:30 Resident Assoc. (CH) 6:00 Pinochle (AR)	9 8:45 Gleaners (LB) 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 10:00 Bingo w/ Neil (AR) 11:30 Stretch & Relax (AR) 1:30 Yahtzee (AR) 2:00 Standing Pilates (FC) 2:15 Sing Along w/Sherry (AR) 3:00 Chapel Trivia (DR) 6:00 Euchre (AR)	10 9:00 Mandala (AR) 9:00 Brains & Balance (FC) 9:30 Kroger (LB) 10:00 Men's Coffee Hour (KH) 10:00 Crossword (DR) 11:00 Rosary (on your own) 11:30 Fall Prevention Fit (AR) 1:30 Cover That Number (DR) 2:30 Sit & Be Fit (FC) 3:00 Inspirational Read (KH) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)	11  1:30 Flagpole Visit (LB) <h2 style="text-align: center;">Holiday Bazaar</h2> <h3 style="text-align: center;">10-4pm</h3>	12
13 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 5:00 Resident Potluck (AR) 6:30 Movie (LB)	14 9:00 Bingo (AR) 9:00 FUNctional Fitness (FC) 9:00 Parade Co. Tour (LB) 10:00 Chicks w/Sticks (AR) 11:00 Stretch & Relax (AR) 2:00 Arthritis Exercise (FC) 3:00 Bible Study (CH) 6:00 Bridge (AR)	15 9:00 Coffee & Coloring (AR) 9:00 Core Concentrate (FC) 9:30 Meijer (LB) 9:30 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (FC) 1:30 Cards w/Joann (AR) 2:30 Fall Prevention Fit (FC) 6:00 Pinochle (AR)	16 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 10:00 Bingo w/ Neil (AR) 11:30 Stretch & Relax (AR) 1:30 Scavenger Hunt (AR) 2:00 Standing Pilates (FC) 2:15 Sing Along w/Sherry (AR) 3:00 Chapel Trivia (CH) 3:30 Book Group (AR) 6:00 Euchre (AR)	17 9:00 Mandala (AR) 9:00 Brains & Balance (FC) 9:30 Kroger (LB) 10:00 Men's Coffee Hour (AR) 11:00 Rosary (CH) 12:00 Birthday Dinner (DR) 1:30 Birthday Entertain (CH) 2:30 Sit & Be Fit (FC) 4:00 Harbor Lights (CH) 6:00 Pinochle/Bridge (AR)	18 9:00 Circuit Training (FC) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 10:45 Crossword (AR) 11:30 Stretch & Relax (AR) 1:30 Bingo (AR) 2:00 Arthritis Exercise (FC)	19 10:00 Bingo (AR) 1:00 Cards (DR) 6:00 Movie (LB)

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Sun	Mon	Tues	Wed	Thu	Fri	Sat
20 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 6:30 Movie (LB)	21 9:00 Bingo (AR) 9:00 FUNctional Fitness (FC) 9:30 Meijer (LB) 10:00 Chicks w/Sticks (AR) 11:30 Stretch & Relax (AR) 1:30 Crossword (AR) 2:00 Arthritis Exercise (FC) 2:15 Singing w/Sherry (AR) 3:00 Bible Study (CH) 6:00 Bridge (AR)	22 9:00 Coffee & Coloring (AR) 9:00 Core Concentrate (FC) 9:30 Kroger (LB) 9:30 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:00 Men's Lunch (LB) 11:30 Stability Ball Beat (AR) 1:30 Manicures (AR) 2:00 Alzheimer's Support(CH) 2:30 Fall Prevention Fit (FC) 6:00 Pinochle (AR)	23 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 10:00 Bingo w/Neil (AR) 11:00 Thanksgiving Service(CH) 11:30 Stretch & Relax (AR) 1:30 Thanksgiving Social (AR) 2:00 Standing Pilates (FC) 3:00 Chapel Trivia (CH) 6:00 Euchre (AR)	24 	25 9:00 Circuit Training (FC) 10:00 Wheel Of Fortune (AR) 10:45 Crossword (AR) 11:30 Stretch & Relax (AR) 1:30 Bingo (AR) 2:00 Arthritis Exercise (FC)	26 10:00 Bingo (AR) 1:00 Cards (DR) 6:00 Movie (LB)
27 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 6:30 Movie (LB)	28 9:00 Bingo (AR) 9:00 FUNctional Fitness (FC) 10:00 Chicks w/Sticks (AR) 11:00 Men's Lunch (LB) 11:30 Stretch & Relax (AR) 1:30 Wheel of Fortune (AR) 2:00 Arthritis Exercise (FC) 2:15 Crossword (AR) 3:00 Bible Study (CH) 6:00 Bridge (AR)	29 9:00 Coffee & Coloring (AR) 9:00 Core Concentrate (FC) 9:30 Meijer (LB) 9:30 Bingo W/Vince (AR) 10:45 Catholic Comm (CH) 11:30 Stability Ball Beat (AR) 1:30 Baking w/ Kelly (AR) 2:00 Tea Time Tuesday (AR) 2:30 Fall Prevention Fit (FC) 6:00 Pinochle (AR)	30 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 9:00 Mall Trip (LB) 10:00 Bingo w/ Neil (AR) 11:30 Stretch & Relax (AR) 1:30 Yahtzee (AR) 2:00 Standing Pilates (FC) 2:15 Sing Along w/Sherry (AR) 3:00 Chapel Trivia (CH) 6:00 Euchre (AR)			



AR=Activity Room
 CH=Chapel
 FC=Fitness Center
 DR=Dining Room
 KH=Kirk Hall
 LB=Lobby
 Lib=Library
 CR=Conference Room

All Events Subject to Change.

Please be sure to Sign-Up for all excursions in lobby.