



Village News



Embrace the possibilities

420 S. Opdyke Rd · Pontiac, MI 48341 · www.pvm.org

JULY 2023

Featured Articles

Administrator Notes	P. 1
Office News	P. 2
Sales-Leasing News	P.3
Maintenance News	P. 4
Service News	P. 5
Wellness News	P. 6
Resident Council	P. 7
Sunrise & Sunset	P. 8
Monthly Calendar	P. 11

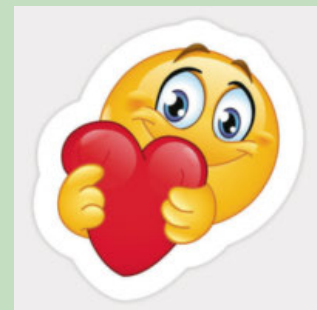
THANK YOU

On June 8th, 2023 you gave me one of my best memories here at Vow. I had many tears and had a ton of laughs. Just like I have done for the last 4.5 years, and for that, **Thank you!** I thank you for the beautiful going away party and for the many years of memories. I truly mean when I say:

1. I love you
2. I am praying for VOW and all of you
3. I will not forget you!

With Love

Jon Hayes



The Village of
**Oakland
Woods**

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan

Look for PVM on:



Office News

Sharon Benton & Stephanie Daniel
Administrative/Receptionist

COMPLAINTS

We would like to remind everyone that all complaints must be on a complaint form in order for the problem to be addressed. We will no longer take complaints over the phone or in person. Completing a Complain form insures that your complain is received and handled by the correct person. If you need assistant in filling out the form, please let us know.

VISITING PETS

It has come to our attention that several of our residents are pet sitting without notifying the office. According to VOW house rules: All pets must be registered with the office and abide by the Pet Rules established by Management. If a resident has a visitor who owns a pet or the resident is “pet setting” for someone the following policy shall be in force.

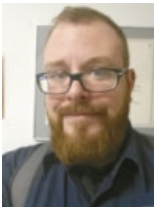
- Overnight visiting pets shall be registered at the Management office.
- Current pet policy and rules shall be given to the resident/guest with registering the pet.

Sales and Leasing News

The Village of Oakland Woods is looking to fill the Sales & Leasing Specialist—Housing position, if you know someone that maybe interested please go to pvm.org/careers and search **Sales & Leasing Specialist-Housing**, Pontiac location.

Have no fear the staff will continue to meet all of your Sales and Leasing needs.





Maintenance News

Matthew Myers
Maintenance Lead

Dear residents,

Happy July! We hope you're enjoying the summer season in our vibrant senior village. As we continue to make progress on various maintenance projects, we are thrilled to introduce our new Maintenance Supervisor, Richard Petrella, who has joined our dedicated team.

First, let's provide you with updates on the ongoing projects. The junk pickup project was a success, thanks to our coordination and the assistance of the skilled technicians from Clean Out Kings. Additionally, the dryer vent cleaning project has been completed, with only minor issues encountered along the way.

While the paving project this year may have left something to be desired, we want you to know that we have heard your feedback. Rest assured, we are already working on a plan for next year to address more issues. In 2024, we have budgeted for extensive work on the sidewalks and roads to improve their condition.

Now, onto our exciting news. We warmly welcome Rick as our new Maintenance Supervisor. With a wealth of experience and a passion for creating a comfortable living environment, Rick is the perfect addition to our team. In this role, Rick will oversee all aspects of our maintenance operations, ensuring that our community remains in top-notch condition.

Rick brings a friendly and approachable demeanor to their position, always ready to assist and address your concerns. Whether you have a leaky faucet, a flickering light, or any other maintenance issue, you can rely on Rick's expertise and prompt attention.

Furthermore, Richard shares our commitment to fostering a warm and inviting atmosphere in our senior village. They understand that a well-maintained environment enhances your quality of life, and they are excited to collaborate with our incredible team to bring this vision to life.

We encourage you to visit the maintenance office and personally welcome Rick to our community. They are eager to meet all of you and contribute to making our senior village a place we can all take pride in calling home.

Please join us in extending a warm welcome to Rick as our new Maintenance Supervisor. Together, let's uphold the high standards of our community and continue creating a comfortable living space for everyone.

Thank you for your ongoing support and cooperation. Should you have any maintenance concerns or questions, please don't hesitate to reach out to Rick or our dedicated team.

Wishing you a great summer ahead!

Service News

Sue Carney & Terri Price
Service Coordinators

Greetings from your Service Coordinators: Sue Carney and Terri Price



Important event dates to note - As always, please sign-up in the activities book:

Monday July 10th – 1 p.m.- 2 p.m. Care & Connect session on Spiritual health and healing with Debra Dixon. We will meet in the community center conference room (**limit of 6 attendees**)

Wednesday July 19th - 10 a.m. - 1 p.m., the Accounting Aid Society will be here helping anyone who signed up to complete their Home Heating tax credit & or late taxes.

Other July 2023 Observances:

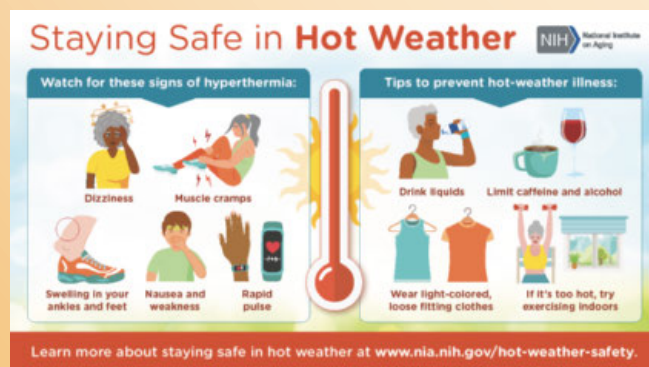
UV Safety Month

National Minority Mental Health Awareness Month

National Park and Recreation Month

Hepatitis Day (World) July 28, 2023

Enjoy a safe and happy **Tuesday, July 4th** – We celebrate in recognition of July 4, 1776 when thirteen (13) American colonies severed their political connections to Great Britain.





Wellness News

Jessica Roberts
Wellness Coordinator

This month at Oakland Woods will feature a variety of events to keep you active this summer!

Fitness class with Hillary will continue on a weekly basis through July and August on Fridays only at 10:30 with Strength class; **starting on July 10th**, we will begin our **Healthy Steps Movement Class** that will be held **every Monday and Wednesday at 10:30 through mid-August**.

This 6 week class will incorporate therapeutic movement, dance, and exercise to provide a fun and beneficial workout focused on improving overall mobility, balance, and energy levels while decreasing stiffness, swelling, and weakness. Healthy Steps Lebed Method is an internationally recognized program recommended for any and all fitness levels as the class can be done seated or standing and focuses on slow, controlled movement. We encourage you to try it out and enjoy a good time of healthy movement!

Our **Summer Tech Talk Sessions** will continue **every other Tuesday at 11am** with different topic focuses each session. For this month, our topics will include:

July 11th: Managing Email and Text Messaging – Composing, Sending, Deleting, Scams, etc.

July 25th: Connecting with People – FaceTime, Zoom, Facebook, WhatsApp

These sessions include a short time of learning a tech skill and then having practice time for that skill. Sign up in the Activities book if you plan to attend!

Our **Pop-Up Pantry** will take place this month **on the 2nd and 4th Thursdays, July 13th and July 27th**. Residents who sign up to receive grocery items that are donated by Oakland Hope for our pantry days can come and pick out a select number of groceries from 11 to 12:30pm on the scheduled dates. The deadlines for signing up for pantry days are the following:

To select groceries on July 13th, sign up deadline is July 10th at 1pm

To select groceries on July 27th, sign up deadline is July 24th at 1pm

Residents must sign up to select groceries by the given deadline dates or they will not be able to receive groceries.

Please see Jessica, Wellness Coordinator, once you sign up to receive the Pantry Expectations Form; residents must read and sign this form to participate in the pantry days. Grocery items will vary and be available to registered residents on a first come first serve basis. Those who cannot get to the Community Center due to mobility issues can contact the office to request assistance.

This month, we will be starting a new monthly meeting format for residents called **Townhall Meeting**; our first meeting will take place **July 18th at 1pm**.

Various members of our staff will be present at this meeting to address questions from residents and provide updates. We will also have Beth, our PACE representative, provide information on the PACE program that helps seniors stay healthy by providing all-inclusive healthcare and a day program to keep seniors active. Light refreshments will be served. Sign up in the Activities Book to join us for this event!

Birthdays & Bingo this month will be a fun time celebrating our July birthdays with **“Summer Sounds”**. Local entertainer, Phil May, will provide a musical performance featuring a variety of tunes that remind us of summer such as music by Jimmy Buffet, the Beach Boys, and more. The **performance starts at 1pm** with treats followed by **Bingo at 2pm**. Sign up in the Activities Book to attend!

As always, I hope that you check out some of our Wellness programs this month and enjoy the summer!!

Wellness
happens at
**THE VILLAGE OF
OAKLAND WOODS**

Gazebo:

To enjoy outdoor time this summer with Oakland Woods neighbors, we want to remind residents that the gazebo located behind the Community Center is available for use! The gazebo has been freshly cleaned and painted and is equipped with chairs and a table for having meals or social time.

Residents may use the gazebo on a first come first serve basis; you do not have to rent the gazebo to use it. We ask that residents be mindful of neighbors who live near the gazebo and maintain a peaceful noise level as well as refrain from smoking in the gazebo.

Please maintain the cleanliness of the gazebo by cleaning up after use.



Village Chorus Concert:

The Village Chorus is excited to announce that there will be a concert at the Community Center on July 26th at 2pm. Residents are invited to enjoy some special music and refreshments! Hope to see you there!!



Birthday Celebration!

The Birthday Party will be held on Friday, July 21st. Join us in the Community Room at 1:00pm for refreshments, bingo and prizes!

Mary Snoddy 7/1
Mary Hudson 7/4
Ester Hood 7/5
Norieta Clincy 7/6
Lovenda Williams 7/10
Denise Morgan 7/11
Norvalene White-Johnson 7/12
Susie Taylor 7/12
Sharron Robinson 7/13
Dennis Owens 7/16
Gladys Jahnke 7/17
Shirley Stroggin 7/19
Reggie Ledsinger 7/20
George Sirls 7/21
Linda Smith 7/21
Kitty Vigneau 7/21
James Paul 7/27
Susie Wright 7/27
Judy Shatto 7/28
Delores Chaser 7/28
Karen Kolhoff 7/29
Doris Atkins 7/29
Dominga Conley 7/29
Lena Schrader 7/30
Joyce Holland 7/31



**In Memory Of
James Keyes Sr.
Herbert Edridge**



STAR DRUGS PHARMACY



1525 S. Opdyke Road, Bloomfield Hills, MI 48304
(Located inside Hollywood Market)
(248) 333-0222



- Blister packaging is **FREE**
- Available for most medications



FREE DELIVERY

*Some delivery restrictions apply

Must request by 2PM
Limited delivery area
No delivery on Thursdays or weekends



Custom Compound Medications

- Custom Pet Medications
- Custom Human Medications



Medication Consultations and Treatment Support

- Diabetes Nicotine
- And More

NEVER MISS OUR NEWSLETTER!

SUBSCRIBE

Have our newsletter
emailed to you.



VISIT WWW.MYCOMMUNITYONLINE.COM



JOSLYN CHIROPRACTIC CENTER
Dr. Leigh A. Elceser



1044 Joslyn Road
Pontiac, Michigan 48340
joslynchiro@comcast.net

FREE Consultation
to all Village of Oakland
Woods Residents

Phone: (248) 332-0111
Fax: (248) 332-0880

www.joslynchiropractic.com

Best Effort Cleaning Service

**22 Years of Residential
& Commercial Cleaning**

Call: (248) 778-8452

Best Effort = Best Cleaning

Compliments of

CHOICE CARPENTRY

Always ready to help
The Village of Oakland Woods

LET'S GROW YOUR BUSINESS

Advertise in our Newsletter!

CONTACT ME
Eileen Frazier

efrazier@lpicommunities.com

(800) 477-4574 x6309

ADT-Monitored Home Security

Get 24-Hour Protection
From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



SafeStreets

833-287-3502

ADVERTISE HERE
to reach your community



Call 800-477-4574

THRIVE
LOCALLY

SUPPORT OUR ADVERTISERS!

WE'RE HIRING!

AD SALES EXECUTIVES



**BE YOURSELF.
BRING YOUR PASSION.
WORK WITH PURPOSE.**

- Paid training
- Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community



Contact us at
careers@4lpi.com or
www.4lpi.com/careers

Place Your Ad Here and Support our Community!

Instantly create and
purchase an ad with

AD CREATOR STUDIO



lpicommunities.com/adcreator



4-D-5-5

For ad info. call 1-800-477-4574 • www.lpicommunities.com

15-0811

SUN**MON****TUE****WED****THUR****FRI****SAT****30**10:30 Healthy Steps
Movement
Class**31**10:30 Healthy Steps
Movement
Class**Large Calendars are Available
at the Activities Table****2**

OFFICE OPEN

3Independence Day
OFFICE CLOSED**4**11:30 Village
Chorus**5**OFFICE CLOSED AT 12PM
10:00 Walking Club**6**9:00 Grocery Trip -
Walmart
10:30 Mindful Movement
Fitness Class -
STRENGTH**7**9:00 Grocery Trip -
Walmart
10:30 Mindful Movement
Fitness Class -
STRENGTH**8****9**10:30 Healthy Steps
Movement
Class
1:00 Care + Connect -
"Spiritual Health
and Healing"**10**10:00 God's Word
and Prayer
11:00 Tech Talk Session -
Email, Text
Messaging, Scams**11**10:30 Healthy Steps
Movement
Class
11:30 Village Chorus**12**OFFICE CLOSED AT 12PM
10:00 Walking Club
11:00 Pop-up Pantry**13**9:00 Grocery Trip -
Hollywood
Market
10:30 Mindful Movement
Fitness Class -
STRENGTH**14**9:00 Grocery Trip -
Hollywood
Market
10:30 Mindful Movement
Fitness Class -
STRENGTH**15****16**10:30 Healthy Steps
Movement
Class**17**10:00 God's Word
and Prayer
1:00 Townhall Meeting**18**Focus Hope
10:00 Accounting
Aid Services
10:30 Healthy Steps
Movement Class
11:30 Village Chorus**19**OFFICE CLOSED AT 12PM
10:00 Walking Club
11:00 Volunteer Coffee
Bar**20**9:00 Grocery Trip -
Meijer
10:30 Mindful Movement
Fitness Class -
STRENGTH
1:00 "Summer Sounds"
BIRTHDAYS AND
BINGO!**21**9:00 Grocery Trip -
Meijer
10:30 Mindful Movement
Fitness Class -
STRENGTH
1:00 "Summer Sounds"
BIRTHDAYS AND
BINGO!**22****23**10:30 Healthy Steps
Movement
Class
11:30 Wellness Clinic -
Blood Pressure
Checks**24**10:00 God's Word
and Prayer
11:00 Tech Talk Session -
Social Media/
Video Chatting**25**10:30 Healthy Steps
Movement
Class
2:00 Village Chorus
Concert**26**OFFICE CLOSED AT 12PM
10:00 Walking Club
11:00 Pop-up Pantry**27**9:00 Grocery Trip -
Walmart
10:30 Mindful Movement
Fitness Class -
STRENGTH**28**9:00 Grocery Trip -
Walmart
10:30 Mindful Movement
Fitness Class -
STRENGTH**29****July 2023**

Presbyterian Villages
of Michigan
Mission Statement

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Number

(248) 334-4379

Village Staff

Housing Administrator

Sharon Benton

Administrative Assistant

Stephanie Daniel

Administrative Receptionist

Sales and Leasing Specialist

Terri Price

Service Coordinator

Sue Carney

Service Coordinator

Jessica Martins

Wellness Coordinator

Matthew Myers

Maintenance Lead

Randall Shannon

EMERGENCY MAINTENANCE

(248) 330-0213

On-Site Security

(313) 742-0285



Presbyterian
Villages
OF MICHIGAN
THE FOUNDATION

Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at 248-281-2040 or visit www.pvmfoundation.org

Embrace the possibilities

Pontiac, MI 48341-3145

420 S. Opdyke Rd

A Mission of Presbyterian Villages of Michigan

A SENIOR LIVING COMMUNITY

The Village of
Oakland Woods

