



Village View



Embrace the possibilities

25330 West Six Mile Rd. Redford MI 48240 • www.pvm.org

July 2013

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Village Victory Cup



Thank you to all of the residents that joined us for the Village Victory Cup. A wonderful time was had by all. We had 260 residents from 12 villages. Congratulations to Anna White for winning two medals for the Bake-off; 2nd place for cupcakes and 3rd place for cookies. Congratulations to The Village of Westland for winning the Victory Cup and to St Martha's for winning the Spirit Award. Go Redford Roaring Tigers!!



The Village of
Redford
A SENIOR LIVING COMM

A Mission of Presbyterian Villages of

Look for PVM on:



Transitional Care Unit

AT THE VILLAGE OF REDFORD
(Formerly known as Pratt)

Helping you from hospital to home!

Recently renovated and updated with added therapy gym, room makeovers, and expanded services. The Transitional Care Unit staff provides rehabilitation programs that allow the patient the tools to maximize their individual potential. We take great pride in providing the necessary support and sense of community and consider each resident to be a member of our family.

In addition to the professional licensed nursing staff, we also have a full range of staffing including physical therapist, speech/language pathologist, occupational therapist, restorative nurses and wound care specialist, to meet all of the patient's needs.

Call Patricia Daniels at 313-541-6026 for more information.



Ribbon cutting at the Transitional Care Unit Open House

Announcements

All Resident Monthly Meeting

The Resident Meeting is an informational meeting for all residents' campus wide. This meeting updates you on all that is happening in and around the village. This is a great time for you to share your questions and concerns that you may have and for you to meet the department managers.

No regular Resident Meeting for July. Meeting is for **Independent Residents Only**, Tuesday July 23rd in the RCD.

Please keep in mind the Resident Meeting is not the time to discuss personal problems you may be having, but rather a time to discuss things that would involve most of the campus. You may, however, meet with a manager after the meeting to discuss something personal. Please contact Sherry Prokes if you have any questions or concerns at Ext# 16183

Location Abbreviations

FR= Fitness Room
LEC= Life Enrichment Center
RCD= Recreation Center
with stage
PDR= Patterson Dining Room
BRD= Board Room on D Hall
FPR= Fireplace Room on
E Hall
SDR= Sterling Dining Room
CHPL= Chapel

Birthday Celebration

The Birthday Party will be on Friday, July 12 at 2:00 pm in the RCD.

Village Friends

Joyce Fruge'	Sylvan Terrace E1	7/03
Phylonia Williams	Heritage Court	7/09
Linda McGee	McComber 55	7/09
Alice Toth	Patterson E 67	7/12
Marlene Richards	Mc Comber 36	7/12
James Herron	Patterson E 71	7/14
Shirley Ball	McComber 25	7/14
Geraldine Burke	Sterling C38	7/17
Daniel		
Shaughnessy	Garfield House E18	7/21
Gertrude Goodall	Mc Comber 43	7/24
Frances Mollicone	Redford House E3	7/29
Ann Dunwoodie	Patterson E79	7/30



Independent Living Residents Save the Date

Special informational meeting for the IL Project will be held on Tuesday, July 23 at 2:00pm in the RCD room. If you live in Sylvan Terrace, Woodside or Village Green, please attend. Family members are welcome.

**Welcome
Our Newest
Residents**

**Booker Harris-
McComber**

**John Judge-
McComber**

**Louella Thompson-
McComber**



Events for July 2013

Monday July 8- This is a **Transportation Day** for the Independent Living Residents. Please call Janet if you need to schedule a ride to the doctor. Ext 16047 or 313-549-0054. Transportation dates for August are August 12 and 20.

Monday July 8- **Ward Sing-a-Long** at 3:00 in the RCD

Tuesday July 9- Banking at 10:30. Please call Janet to reserve your seat.

Thursday July 11 - Shopping at Value Center; the bus will pick up at 10:00 am. We ask that you please watch for the bus and be ready to go at 10:00 am. Please call Activities at 541-6047 to reserve a seat on the bus.

Thursday July 11- We will be having our first **Concert in the Courtyard** at 6:30 in the Main Courtyard. If weather doesn't permit us to be outside, we will be in the RCD. Join us for R J'S Blues.

Friday July 12- **Dynamo Show** with Paul Koniarz at 2:00 in the RCD. We will also be having our July **Birthday Party** along with the Dynamo Show.

Monday July 15- **Senior Wellness Event in the RCD at 1:30.**

Tuesday July 16- This is a **Transportation Day** for the Independent Living Residents. Please call Janet if you need to schedule a ride to the doctor. Ext 16047 or 313-549-0054. Transportation dates for August are August 12 and 20.

Tuesday July 16- All invited to the Chapel Service at 2:00 in the Chapel. Hosted by the NEWC.

Wednesday July 17- Tour and lunch at The Village of Westland. **Independent Residents Only.** Please call to reserve your seat ext. 16047. Bus will fill up quickly. Pick up is 9:30 am.

Thursday July 18- Tour of the Village of Oakland Woods. **Independent Residents Only.** Please call to reserve your seat ext. 16047. Bus will fill up quickly. Pick up is 9:00 am.

Thursday July 18- **Concert in the Courtyard at 6:30pm featuring The Ban-Joes of Michigan.**

Tuesday July 23- **IL Project informational meeting at 2:00pm in the RCD.** This is for all residents living in Woodside, Sylvan Terrace and Village Green. Family members are welcome to join.

Wednesday July 24- Art Class at 9:30 am in the RCD

Thursday July 25- Concert in the Courtyard at 6:30. Featuring Sheila Landis Trio.

Chaplain's News

THE CHAPEL VIEW

RESPECT

In the play *My Fair Lady*, Eliza accuses Professor Higgins of being overly gruff to her. The Professor disagrees; he tells Eliza he treats everyone the same – he is disagreeable to everyone! That seems to be epidemic today – rude clerks at the store, road rage drivers, radio and TV talk show hosts that scream at their guests, “reality” TV programs that offend everyone.

The story of Joseph from the Bible book of Genesis shows another way. Joseph had been betrayed by his brothers, sold as a slave, falsely imprisoned, and abandoned by the very person he helped while in prison. Finally, when he was called to perform service for the Pharaoh, he did not refuse, he did not object, he did not march into Pharaoh's palace demanding justice. Instead he shaved and changed clothes, to present himself before the King. He respected Pharaoh for his position – not only his governmental position, but his position as a fellow human being.

Is that missing today? Respect. Sometimes, we disagree profoundly with one another, but we can respect one another as human beings. And, respect just might find respect. For this month, let us respect one another. It can start a more pleasant way of life. God Bless.

Chaplain Kent

Schedule of Special Events for July, 2013: Check the calendar for all events for July.

July 8, Monday, 10:00 a.m. - Sylvan Terrace Bible Study Group, at the home of Loretta Whalen, ST F-6. Join our growing group to study and discuss a topic relevant to our lives today.

July 16, Tuesday – North End Women's Club Annual Chapel Service –“The Joy of Jesus”- at 2:00 p.m. in the Elizabeth C. Patterson Chapel. Rev. Dr. Kathryn Thoresen, from First Presbyterian Church, Birmingham, will lead us in worship. Rev. Dr. Kate oversees the Foster/Adoptive Families Partnerships missions at First Presbyterian. The mission has been recognized by the Governor and the Michigan Department of Human Services with the 2012 Faith-Based award, for their efforts concerning foster children. Join us as we celebrate **“The Joy of Jesus”** in all aspects of our lives in community at the Village of Redford.

July 20, Saturday, 10:00 a.m. - Catholic Mass in the Chapel with Fr. Socorro Fernandes of Our Lady of Loretta Catholic Church.

Village Services

Transportation Concerns

**DEAR Village of Redford
INDEPENDENT RESIDENTS:**

Transportation days will be the 2nd Monday and the 3rd Tuesday every month. Watch your calendars for these dates.

**July Transportation Days:
Monday July 8 and Tuesday July 16**

**August Transportation Dates:
August 12th and August 20th**

**September Dates:
September 9th and 17th**

You will have to make sure your doctor is aware of the days that transportation is available to you and schedule your appointments accordingly.

The hours will be 8:00 a.m. until 3:00 p.m. Please do not make your appointments for 8:00 a.m. or for 3:00 p.m.; you will need to give Janet at least 30 minutes to get you to your appointment, so no earlier than 8:30 a.m. and then back to the Village by 3:00 p.m.; so no later than 1:45 p.m. If you have any questions or concerns please contact either Janet Frederick at 541-6047 or Karl Schillinger at 533-4783.

Dining Services Information:

Meal Times

Breakfast-8:00am-9:00am

Supper-12:00pm-1:00pm

Dinner-5:00pm-6:00pm

Huntington Bank is here from

1:00-4:00 every Tuesday

(313)538-4406

Apple Bistro Ext # 16015

Hours are:

Monday, Tuesday, Thursday, Friday

11:00-1:00

**It is closed on Wednesday and
Holidays**

Beauty Salon Information:

Our Salon is located in the TCU just off the TCU Dining Room .

We are open by appointment

Tuesday thru Friday 9:00am-5:00pm

Beauty Salon Ext# 16942

Services that we provide include:

Shampoo & Sets

Blow Dry

Press & Curl

Perms

Colors

Manicurist Information

Beverly charges \$19 for a full manicure and \$40 for a full pedicure. She can come to your room to do both if you like. Please call the Beauty shop to schedule your manicure needs.

The Village of Redford Department Extensions

Department Phone Numbers

ADMINISTRATION

Vice President & Executive Director Thomas Hosinski 533-0146

VILLA Administrator Gloria Robinson 541-6042

Executive Assistant/Office Manager Sherry Prokes 541-6183

Billing Lisa Hibbard 541-6073

Chaplain Kent Aughe 541-6061

MEDICAL

Director of Nursing Kafi Williams 541-6232

Social Worker Lynn Pietrzak 541-6062

Mc Comber 541-6010

Pratt 541-6012

VILLA Office Assistant Tomika Trice 541-5991

Maintenance Mark Uzarek 541-6029

ASSISTED LIVING Clinic 541-6018

Nurse Coordinator Joyce N Hamlin 541-6283

MAINTENANCE Manager 541-6471

Supervisor Jerry Jones 541-6458

MARKETING AND SALES

Manager Denise Mazzetti 533-3412

Admissions-SNF & Rehab Patricia Daniels 541-6026
Tracy Lathan 541-6484

Dining Services

Director of Dining Services Randi Simko 541-6103

Executive Chef Joel Vassollo 533-5797

Hospitality Supervisor Nathan Jones 537-0062

Dietician Howard Hawkes 533-5975

Apple Bistro 541-6015

HUMAN RESOURCES

Manager Kenya Bragg 541-6420

Assistant Wenona Breazeale 541-6418

REHAB/THERAPY Erica Newby 541-6054

LIFE ENRICHMENT

Manager Karl Schillinger 533.4783

Life Enrichment 541-6467

Transportation Janet Frederick 541-6047

BEAUTY SHOP

Rose, Diana and Beverly 531-6942

VILLA 541-6077

BEAUTY SHOP

EMERGENCY Number	(313) 402-4985
Night Guard Phone	(313) 402-4985



Redford Exceeds Fundraising Goals for Friends and Family!

By: Megan Keup

As you can see from the article from Paul Miller, the Presbyterian Villages of Michigan (PVM) Foundation had our most successful Friends and Family Appeal, raising over \$125,000 for all of the Villages throughout Michigan!

I am also pleased to report that The Village of Redford exceeded their Friends and Family Fundraising goal of \$4,000 through raising \$7,903! Thank you to everyone who chose to support this worthwhile project of making improvements to the Beauty Salon. Your gifts made a difference!

The PVM Foundation matched the donations with \$3,267 in additional funding, and because the Board of Directors gave at 100%, The Village of Redford received another \$500. That resulted on \$11,670 overall being raised for the project!

If you are interested in learning more about the Friends and Family Appeal results, please contact me at 248.281.2044 or visit our website at www.pvmfoundation.org. Thank you again to everyone who participated and I look forward to seeing the improvements to the Beauty Salon!

Thank You!

Supplement other retirement income
– now or later!



Key Features

- A sizable part of each gift annuity is also tax-free.
- You'll receive a guaranteed income for as long as you live and your rate will never change – you will get the same payment for life!
- You make a special and enduring gift to strengthen the Mission of PVM.

**UPTO
9%
RETURN**

AGE	RATE
65	4.7%
70	5.1%
75	5.8%
80	6.8%
85	7.8%
90+	9%



Presbyterian Villages
OF MICHIGAN
THE FOUNDATION

For more information, call Paul Miller at the PVM Foundation
248.281.2045
www.pvmfgifts.org

The information in this publication is not intended as legal or tax advice. Please consult your legal and tax advisors.



Most Successful Friends & Family Appeal Raises Over \$125,000!

A big congratulations to all the Villages that participated in making the 2013 Friends & Family Appeal the largest and most successful in the history of the PVM Foundation. Together, **over \$125,000 was raised** for all PVM Villages!

To learn how much your Village raised, please ask your Administrator or visit the “Events” page at www.pvmfoundation.org.

Special congratulations goes to **The Village of East Harbor**, who raised the largest total amount with \$50,190; and to **The Village of Spring Meadows**, who had the highest percentage of donors over last year at 555% and won a \$2,500 grant toward their Village project!

None of this could be accomplished without our donors, who exceeded our greatest expectations.

- 1,079 donors participated in the 2013 Friends & Family Appeal
- 1,299 total gifts were contributed toward Village projects
- 513 of our Friends & Family donors were first-time contributors

We are so thankful to all our donors, whose generosity will make so much possible for PVM residents and seniors throughout Michigan!

Warm regards,
Paul J. Miller, CFRE

P.S. Save the date for next year’s Friends & Family Appeal taking place in April 2014!



For Your Safety.

By Carrie L. Moon-Dupree,
Vice President of Risk Management & Quality

Summer Heat

Hopefully by the time you are reading this article, we really do have summer weather. It is hard to imagine on a day like today (57*) that we need to be prepared for the summer heat. As the CDC (Center for Disease Control) states, "Get ready to stay cool before the temperatures soar."

The CDC reports that on average, extreme heat causes 658 deaths in the United States. Extreme heat can cause high body temperatures that can cause death and organ damage. Extreme heat affects children and the elderly the most.

The best way you can prepare for summer heat is to be informed about the weather conditions before you go outside. If there is a weather alert due to heat and or humidity, stay indoors in an air condition space. Stay well hydrated. Keep your blinds and shades drawn when the sun is beating down on your windows. If you must go out, wear a hat and loose clothing. Take water with you to drink while you are out. Early morning, or after the sun has gone down, are the best times to go outdoors.

If your air conditioning is not working properly, check to see that a piece of furniture or a drape is not blocking the vent. If that is not the problem, let your maintenance department know immediately that it needs repair. It may be necessary to move you to an area that does have air conditioning until the repair can be made. In the unlikely event that the whole building's air conditioning goes down, cooling stations or alternative arrangements will be made to keep everyone safe. Your administrator will direct you as to the emergency plans. I am hoping those lazy days of summer arrive soon.



It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

Stay Cool!

Picnics, fireworks, and Independence Day are the hallmarks of July. So too are heat and humidity. In July, mid-day temperatures in Michigan average in the mid 80's. Add to this an average humidity level of just over 72% and you have a potentially dangerous combination. Prolonged exposure to high heat and humidity can cause the body to lose its ability to cool itself, ultimately resulting in heat stroke, a serious medical condition that can cause permanent disability or death if prompt emergency treatment isn't provided.

To help protect against heat related illness, when it is hot and humid outside:

- Drink plenty of cool, non-alcoholic, non-caffeinated beverages.*
- Wear lightweight, light-colored clothing.
- Stay indoors during the hottest parts of the day (preferably in an air-conditioned environment).
- Avoid engaging in strenuous activities.
- Reduce the amount of meat you eat (since digesting meat raises body temperature and increases water loss).
- Limit direct sun exposure (which increases body temperature and can result in sunburn, which reduces the body's ability to dissipate heat).
- Take a cool shower, bath, or sponge bath.
- Rest often.
- **If your doctor has limited your intake of fluids or has put you on water pills, you should first check with him or her before increasing your fluid intake.*

It's Puzzling



Fourth of July

Find and circle all of the words that are hidden in the grid.
The words may be hidden in any direction.

N L I S G D Y R O T S I H A G I
 L B R T A D W V G C M N P N T N
 A N T R H M Q E D F O R A R E F
 V D I E Q P E E D I N T C H C I
 I U G A D A M R T A I Y L G N R
 N B X M T O U A I O R L J A E E
 R X V E C I R D N C A A M L D W
 A Y Y R I B R A E B A I P F N O
 C Z A S E U L B E T I H W D E R
 Y C B L V A Z S T U F H S J P K
 Y M E S N A A I K A C G Y X E S
 R C W T V B L Z H N E E I B D Z
 I B H B Y A D I L O H R B A N F
 C E P A T R I O T I S M G R I U
 M U U I P Z F R E E D O M L A E
 S N O O L L A B L C I N C I P B

AMERICA	FIREWORKS	NATIONAL ANTHEM
BALLOONS	FLAG	PARADE
BARBECUE	FREEDOM	PATRIOTISM
BASEBALL	GREAT BRITAIN	PICNIC
CARNIVAL	HISTORY	RED WHITE BLUE
CELEBRATION	HOLIDAY	STREAMERS
DEMOCRACY	INDEPENDENCE	

Presbyterian Villages of Michigan Mission Statement

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

One Nation Under God

by Roger Robicheau

One Nation Under God we live
Think about all some had to give

Be grateful to those who keep this true
Warriors of our red, white, and blue

They show what love is all about
They'll fight for us, there is no doubt

Highly praise these men and women
Giving thanks time and again

We the people share freedom's life
In a world of ever present strife

They're trained by those of great skill
Honed to perform, so strong their will

Defending bravely what we are
No holding back each heartfelt star

Those in uniform will always be
The golden pride of this country



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan at **248-281-2040** or visit **www.pvm.org**



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Redford, MI 48240**

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