






2017

Sun	Mon	Tues	Wed	Thu	Fri	Sat
	1 9:00 Bingo (AR) 9:00 FUNctional Fitness (FC) 10:00 Chicks w/Sticks (AR) 10:00 Craft w/Anita (AR) 11:15 Stretch & Relax (AR) 1:30 Wheel of Fortune (AR) 2:15 Crossword (AR) 2:30 Arthritis Exercise (FC) 3:00 Chapel Trivia (CH) 3:00 VVC Practice (AR) 6:00 Bridge (AR)	2 9:00 Coffee & Coloring (AR) 9:00 Better Balance (FC) 9:30 Meijer (LB) 9:30 Bingo W/Vince (AR) 10:45 Catholic Service (CH) 11:30 Stability Ball Beat (AR) 1:00 Walgreens (LB) 1:30 Polish Poker (AR) 2:15 Tuesday Trivia (AR) 2:15 Seated Tai Chi (FC) 2:30 Building & Grounds (KH) 3:00 VVC Practice (AR) 6:00 Pinochle (AR)	3 9:00 Mandala Coloring (AR) 9:00 Tai Chi (FC) 9:30 Listen & Love (LB) 10:00 Bingo w/ Neil (AR) 11:15 Stretch & Relax (AR) 11:30 Women's Lunch (LB) 1:30 Brain games (AR) 1:30 Culinary Committee (DR) 2:15 Sing Along (AR) 2:15 Balloon Volleyball (AR) 3:00 Communication Mtg (AR) 3:00 Bible Study (CH) 6:00 Euchre (AR) 7:00 Leader Dog (AR)	4 9:00 Mandala Coloring (AR) 9:00 Better Balance (FC) 9:30 Kroger (LB) 10:00 Men's Coffee Hour (AR) 10:00 Crossword (DR) 11:00 Rosary (CH) 11:00 Wii Bowling (AR) 11:30 Blood Pressure (LB) 1:30 VVC Practice (FC) 1:30 Manicures (AR) 2:15 Cover That Number (AR) 2:30 Bone Builders (FC) 4:00 Harborlights (CH) 6:00 Pinochle/Bridge (AR)	5 9:00 Mandala Coloring (AR) 9:00 Circuit Training (FC) 9:30 Women's Hour (AR) 9:30 Cover That Number (AR) 10:30 Crossword (AR) 1:30 VVC Practice (FC) 2:30 Arthritis Exercise (AR) 3:00 Bingo (AR)	6 9:30 Bingo (DR) 2:15 Cover that No(AR) 3:15 Optimizing Brain Fitness (AR) 6:00 Movie (LB)
7 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 6:30 Movie (AR)	8 9:00 Bingo (AR) 9:00 FUNctional Fitness (FC) 10:00 Chicks w/Sticks (AR) 11:15 Stretch & Relax (AR) 1:30 Wheel of Fortune (AR) 2:15 Crossword (AR) 2:30 Arthritis Exercise (FC) 3:00 Chapel Trivia (CH) 3:00 VVC Practice (FC) 6:00 Bridge (AR)	9 9:00 Coffee & Coloring (AR) 9:00 Better Balance (FC) 9:30 Meijer (LB) 9:30 Bingo W/Vince (AR) 10:45 Catholic Service (CH) 11:30 Stability Ball Beat (AR) 1:30 Resident Assoc. (CH) 3:00 VVC Practice (AR) 6:00 Pinochle (AR)	10 7-10:30am Omelet Station(DR) 9:00 Mandala Coloring (AR) 9:00 Tai Chi (FC) 9:30 Listen & Love (LB) 10:00 Bingo w/ Neil (AR) 11:15 Stretch & Relax (AR) 1:30 Brain Games (AR) 2:15 Sing Along (AR) 2:15 Balloon Volleyball (AR) 3:00 Bible Study (CH) 3:30 Book Group (AR)	11 9:00 Mandala Coloring (AR) 9:00 Better Balance (FC) 9:30 Kroger (LB) 10:00 Men's Coffee Hour (AR) 10:00 Crossword (DR) 11:00 Rosary (CH) 11:00 Wii Bowling (AR) 11:30 Blood Pressure (LB) 1:30 VVC Practice (FC) 1:30 Manicures (AR) 2:15 Cover That Number (AR) 2:30 Bone Builders (FC) 4:00 Harborlights (CH) 6:00 Pinochle/Bridge (AR)	12 9:00 Mandala Coloring (DR) 9:00 Circuit Training (FC) 9:00 Women's Coffee Hr (DR) 10:00 Bingo (DR) 11:15 Tai Chi Stretch (FC) 1:30 VVC Practice (FC) 2:30 Arthritis Exercise (FC) 6:30 Cub Scouts (AR)	13  12:00 Dining Room 6:00 Movie (LB)
14  9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 6:30 Movie (LB)	15 9:00 Bingo (AR) 9:00 FUNctional Fitness (FC) 10:00 Cover That Number (AR) 10:00 Chicks w/Sticks (AR) 10:00 Tile Pick Up (LB) 11:15 Stretch & Relax (AR) 1:30 Wheel Of Fortune (AR) 2:15 Crossword (AR) 2:30 Arthritis Exercise (FC) 3:00 Chapel Trivia (CH) 3:00 VVC Practice (FC) 6:00 Bridge (AR)	16 9:00 Coffee & Coloring (AR) 9:00 Better Balance (FC) 9:30 Meijer (LB) 9:30 Bingo W/Vince (AR) 10:45 Catholic Service (CH) 11:30 Stability Ball Beat (AR) 1:00 Cards w/Joann (AR) 2:00 Alzheimer's Support (CH) 2:15 Seated Tai Chi (FC) 3:00 VVC Practice (AR) 6:00 Pinochle (AR)	17 9:00 Mandala Coloring(AR) 9:00 Tai Chi (FC) 9:30 Listen & Love (LB) 10:00 Bingo w/ Neil (AR) 11:15 Stretch & Relax (AR) 1:30 Brain Games (AR) 2:15 Sing Along (AR) 2:15 Balloon Volleyball (AR) 3:00 Bible Study (CH) 3:30 Book Group (AR) 6:00 Euchre (AR)	18 9:00 Mandala Coloring (AR) 9:00 Better Balance (FC) 9:30 Kroger (LB) 10:00 Men's Coffee Hour (AR) 11:00 Rosary (CH) 11:00 Wii Bowling (AR) 11:30 Blood Pressure (LB) 12:00 Birthday Dinner (DR) 1:30 Birthday Entertain (CH) 1:30 VVC Practice (FC) 2:30 Bone Builders (FC) 4:00 Harborlights (CH) 6:00 Pinochle/Bridge (AR)	19 Pet-a-Pet 9:00 Mandala Coloring (KH) 9:00 Circuit Training (FC) 9:30 Manicures (KH) 9:30 Women's Coffee Hr (KH) 10:30 Crossword (KH) 11:15 Tai Chi Stretch (FC) 1:30 Bingo (DR) 1:30 VVC Practice (FC) 2:30 Arthritis Exercise (FC) 2:45 Happy Hour (AR)	20 9:30 Bingo (AR) 10:30 Learn to Knit(AR) 2:30 Cover that No(AR) 3:15 Optimizing Brain Fitness (AR) 6:00 Movie (LB)



2017

Sun	Mon	Tues	Wed	Thu	Fri	Sat
21 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 5:00 Resident Potluck (AR) 6:30 Movie (LB)	22 9:00 Bingo (AR) 9:00 FUNctional Fitness (FC) 10:00 Cover That Number (AR) 10:00 Chicks w/Sticks (AR) 11:15 Stretch & Relax (AR) 1:30 Wheel of Fortune (AR) 2:15 Crossword (AR) 2:30 Arthritis Exercise (FC) 3:00 Chapel Trivia (CH) 3:00 VVC Practice (FC) 6:00 Bridge (AR)	23 9:00 Coffee & Coloring (AR) 9:00 Better Balance (FC) 9:30 Meijer (LB) 9:30 Bingo W/Vince (AR) 10:45 Catholic Service (CH) 11:30 Men's Lunch (LB) 11:30 Stability Ball Beat (AR) 1:00 Eyes, Ears & Feet (AR) 2:15 Seated Tai Chi (FC) 3:00 VVC Practice (FC) 6:00 Pinochle (AR)	24 9:00 Mandala Coloring (AR) 9:00 Tai Chi (FC) 9:30 Listen & Love (LB) 10:00 Bingo w/ Neil (AR) 11:15 Stretch & Relax (AR) 1:30 Brain Games (AR) 2:15 Sing Along (AR) 2:15 Balloon Volleyball (AR) 3:00 Bible Study (CH) 6:00 Euchre (AR)	25 9:00 Mandala Coloring (AR) 9:00 Better Balance (FC) 9:30 Kroger (LB) 10:00 Men's Coffee Hour (AR) 10:00 Crossword (DR) 11:00 Rosary (CH) 11:00 Wii Bowling (AR) 11:30 Blood Pressure (LB) 1:30 Brain Games (AR) 1:30 VVC Practice (FC) 3:00 Wellness Works (AR) 3:00 Inspirational Read (CH) 4:00 Harborlights (CH) 6:00 Pinochle/Bridge (AR)	26 9:00 Mandala Coloring (AR) 9:00 Circuit Training (FC) 9:30 Manicures (AR) 9:30 Women's Coffee Hr (AR) 10:30 Crossword (AR) 11:15 Tai Chi Stretch (AR) 1:30 Bingo (AR) 1:30 VVC Practice (FC) 2:30 Arthritis Exercise (FC) 2:45 Movie & Popcorn (AR)	27 9:30 Bingo (AR) 10:30 Learn to Knit(AR) 1:30 Sing-a-long (AR) 2:15 Cover that No(AR) 3:15 Optimizing Brain Fitness (AR) 6:00 Movie (LB)
28 9:45 Presbyterian Church (LB) 11:00 Sunday Worship (CH) 6:30 Movie (LB)	29  Friends & Family Visit	30 9:00 Coffee & Coloring (AR) 9:00 Better Balance (FC) 9:30 Meijer (LB) 9:30 Bingo W/Vince (AR) 10:45 Catholic Service (CH) 11:30 Stability Ball Beat (FC) 1:30 Polish Poker (AR) 2:15 Seated Tai Chi (FC) 3:00 VVC Practice (AR) 6:00 Pinochle (AR)	31 9:00 Mystery Trip (LB) 9:00 Mandala Coloring (AR) 9:00 Tai Chi (FC) 9:30 Listen & Love (LB) 10:00 Bingo w/ Neil (AR) 11:15 Stretch & Relax (AR) 1:30 Brain Games (AR) 2:15 Sing Along (AR) 2:15 Balloon Volleyball (AR) 3:00 Bible Study (CH) 6:00 Euchre (AR) 1:30 Brain Games (AR)			

AR=Activity Room
 CH=Chapel
 FC=Fitness Center
 DR=Dining Room
 KH=Kirk Hall
 LB=Lobby
 Lib=Library
 CR=Conference Room



All Events Subject to Change.

Please be sure to Sign-Up for all excursions in lobby.