



Village News



Embrace the possibilities

420 S. Opdyke Rd · Pontiac, MI 48341 · www.pvm.org

January 2020

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Notes from the Administrator

Happy New Year Oakland Woods! We trust your Holiday season was a fantastic experience filled with family, friends, food and fun. The Village annual Christmas party on December 14th was a smashing success all around. We had the pleasure of hosting 130 residents and guests for the event. A special thank you to the decorating and events committee for their hard work, planning and execution. We could not do what we did for that many attendees without tremendous planning and commitment from so many people. If we grow any larger for Christmas, we will have to host the event off site, wow!

2020 is here and the Village is better than ever. We accomplished so much in 2019 it makes us look back with a smile and a feeling of Village pride. With that said, we have so much more on the horizon in the coming year. The physical improvements will continue with the completion of the road surfaces, gutters, siding improvements, wetland areas and so many other projects. We are excited to be in a position to continually upgrade our Village and resident services.

With the passage of time comes change and we want to thank Ricardo Palacios for 16 months of hard, dedicated and passionate work as our Marketing & Outreach Specialist. Ricardo is leaving Michigan to live his dream in the desert or Arizona with his lovely fiancé and family. His last day at the Village will be January 3rd 2020 and he will be missed by all. Our best wishes and blessings to Ricardo in his new adventure and chapter in life.

January and February will be challenging months for the maintenance team and office staff as we are scheduled to have several site and unit inspections performed. We will be notifying each area and unit as your home comes up for the inspection. As always, we will work to ensure they are quick and as unobtrusive as possible. The inspections include the Pre-REAC (HUD) inspections the second week of January, the Furnace & Hot Water tank inspections the following week and to finish up January, the City of Pontiac safety inspections the week of the 27th. The maintenance team will give you advanced notice before each one. In preparation for the heavy month of inspections, please make sure all your doorways and doors swing open freely and close completely. Your furnace & Hot water tank rooms are accessible and clutter free, the inspectors will need to physically get into those rooms to complete their job. Any obvious trip hazards from TV cables, power chords or such should be addressed. Stove tops clear of any objects, bathrooms and tubs accessible for review and please no obstructions to the egresses' (Exits) windows, sliding/front/rear doors. Your help is paramount if we are to receive not just a passing score but also a great condition score.



The Village of
**Oakland
Woods**

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan

Look for PVM on:





December 13, 2019

PRESBYTERIAN VILLAGE NORTH
420 S OPDYKE RD
PONTIAC MI 48341-3105

Dear Customer:

Trees are a beautiful and vital part of Michigan's landscape. They're also the leading cause of power outages and can pose a serious public safety hazard if they grow too near or into power lines. That's why our tree experts will be visiting your area soon to trim and, if necessary, remove trees growing too close to power lines.

Our tree trimming program follows industry standards and uses trimming methods that promote healthy trees and safe, reliable power. All work will be completed by tree professionals who have been trained on safe, proper and environmentally responsible work practices. Get a full view of DTE's tree trimming program at dteenergy.com/treecare.

We are committed to working with you throughout this process, and will be here to address any concerns you might have before tree work begins. Here's what you can expect in the upcoming weeks:

- **You may see DTE representatives in your yard or neighborhood inspecting the power lines and trees to determine where trimming is needed. Representatives will be wearing high-visibility vests and carrying DTE ID badges.**
- **If tree work is needed on your property, the representative will knock on your door. If you are not home, we will leave a "Tree Work Scheduled" door card. If you have questions about the work intended for your property, please call the number on the door card.**
- **If a tree poses a serious hazard to power lines or if trimming will put the tree's health at risk, we may need to remove it. In this case, representatives will leave behind additional information and make considerable attempts to work directly with the property owner before removing any trees.**

We appreciate your support as we work to provide you with safe, reliable and affordable energy.

Questions?

If you have any tree-trimming questions or comments, please call 800.477.4747 to speak with a DTE representative.

Sincerely,

DTE's Tree Trimming Team



It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

A New Year's Resolution Solution

With the arrival of the New Year, like 100 million other Americans, you have probably made at least one New Year's resolution. Unfortunately, however, like most everyone else, by mid-April you will probably find that your resolutions are nothing but distant memories. So, why is it that as easy as resolutions are to make, they seem to be even easier to break?

Ask almost anyone that has made – *and broken* – a resolution and they will tell you that lack of will power was their downfall. But is failing at our resolutions really a matter of will power? Could it be that the problem isn't that we aren't mentally tough enough, but that we really haven't yet learned how to set realistic goals?

When it comes to learning how to set goals, behavioral experts recommend:

- Starting with something you **WANT** to do rather than something you think you should/need to do (e.g., being more physically active vs. eating less salt).
- Choosing something **ACTION** oriented rather than outcome oriented (e.g., walking vs. losing weight).
- Selecting something **MEASUREABLE** (e.g., walking a certain distance or for a certain amount of time vs. just walking).
- Selecting something **ACHIEVABLE** (e.g., walking 10 minutes/day, 3 times/week vs. walking 2 miles/day, 7 days/week).

As with any new skill, the more you practice it the better you will get at it. Before you know it, you will be setting and achieving goals with ease.

Your Life. Your Legacy.

Presbyterian Villages of Michigan is only able to provide the best quality of housing, programs and services to seniors throughout Michigan with the generous support of our donors.

**Please consider a charitable bequest...
and leave a legacy.**

 **Presbyterian Villages**
OF MICHIGAN
THE FOUNDATION

For more information, call Paul Miller at the PVM Foundation
248.281.2045
www.pvmgifts.org



Maintenance News

By *Matthew Myers*
Maintenance Supervisor

Happy January to You!!

This month we're having a furnace inspection (orange) and a city inspection (blue). As usual during inspections please have your utilities accessible, your unit in order, and be respectful of our time. We'll be seeing all 216 units twice in the following weeks:

JANUARY 2020						
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2020						
Sun	Mon	Tues	Wed	Thurs	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

In 2020 maintenance will be installing FireAvert units on your stove when we come to do regular work orders (NOT during the inspections noted above).

Frequently Asked Questions about these units...

What if I accidentally set off my smoke alarm while cooking?

The FireAvert has an intelligent ten second-1 minute delay that allows those of us who aren't the best cooks to clear out the smoke before the FireAvert cuts power to the stove. The delay is plenty of time to clear out smoke or shut off the smoke alarm before the FireAvert cuts power to the stove.

How can I reset the FireAvert?

The FireAvert is simply reset by flipping the breaker in your electrical panel off and back on again. Once the FireAvert is installed you never again have to pull the stove out. The FireAvert is also maintenance free with no batteries.

Will kids toys or loud music trip the FireAvert? No, FireAvert is smart enough to distinguish between kids screaming, loud music, kid toys, or any other sound. Only the true sound of your smoke alarm will trip the FireAvert.

Is the FireAvert reusable?

Yes, the FireAvert can be used over and over again. You never have to recharge or refill it!

What does the FireAvert do?

FireAvert protects your home from stove fires day and night! The best way to prevent or stop a stove fire is by simply turning off the stove before there is any fire, and that is exactly what FireAvert does. FireAvert intelligently turns off the stove before there is any fire. FireAvert is continually monitoring for the sound of your smoke alarm. When your smoke alarm sounds from food left on the stove, FireAvert will turn off the stove before there is any fire. This concept has been tested and proven by professionals around the country for being the best way to prevent or stop a stove fire.

Service News

By Sue Carney

Service Coordinator

Welcome 2020!

How did it get to be 2020 all ready?! I hope and pray that 2019 was a good year for you. Let's all keep good thoughts and prayers that 2020 will be a great year for everyone.

2020 is the year for the next census. If you are interested in working a part time job for a short period of time and make some extra income, come to the community room either ***Tuesday, January 14 from 10-1 p.m. OR Friday, January 17 from 11 a.m. to 2 p.m. to speak to Mr. Varde.***

If you have Medicaid and feel that you need a chore worker, ***Thursday, January 23 at 1 p.m.*** legendary in-home services will be here to explain how this works. If you have Medicaid and are approved, these services can be provided to you with no out of pocket costs to you.

Any questions about the above, see Sue.

Have a wonderful January!



Wellness News

Jon Hayes
Wellness Coordinator

Happy New Year!

WOW! What a year this has been! I Cannot believe all of the fun activities, outings, and parties we have had the chance to go on and throw! Some of my personal favorites from this year included (just to name a few):

- The Launch (and Re-Launch) of GitFit and Sit and Be Fit
- WINNING THE 2019 VILLAGE VICTORY CUP
- ***Several*** Grocery Store Trips
- The Clinton River Cruise
- Tigers Game
- Our Memorial Day BBQ Party
- Senior Prom at The Park at Trowbridge
- Our Thanksgiving Brunch
- And Of course this years Christmas party in which we hosted more than 130 people!
- So much More!

I really hope that you found 2019 as exciting as I did and Am beginning to plan for the future. I am always looking for new ideas for outings based on what YOU want to do. As you know, my door is always open! Please feel free to stop in and share your ideas with me!

Christmas Party Photos:

Speaking of the Christmas Party, I have the photos! If you wish to receive your professional photos from Madeline Theede Photography, stop in to my office and I will provide you with them!

New You Challenge:

Monday, January 6th will begin our 4 Week New You Challenge. This challenge is all based on participation and there is more information next to the activities binder or you can stop in and ask whatever questions you may have!

Birthday Celebration!

The Birthday Party will be held on **Friday, January 17**. Join us in the community room at 2:00pm for refreshments, bingo and prizes!

Kathleen Stanley	1/3
Siney Morton	1/12
Nancy Washington	1/13
Ron Kowalski	1/16
Patricia Jennings	1/16
Edwin Byrd	1/18
Barbara Edridge	1/20
Aretta Allen	1/20
Mary Alice McNeal	1/20
Betty Ridley	1/20
Sandra Nichols	1/23
Geraldennette Lancaster	1/25
Brian Gnegy	1/28
Will Baldwin	1/30
Pat Vaughn	1/30

Enough Happiness To Keep You Happy

*During the year may you have
Enough happiness to keep you sweet.*

Enough trials to keep you strong.

Enough sorrow to keep you human.

Enough hope to keep you happy.

Enough failure to keep you humble.

Enough success to keep you eager.

Enough friends to give you comfort.

Enough wealth to meet your needs.

Enough enthusiasm to make you

look forward to tomorrow.

*Enough determination to make
each day better than the day before.*

Happy New Year

www.forangelsonly.org



Happy New Year!

Resident Council News

By *Philena Holdridge*

Resident Council President

Happy New Year! It's 2020 and the slate is clean. What will 2020 have in store for all of us? Hopefully good health and many new experiences that bring us joy. Each day becomes more precious on this earth and I am thankful for our family and friends. I just pray that here in the Village of Oakland Woods we can get to know our neighbors better and look for more opportunities to take part in activities to make good friends. Talk to Jon Hayes, our Wellness and Events Planner, and he will help you get plugged in.

AREA REPRESENTATIVES

Also, let me take this opportunity to let you know who the Area Representatives are if you have questions about the Village.

- Area 1 - Joyce Parlor - Apt. 5 D
- Area 2 - Gertrude Rankin - Apt. 10 B
- Area 3 - Barb Ridley - Apt. 22D, Betty Ridley- Apt. 24 B
- Area 4 - Melissa Bridgeman - Apt. 32C
- Area 5 - Judy Shatto - Apt. 38 D
- Heatherwood Cottages - Janet DeVold- #1181, Vernice Harper-#1217, Becky Bolden- #1237
- Maplewood Cottages - Chuck and Philena Holdridge- #375

GREAT LAKES BURN CAMP COLLECTION

Don't forget our Winter Project to collect hats, gloves, mittens, scarves, socks and underwear to help burn victims (Ages-6-17) that are attending the Great Lakes Burn Camp in February. Put them in the container in the foyer. Thank you to all who have contributed so far!

FIRST 2020 RESIDENT COUNCIL MEETING

Our first Resident Council Meeting in 2020 will be **January 28th at 2 PM** in the Community Center. We will be discussing an Appetizer/Dessert Bar to welcome our new residents here in the Village. We will also be discussing a possible fundraiser in March when the weather is a little better. Come be a part of our planning for our Resident Council at the Village of Oakland Woods!

LIBRARY NEWS

Start the new year with a good mystery by Mary Higgins Clark. "You Belong to Me" is creepy and keeps you guessing to the last page. Four men are all suspected of being the killer of young women. The major clue is cleverly given but easily missed. Clark's own life has been something of a mystery at times. Read her interesting autobiography, "Kitchen Privileges" in LARGE print.

Resident Council Board

Philena Holdridge, President

(248)977-3038

Becky Bolden, Vice President

(248)766-3684

Judy Shatto, Secretary

(248)499-8574

Joyce Parlor, Treasurer

(248)210-5678

GETTING TO KNOW YOUR NEIGHBORS

Johnetta Samples



Johnetta, better known as J, was born in Detroit on November 11, 1943 to Mandel (Big Ash) and Madea (Little Ash) Ashford. "Daddy's gone to the good Lord" and Madea (her mother) is 97. J had 7 siblings of which 2 brothers and 2 sisters are still living. They spent their younger years in Port Huron, MI, and then moved to Pontiac for 7 years then on to Auburn Hills. Four years ago, J moved to the Village of Oakland Woods to Area 1.

Johnetta has 3 children, sons Stacy in Marshall, MI. and Jeffery in Chapel,

Tennessee. Her daughter Andrea lives in Waterford, MI. They have given her 5 grand children and 3 great grand children.

Despite living with debilitating seizures since she was a teenager, J has never let her Epilepsy stop her from an active life.

The most important thing in her life is serving her Lord. She is active in the Newman African Methodist Episcopal Church in Pontiac. She has a stack of many certificates from her work in church school and public schools, acknowledging her good works with both small children and teenagers. She has also supported the fund to send students to United Negro College.

A special treasure in J's keepsake file is a letter from the White House signed by President Obama. He responded to a letter she sent to let him know she was praying for him during his administration.

Since 2003 she has been collecting tabs from cans to help with fundraising to Ronald McDonald House in Detroit. They provide a home away from home for families with sick children with specialized needs at local area hospitals.

Johnetta was recently part of the VOW team that won 1st place in the poetry division in the 2019 Victory Cup.

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Number

(248) 334-4379

Village Staff

Kevin Centala
Administrator

Sharon Benton
Administrative Assistant

Hillary Vandenberg
Administrative Assistant

Ricardo Palacios
Sales, Marketing & Outreach

Sue Carney
Service Coordinator

Jon Hayes
Wellness Coordinator

Matthew Myers
Maintenance Supervisor

Charles Williams
Maintenance Technician

EMERGENCY MAINTENANCE (248) 330-0213

On-Site Security (248) 917-2539



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org

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Pontiac, MI 48341-3145

