



# Village Voice



Embrace the possibilities

32001 Cherry Hill Rd. • Westland, Michigan 48186 • www.pvm.org

June 2019

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Look for PVM on:

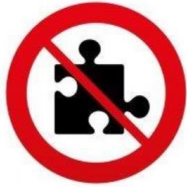


The Village of  
**Westland**

A SENIOR LIVING COMMUNITY

 A Mission of Presbyterian Villages of Michigan

## UPDATES AND REMINDERS



**As of right now,  
we are not accepting  
any donations  
of books or puzzles.**



**No smoking is permitted on Presbyterian Village of Westland's property with the exception of the smoke shacks. The smoke shacks are located on the northwest and southeast sides of the main building that are connected to the covered parking.**

**Smoking in the apartments is forbidden. Residents violating this policy could be evicted**



**Like and Join the Village on Facebook!**



**We have a Facebook page titled  
Presbyterian Village of Westland!**



**You can see our monthly newsletters, monthly calendars, weekly updates, flyers, and photos from the many activities at the village on the Facebook page! This is also a great way to let your family and friends know what is going on at the Village!**

**Love living at the Village of Westland?!?!**

**What to live near your friends and get money for it?!?!**


**Here's How!**

**If you refer a resident who ends up living here for at least 90 days, you will receive a \$500 bonus!**



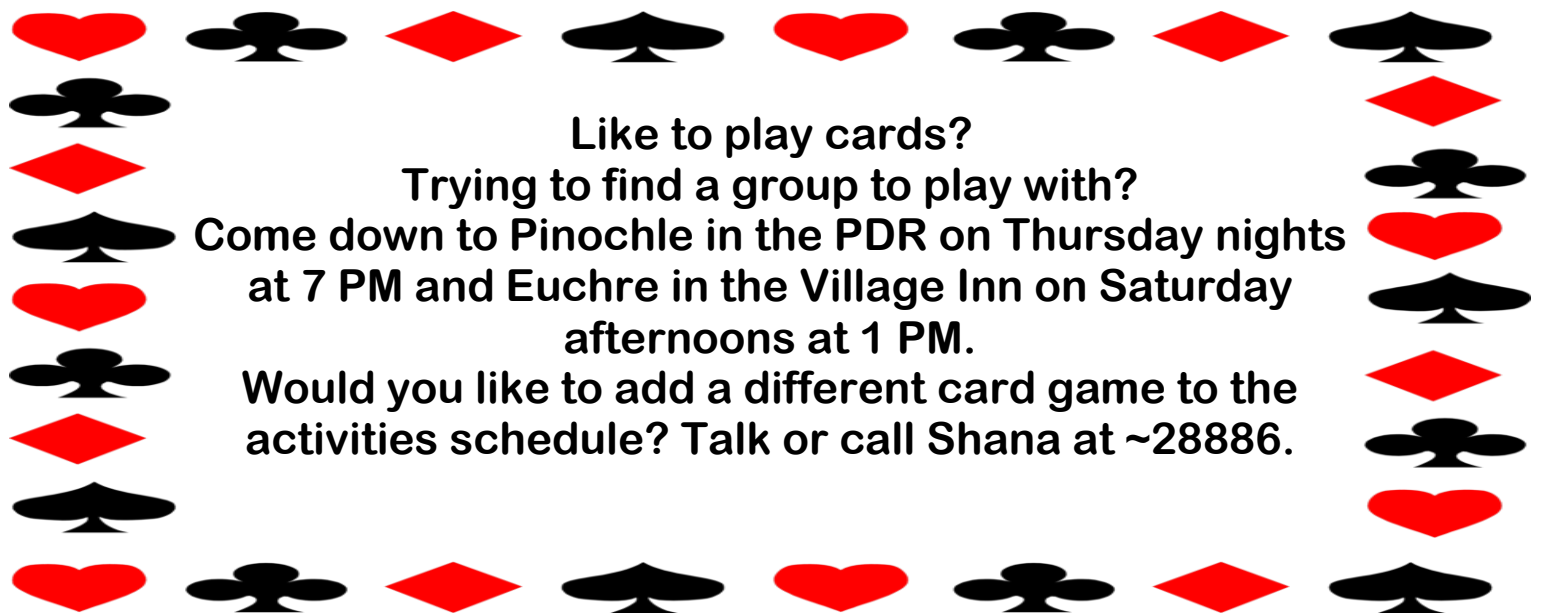
## We are now Eversound connected!

All residents will have access to our Eversound wireless group listening system. Eversound is designed to improve engagement and participation by offering the highest audio quality at all activities - including presentations, outings, music, exercise, movie nights, and more!



**About Eversound:**

*Eversound is a leading provider of wireless headphone technology and engagement solutions designed for senior living communities to facilitate better hearing and increased participation.*



**Like to play cards?  
Trying to find a group to play with?  
Come down to Pinochle in the PDR on Thursday nights at 7 PM and Euchre in the Village Inn on Saturday afternoons at 1 PM.  
Would you like to add a different card game to the activities schedule? Talk or call Shana at ~28886.**



## The Senior Advocate.

By Lynn Alexander,  
Senior VP & Chief Marketing Officer

### Flag Day on June 14th

The U.S. Flag Day is coming up soon on June 14th. It commemorates the adoption of the flag of the United States on June 14, 1977 by resolution of the Second Continental Congress. President Woodrow Wilson issued a proclamation that officially established June 14th as Flag Day. Congress joined in with an Act of Congress in 1946.

The entire week of June 14th is designated as “National Flag Week.” This provides an opportunity to proudly display the flag if not done year round. It is also a chance to share part of the legacy of our country with our grandchildren.

Why is it important to share our history as a country? I believe this quote sums it up beautifully: “We study history not to be clever in another time, but to be wise always.” - Marcus Tullius Cicero

#### Staff Extensions...

**Michele White ~ 28885**  
Executive Director

**Mary Saffian ~ 0**  
Lead Receptionist

**Shana Brown ~ 28886**  
Wellness Manager

**Shari Thompson**  
~28952  
Billing

**Jason Lovelly ~ 28927**  
Human Resources

**Kara Otto ~ 28810**  
Social Worker

**Jennifer Wolf ~ 28953**  
Fitness Specialist

**Melissa Nestorovski ~ 28928**  
Marketing Manager

**Breana Wallace ~ 28896**  
Sales and Leasing  
Specialist

**Diane Santo ~ 28889**  
Beauty Shop



# It's Your Life. Live It Well.

By Tom Wyllie,  
Director of Wellness

## Caregiver's Best Friend

### TOOLS FOR THE MODERN CAREGIVER



Caregiving is hard. That's why on May 7, 2019 Presbyterian Villages of Michigan launched [Caregiver's Best Friend](#), a weekly blog designed to introduce caregivers to everyday technology that will help them spend their money wisely, save them some time, and stay sane.

While we admit that self-driving cars, robotic pets, and virtual reality are all pretty cool, that's not the kind of technology we will be blogging about. Instead, we will be taking deep dives into apps like [Shipt](#), [Takl](#), and [DoorDash](#). The kind of tech that works on the "computer" caregivers carry in their pockets (i.e., their smartphones).

We will be using the tech ourselves, trying it out and making mistakes so you won't have to. We'll also let you know how it works and give you our opinion on its benefits and its drawbacks. Before long, you just may find yourself automating grocery shopping and other everyday chores.

To read the latest posts, visit the blog weekly at [www.caregiversbestfriend.org](http://www.caregiversbestfriend.org). Follow us on [Facebook](#) and [Pinterest](#) too.

*Caregiver's Best Friend is a publication of Presbyterian Villages of Michigan and was made possible thanks to generous support from the Michigan Health Endowment Fund. The Health Fund works to improve the health and wellness of Michigan residents and reduce the cost of healthcare, with a special focus on children and seniors. More information about the Health Fund can be found at [www.mihealthfund.org](http://www.mihealthfund.org).*



# Your Giving Matters.

By Paul J. Miller, CFRE,  
President, PVM Foundation

At PVM's home offices in Southfield, it's all about looking good *and* doing good.

Since January, we've been encouraging our employees to wear jeans on Fridays – in exchange for a \$3 donation to our PVM Foundation. Those casual Fridays have been adding up over the months, and we're happy to report that the Jeans Day pilot program has been a success, raising more than \$600 for **YOU**, our seniors, since its launch.

We'll use that money to provide refreshments for residents competing at this year's 14<sup>th</sup> annual Village Victory Cup, slated for June 21 at Novi's Suburban Collection Showplace. And, after getting positive feedback from administration, we've decided to keep Jeans Day going for the foreseeable future.

It all goes to show that even the smallest acts of kindness can make a big difference. Jeans Day, as part of larger efforts to increase staff engagement, is just one example of how philanthropy can be made low-pressure, accessible and yes, even *fun*. So, if you see staff at your Village rocking jeans on a Friday, be sure to say thanks. That denim is a donation, and it's all for *you*.

# JUNE FACTS

The 6th month of the year brings us Summer, Father's Day, Flag Day, and the Summer Solstice.

In the Georgian calendar, the calendar that most of the world uses, June is the sixth month. However, according to the early Roman calendar, June was actually the fourth month and had only 29 days. In 46 B.C., Julius Caesar gave June 30 days instead of 29 when he reformed the Roman calendar. June was named after the Roman goddess Juno, who is the wife of Jupiter. However, others say that its name actually came from the Latin word *iunioris*. It means the younger ones, which is opposed to majors or elders which May's name was originated from. In June, spring ends and summer begins in the Northern Hemisphere. During this time, all the flowers and plants are very beautiful. In the southern hemisphere, winter begins in June.

Below are some fun facts about June:

1. The birthstones for June are the pearl, alexandrite, and moonstone.
2. The birth flower for June is the rose.
3. The zodiac signs for June are Gemini (May 21 - June 20) and Cancer (June 21 - July 22)
4. On June 1, 1792, the state of Kentucky, also known as the Bluegrass state, became the 15th state of the United States.
5. On June 1, 1796, Tennessee, also known as The Volunteer State became the 16th state of the United States.
6. On June 5, 1947, George C. Marshall, the Secretary of State, described the Marshall Plan.
7. On June 14, 1777, the flag of the United States was adopted by the Continental Congress.
8. June 14, 1900 - Hawaii was organized as a territory
9. On June 15, 1215, the Magna Carta was granted by King John.
10. On June 15, 1775, George Washington was appointed the commander in chief of the Continental Army.
11. On June 15, 1836, Arkansas also known as the Natural State, became the 25th state of the United States.
12. Finland's Flag Day is celebrated on the Saturday closest to June 24.
13. On June 6th, Sweden celebrates its national holiday, Flag Day.
14. On June 12, The Philippines' Independence Day is celebrated.
15. On June 18, 1812, the United States declared war on Great Britain.
16. National Candy Month
17. National Dairy Month
18. National Iced Tea Month
19. June 5 - World Environment Day
20. June 20 - Father's Day



# Welcome To The Village!



## Residents:

Brenda Walsh  
Bernadine Chicarelli  
Donna Cole  
Judy Murphy

Judee Tice  
Sandy Johnson  
Kelli Richardson



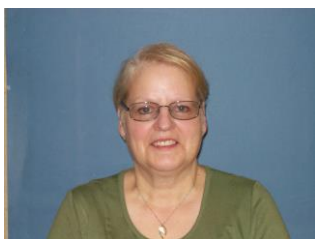
## Staff:



Jerome Kirby  
Dining Services  
Assistant



Ralph Middleton  
Maintenance  
Technician



Karen Savage  
Receptionist



Brenda Seifert  
Housekeeping  
Lead





# Women's High Tea



## June's Crafts are... Flip Flops Wreaths and Patriotic Bandana Wreaths!



## ~ Transportation Services ~

### Monday's

- Bus Runs at 11 am (ACO, Hallmark, CVS, Post Office, and Walgreens (all off of Merriman Road))

### Tuesday's

- Shopping at Kroger (Cherry Hill and Merriman) at 10 AM
- All Shopping trips load/unload a maximum of four bags per resident  
~Electronic scooters are given based on the order of the sign-up sheet. This is on a first come first serve basis, as many stores do not have a sufficient number of scooters.

### Wednesday's – Banking Day at 11 AM

- Citizens Bank, TCF, Chase, Bank of America, Zeal, and Comerica

### Thursday's and Friday's

- Movie outings ~ once a month ~ cost is only for ticket to the movie (\$6.00)
- We do one to three shopping trips per month that leave at various times (such as Meijer, Target, Walmart, Dollar Tree, Ollies, Westland Mall). There is no cost to the resident.
- All Shopping trips load/unload a maximum of four bags per resident
- Lunch outings at 11 AM ~ one to two per month ~ only cost is for your meal.
- Shopping and lunch outing suggestions lists are in the mailroom

### Appointment Outings

- Bus is available for residents to be driven to doctor appointments; must call the Wellness Department a week in advance to make reservations, cost starts at \$15 and can go up based on mileage and waiting time over 1 hour.

***If there is ever a charge for an outing, it will be written on the sign- up sheet.***

***\*\*Residents must sign up for all outings. Sign-up sheets are located in the mail room\*\****

## Happy Birthday to our Wonderful Residents...

Following are the residents who celebrate a birthday in June!

Hazel Edgar.....	June 1 <sup>st</sup>	Leroy Waite.....	June 9 <sup>th</sup>
Sherman Vollans.....	June 5 <sup>th</sup>	John Ennis.....	June 19 <sup>th</sup>
Judy Miller.....	June 6 <sup>th</sup>	Frank Steyskal.....	June 22 <sup>nd</sup>
Pat Troschinetz.....	June 8 <sup>th</sup>	John Blackerby.....	June 29 <sup>th</sup>

### Have an e-mail address?

The Village of Westland is updating our email contact list. Please stop by the front desk to complete an Email contact form. Ask your family members to fill out the form too. When we have your email on file you can receive newsletters and other building information electronically.

### We need your help!

Do you have some extra time to spare? Do you love where you live and want to get more involved? Please share your love for the community and volunteer. The Village of Westland is seeking more Volunteers. There are multiple positions available in choose from.

We currently need your help with:

-Bingo      -Library

See Shana or Toni to get more information.

**Presbyterian Villages  
of Michigan  
Mission Statement**

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)

**Office Numbers (734) 728-5222**

**Village Staff**

**Michele White**  
*Executive Director*

**Jason Lovelly**  
*Human Resources*

**Josh Kephart**  
*Environmental Services Manager*

**Jan Smith**  
*Nurse Case Manager*

**Melissa Nestorovski**  
*Marketing Manager*

**Shana Brown**  
*Wellness Manager*

**Kara Otto**  
*Social Worker*

**Shari Thompson**  
*Billing*

**Austin Jackson**  
*Dietary Manager*

**Brenda Seifert**  
*Housekeeping Lead*

**EMERGENCY NUMBER**

(734) 728-5222



**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan at **248-281-2040** or visit [www.pvm.org](http://www.pvm.org)



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Westland, MI 48186**



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