



# Village Trumpet



Embrace the possibilities

33875 Kiely Drive • Chesterfield, Michigan 48047 • www.pvm.org

October 2016



## Featured Articles

Executive Director

Marketing & Events

Chaplain

Events

Events

Whazzup...

Photos

Directory



The Village of East Harbor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



Trick or Treating  
by Great Oaks Elementary in the Dining Room  
11:30am  
Spooky Story Telling  
"TERROR IN THE CITY"  
By Author Tom Stanton  
1:30  
Activity Room



The Marketing Department would like to wish all of our residents a Happy Autumn, one of the most beautiful seasons at The Village of East Harbor. We are getting closer and closer to beginning new renovations, expansion and improvements on our campus, starting with our nursing area.

This will include an addition and will feature private rooms! We love referrals, so please keep us in mind if you have friends or family in need of rehab following a hospital stay – we are the BEST, and 5-star rated!

We are getting closer to the best craft show in the area: The Village of East Harbor Holiday Shopping Bazaar! This two-day event takes place Friday and Saturday, November 11 and 12 from 10am – 4pm. There is no admission fee, and everyone is welcome, so mark your calendar and tell your friends and family about our crafters and vendors who will be displaying everything from unique jewelry, holiday décor, apparel, cosmetics, soaps & lotions to gourmet foods and baked goods. There may still be a few tables available if you or someone you know has quality crafts they would like to sell, please contact Betsy at 586 716-7143 for more information.

## **WELCOME NEW RESIDENTS**

We welcome these new residents to our  
Village of East Harbor Family:

Shirley Stewart—115

Marion Welchner - 121

Mary Doher—119

Richard Cowper—403

Geneva Malane—413

Louisa Sustarich—417

Janet Hibner—T-603

## **Alzheimer's Support Group**

**Hosted by Pauline Zeig**

**3rd Tuesday of every month**

**2:00pm**

**Chapel**

**JUST A REMINDER...Committee Meetings are open to ALL Residents!**

**Building & Grounds-meets the 1st Tuesday of every month at 2:30pm in Kirk Hall**

**Communication Committee- meets the 1st Wednesday of every month at 3:00pm in the Conference Room**

*From the Desk of Chaplain Mindy ...*



**October is here!**

2016 is our year to be studying, The Fruit of the Spirit. This month we are concentrating on Peace, our last Fruit of the Spirit for the year!

**Philippians 4:7**

And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Peace is a state of tranquility or quietness of spirit that transcends circumstances. The term peace is described in Scripture as a gift from God and congruent with His character.

Living in peace can be compared to the petals of a flower unfolding in the morning sunlight. The petals of peace in our lives unfold as we learn more about God. We discover that His character is always faithful. We experience His continual goodness. We read more of His promises. We learn to bask in His overwhelming love for us. We refuse to allow ever-changing circumstances to determine our level of contentment, relying instead upon the character of God that never changes.

When we develop a lifestyle of making the Lord our refuge, we begin to live in the peace of God. Psalm 91:1 holds the secret to living in the peace of God: "He that dwells in the secret place of the most High shall abide under the shadow of the Almighty. I will say of the LORD, He is my refuge and my fortress: my God; in him will I trust." That secret place in our hearts is where we go to meet with God. When we choose to live there and hide away under His shadow, staying in constant communion with Him, we can remain peaceful, even when circumstances may not be. When we learn to cry out to Him in times of trouble, we find that His peace really does pass all human understanding (Phil. 4:7).

(Recommended Resource: The Mind of Christ by T.W. Hunt)

**Join us in the chapel this month to learn more about living in peace!**

## Minutes of the Residents' Association meeting of Sept. 13, 2016

The meeting was called to order by President Peter Batts at 1:30P.M.

New residents here for the first time are John and Barbara David, Bob and Carol Morrill, Janet Hibner, and Geneva Malane.

Miriam Woodcock gave the inspirational message called "Stuff."

Minutes of the last meeting were published in the July Village Trumpet and approved.

In the absence of Treasurer Gladys Stolzenfeld, Elva Daniels presented the financial report as follows: General Fund beginning balance \$3,249.00, Entertainment fee debit \$67.50, leaving a balance Sept. 6 of \$3181.50. Petty Cash Fund beginning balance \$93.00. BB hoop purchase for Victory cup \$91.28 leaving a balance Sept. 6 of \$1.72. Sugar Bowl Fund beginning balance \$166.92. Cash receipts credit \$10.17, card supplies debit to Annette Gobert \$21.54, painting supplies debit of \$22.22 for dresser painting to Pete Batts leaving a balance of \$133.33.

David Miller stated the need for more storage and office space. CON (Certificate of Need) was approved in August. 1st phase of development will be a 16 room wing to addition to Nursing with a move of Transitional back into private rooms. Therapy and Wellness will have a new entrance. Each hall will have their own dining room. Restaurant service will be provided where present dining room is located. Gift shop/full service café will have outdoor sitting area. Reception desk will be smaller with new flooring, lighting, paint and more seating. A small bar near the café in lobby will have alcoholic drinks available. Haven Hall roof replacement is in progress. The 2<sup>nd</sup> phase will be renovations to the apartments and duplexes with a start time in the spring and opening in 2018. A committee of 6 is working with David on those plans. Questions were raised about the computer problems in the library and the need for an area for guests to play cards and visit with their families.

Brian Williams, director, and Dustin DeForge, chef, were introduced from Dining Service. Brian reported that 3 new cooks were hired and the menu was being reviewed. A restaurant venue will be offered soon. A manager for the wait staff will be soon hired.

Betsy reported on the "Art on the Bay" event where 8 dressers from Nursing were repurposed with 4 being sold, and the remainder to be on sale at the Holiday Bazaar in Nov.

Sept. 30 is the Nashville Night dinner dance with cocktails at 3:30, dinner at 5 followed by dancing and line dancing. Charge is \$10. Trips to the Sterling Heights Health Fair and Fire-keepers were cancelled. Betsy reminded residents to sign up for the planned trips. At least 6 people must be signed up for each trip. Sept. 23 is the Farmers Market in MC, Sept. 24 is the Lexington Heritage day, Sept. 29 Tiger game (full), Oct. 3 Motor City Casino, Oct. 6 Art Prize-Grand Rapids with display of art work on a walking tour, Oct. 12 MDNR Outdoor Adventure, Oct. 18 Frankenmuth, Oct. 27 Jiffy Tour and Purple Rose Theater, Nov. DSO Concert (money due Oct 1).

Tea Talk Tuesday with reading and discussion of a short story while sipping on a cup of tea will be held 2X's a month.

Chris Gorde reported on the "Monday Mile" walking during the month of Sept.

No reports from the Buildings and Grounds and Communication committees.

Pete reported that Annette Gobert is getting help with the Sunshine committee from Stan and other gentlemen in the Village who help with the delivery of her cards. The Welcoming committee was thanked for their efforts.

A reminder was given about the Suggestion box available located next to the sign up book.

Communication committee is looking for a volunteer to bring bins to the recycle dumpster for those who are physically unable do so.

A concern was raised by Leona Kirk regarding the heavy bathroom doors. Pete said he would contact maintenance to look into it.

The meeting was adjourned at 2:50 followed by refreshments.

Marlene Batts, for Elaine Walton



**A fun day celebrating Lexington's Heritage...  
Lunching at the Windjammer on the Lake...  
Then heading home via an apple cider mill  
and yummy donuts.**





## I Can't Remember Why: by Fred Pankow

Why **Bread and Butter Pickles** are called Bread and Butter Pickles. From time to time we have all attempted to resolve such questions. Well, I went to the computer to help me with the pickle question and came up with the following. "During the depression sandwiches were made with bread and butter and pickles." Thus Bread and Butter Pickles. It is said that in England, prior to the depression, they were served as small tea sandwiches.

I can't explain the butter part as most families didn't eat butter during the depression. They ate **white oleo** (until coloring packets were provided), goose grease, lard or other fats, on their bread. The depression recalls different things to different people. One thing it means to me is the actual fun of watching the reddish/orange coloring stuff mix with the white oleo, as you stirred it round and round in the bowl, until you made yellow "butter."

In the National Geographic Book An Uncommon History of Common Things I found the following. I suppose it is true but will not bet on it.

The "**hot Dog**" may have gotten its name when at a New York Giants baseball game a concessionaire hawked "dachshund sausages, get 'em while they're hot!"

Ancient Greeks chewed the resin of the mastic tree; the Maya chewed chicle and North American Indians chewed spruce sap mixed with beeswax and this would become the settlers' **first chewing gum**.

In the late 19th century, metal tobacco tins were often recycled as lunch boxes. In the 20th century when people realized that kraft paper shopping bags were handy totes for midday meals manufacturers made lunch-size bags. Thus when you carry your own lunch you are "**brown bagging it**".

Before aluminum foil was possible, sheets of tin-foil served some of the same purposes. Thus even today aluminum foil is often referred to as "**tin foil**" Do you remember during World War II the government asked everyone to save their gum wrappers, and anything else containing aluminum foil, for the war effort.

The long hot days of summer, the sluggish summer stock market and the slow summer months of Congress are referred to as **Dog Days**. Ancient Romans noticed that the really hot days came along with the rising of Sirius, the Dog Star, and so these hot days became known as Dog Days.

Do you remember when you were reminded to do your **chores**? Where did that word come from? I find it is a corruption of the English word char such as char-man or char-woman who does small domestic jobs or the English cherre "odd job".

**"Take it on the lamb"**. Wrong! Correctly it should be "take it on the lam". Because of the sound people assumed it is "lamb" not "lam". English and Canadian meaning is "sudden sweeping flight or escape". It is from the Scandinavian word "lemja", meaning to cripple by beating.

I added the following just to see if you are paying attention.

Don't look at a flag before reading this. Our flag; "Old Glory", "The Stars and Stripes", has how many stripes? Why are there this many? What color is the top stripe? Is the field of blue on the right or left? Could be two correct answers. How can that be?

I remember but would like to forget. In 1955, when teaching a class in penmanship I instructed a student not to use the new pen he brought to school. I told him it was just a fad. It is today known as the ball-point pen. Did this item seem familiar? I wrote it in a column once before.

## Fall Walking Club

Friday, October 7th ( *Blake's Orchard* ) & 14th ( *Wolcott Mill* ) @ 1:30

Sign up in the activity binder—Meet for the walks in the Front Lobby!

### **\*NEW FALL FITNESS CLASSES**

**\*Fall Prevention Fitness:** Tuesday's @ 2:30 & Thursday's @ 11:30

**\*Standing Pilates:** Wednesday's @ 2:00

Fitness Center

# October EXCURSIONS.....

**Wednesday, October 5**

*Women's Lunch*  
*Sugarbush Tavern*  
\$\$\$ on your own  
11:00am

**Friday, October 7**

*Walking Club*  
*Blakes Cider Mill*  
\$\$\$ on your own  
1:30pm

**Wednesday, October 12**

*MDNR Outdoor Adventure*  
\$4.00—Lunch on your own  
9:00am

**Friday, October 14**

*Walking Club*  
*Wolcott Mills*  
1:30pm

**Tuesday, October 18**

*Frankenmuth*  
\$\$\$ on your own  
9:00am

**Wednesday, October 19**

*Chesterfield Tastefest*  
\$15.00  
Money due October 14  
11:45am

**Monday, October 24**

*Men's Lunch*  
*Pit Stop*  
\$\$\$ on your own  
11:00am

**Tuesday, October 25**

*Yates Cider Mill Tour*  
\$4.00 money due October 3  
10:00am

**Wednesday, October 26**

*Mall Trip ~ Partridge Creek*  
9:00am

**Thursday, October 27**

*Jiffy Factory Tour-Free*  
*Purple Rose Theater*  
\$27.00 money due October 3  
*Lunch-The Common Grill*  
\$\$\$ on your own  
8:00am



**DON'T GET  
LEFT BEHIND!**

You **MUST** sign up for **ALL** shopping  
TRIPS and EXCURSIONS in the book  
found in the lobby and money in by the  
due date!



# Fall Walking Club



**BLAKES CIDER MILL**  
**OCTOBER 7**  
**1:30PM**



**WOLCOTT MILLS**  
**OCTOBER 14**  
**1:30PM**



**MDNR Outdoor Adventure Center**  
**Bringing "up north" to downtown Detroit!**

Located on Detroit's riverfront in the historic Globe Building, with the Dequindre Cut Trail running through its backyard, the Outdoor Adventure Center (OAC) gives you a taste of Michigan's great outdoors in the heart of the city.

We will be attending a tour called, **City Slickers**. Learn the special adaptations of wild mammals in urban environments. Explore the concepts of predator-prey relationships and identify common wild mammals in Detroit. Weather permitting, this could include a walk on the RiverWalk or Dequindre Cut—both are paved and flat, with no steep grades or hills.

**Wednesday, October 12**  
**9:00am**

**\$4.00 money due October 3**

**Lunch—Andrew on the Corner— on your own**

## Chesterfield Township TasteFest

**Come and sample foods from over 15 different restaurants.**

**\$15.00**

**Money due October 14**  
**11:45am**

## Yates Cider Mill Tour



**Tuesday,**  
**October 25**  
**\$4.00**  
**Money due 10/3**  
**10:00am**



## *Tchaikovsky's First Concerto*

*Friday, November 18*

*9:00am*

*\$35.00*

*Money Due*  
*October 3*

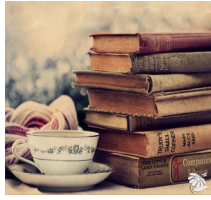
## **Coming in November** **Mystery Tour**

**Date**

**&**

**Time**

**To be announced**



**Baking with Kelly**  
 Tuesday, October 4 & 25  
 1:30pm

**Tea Talk Tuesday**

Tuesday, October 4 & 25  
 2:30pm  
 Activity Room

**Book Group**  
 Book this month:



**"Behind the Beautiful  
 Forevers"**

**by Katherine Boo**

The history of a family in Mumbai, India.

**Wednesday, October 12**  
 3:30pm



**Make a Pumpkin  
 door hanger**  
 Thursday, October 6  
 1:30pm  
 Activity Room



**PAINT A FALL TREE**  
 Monday, October 17  
 1:30pm  
 Activity Room

**2016 SPELLING BEE**



**Friday, October 21**  
**Clinton Township Senior Adult Life Center**  
 8:45am  
 Practices will be held on...



**Mondays—11:00 Chapel ~ Thursdays—11:00 Activity Room**



**Join Us!**

Wednesday, October 26th  
 Bus leaves at 8:15am  
 Lunch after, \$ on your own

*Sign up in the chaplain office or  
 Call Chaplain Mindy 586-716-7438*

**Community  
 Service is  
 good for the  
 soul!**

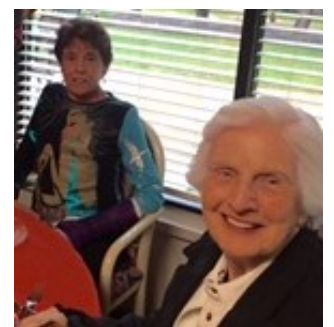
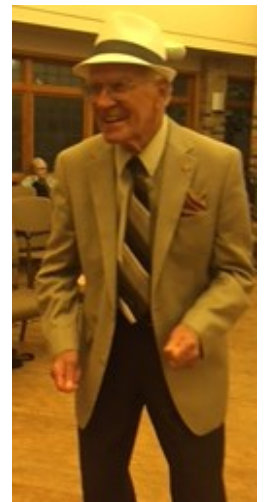


# Polish Yacht Club



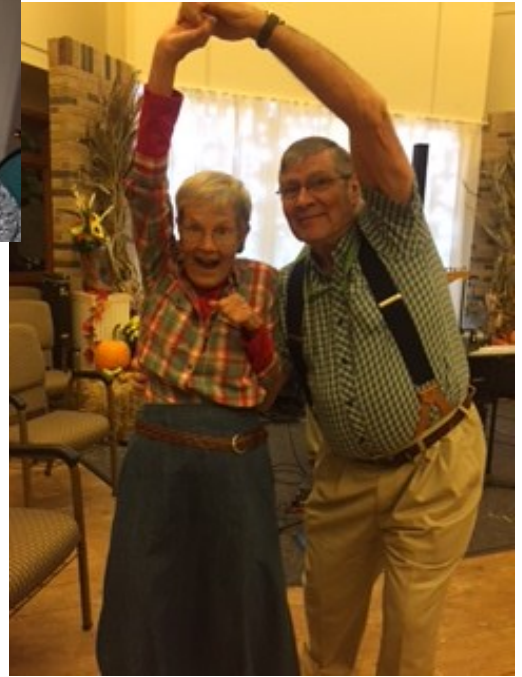


# Nashville Nights





# Nashville Nights



## Covered in Love





<b>Accounting</b>	
<i>Tracy Tesch</i>	716-7408
<b>Activity Lead A/L &amp; I/L</b>	
<i>Betsy Mianecki</i>	716-7143
<b>Admissions Specialist T.C.U</b>	
<i>Sue McCallum</i>	716-7427
<b>Assisted Living Nurse</b>	
<i>Denise Klimaszewski</i>	716-7115
<b>Beauty Salon</b>	
<i>Appointments</i>	716-7180
<b>Care Sync Case Manager</b>	
<i>Josie Villegas</i>	716-7092
<b>Chaplain</b>	
<i>Mindy Raulston</i>	716-7438
<b>Front Desk</b>	
<i>Receptionist</i>	725-6030
<b>Dining Services Mgr.</b>	
<i>Brian</i>	716-7419
<b>Director of Nursing</b>	
<i>Melissa Freiburger</i>	716-7416
<b>Driver</b>	
<i>Ann Marie Hart</i>	716-7142
<b>Fitness Specialist</b>	
<i>Chris Gorde/Lisa Sonnenberg</i>	716-7164
<b>Front Desk</b>	
<i>Receptionist</i>	725-6030
<b>Haven Hall Nurse</b>	
<i>Lynette Sanday</i>	716-7384
<b>Housekeeping / Laundry Mgr.</b>	
<i>Mary Breen</i>	716-7418
<b>Maintenance Mgr.</b>	
<i>Rod Brandt</i>	716-7417
<b>Maintenance</b>	
<i>After 11:00pm</i>	248-996-2470
<b>HCC Activity/Volunteer Mgr.</b>	
<i>Sheri Stover</i>	716-7021
<b>Physical Therapy Mgr.</b>	
<i>Kim Frabotta, Agility Therapy</i>	716-7398
<b>Resident Care Mgr.</b>	
<i>Toni Greig</i>	716-7426
<b>Sales &amp; Leasing Mgr.</b>	
<i>Carolyn Martin</i>	716-7221
<b>Sales &amp; Leasing Specialist</b>	
<i>Peggy Carroll</i>	716-7397
<i>Nancy Smiley</i>	716-7183



## Birthdays of the Month

- 10/1 John David
- 10/4 Catherine O'Kon
- 10/8 Shirley Osborne
- 10/11 Louisa Sustarich
- 10/13 Bruce Smith
- 10/15 Kenneth Ish
- 10/15 Grace Buffa
- 10/17 Elmer Pekarek
- 10/18 Helen Rosnik
- 10/19 Joyce Carter
- 10/23 John Gregor
- 10/30 Paul Mahoney

If you need a  
Podiatry Appointment...  
Please call—  
Dr. Krietman  
586-772-3500

