



The Village of Brush Park Manor

# PARK VALLEY NOTES



2900 Brush St. • Detroit, Michigan 48201 • [www.pvm.org](http://www.pvm.org)

August 2016

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## Village Administrator

I just want to say thank you for your cooperation with the inspection from The Detroit Office of Housing and Urban Development (HUD). We did pass with several minor issues that have to be resolved but the representatives stated how well everything was so organized and your home is something to be proud of. Again, you make me proud to be a part of the Brush Park Manor Family.

The annual Brush Park Picnic will be held on August 25<sup>th</sup> at the far end of the parking lot. This is a wonderful event for all to enjoy. There is always loads of food, games and conversation for all in attendance. This picnic is sponsored by the Resident Association and for those who choose not to pay regular dues there is a \$10.00 cost to participate. **REMEMBER BOARD MEMBERS YOU ARE INVITED TO THIS EVENT AND THE RESIDENTS LOOK FORWARD TO MEETING YOU.**

We may have some extra Tiger tickets on August 18<sup>th</sup> if you are interested in attending the game. Please let me know if you would like to see the Detroit Tigers win over the Boston Red Sox.

Don't forget your Precinct Delegate Ms. Rosanna Johnson is available if you are in need or have questions regarding absentee ballots for this year's Presidential election. Please contact the office if you need help and we will give Ms. Johnson a call.

Remember Walmart has changed their pickup day for shopping from Thursday to Tuesday at 1:00pm for all those who love to shop. Along with shopping there has been activities for the seniors in Detroit and I hope that all those who were present at those events had a great time.

Congratulations to Mr. Christopher Blount Grand Nephew of our family member Mr. Warner McBryde on his winning to become Judge Blount in 36<sup>th</sup> District Court in Detroit, Michigan. We know you and your family are very proud of this young man who has visited with us at Brush Park Manor now knowing he will touch the lives of so many others.

We have certainly enjoyed the police cadets spending time with us this summer with the activities they provided along with going to Walmart, Wayne State Farmer's Market, exercising, playing bingo and watching movies. We wish them well in returning to their perspective schools and want them to remember education is one of the most important instrument's one can have in their life in helping them to achieve their dream.

The dictionary is the only place where success comes before work.  
Unknown

Look for PVM on:



## Announcements

**Movie Day at the Park  
Monday  
August 8<sup>th</sup>  
at 1:00p  
in the community room.  
All residents are invited.**



### black or white

Music From The Motion Picture Music By Terence Blanchard



Black or White is the story of a grandfather (Kevin Costner) who is suddenly left to care for his beloved granddaughter. When her paternal grandmother (Octavia Spencer) seeks custody with the help of her brother (Anthony Mackie), the little girl is torn between two families who love her deeply. With the best intentions at heart, both families fight for what they feel is right and are soon forced to confront their true feelings about race, forgiveness, and understanding. Anchored by an all-star cast and based on real events, the movie is a look at two seemingly different worlds, in which nothing is as simple as black or white. *Written by Relativity*

## Laundry Room Etiquette

Please be courteous to your neighbors when utilizing the laundry facilities on the 2<sup>nd</sup> and 3<sup>rd</sup> floors. Please be attentive to your laundry to give a chance for someone else to utilize the machines.



Betty Jean Cannon

## Announcements

☞ Worship Service held every 1<sup>st</sup> and 5<sup>th</sup> Sunday at 4:00 pm in the Community Room. This service is open to all faiths; please feel free to invite your family and friends:

☞ 1<sup>st</sup> Sunday—Rev. Knox  
(Communion)  
5<sup>th</sup> Sunday- Rev. Greenfield

☞ FOCUS HOPE delivers every 2<sup>nd</sup> Wednesday. You can sign up too. (Craft Room.)

☞ Wal-Mart Shopping  
Aug 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 28<sup>th</sup> & 30<sup>th</sup>  
Pick-up 1:00pm.

☞ Shelton Tappes meets every second Wednesday at 12:00 p.m.  
All are welcome to join!

☞ AARP meets every second Friday at 12:00 p.m.  
All are welcome to join !

☞ Exterminator at Brush Park every 3<sup>rd</sup> Thursday,  
3<sup>rd</sup> floor

☞ Arts & Craft every Tuesday at 2pm in the Craft Room.

☞ Bingo every Wednesday at 1pm-3:30pm in the Craft Room.

☞ Enhance Fitness Program M-W-F 11:30 to 12:30pm in the Community Room. Please see calendar for location changes.

☞ Bible Study Rev. Knox (every Wednesday at 6pm) in the E. Kern Tomlin community room.

#### 4 F's FOR QUALITY OF LIFE

In school receiving an F would have been a tragedy. However, in this edition I want to point out Four F's which have drawn my attention in the quest for Quality of Life at any age. Coincidentally it ties right back to school days since my recent 45<sup>th</sup> High School Class Reunion inspired me to write this message:

In reading the very nice directory which was published for this grand occasion I noticed some themes which were played out in almost every person's comments: They were Faith, Family, Friends and Fun! All seemed to note the well-known dilemmas which invariably occur with everyday life and professed that the above four items were what rocks their world and offsets the challenges of life.

In our comings and goings we can place much emphasis on reaching goals or finding our latest acquisition; but if we really think about what gives us our greatest joy in life it will most likely be tied somehow to these Four F's. Many folks talked about their latest adventures in far away and exotic locations or their favorite times riding in their convertible car which is an acquisition; but it was the fun and sense of living life to the fullest as a part of these purchases which brought their greatest enjoyment.

So as we travel along life's journey keep in mind that our everyday actions and dedication to these top Four F's can guide us. And the joy of being grandparents was probably the most noted experience in my classmates' comments. So I am very much looking forward to becoming a grandparent for the first time very soon.

Speaking of fun, PVM is a fun place to be. Our recent Village Victory Cup is a prime example. If you have not been involved as yet please consider doing so. It is a day filled with fellowship and great joy! If you aren't into some of the more action oriented events you can join in on the paper airplane flying event! Throughout the summer I hope that you will have the good fortune of fun and lovely life experiences with family and friends. And remember the Four F's.

## Discover The D TV

### Watch Discover The D TV

We call *Discover The D* the most comprehensive, entertaining TV program on metro Detroit. It's the show that helps folks discover -- or rediscover -- their favorite parts, places and people that make up The D.

From here, we link you to top-watched episodes, give you easy access to lots of individual segments about Detroit sports, shopping, dining and so much more. Oh ... and you can check out the show's upcoming schedule. *Discover The D* airs Mondays at 5:30 p.m. on Detroit Public TV





## Giving Matters.

By Paul J. Miller, CFRE,  
President, PVM Foundation

Secure your tickets and sponsorships now!

# All That Jazz!

## The Countdown is On!

### Annual PVM Foundation Gala—November 11th!

**When:** Friday, November 11, 2016

5:30 p.m. Sponsor & Patron VIP Pre-Reception

6:30 p.m. General Cocktail Reception & Raffle

7:30 p.m. Dinner, Program & Entertainment

**Where:** COBO Center, 1 Washington Boulevard, Detroit, Michigan 48226

**Cost:** **\$375 Patron Ticket\*** includes Private VIP Pre-Reception, Prime Seating at Dinner & Program

**\$250 Individual Ticket\*** includes General Cocktail Reception, Dinner & Program

(\*Estimated Fair Market Value: \$125/ticket)

**PVM employees** –get your **discounted tickets** through payroll deduction for less than \$21 per paycheck (if secured by August 18)!

For more information, please contact us at 248-281-2040, [pvmfoundation@pvm.org](mailto:pvmfoundation@pvm.org), or visit [pvmf.org/Gala2016](http://pvmf.org/Gala2016).

Thank you for supporting PVM residents and I hope to see you for **All That Jazz!** on November 11<sup>th</sup>!

Warm regards,  
Paul J. Miller, CFRE

## Announcements

The Men's Club meets  
every  
1<sup>st</sup> Monday  
at  
5:00 p.m.



\*Please see Mr. Arthur Hill if you are interested in joining.



The resident association meetings are held every fourth Thursday at 4:30 p.m. in the E. Kern Tomlin community room.



# It's Your Life. Live It Well.

By Tom Wyllie,  
Director of Wellness

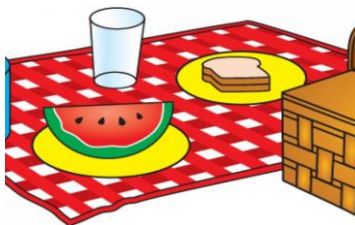


## The Village of Brush Park Manor Picnic!

If you are a new resident and would like to participate in the picnic, there is a **\$10.00 fee for those who do not pay dues.** If you would like to bring a guest with you to the picnic, the same fee applies to your guest.

The fee must be paid no later than August 18<sup>th</sup>!

Please see Mr. Thomas Jackson

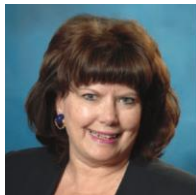


# SENIOR CITIZEN TEXTING CODE...



- ATD - At The Doctors
- BFF - Best Friend Fell
- BTW - Bring The Wheelchair
- BYOT - Bring Your Own Teeth
- FWIW - Forgot Where I Was
- GHA - Got Heartburn Again
- IMHO - Is My Hearing-aid On
- LMDO - Laughing My Dentures Out
- TTYL - Talk To You Louder

GAGSBOX.COM



# The Senior Advocate.

By Lynn Alexander,  
Vice President of Public Affairs

## BE SMART & SAVVY TO PREVENT EXPLOITATION

All too often I hear terrible stories of how a senior has been exploited, sometimes by total strangers and sometimes by relatives, even their own children! So I decided it is time to review some tips for protecting oneself from a potential tragedy. Here are some tips recommended by the Michigan Attorney General's Office:

Be alert to individuals who seem extremely interested in your personal finances.

Do not turn over your checkbook or any other financial affairs to another person unless you have established trust in them. Even so, it is good if possible to have two parties so there are checks and balances. Whenever possible these two parties should be a family member or close friend/ advisor of many years.

Protect important information, such as your social security number and medical information.

Do not give out personal information over the phone or take unsolicited phone calls.

Be aware that fraudsters may have set up a fake website while pretending to be a reputable agency or company. Always call the organization directly rather than taking someone's word for it.

Do not respond to solicitations on the internet. Scammers come from all countries. If someone is really a prince or coming into huge sums of money they do not need your help!

And, most of all, remember:

**"IF IT SEEMS TOO GOOD TO BE TRUE IT IS!"**

Be smart! Be savvy!

## Announcements

**Enhanced Fitness  
will be on vacation  
from  
Aug. 1<sup>st</sup> – Aug. 15<sup>th</sup>.**

**The fitness group  
meets every  
Monday,  
Wednesday and  
Friday.**



**As long as the  
weather permits,  
they will be  
walking every  
Wednesday  
morning outside of  
the building.  
Feel free to join  
them  
at  
10:00 a.m. in the  
lobby.**

**GET YOUR TICKETS TODAY!**  
Food, fun and *All That Jazz!*  
as we celebrate Michigan seniors!  
Tickets and more at  
[www.pvmf.org/Gala2016](http://www.pvmf.org/Gala2016)

**ALL THAT JAZZ!**

**PVM FOUNDATION  
2016  
GALA  
NOVEMBER 11<sup>TH</sup>  
COBO  
CENTER**

Part of the  
Parks & Recreation  
Department  
of Michigan  
THE FOUNDATION For more information call Paige VanZo at 248-281-2043

# August



Catherine King 8/2  
 Barbara Carter 8/4  
 Carrie Turner 8/10  
 Shirley Barfield 8/22  
 Reginald Edmonds 8/23  
 Leila Marshall 8/26  
 Bernice Jones 8/28  
 Mildred Everette 8/30

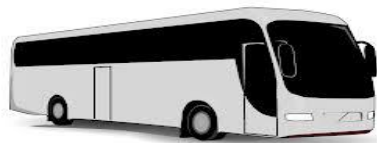
**Harold Massingille**  
*Service Coordinator*  
**313-832-1576**

The beauty salon is open Wednesday through Saturday. Please call and schedule your appointment today!

(313) 832-8804



## WAL-MART



The Walmart bus leaves promptly at 1:00pm. If you would like to go shopping please be in the lobby every Tuesday by 12:50 pm.

# Calendar

AUGUST						
SUN	MON	TUE	WED	THU	FRI	SAT
	1 PUBLIC SERVICE CREDIT UNION <b>Resident Meeting in Community Room 1:00p</b>	2 Arts and Crafts WALMART 1:00 pm pick up	3  1:00pm	4	5 	6 BEAUTY SALON 
7 Visit your Church 4:00 pm. Rev. Knox 	8 MOVIE DAY AT THE PARK 1:00p.m. 	9 Arts and Crafts WALMART 1:00 pm pick up 	10 FOCUS HOPE SHELTON TAPPES 12:00 pm  1:00pm	11 	12 	13 BEAUTY SALON 
14 Visit your Church 4:00 pm. 	15 Enhanced Fitness 11:30 am 	16 Arts and Crafts WALMART 1:00 pm pick up Cooking waiters 1:00-3:00p 	17 Enhanced Fitness 11:30 am  1:00pm	18 EXTERMINATOR 3rd Floor 	19 Enhanced Fitness 11:30 am 	20 BEAUTY SALON 
21 Visit your Church 4:00 pm. 	22 Enhanced Fitness 11:30 am 	23 Arts and Crafts WALMART 1:00 pm pick up Cooking waiters 1:00-3:00p 	24 Enhanced Fitness 11:30 am  1:00pm	25	26 Enhanced Fitness 11:30 am 	27 BEAUTY SALON 
28 Visit your Church 4:00 pm. 	29 Enhanced Fitness 11:30 am 	30 Arts and Crafts WALMART 1:00 pm pick up Cooking Waiters 1:00-3:00p 	31 Enhanced Fitness 11:30 am  1:00pm			



The Village of  
**Brush Park Manor**  
**Paradise Valley**  
A SENIOR LIVING COMMUNITY

A Member of the Senior Villages of Michigan

**Brush Park Manor**  
Paradise Valley  
2900 Brush St  
Detroit, MI 48201

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Jannie Scott  
Administrator

Tanisha Reed-Hobbs  
Administrative Assistant

Harold Massingille  
Service Coordinator  
313-832-1576

Maintenance  
Diego Manning  
Harrison Mount  
313-832-9922

Ara Hunter  
Housekeeping

Willette Lamar  
Beauty Salon  
313-832-8804



# Fun Zone



## At the Ice Cream Shop

E L F F A W P C L U H N E B T  
 P O O C S U I R B A R E Z Q R  
 F I R S R F Q E E G I O E Y E  
 H U D Y T M G A U Z Q P E W B  
 Q M S W I R L M D O F O R W R  
 M A R S H M A L L O W L F C E  
 I T Y S F I A W S R S I T O H  
 C I E L E L P P B W Y T N O S  
 E E O B L I R P R E S A I K Z  
 C A N I R I R S E O R N M I I  
 T U N O N O U R S D C R M E S  
 C A P K C N S D E T R K Y S O  
 V R L W D Y A D T H K H Y M U  
 G E T A L O C O H C C N U T S  
 S E E B R R A I N B O W B W C

CHERRIES  
 COOKIES  
 FLOAT  
 MARSHMALLOW  
 NUTS  
 ROCKY  
 SORBET  
 SUNDAE  
 VANILLA

CHOCOLATE  
 CREAM  
 FREEZE  
 MINT  
 RAINBOW  
 SCOOP  
 SPRINKLES  
 SWIRL  
 WAFFLE

CONE  
 CUP  
 ICE  
 NEOPOLITAN  
 ROAD  
 SHERBERT  
 STRAWBERRY  
 SYRUP  
 WHIPPED



# What's Happening in August in DETROIT!

Summer is slowly drawing to an end – before you stow away the flip-flops and shorts, check out these **14 things to do in August in metro Detroit**.



1. **[Historic Base Ball Games](#)**  
Through Aug. 21 (Sat. and Sun., free with admission)  
[Greenfield Village at The Henry Ford](#)  
The games are played entirely by 1867 rules. Spectators watch from a grassy hillside, and the music is live, 19th-century specific. Pure, original baseball.
2. **[The Magical History Tour: A Beatles Memorabilia Exhibition](#)**  
Through Sept. 18  
[Henry Ford Museum at The Henry Ford](#)  
Check this out: the original drum kit from the Quarrymen, the breakup letter typed by John to Paul's lawyer, never-before-seen tour photos and even the album John signed to his would-be killer. A sensational collection of memorabilia that aids in telling their incredible story.
3. **[Holocaust by Bullets](#)**  
Through Dec. 31  
[Holocaust Memorial Center](#)  
This exhibit chronicles a lesser-known side of the Holocaust in which more than 2 million Jews were gunned down and left in unmarked mass graves across Ukraine, Belarus and Russia. Somber, yes, but educational and relevant.
4. **[Allen Park Street Fair](#)**  
Aug. 5-6  
[Downtown Allen Park](#)  
Awards are given out for the best-in-show booth in three categories: art, photography and jewelry. Entertainment for the whole family provided.
5. **[Buy Michigan Now Fest](#)**  
Aug. 5-7  
[Main and Center streets, downtown Northville](#)  
A highlight of Michigan-based businesses and Michigan-made products, this street fair is designed to enhance the local economy one purchase at a time. Includes live music, street vendors, children's activities and food.
6. **[Dearborn Homecoming](#)**  
Aug. 5-7  
Ford Field Park  
All in the name of 30 Dearborn-based nonprofit companies raising money, there'll be a carnival, food, music and fireworks.
7. **[Clinton Township Gratiot Cruise](#)**  
Aug. 7  
Gratiot Avenue from 14 Mile Road to north of Metropolitan Parkway, Clinton Township  
Grab a curbside seat, and watch the parade of golden oldies — as well as new, original designs — that'll have you elbowing your friends and telling them they gotta look.
8. **[Detroit Improv Festival](#)**  
Aug. 10-14  
Ferndale  
Ferndale's Go Comedy! is the area's strongest supporter of improvisational comedy, and it hosts a four-day festival that includes many shows and workshops, too.
9. **[Pierogi Fest](#)**  
Aug. 12-14  
[Sweetest Heart of Mary Church](#)  
This annual festival reflects the big influence Polish culture has had on Detroit through really good food, music and tons of games for the kids (including the beloved dunk tank).
10. **[Ribs and R&B Music Festival](#)**  
Aug. 12-14  
[Hart Plaza](#)  
Families flock to taste the latest grilled sensations prepared by our featured "ribbers." They eat, drink, shop and revel in the festive atmosphere created by the summer's hottest entertainment lineup with popular star-studded national acts.
11. **[2016 U.S. Amateur Championship](#)**  
Aug. 15-21  
[Oakland Hills Country Club](#)  
Come and watch the best amateur golfers in the world at the oldest golf championship in this country.
12. **[Armada Fair](#)**  
Aug. 15-21  
[Armada Fairgrounds](#)  
A street fair that feels more like a circus, smells more like a carnival and is as colorful as a roller coaster is fun. They've got tents and nets, rides and cotton candy, games, barkers, live music and barnyard animals, too.
13. **[African World Festival](#)**  
Aug. 19-21  
[Charles H. Wright Museum of African American History](#)  
The Wright Museum stands alone as the premier archivist of African-American culture and history. This fest features crafts, food, music and something of an education, too. All outside on the summer grounds of the museum.
14. **[Woodward Dream Cruise](#)**  
Aug. 20  
[Woodward Avenue from Ferndale to Pontiac](#)  
One of the most anticipated events of the summer. Thousands of people line the area's most beloved road, eating, drinking and watching as an infinite procession of classic cars rolls by.  
*Courtesy of [www.visitdetroit.com](http://www.visitdetroit.com)*

## FYI (For Your Information)

### Make a Vinegar Trap to Get Rid of Fruit Flies



#### A Cheap and Effective Way to Trap Breeding Fruit Flies

Got fruit flies? Ugh. All it takes is one piece of rotting fruit, and you can find yourself with a maddening fruit fly infestation in your kitchen. Even if you throw out your produce and clean your kitchen, the fruit flies may persist. The best way to control fruit flies at this point is to get rid of the breeding adults. You can make a simple vinegar trap to catch and kill fruit flies that just won't go away.

Fortunately, fruit flies aren't very bright. The adults spend all their time focused on two goals: mating and laying eggs on rotting fruit. They use their sense of smell to find fermenting produce, and will fly to their target with little regard for their own safety. That's why a vinegar trap is so effective. The trap is designed to lure the fruit flies in, and to prevent them from escaping.

To make a vinegar trap for fruit flies, you'll need just a few things (and you probably already have them in your home):

- a glass or cup
- a plastic baggie large enough to fit over the glass
- a rubber band
- scissors
- apple cider vinegar

Pour a small amount – an inch or so – of apple cider vinegar into the glass. The cider vinegar has a nice, fruity aroma that fruit flies simply cannot resist. Using the scissors, snip the corner off the plastic baggie. This should create a hole just large enough for fruit flies to pass through, but not so large that it will be easy for them to escape.

Place the baggie over the glass, and position the hole you've cut over the center. Push the snipped corner down into the glass so the baggie forms a funnel in the glass, but doesn't touch the vinegar. Use the rubber band to secure the baggie to the glass.

Place your vinegar trap in the area where you see the most fruit flies – near your garbage, produce bins, or compost container. If you have a heavy fruit fly infestation, you might want to make several vinegar traps, and place them around your kitchen and in other rooms where fruit flies are present.

Fruit flies will fly into the glass, pass through the hole in the baggie, and become trapped in the glass. Within a few days, you should notice an accumulation of dead fruit flies floating in the vinegar. Empty the trap as needed, and refill it with fresh apple cider vinegar. A few well-placed vinegar traps, along with good housekeeping practices to discourage fruit flies, should get your infestation under control quickly.

**Presbyterian Villages  
of Michigan  
Mission Statement**

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)

# Office Numbers 313-832-9922

## Village Staff

**Jannie Scott**  
*Administrator*

**Tanisha Reed-Hobbs**  
*Administrative Assistant*

**Harold Massingille**  
(313) 832-1576  
*Service Coordinator*

**Del Diego Manning**  
*Maintenance*

**Harrison Mount**  
*Maintenance*

**Ara Hunter**  
*Housekeeper*

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**EMERGENCY NUMBER**

(313) 832-9922

**FAX**

(313) 832-8801



**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit [www.pvmfoundation.org](http://www.pvmfoundation.org)

## The Village of Brush Park Manor Paradise Valley

### Board Members:

E. Kern Tomlin, Chair  
John Gardner, Vice  
Chair  
James Bradford,  
Treasurer  
Elaine Hearn,  
Secretary  
Dakima Jackson  
Paul Johnson  
Donald J. McSwain  
Ellen Childs  
Gwendolyn  
Robertson  
Arthur Caldwell  
Lynda K. Jeffries  
Michael Morrison  
Stacy Brackens