



Manor Monthly



Embrace the possibilities

4255 S. Lynn Street • Onaway, Michigan 49765 • www.pvm.org

September 2019

Featured Articles

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& Birthdays

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*Also included: Calendar, Fire
Drill Waiver, and Bingo Card
**Senior Center Activities &
Menu will come later.***



Lynn Street Manor

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:



Welcome to the month of September at Lynn Street Manor Apartments.



Photo by Ahsan S. on Unsplash

“Have we forgotten the true meaning of Labor Day?”

Labor Day is a U.S. national holiday held the first Monday every September. Unlike most U.S. holidays, it is a strange celebration without rituals, except for shopping and barbecuing. For most people it simply marks the last weekend of summer and the start of the school year.

The holiday’s founders in the late 1800s envisioned something very different from what the day has become. The founders were looking for two things: a means of unifying union workers and a reduction in work time.

History of Labor Day

The first Labor Day occurred in 1882 in New York City under the direction of that city’s [Central Labor Union](#).

Source: <https://theconversation.com/have-we-forgotten-the-true-meaning-of-labor-day-64526>

CONTINUED ON PG-2...



Subject: Second-Hand Furniture & Other Items

All residents are **required to schedule a move-in time** (for furniture & other second-hand items...clothing, books, etc.) with Management, during office hours in order to accommodate inspection of said items. Second-hand clothing should always be brought in bagged and laundered first thing. Washing & drying the clothing on high heat will kill any pests that may or may/not be on the items.

Personal property must be kept in a safe and sanitary manner at all times. This will help minimize pet infestations in your unit and in the building. Pest or insect problems created by the activity, action or non-action of a Resident shall require that the Resident pay directly for extermination/pest Control services that are required.

WHEN IN DOUBT CHECK IT OUT... HAVE IT INSPECTED!

Subject: Sinks & Drains

Residents are responsible for keeping drains unclogged. Charges for damages that result from objects in the drain lines may be assessed to the Resident. "DRANO" or any similar caustic substances must not be used, unless provided by the maintenance staff (Pat Downing). Report all maintenance issues to management immediately.

THERE ARE NO DISPOSALS IN ANY UNIT, SO DO NOT DISCARD (INTO THE SINK OR TOILET DRAINS) ITEMS SUCH AS/BUT NOT LIMITED TO, THE FOLLOWING: Metal, Glass, Grease, Paper, Cigarettes, Bones, Fruit Peels (apple, bananas, etc.), Dish rags, Oyster or Clam shells, Tea bags, Celery, Corn Husks, Potato peels, Spaghetti or Pasta, etc.

REMEMBER: COMMON SENSE AND COMMON COURTESY GO A LONG WAY. ALSO, WHEN IN DOUBT CHECK YOUR HOUSE RULES OR COME TO THE OFFICE WITH YOUR CONCERNS AND/OR QUESTIONS.

Labor Day...

In the 1800s, unions covered only a small fraction of workers and were balkanized and relatively weak. The goal of organizations like the Central Labor Union and more modern-day counterparts like the AFL-CIO was to bring many small unions together to achieve a critical mass and power. The organizers of the first Labor Day were interested in creating an event that brought different types of workers together to meet each other and recognize their common interests. However, the organizers had a large problem: No government or company recognized the first Monday in September as a day off work. The issue was solved temporarily by declaring a one-day strike in the city. All striking workers were expected to march in a parade and then eat and drink at a giant picnic afterwards. The New York Tribune's reporter covering the event felt the entire day was like one long political barbecue, with "rather dull speeches."



*A thankful heart is
a happy HEART*



BIRTHDAY BASH

Friday, Sept. 13th
1:00 p.m.



BIRTHDAYS:

- Ellen McGuire 9/11
- Mary Skuse 9/26

PLEASE LET THE OFFICE
KNOW IF YOU ARE
BRINGING A CAKE.

THANK YOU!

Information, Ice Cream, & Birthday Cake

On the 16th of August we were fortunate to have guest speaker, Cynthia Biggings (a nurse at McLaren Hospital, Cheboygan and Board Member for the Manor) give us a presentation concerning In Home Health Care while we were celebrating the August birthdays.

McLaren Home Care brings clinical care and support services into the home for patients who are transitioning from a medical facility after stroke, illness, or surgery and for patients who are living with chronic conditions. Home Care Services offered include infusion therapy, wound and ostomy care, palliative care, and much more.

Thank you Cynthia!



Lynn St. Manor 35th Anniversary

1984 - 2019

The following poem was written by Mary Lyons, in honor of Henry "Shorty" Brousseau whose dedicated services on behalf of Senior Citizens of Presque Isle County and determined efforts led to the creation of Lynn Street Manor.

SHORTY'S DREAM

Back in the year of seventy-nine,
The dream of a housing was on the line.
It didn't take long for the dream to grow
With a man to lead named Shorty Brousseau.

We found "Uncle Sam" had grants to be acquired,
But not as easy as we hoped or desired.
It would take much work, with a will to do so
And the man to lead was Shorty Brousseau.

Shorty was a man who just wouldn't stop
When we thought the project was going to flop.
He still had enthusiasm and never lost sight
Of the housing, his dream, for which he would fight.

Then came the day, after many long years
Of trials and setbacks, and even some tears
The building took shape and the dream came true.
Shorty, we all say "Thanks, we are proud of you!"

Lynn Street Manor the name of his dream,
A home for seniors in life's long stream.
I'm sure at night when their prayers are said
They thank the Lord for the roof overhead

And a man named Shorty!

RANDOM LITTLE TIDBITS

1. FIRE DRILL - AUGUST 29TH at 6:30pm

Tell your family we are planning a Drill! If you are **NOT** going to be home Thursday, please notify the office and put your "Gone Away" sign on your door. Also, please sign the "Fire Safety & Evacuation Drill Participation Waiver" (light green page attached to the

back of the newsletter) and turn it in to the office **by NOON 8/29**. Check the back of your entry door for your "Exit Route," know which way to exit, and where to meet up outside. Get out of the building as quickly but as **Safely** as possible. Let the person with the apartment checklist at the stairwell know you are out of your apartment on your way out the door. If you are unable to navigate stairs, wait at the landing for a fireman to assist you outside. **DO NOT USE THE ELEVATOR.**

Please know that the alarm will sound for quite some time, and when the alarm is turned off...you may re-enter the building.

2. Let's Talk Meetings -Make your voice heard!

The "Let's Talk" meetings take place in the dining room, and is the best time to find out about events that are coming, policy issues, etc. It is also the best opportunity for you to vent any concerns or complaints that you may have. The next meeting is **September 5th (Thursday) at 2:00pm.**

Also, there is a prize drawing for those that attend.

3. Resident Pizza Party - September 20th at 1:00pm in Dining

Pat Young (Apt. 105H), Cheryl Nichols (Apt. 328), and Kay Carter (Apt. 319) are organizing a pizza party for the neighbors. Donation of an ingredient and/or money is requested for participation. Look for a sign-up sheet for which ingredients are needed. Any questions should be directed to any of the Ladies above.

4. Swan's Truck here (every other Tuesday). Next visit: 9/10/2019

Josh our Swan's Truck driver will be available at our location every other Tuesday. If you need to order or have one being delivered and you will **NOT** be here, he has insulated storage bags to keep things cold until you can pick up. *I will have him leave extra catalogs in the office as well.*

If you have any ideas or requests for activities, let the office know!



Patrick Downing: (989) 306-5452
Maintenance Technician

MESSAGE(S) FROM MAINTENANCE:

1. Are you happy with your Air Conditioner? Would you like to guarantee the same one for next year? If so, please have a space cleaned out in your closet (on the floor) at the time of removal. If you do NOT have a space, the A/C units will all be stored together and we can't guarantee that the same unit will be installed for you next year. There is plenty of time, so no worries. Notice will be given when it is time to remove them.

*We are trying this method to expedite installation next year.

Thank you! Pat

Service Coordinator Corner | Matthew Bush (989) 733-7792



Tell me your IDEAS!

I am interested in getting to know what about what you would like to see at the Manor in regard to:

- Guest Speakers
- Services Needed
- Activities
- Etc.

Please drop a letter/note in the slot on my office door with your name, contact information, and suggestion or idea.

Recipe Swap



Corn Salsa- Food Network (Trisha Yearwood)

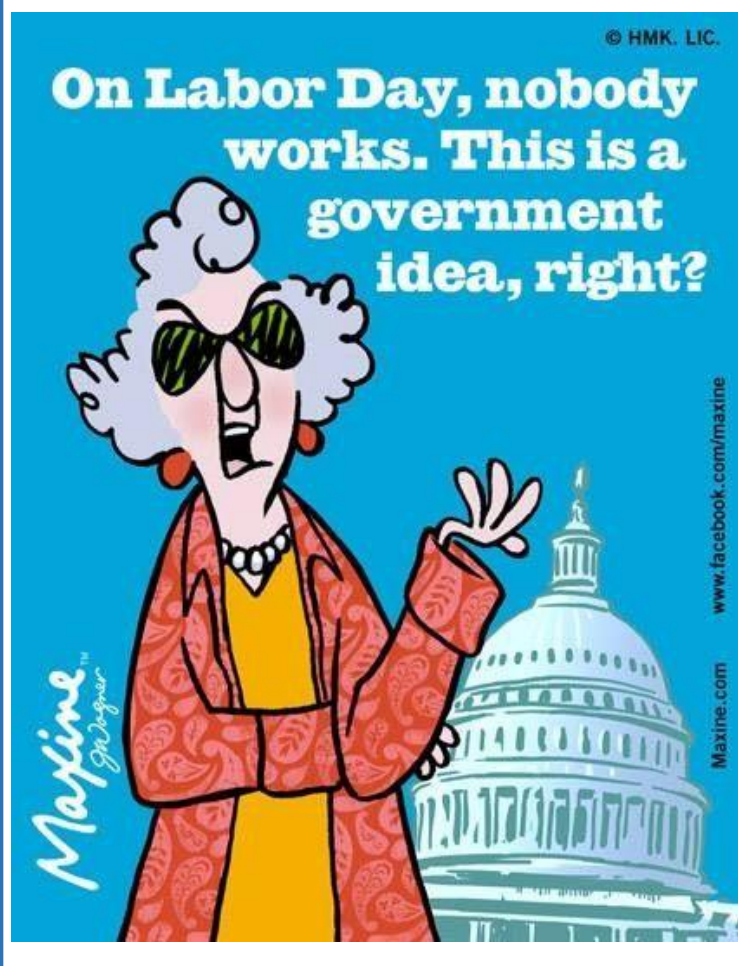
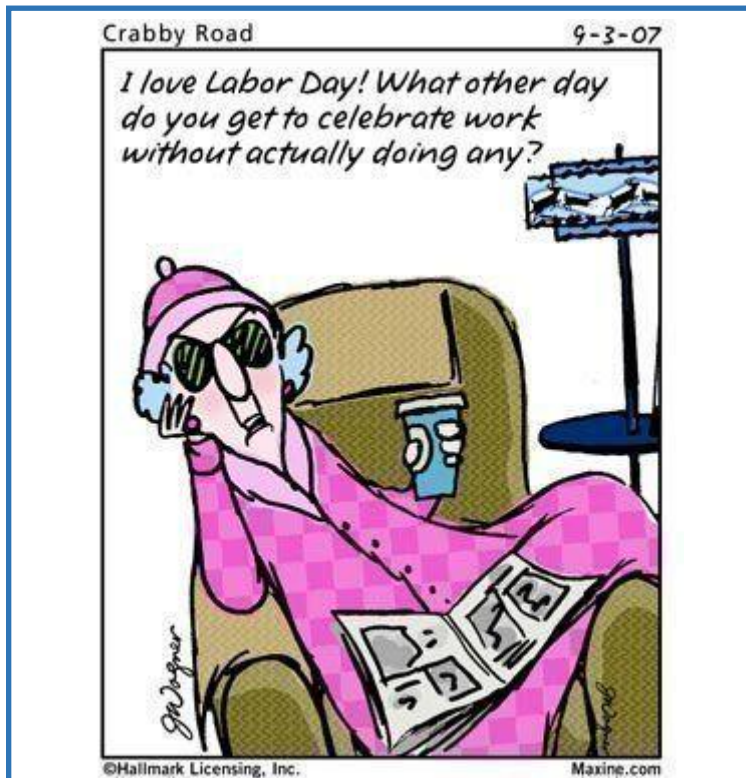
Ingredients

- 1 15-ounce can yellow corn, drained
- 1 15-ounce can white corn, drained
- 1 4-ounce can chopped green chiles, drained
- 1 2.5-ounce can sliced black olives, drained
- 4 scallions, finely chopped
- 2 tomatoes, finely chopped
- 2 jalapeno peppers, seeded and chopped
- 3 tablespoons white vinegar
- 1/3 cup olive oil
- Kosher salt
- 1 tablespoon finely chopped fresh cilantro

Directions

1. Mix the yellow and white corn, chiles, olives, scallions, tomatoes, jalapenos, vinegar, olive oil and 1/4 teaspoon salt in a medium bowl. Chill at least 1 hour.
2. Just before serving, add the cilantro to the salsa.

Need more recipes for next month!!
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Presbyterian Villages of Michigan Mission Statement

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

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Village Staff

Ian Straley
Housing Administrator

Lindsay Doyle
Housekeeper

Patrick Downing: (989) 306-5452
Maintenance Technician

Monica Voigt
Administrative Assistant

Matt Bush
Service Coordinator

Gary Hansel: (989) 306-4694
Caretaker

BUILDING EMERGENCY NUMBER (989) 306-4694
AFTER OFFICE HOURS




Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org



Lynn Street Manor

A SENIOR LIVING COMMUNITY

 Managed by Presbyterian Villages of Michigan

BOARD MEMBERS:

SANDRA GRULKE
TOM PETERMAN
SCOTT PAULY
LAURA SHACK
CARMEN CLAYTON
CYNTHIA BIGGINGS
JACK WALSH
DAVE HAVEL

Embrace the possibilities