



Village News



Embrace the possibilities

420 S. Opdyke Rd · Pontiac, MI 48341 · www.pvm.org

JUNE 2023

Featured Articles

- Administrator Notes **P. 1**
- Office News **P. 2**
- Sales-Leasing News **P.3**
- Maintenance News **P. 4**
- Service News **P. 5**
- Wellness News **P. 6**
- Resident Council **P. 7**
- Sunrise & Sunset **P. 8**
- Monthly Calendar **P. 11**

I'll never forget the Thanksgiving Brunch of 2018. That was the first event I attended as a new employee of Oakland Woods where I was able to witness how active and exciting our residents on the campus are. Since then, there have been so many memories that were developed. Just to name a few, our Clinton River Cruise, Memorial Day BBQs, Horse Racing which became a fan favorite of mine, Tiger Games, and so much more! My favorite memory occurred in 2019 when the cardinals won the Village Victory Cup. I'll never forget seeing the excitement on each of your faces.

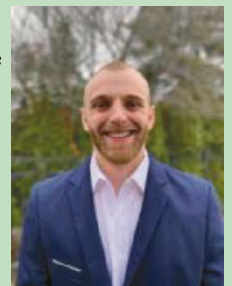
In 2020, I was fortunate that the VOW residents and staff supported me as I transitioned from the Wellness Coordinator into the Administrator. In my current role, I have had the opportunity to continue building relationships with residents (both current, former, and perspective), their family members, board members, community partners and members, contractors, government officials, and other stakeholders of our community. I am forever grateful for the stories, ideas, and leadership from these members.

These are the memories that will last a lifetime for me. These are also the memories I will hold close to my heart as I transition away from Oakland Woods and PVM. As of June 9, 2023, I will be handing over my duties and responsibilities to PVM as they hire for the new Administrator of the campus.

I am keeping the Oakland Woods team, residents, board members, and other stakeholders of PVM in my thoughts and prayers during this transition, and in VOW's future growth. I look forward to seeing all of the updates, good news, and stories from a far. I do not want to say goodbye, so instead I will say **"THANK YOU!"** Thank you for the opportunity to serve you for the past 4 and a half years. Thank you for welcoming me into your homes, sharing your stories with me, for caring about me not only as an Oakland Woods employee but as a person, and for caring for the other VOW staff members. I could write a book on all of the reasons why I appreciate **YOU**, and please know you are **ALL** appreciated, and will be greatly missed.

I have a very strong mentor who told me prior to their departure at PVM, "shoot for the stars, because if you come up short, you will at least land on the moon." These words carried me through my career at PVM, in my personal life, and will take me beyond my time here. And now I wish to leave this same message with the residents and the VOW Staff. Truly, shoot for those stars each day, because growth is not capped. And I hope to see the continued success for all.

With much love and appreciation,
Jon Hayes



The Village of
Oakland Woods

A SENIOR LIVING COMMUNITY
A Mission of Presbyterian Villages of Michigan

Look for PVM on:



Office News

Sharon Benton & Stephanie Daniel

Administrative/Receptionist

New Phone System

By now you all should have noticed that we have a new phone system. There are a few extra steps, and it will take a little bit to get used to, for both you and us. The recording will let you choose the person that you want to speak with directly by choosing a number option.

Here's the options during the day

- **Press 1 for the Receptionist-Stephanie Daniel**
- **Press 2 for Sales & Leasing**
- **Press 3 for Services Coordinator (rings to both Sue & Toni's phones)**
- **Press 4 for the Wellness Coordinator-Jessica Martins**
- **Press 6 for Administrative Assistant-Sharon Benton**
- **Press 7 for Administrator-Jon Hayes**
- **Press 9 for **EMERGENCY MAINTENANCE ONLY****

If you remain on the line your call will be transferred to the Receptionist. During the evening you can choose the same options. The recording will let you know that the office is closed and you can leave a voice message. The office closes at 4:30pm Monday—Friday and is not open on the weekends.

*Office hours on Thursday's is from 8:30am—12:00pm

HAVE YOU CHECKED YOUR MAILBOX LATELY

It has been brought to our attention by the Post Office that mailboxes are not being checked regularly, and mail is being returned to the post office or to our office. It's your responsibility to check your mailbox. If mail is returned to the office it will be disposed of. New resident please make sure that the post office have your correct address with your unit number included.

Admin's Happy Hour

Join us June 30th, 2023 from 5:00—7:00pm

FOOD—MUSIC-GAMES

Sales and Leasing News

The Village of Oakland Woods is looking to fill the Sales & Leasing Specialist—Housing position, if you know someone that maybe interested please go to pvm.org/careers and search **Sales & Leasing Specialist-Housing**, Pontiac location.

Have no fear the staff will continue to meet all of your Sales and Leasing needs.





Maintenance News

Matthew Myers
Maintenance Lead

I have some great news about the junk removal I mentioned in a previous newsletter: The Clean Out Kings are coming!

Who?

A junk removal company is coming to the Village of Oakland Woods and will get rid of anything we need! They'll have two techs and even move the piece of furniture out for you. You should have all of the small belongings you plan to keep picked up and away from the junk you'd like to have removed.

When?

Dates: Monday June 19th and Friday June 23rd the Clean Out Kings will be here

What?

You can throw out anything that isn't regulated like chemicals, batteries, tires, or other hazardous items that are also forbidden from the dumpsters. They'll also take very large items like chairs, dressers, tables, and TVs. If what you have isn't junk it may be donated to the Salvation Army. This is a great opportunity for you to spring clean!

How?

Call the office and we'll have a running list going for everyone who needs to get things out. When you call make sure to give your unit number, and try to summarize the stuff you're going to have removed so that we can coordinate what is going to happen and when. Please have your call before Wednesday June 14th so I can create a map and plan for the pickup.



Service News

*Sue Carney & Terri Price
Service Coordinators*

Welcome June! Welcome Summer!

Yay! Summer is finally here! Enjoy every day.

June will be a busy month here at the Village, so check out the June calendar.

Wednesday June 14, 12:30 p.m. Norma from Oakland Hope will be here. Oakland Hope is a free food pantry/thrift store located at Baldwin Ave & Walton in Pontiac. If you are in need of free extra food, Oakland Hope can help. If you need help come to this meeting, if you can't attend & still want information call Sue.

Starting this month, we will be hosting Care & Connect, a time to gather in a safe, private area to learn how to manage stress, grief, loss & struggles together. This will be a small monthly group, starting Monday June 5, starting at 1p.m. Service Coordinator, Terri will be facilitating these. Please sign up in the activity book.

If you are interested in getting a home heating tax credit done, or your late taxes done, a representative from Accounting Aid Society will be here Wednesday July 19, from 10 a.m. to 1 p.m. There will be a sign up sheet at the end of June on the table or call Sue. This is a must sign up event.

Happy Father's day to all the Dad's out there!

Lastly, just wanted to let you know that Sue will be off work and on vacation June 16-26, returning back here Tuesday June 27.

Have a great month!





Wellness News

Jessica Roberts
Wellness Coordinator

As we enter the summer months, we look forward to a full calendar of events and opportunities at Oakland Woods!

The first of our new events will be an **Intergenerational event hosted by the Wayne State FAMS program**. This will be a fun fitness event where high-schoolers and residents can take part in Victory Cup games to get active and have a good time! Sign up to join us for **Tuesday June 6th at 11:30am** for snacks and fun!

Another event historically featured here at Oakland Woods - grocery trips - will resume with a new partnership through M1 Mobility. Through the funding and assistance of the Pontiac Community Foundation, **M1 Mobility will provide 3 grocery trips this month** via a 14 passenger van; these trips will take place on **June 13th, June 20th, and June 27th at 9am**. Residents must **sign up to be a part of these grocery trips at least one week prior to the trip** and **must sign the Grocery Trip Expectations form** provided by the Wellness Coordinator. Please see Jessica for more information and to sign the form.

This month we are also bringing back **Crafts and Creations** at Oakland Woods! We will be creating a Spring/Summer outdoor décor piece on **June 9th at 1pm**. Those who plan to participate in this event must sign up and see Jessica to receive a “craft coupon”; with the craft coupon, crafting supplies are free, but **those who sign up and do not show up will have to cover the cost of their craft**. We appreciate your cooperation and consideration and look forward to a fun time crafting!

Over the summer, we will have a series of opportunities to learn with others at the Oakland Woods community. The first of these events will be our **Tech Talk Sessions** taking place on **June 13th and 27th**. These sessions will provide education on various tech-related topics as well as practice using the skills that we learn. Topics this month will include:

- Phone Basics – Iphone and Android usage; Downloading Apps – June 13th
- Online Grocery Shopping – Creating Account, Saving Items, Payment Info – June 17th

Join us at 11am on the 13th and 27th!

Another group learning opportunity will be our **Special Interest Coffee Hour** where there will be videos on different topics such as cooking, travel, gardening, and more. This will be a fun, informal time of learning with your neighbors over coffee. Join us at **11am on June 20th!**

There will also be new opportunities for residents to engage with their community and give back through volunteer service starting this month! We will be providing specialty coffee from **11 to 1pm on June 22nd at a Volunteer Coffee Bar** at the Community Center. Residents can sign up to serve coffee to residents and/or bake pastries to be served to residents. This time allows residents to engage in socialization and service. Sign up in the Activities Book if you would like to volunteer to serve and Jessica will be in contact with you.

An exciting new opportunity for residents to get active this summer will be our **new fitness program kicking off June 29th!** Healthy Steps is a program that combines exercise, dance, and therapeutic movement to maximize independence and reduce common issues such as limited flexibility, pain, swelling, balance difficulties, and more! This program is for individuals with any level of ability as it targets slow, controlled movement and can be done seated or standing. Residents are encouraged to attend the **Healthy Steps Kickoff on June 29th at 11am** to learn more about the program and get moving!

Other new opportunities to look out for this summer will be our Pop-Up Pantry! This will be an opportunity for residents in need to receive free grocery items twice a month and for residents to volunteer to assist with setting up and serving on pantry days. More information to come in July!

All of our programs and opportunities are designed to help you live life to the fullest here at Oakland Woods! If you have any questions or need additional information on any upcoming events, stop by the Wellness office or give me a call!



Resident Council News

Becky Bolden
Resident Council Vice President

Effective May 10th, the Resident Council has voted to dispend.

The Village Chorus need your voice, join us on Wednesday's starting at 11:30am in the dining hall.

Resident Council Board

Becky Bolden, *Vice President*
(248) 766-3684

Vernice Harper, *Secretary*
(248) 622-4470

Joyce Parlor, *Treasurer*
(248) 210-5678

The Historical Legacy of Juneteenth

On "Freedom's Eve," or the eve of January 1, 1863, the first Watch Night services took place. On that night, enslaved and free African Americans gathered in churches and private homes all across the country awaiting news that the Emancipation Proclamation had taken effect. At the stroke of midnight, prayers were answered as all enslaved people in Confederate States were declared legally free. Union soldiers, many of whom were black, marched onto plantations and across cities in the south reading small copies of the Emancipation Proclamation spreading the news of freedom in Confederate States. Only through the [Thirteenth Amendment](#) did emancipation end slavery throughout the United States.

But not everyone in Confederate territory would immediately be free. Even though the Emancipation Proclamation was made effective in 1863, it could not be implemented in places still under Confederate control. As a result, in the westernmost Confederate state of Texas, enslaved people would not be free until much later. Freedom finally came on June 19, 1865, when some 2,000 Union troops arrived in Galveston Bay, Texas. The army announced that the more than 250,000 enslaved black people in the state, were free by executive decree. This day came to be known as "Juneteenth," by the newly freed people in Texas.

Juneteenth is a federal holiday in the United States. Legislation establishing the holiday was passed by Congress on **June 16, 2021**, and signed into law by U.S. President Joe Biden the following day.





Birthday Celebration!

The Birthday Party will be held on Friday, June 23rd. Join us in the Community Room at 1:00pm for refreshments, bingo and prizes!

Robert Robinson 6/2

Julie Fitzgerald 6/3

John McCoy 6/5

Betty Carthens 6/6

Lori Woodmore 6/6

Savannah Doran 6/12

Carol Hardemon 6/12

Sally Jackson 6/12

Helen Robins 6/13

Rose Brown 6/24

Stanley Davis 6/24

Andrea Kilmek 6/28

Joyce Parlor 6/29

Dorothy Spears 6/30



STAR DRUGS PHARMACY



1525 S. Opdyke Road, Bloomfield Hills, MI 48304
(Located inside Hollywood Market)
(248) 333-0222



- Blister packaging is **FREE**
- Available for most medications



FREE DELIVERY

*Some delivery restrictions apply

Must request by 2PM
Limited delivery area
No delivery on Thursdays or weekends



Custom Compound Medications

- Custom Pet Medications
- Custom Human Medications



Medication Consultations and Treatment Support

- Diabetes Nicotine
- And More

NEVER MISS OUR NEWSLETTER!

SUBSCRIBE

Have our newsletter
emailed to you.



VISIT WWW.MYCOMMUNITYONLINE.COM



4-D-5-5

For ad info. call 1-800-477-4574 • www.lpicommunities.com

15-0811



JOSLYN CHIROPRACTIC CENTER
Dr. Leigh A. Elceser



1044 Joslyn Road
Pontiac, Michigan 48340
joslynchiro@comcast.net

FREE Consultation
to all Village of Oakland
Woods Residents

Phone: (248) 332-0111
Fax: (248) 332-0880

www.joslynchiropractic.com

Best Effort Cleaning Service

**22 Years of Residential
& Commercial Cleaning**

Call: (248) 778-8452

Best Effort = Best Cleaning

Compliments of

CHOICE CARPENTRY

*Always ready to help
The Village of Oakland Woods*

LET'S GROW YOUR BUSINESS

Advertise in our Newsletter!

CONTACT ME
Eileen Frazier

efrazier@lpicommunities.com

(800) 477-4574 x6309

ADT-Monitored Home Security

Get 24-Hour Protection
From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



Authorized
Provider

SafeStreets

833-287-3502

ADVERTISE HERE
to reach your community



Call 800-477-4574

THRIVE
LOCALLY

SUPPORT OUR ADVERTISERS!

WE'RE HIRING!

AD SALES EXECUTIVES



**BE YOURSELF.
BRING YOUR PASSION.
WORK WITH PURPOSE.**

- Paid training
- Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community



Contact us at
careers@4lpi.com or
www.4lpi.com/careers

Place Your Ad Here and Support our Community!

Instantly create and
purchase an ad with

AD CREATOR STUDIO



lpicommunities.com/adcreator



4-D-5-5

For ad info. call 1-800-477-4574 • www.lpicommunities.com

15-0811

SUN

MON

TUE

WED

THUR

FRI

SAT

**Large Calendars are Available
at the Activities Table**

4

10:30 Mindful Movement Fitness Class - MOBILITY
11:30 Wellness Clinic
1:00 Care + Connect

5

10:00 God's Word and Prayer
11:30 Wayne State Intergenerational Event

6

10:30 Mindful Movement Fitness Class - STABILITY
11:30 Village Chorus

7

OFFICE CLOSED AT 12PM
10:00 Walking Club

8

10:30 Mindful Movement Fitness Class - STRENGTH
1:00 Crafts & Creations

9

10

11

10:30 Mindful Movement Fitness Class - MOBILITY

12

9:00 Grocery Trip - Walmart
10:00 God's Word and Prayer
11:00 Tech Talk Session

13

10:30 Mindful Movement Fitness Class - STABILITY
11:30 Village Chorus
12:30 Oakland Hope Info Session

14

OFFICE CLOSED AT 12PM
10:00 Walking Club
10:00 Fathers' Day Breakfast

15

10:30 Mindful Movement Fitness Class - STRENGTH

16

17

Father's Day

18

Juneteenth
10:30 Mindful Movement Fitness Class - MOBILITY

19

9:00 Grocery Trip - Hollywood
10:00 God's Word and Prayer
11:00 Special Interest Coffee Hour

20

Focus Hope
10:30 Mindful Movement Fitness Class - STABILITY
11:30 Village Chorus

21

10:00 Walking Club
11:00 Volunteer Coffee Bar

22

10:30 Mindful Movement Fitness Class - STRENGTH
1:00 "Family Feud Fun" BIRTHDAYS AND BINGO!

23

24

25

10:30 Mindful Movement Fitness Class - MOBILITY

26

9:00 Grocery Trip - Kroger
10:00 God's Word and Prayer
11:00 Tech Talk Session

27

10:30 Mindful Movement Fitness Class - STABILITY
11:30 Village Chorus

28

OFFICE CLOSED AT 12PM
10:00 Walking Club
11:00 Healthy Steps Kickoff!

29

10:30 Mindful Movement Fitness Class - STRENGTH
5:00 Fourth of July Happy Hour

30

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Number

(248) 334-4379

Village Staff

Jon Hayes

Housing Administrator

Sharon Benton

Administrative Assistant

Stephanie Daniel

Administrative Receptionist

Sales and Leasing Specialist

Terri Price

Service Coordinator

Sue Carney

Service Coordinator

Jessica Roberts

Wellness Coordinator

Matthew Myers

Maintenance Lead

Randall Shannon

Grounds Keeper

EMERGENCY MAINTENANCE

(248) 330-0213

On-Site Security

(313) 742-0285



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org

Embrace the possibilities

Pontiac, MI 48341-3145

420 S. Opdyke Rd

A Mission of Presbyterian Villages of Michigan

A SENIOR LIVING COMMUNITY

Oakland Woods

The Village of

