



Village Voice



Embrace the possibilities

Cottage Courier

32001 Cherry Hill Rd. • Westland, Michigan 48186 • www.pvm.org

February 2019

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The Village of
Westland

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:





We are now Eversound connected!

All residents will have access to our Eversound wireless group listening system. Eversound is designed to improve engagement and participation by offering the highest audio quality at all activities - including presentations, outings, music, exercise, movie nights, and more!



About Eversound:

Eversound is a leading provider of wireless headphone technology and engagement solutions designed for senior living communities to facilitate better hearing and increased participation.

Allow residents to fully enjoy the benefits of programs and activities

Eversound headphones can be worn with or without hearing aids during group activities including movies, music, presentations, outings, and any activity that involves audio.

- Facilitates better health, well-being, and quality of life
- Provides supportive family visiting experiences
- Enables individuals to be active participants in residents' care



Staff Extensions

Michele White ~ 28885
Executive Director

Mary Saffian ~ 0
Lead Receptionist

Josh Kephart ~ 28890
Maintenance Manager

Lisa Scott ~ 28893
Housekeeping Lead

Shana Brown ~ 28886
Wellness Manager

Melissa Newton ~ 28963
Wellness Coordinator

Shari Thompson ~ 28952
Billing

Jason Lovelly ~ 28927
Human Resources

Melissa Nestorovski ~ 28928
Marketing Manager

Jennifer ~ 28953
Wellness Instructor

Beauty Shop~28889



Welcome to February

Month of February

February Zodiac Signs

Aquarius: January 20-February 19

Pisces: February 20-March 20

February Birth Flower- Violet and Primrose
The Violet and the Primrose

Violet- symbolizes loyalty, faithfulness, and watchfulness

Primrose- the primrose lets someone know that you cannot live without him or her

February Birthstone- Amethyst

The amethyst is a purple gem that can range in color from pale lilac to a deep rich purple

February is the shortest month of the year, with only 28 days. Originally, February was the last month of the year until 450 BC when it moved as the second month.

February comes from the Latin word *februa*, which has the meaning “to cleanse.”

The Welsh refer to the month of February as “y mis bach” which means “little month.”

The Super Bowl is in the month of February, which is the largest American sporting event of the year.

February Holidays

February 2nd is Groundhog Day

According to legend, there will be six more weeks of winter if the groundhog sees its shadow on February 2nd if the groundhog does not see its shadow on this day then we will have spring very soon!

Did you know that Groundhog Day has a much deeper meaning?

This day speaks to the triumph of spring over winter, birth over death. Groundhog Day was originally a Celtic festival, which marked the cross-quarter day or the midpoint of the winter season.

February 12th is Abraham Lincoln’s Birthday. Abe Lincoln was the 16th president of the United States and was born in a 16X18 foot, one room log cabin that had a dirt floor.

February 13th is Mardi Gras

February 14th is Valentine’s Day

February 15th is Susan B. Anthony’s Birthday

February 20th is Presidents’ Day.



Valentine's Day

*A winter day! The feather-silent snow
Thickens the air with strange delight, and lays
A fairy carpet on the barren lea.
–David Gray, Scottish poet (1838–61)*



It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

Life Without a Car – Part 4

This is the fourth article in a series of articles I have been writing about living life without a car. Last month I introduced you to the online, on-demand shopping and home delivery service Shipt. This month I am going to share my experience using it.



SHIPT

As you might recall, when I took my car to the shop I was completely out of groceries. “No problem,” I thought. I’ll just use Shipt. After my experience at my sister’s, I had already downloaded the app on to my iPhone from the App Store and signed up for the service. Where I live there are two stores Shipt does business with: Meijer and Target. I chose Meijer because the Meijer closest to me has more variety than the closest Target store.

I found that using the app was pretty easy. Essentially, all I had to do to select an item to buy was to tap its picture. After selecting all the items I wanted, I selected my desired delivery time, which completed my purchase. Shortly thereafter, I received an email confirming my order and soon after that, was notified who my shopper was that included her picture. About a half hour before my scheduled delivery time, I received a text message from my shopper that she was about to start shopping.

While my shopper shopped, she periodically sent me text messages when an item on my list was not available and would suggest substitutes. For example, if the store did not have the specific brand of mild salsa I requested she would suggest a different brand of mild salsa or the same brand but medium rather than mild. I could then text back with my decision, which could be to remove salsa from my list rather than accept a substitute. After my shopper finished shopping, she sent me a text that she was in the checkout line and would soon be on her way to my house.



When she arrived with the groceries, everything was in order. There were no missing items, the eggs were not broken, the cold items were still cold and the frozen items were still frozen. Overall, it was a very positive experience. From a convenience standpoint, it was a home run. My primary complaint is that for my liking there were a few too many items from my list that were not available, for which I had to select a substitute. That was a bit frustrating. However, given that I was without a car, it was sure nice not to have to go without groceries even if I had to buy a few different items than originally intended.

Next month, I will write in more detail on how the app works so if you decide to try it, you will have a better understanding of how it works

Happy Birthday to our Wonderful Residents...



Following are the residents who celebrate a birthday in February!

Marion Walsh 2/14/1917

Welcome New Residents!

Clyde Burton- Ivy Cottage

Welcome New Employees!

Leslie Vaden

Licensed Practical Nurse



Autumn Shorter

Licensed Practical Nurse



Robin Davidson

Resident Assistant



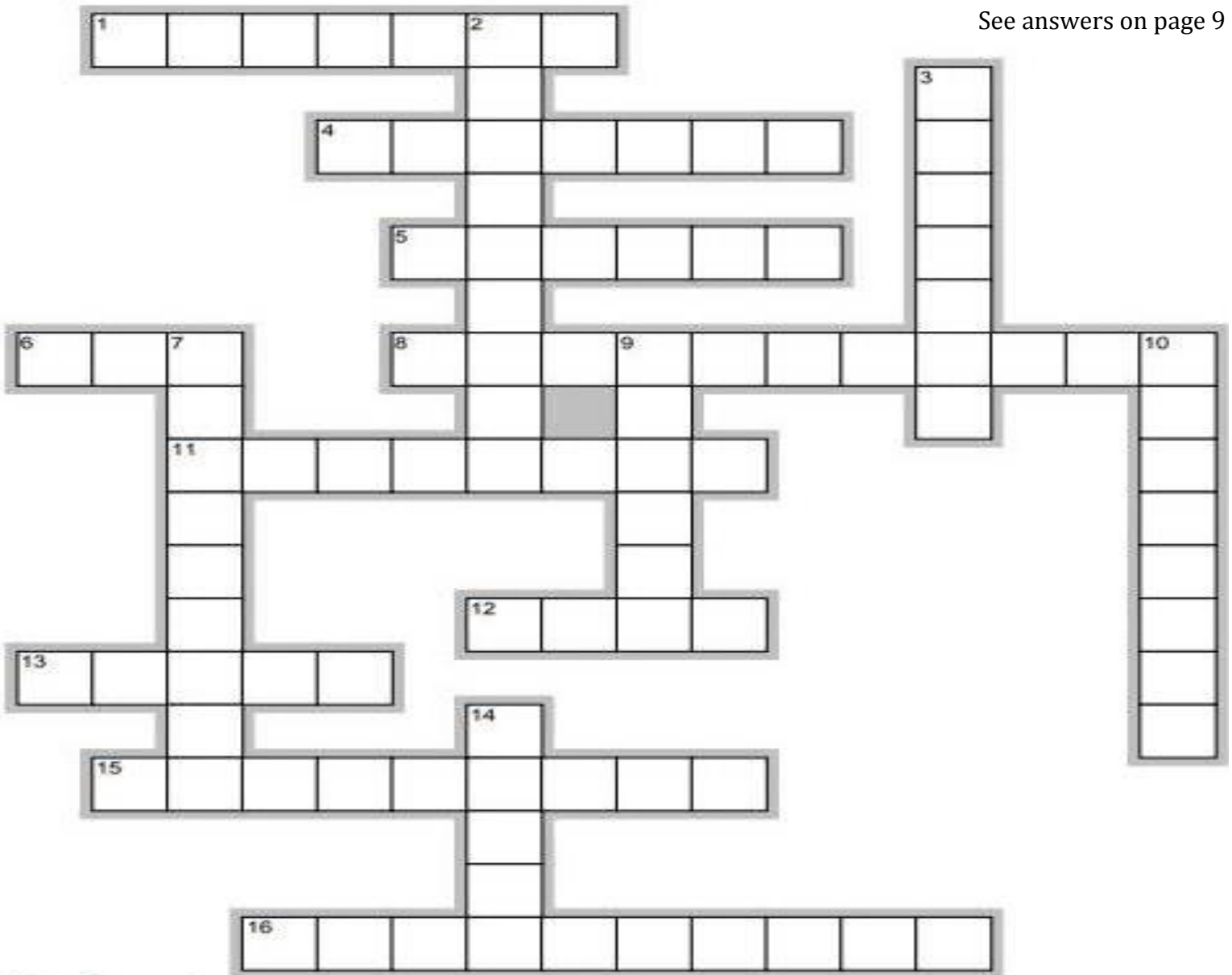
A Warm welcome, it is great to have you with us.

Activities in the Cottages



Department Stores- Old and New Crossword Puzzle

See answers on page 9



DOWN

- 2. Counter where you can purchase lipstick
- 3. Department that sells bracelets
- 7. Department with fabric and thread
- 9. Its logo is a red dot inside a red circle
- 10. ___ Field and Company
- 14. Famous NYC department store

ACROSS

- 1. Sears & ___
- 4. Person who takes your \$\$
- 5. JC___
- 6. Childs favorite department
- 8. Place to try on clothes
- 11. Brides have a gift___ in a store
- 12. You find these for women in the millinery department
- 13. Go to the___center for a family portrait
- 15. Alt. to stairs & elevators
- 16. Department pans & mixers

♥ *Valentine's Day* ♥

S Y L W J C K Z U H T C V T B
 Y R F A H F U K M A A H F O L
 C M R P C X W P H O E O C L X
 B C C A N D Y A I T X C Q L N
 X G B S Y Q V E V D V O C U O
 S W E E T H E A R T F L T S H
 S D T A I R F W L L N A C E U
 Z E D R H R O O O E Q T O S G
 F U Y U V R V C U Q N E X S S
 R H D R R E E G T K I T K I D
 I T Q A Y M F G C G P C I K M
 E M X A S L W S F G H S H N U
 N H E A R T S L V U W P K B E
 D U A X Y F L O W E R S T C D
 S N K S D K K X F L B C M F C

1. VALENTINE
2. CANDY
3. CHOCOLATE
4. CUPID
5. FLOWERS
6. FRIENDS



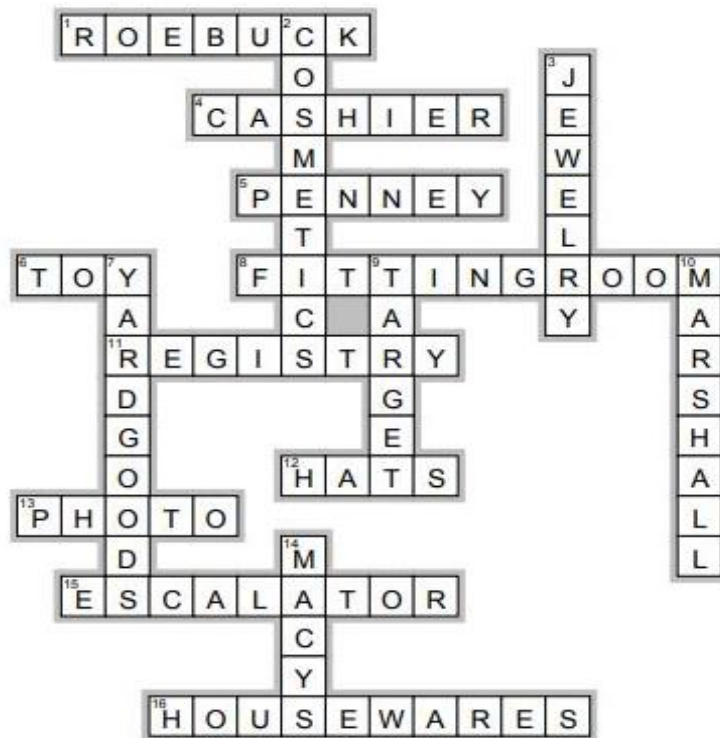
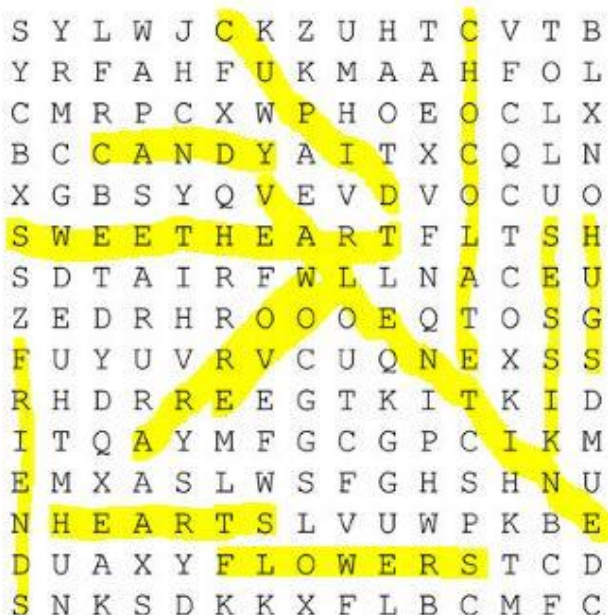
7. SWEETHEART
8. ARROW
9. KISSES
10. LOVE
11. HEARTS
12. HUGS



Like and Join the Village on Facebook!
 We now have a Facebook page titled
 Presbyterian Village of Westland!



You can see our monthly newsletters, monthly calendars, weekly updates, flyers, and photos from the many activities at the village on the Facebook page! This is also a great way to let your family and friends know what is going on at the Village!



PVM's New Blog

I am pleased to announce that we have launched a blog on the PVM website. Now you will be able to find very helpful information on everything from avoiding financial exploitation, housing and services, alternative transportation, on-line delivery services, family issues and fun topics such as creating memories with your grandchildren.

This blog is very simple to use. Simply go onto the PVM website at pvm.org. Right on the home page to the left of the Crain's logo there is a button which states PVM Blog. Just press it; and you will be taken right to it.

Just in a few short weeks over 1,200 viewers have been enjoying what we have to offer. Come join the fun and become one of the most knowledgeable members of your social set.

Read on and stay warm during the winter months!

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Numbers

(734) 728-5222

Village Staff

Michele White
Executive Director

Shana Brown
Wellness Manager

Jason Lovelly
Human Resources

Austin Jackson
Dietary Services Director

Josh Kephart
Maintenance Supervisor

Shari Thompson
Billing

Melissa Nestorovski
Marketing Manager

Kara Otto
Social Worker

Jan Smith
Nurse Manager

Lisa Scott
Housekeeping

EMERGENCY NUMBER

(734) 728-5222



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan at **248-281-2040** or visit www.pvm.org



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