

Manor Message

Embrace the possibilities

29495 Annapolis • Westland, Michigan 48186 • www.pvm.org

May 2015

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The Administrator's Pen

Greetings OSM Family and Friends,

I would like to thank everyone for contributing to our Annual Family and Friends fund raising campaign. With your generous support, we raised a total of \$3,444.76, 77% of our goal amount of \$4,500.00. Along with OSM's available matched funds through the PVM Foundation, we were able to raise the amount needed to accomplish our goal. We are getting the stair-lift!!! The stair-lift will be installed early June. Thank you to the resident's, staff, board members, neighborhood association, family, friends and patrons of Our Saviour's Manor. You help us to continue to defy the odds. Words cannot express my gratitude to you for all that you do. Thank you, Thank you, Thank you for your support. **GO MONARCHS!**

Also, you have continued to notice that the property is buzzing with activity. Thus far we have completed the bathroom renovations. Our Gazebo concrete slab has been poured. The gazebo will arrive any day to be erected and installed. The carpet in the hallways on the 1st and 2nd floors is being scheduled to be installed later this month. The new lobby and community room furniture has been ordered and will be arriving in a few weeks. Our 2015 Friends and Family project is scheduled to be installed at the beginning of June. And further projects are being developed for the upcoming future. Stay Tuned!!! Thank you for your support and patience as we strive to make you, the residents proud of where you call home.

And lastly, please join me in congratulating Mr. Hooton (Mike), Mrs. Bruner (Ms. G.), and Mrs. Wingenfeld (Nicole), on their PVM Shining Star certificates. You deserve it!

Aaron E. Price
Administrator



The Village of
**Our Saviour's
Manor**

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan,
Wellspring Lutheran Services and
The Lutheran Church of Our Saviour

Look for PVM on:





Monarch Moments

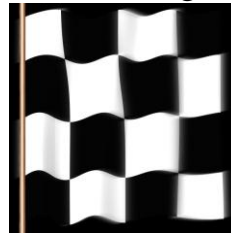
By Martha Adams,
Resident Volunteer Program Coordinator

Hello Our Saviour's Manor,

Memorial Day is coming soon and we here at OSM would like to celebrate with Veterans, spouses and families on Tuesday May 19th from 11am -2pm in the front lot. Everyone is welcome and a light lunch will be provided. I hope to see everyone there to celebrate our Veterans in the community.



I'm looking for a few volunteers who would like to help and assist me with Movie Night and or our Game Night. Game night will consist of various card games, so please come out and join us for light snacks and a few card games.



We're still looking to put on our OSM Saturday luncheons, if you're interested, please make a small donation to help with the purchase of the food, come out and fellowship with us.



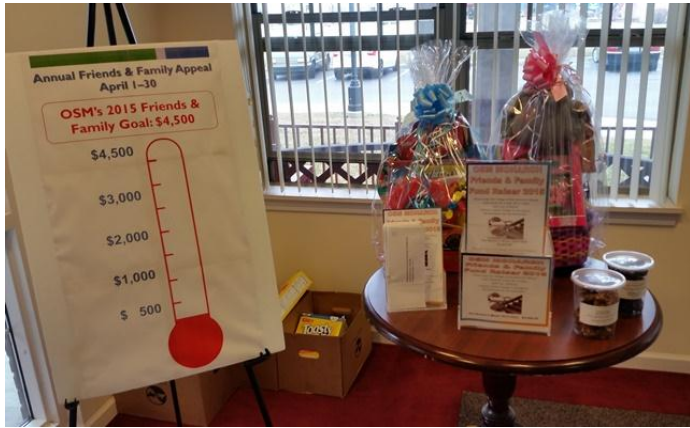
I want to thank everyone for their participation in the many activities here at OSM. If you have any suggestions on other activities, please come see me on Tuesday's and Thursday's or at our next Activity meeting. We're looking for new and great ideas! Let the Spring & Summer fun begin!

Schwan's Delivery Schedule

Wednesday,
May 3th
And
May 27th
at
10:00 a.m.



Friends & Family Kickoff Luncheon



Honoring our Veterans with a Flag Ceremony



We will be celebrating with our Veterans,
Spouses and Families of Veterans, with a
Flag Raising ceremony. The event will take place on

Tuesday May 19th from 11am -2pm

in the front parking lot of Our Saviour's Manor.

We will also be providing a light lunch.

Special guest will be in attendance,

The United States Military Veterans Motorcycle Club

We hope to see everyone there!





Coordinator's Corner

By Nicole St. John-Wingefeld,
Service Coordinator

It's May already and spring is in full force. I would like to take this time to thank all of our vendors of the Spring Health Fair held here at OSM on April 17th. Those people include PVM's wellness and Marketing, St. Joseph Home Care and Hospice, Wellspring, the National Kidney Foundation, Western Wayne Family Health, Garden City Hospital, PACE, Walgreens, Sterling Home Health, Consumers for Healthcare, State Farm Insurance, and The Senior Alliance. With their participation and information we were able to put on the biggest and most informative health fair OSM has ever seen.

Other community news: the DPATH program is wrapping up on May 12th and taking its time slot will be the Cooking Matters program sponsored by Gleaners Food Bank. This program will run for 6 weeks May 12-June 23 from 11am-11pm in the community room. Anyone interested in signing up please do so on the bulletin board. Our friends at Gethsemane Baptist Church are holding a "Hats Off for Women's Health" event on Saturday June 6 from 10am-2pm is required for transportation. The City of Inkster is beginning their weekly Farmers Market on Saturday May 2 from 9am-2pm additional information is located on the bulletin board.

For those that didn't know Memorial Day is a day of remembrance that began as Decoration Day in 1862 and evolved during and shortly after the Civil War with countless communities coming together to celebrate their fallen soldiers. It officially became the Federal holiday Memorial Day in 1971 under President Johnson. We now celebrate with family gatherings and parades among other things across the country.

"All gave some, and some gave all"



The Village of Our Saviour's Manor

A SENIOR LIVING COMMUNITY

 A Mission of Presbyterian Villages of Michigan,
Wellspring Lutheran Services and
The Lutheran Church of Our Saviour

OSM Board of Trustees

- Johnnie Jackson, Board Chair
- Dereka Johnson, Vice Chair
- Rev. David Huber, Treasurer
- Diane Hicks-Walker, Secretary
- Natalie Brothers, Member
- Carolyn Kimbrough, Member
- Michelle Williams, Member
- Myra Davenport, Member
- Judy Piccininni, Member

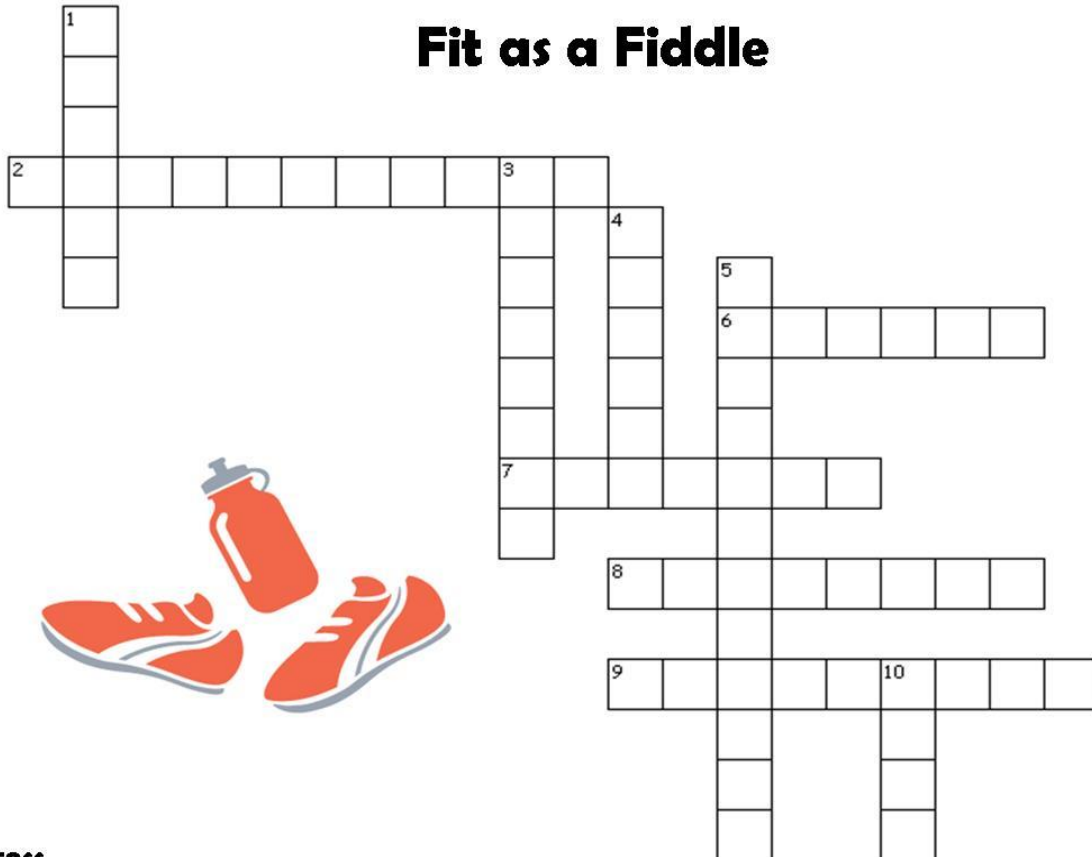


It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

This month we have a guest columnist, Evan Martin, an intern from Oakland University's Wellness, Health Promotion & Injury Prevention Program

Fit as a Fiddle



Across

- 2. Lace these up when you're about to head out for a run.
- 6. Exercise can give you this, which can help wake you up and help you stay positive throughout the day!
- 7. It's good to do this before being active, to loosen up those muscles!
- 8. This is an activity you can do in the water, and can be easy on the joints.
- 9. This is a machine that you can use to walk or run inside, and is great when the weather isn't permitting exercise.

Down

- 1. Grab one of these and have them come with you for a walk!
- 3. This is something you can do to keep your body healthy.
- 4. You should always speak with this person before becoming active.
- 5. This illness impacts the heart, and the risk of it can be reduced with exercise.
- 10. This is improved when you exercise, and leads to a more positive outlook.

Answers can be found in next week's newsletter!



Mission, Vision & Values

Just as water from a wellspring is pure and clear, we want our Vision, Mission and Values to be rock solid and easily seen.

Vision

Changed Lives. Strong Families. Transformed Communities.

A ripple is caused by making a splash. Many of our clients believe they can make no positive impact at all. By engaging with the individual to build self-esteem and dip into their own God-given potential, a splash of hope ripples through the individual and the family. We believe this ripple cannot only reach distant shores, but its lasting effect can transform whole communities.

Mission

Motivated by Christ's love, we engage people as they experience and embrace their God-given potential.

At the source is God's love. We seek to release and be a channel of the love that Jesus, by his example, poured out in abundance. It's a love that puts the good of neighbor above personal interests and engages those on the "outside," as he did with a woman he met at a well. Because of this meeting, her life, her family and community were transformed.

Values

Our values are the things we must live out — things we must not only believe but be. These values help direct our actions and drive our behavior.

- ❖ Christ-centered
- ❖ Excellence
- ❖ Integrity
- ❖ Life

Our Vision Changed lives. Strong families. Transformed communities.




Hope flows through us.



Giving Matters.

By Paul J. Miller, CFRE,
President, PVM Foundation

Grants Awarded to PVM Villages

Through the generosity of our many donors, the **PVM Foundation Grant Allocation Committee was able to award over \$73,000** so far this year to fund various Village projects and programs including:

- Funding to complete a Paved Service Road at **The Village of Sage Grove**
- Funding to complete the new Security Camera system at **The Village of Warren Glenn**
- Funding to complete the Gazebo at **The Village of Our Saviour's Manor**
- Funding for resident activities at **16 Villages**
- Community Living Room updates at **The Village of Rosebush Manor**
- Automated phone call system at **The Village of Springs Meadows**
- Signage replacement and updates at **The Village of Bethany Manor**

Projects like these and many others that are funded throughout the year are only possible through the support of donors, so **THANK YOU** for all you do for residents! If you have any questions about projects that the PVM Foundation funds, please call Avni Thomas at 248.281.2040.

Another event the PVM Foundation supports is the annual **Village Victory Cup**, being held on **Friday, June 26th** at the Ultimate Soccer Arenas in Pontiac. This senior Olympics-style competition brings nearly all the Villages together for a fun-filled and rewarding day. I hope to see each of you there competing or cheering on your teams!

If you have any questions or would like to share your thoughts, please contact me at 248-281-2040 or pvmfoundation@pvm.org. Thank you for all you do to support PVM!

Warm regards,
Paul J. Miller, CFRE

LEAVE A
Legacy
Ways to make
a Planned Gift

Support PVM during your
lifetime and beyond.

- › Make a bequest in your will
- › Start a Charitable Gift Annuity
- › Your Life Insurance Policy

CONTACT US TO LEARN MORE

Without obligation, PVM Foundation would like to answer any questions you may have, call Paul Miller
248.281.2045 www.pvmgifts.org

Presbyterian Villages OF MICHIGAN THE FOUNDATION



Mayor's Message

By William Wild,
Mayor, City of Westland

Greetings!

I hope this finds all of you well and excited that Spring is here! Great things are happening in our All American City; we have settled into the new City Hall (I hope you've had a chance to see it) and we have opened and dedicated the new Ralph Savini Fire Station on the former Service Merchandise site. Plans are also underway to make improvements to Firefighters Park located at Annapolis and Irene Roads. If you joined us March 20, then you know that Hockey Night in Westland was the best ever! More than 1,200 attendees helped raise \$30,000 for improvements to the Mike Modano Ice Arena.

I am excited for the Farmer's Market and Spray Park to open Thursday, May 7 for the 2015 summer season. We are already making plans for this year's *Blues Brews and BBQ* event that will be held August 14-16, 2015.

Please visit www.cityofwestland.com to learn of other events at the Friendship Center and to keep abreast of City happenings.

Warmest Regards



Notes From The Parish Nurse

By Carolyn Kimbrough,

Parish Nurse, Lutheran Church of Our Saviour|The Village of Our Saviour's Manor

April showers bring *May* flowers. Because May is National Blood Pressure month, on the second Monday of May, I will be in the OSM community room between 11:00 – 1:00 PM, taking blood pressures and answering questions, regarding medications. I will also provide this to LCOS members on the third Sunday. I will also talk about proper disposal of needles and prescription drugs.



The human heart serves as life's engine. Increased BP caused by stress, poor eating habits and lack of exercise can decrease the function of this important organ. Whether controlled by medication or changing to a more positive lifestyle, it must be under control.

Programs are in place to aide you in disposing of drugs you are no longer taking and used sharps, you are no longer using. There are community drug take-back programs, or household hazardous waste collection events, that collect drugs at a central location for proper disposal. The City of Westland is the Police Department on Ford Rd. Please see me for particulars on the programs in our community. Based on Federal Guidelines, some tips are listed below:

If a drug take-back or collection program is not available,

- Take your prescription drugs out of their original containers,
- Mix drugs with an undesirable substance, such as cat litter or used coffee grounds,
- Put this mixture into a disposable container with a lid, such as an empty margarine tub, empty coffee container or into a sealable bag,
- Conceal or remove any personal information, including Rx number, on the empty containers by covering it with black permanent marker or duct tape, or by scratching it off,
- Place the sealed container with the mixture, and the empty drug containers, in the trash.
- Be aware, needles and sharps containers may not be thrown in recycling bins. Do not dispose of sharps/needles in garbage.



The Senior Advocate.

By Lynn Alexander,
Vice President of Public Affairs

OLDER AMERICANS MONTH – 2015

May is Older Americans Month. The Administration on Aging denotes this celebration as a way to draw attention to acknowledge the past and present older persons in our country. This year's theme is "Get Into the Act". When Older Americans Month was established in 1963, only 17 million living Americans had reached their 65th birthday. About a third of older Americans lived their life in poverty; and there were few programs to meet their needs. Interest in older Americans and their concerns was growing. A meeting in April 1963 between President John F. Kennedy and members of the National Council of Senior Citizens led to designating May as "Senior Citizens Month", the prelude to "Older Americans Month".

Every President since Kennedy has issued a formal proclamation for Older Americans Month asking that the entire nation pay tribute in some way to older persons in their communities. This is celebrated across the country through ceremonies, events, fairs and other such activities. Each of us can do something to honor our older Americans. If you are a senior who is blessed with mobility and good health reach out to another senior friend or neighbor who may not be as fortunate as you. If you are a family member, neighbor or friend of a senior find some special way to let them know that you appreciate what they have done through defending us or building the communities which we all now enjoy.

We owe a debt of gratitude to our older Americans. Please join me in saying **THANK YOU!**

Foreign Language Classes

"I'm going to learn a foreign language someday?"

If this is something you've said that day has finally come. The Westland Library is offering free lessons online. Anyone interested in taking a class can sign up on the website.

www.westlandlibrary.org.

Go on obtain a library card, choose a language and you will be free to start taking the course.

You can do it in the Computer Lab or on your personal computer, providing you have internet in your apartment. You will also need speakers in order to hear the instructor. If you have any questions computer related or concerning this class, please see Will on Tuesday from 10:30 a.m. to 12 noon in the OSM Library/Computer Lab.



Mike's Maintenance Tips

By Michael Hooton,
Maintenance Technician

As you can see we have just poured the foundation for our OSM Gazebo installation – We're excited about getting the Gazebo up for you to enjoy and relax. We're looking forward to great and many new things this Spring and Summer. Thank you and be safe as always

We all know we had several power outages last summer and it caused a lot of inconveniences. We couldn't see and the building was very hot, so my biggest tip for you during this Summer is to have flash lights, plenty of D batteries for them and most importantly please have some water on hand for emergency back up to drink if needed.



A few reminders:

- *Please report all maintenance repairs to the office. (734-595-4663)*
- *Please make sure the dryer lint cleaner is being emptied after each use.*
- *No Candles or Incense to be burned in apartment or building.*
- *Tis the season for our Tornado and Fire drills – All residents must participate*



Dial 1 -734-740-4777 for after hour maintenance emergencies.



Bruner's Brief Bulletin

By Graziella Bruner,
Administrative Assistant

In May we celebrate Mother's Day as well as honoring and remembering the men and women who died while serving in the Military. We will have a Flag ceremony along with a light lunch right outside in the front lot on May 19th – please come to our Resident Meeting to hear more details.

Julia Ward Howe was the start of this powerful Proclamation and advocacy for the need of the official celebration of Mother's Day in Boston back in 1870. Miss Howe was the first person in the United States to recognize the need for Mother's Day Holiday. She was very successful in raising awareness and pushing her plea to the upper echelons of power. Following this very potent Proclamation in 1870, the Mother's Peace Day Observance was held on the second Sunday in June, 1872. Such observances began to take place each year thereafter and paved the way for Mother's Day Holiday in the US on the second Sunday of May. Though Ms. Howe could not get the day recognized as the official holiday, she is revered for her significant contributions towards the celebration of the day and for bestowing honor on mothers. Ms. Julia Ward Howe is also famous as the writer of the Civil War Song, "*The Battle Hymn of the Republic*".

Mother's Day Proclamation:

Arise, then, women of this day! Arise all women who have hearts, whether your baptism be of water or of tears! Say, Firmly: "We will not have questions decided by irrelevant agencies. Our Husbands shall not come to us reeking of carnage for careness and applause. Our sons shall not be taken from us to unlearn all that we have been able to teach them of charity, mercy, and patience. We women of one country will be too tender to those of another country to allow our sons to be trained in injure theirs." From the bosom of devastated Earth a voice goes up with our own. It says "Disarm! Disarm!" The sword of murder is not the balance of justice. Blood does not wipe out dishonor, nor violence indicate possession. As men have forsaken the plow and the anvil at the summons of war, let women now leave all that may be left of home for a great and earnest day of counsel. Let them meet first as women, to bewail and commemorate the dead. Let them solemnly take counsel with each other as to the means whereby the great human family can live in peace, each bearing after his time the sacred impress not of Caesar, but of God. In the name of womanhood and humanity, I earnestly ask that a general congress of women without limit of nationality be appointed and held at some place deemed most convenient and at the earliest period consistent with it objects, to promote the alliance of the different nationalities, the amicable settlement of international questions, the great and general interests of peace.

JULIA WARD HOWE
Boston 1870

Events for May 2015



Happy Birthday!!!

Samuel Warren - 5/2
 Mary Duncan - 5/15
 Martha Adams - 5/15
 Mercedes Wright - 5/16
 Mary Bennett - 5/23
 Phyllis Johnson - 5/26
 Shirley Bargaen - 5/31



Happy Mother's Day		May 2015						MEMORIAL DAY	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	
					1 9 am Coffee & Conversation 2:00 pm TOGETHER WE'RE BETTER!	2 9 am Coffee & Conversation 3:00 pm Movie Day 6:00 pm Game Night			
3	4 6:00 pm Bible Study	5 Cinco De Mayo 10:30 am Computer 11:00 am -2 pm DPATH	6 9 am Coffee & Conversation 11:00 am Focus Hope 11:00 am Education Program	7 11:00 am Village Victory Cup Meeting in the Community RM 1:00 pm Walmart	8 9 am Coffee & Conversation 1:00 pm Bingo—sponsored By Sterling Home Healthcare Pizza & Gifts	9 9 am Coffee & Conversation 12:00 pm OSM Resident Luncheon			
Mother's Day 10 	11 11 am-1 pm Parish Nurse 6:00 pm Bible Study	12 10:30 am Computer 11:00 am -2 pm DPATH 1:00 pm—Compassionate Hearts Visitations	13 9 am Coffee & Conversation 10:00 am Schwan 11:00 am Activity Meeting	14 1:00 pm Kroger	15 9 am Coffee & Conversation	16 Armed Forces Day 9 am Coffee & Conversation 6:00 pm Game Night			
17 2:00 pm Movie Day/Raffle 6:00 pm Bible Study	18 11:00 am -2 pm Luncheon & Flag Ceremony 11:00 am -1 pm Cooking Matters	19 10:30 am Computer 11:00 am -2 pm Luncheon & Flag Ceremony 11:00 am -1 pm Cooking Matters	20 9 am Coffee & Conversation 11:00 am -Resident Meeting	21 1:00 pm—Meijer	22 9 am Coffee & Conversation 1 pm Bingo	23 9 am Coffee & Conversation 12 noon Luncheon 2-6 PM Parish Nurse Program for the residents			
24 31	Memorial Day Offices Closed 2:00 pm Movie Day 6:00 pm Bible Study	25 10:30 am Computer 11:00 am -2 pm Cooking Matters	26 9 am Coffee & Conversation 10:00 am Schwan 11:00 am Activity Meeting 6:00 pm Karaoke	27 12:00 pm Cracker Barrel	28 1:00 pm Movies	29 9 am Coffee & Conversation			

May's Recipe

Pasta Salad with Homemade Dressing



Ingredients

- 1 (8 ounce) package uncooked tri-color rotini pasta
- 6 ounces pepperoni sausage, diced
- 6 ounces provolone cheese, cubed, ¼ grated parmesan cheese
- 1 red onion, thinly sliced
- 1 small cucumber, thinly sliced
- ¾ cup chopped green bell pepper
- ¾ cup chopped red bell pepper
- 1 (6 ounce) can pitted black olives
- ¼ cup minced fresh parsley, 1 teaspoon dried basil, 1 teaspoon dried oregano
- ½ cup olive oil
- ¼ cup red wine vinegar
- 2 cloves garlic, minced
- ½ teaspoon ground mustard seed, ¼ teaspoon salt, 1/8 teaspoon ground pepper

Directions

1. Bring a large pot of lightly salted water to a boil. Add rotini pasta, and cook for 8 to 10 minutes. Drain, and rinse with cold water.
2. In a large bowl, mix the cooled pasta, pepperoni, provolone cheese, red onion, cucumber, green bell pepper, red bell pepper, olives, parsley, and parmesan cheese.
3. In a jar with a lid, mix the olive oil, vinegar, garlic, basil, oregano, ground mustard, salt, and pepper. Seal jar and shake well.
4. Pour the dressing mixture over the pasta salad and toss to coat. Cover, and chill 6-8 hours in the refrigerator.

ENJOY!

Monthly Word Search

I	T	H	T	W	O	R	G	I	S	U	N	C	C	H
E	R	S	Y	A	D	E	N	O	Y	T	R	I	H	T
Y	A	D	Y	A	M	T	S	A	I	N	H	N	O	N
A	W	T	H	I	E	U	M	N	O	N	T	C	H	O
D	O	F	N	Y	R	G	M	R	A	Y	G	O	O	M
A	T	I	Y	U	L	N	I	O	T	S	N	D	A	H
I	E	L	A	G	N	I	T	H	G	I	N	E	M	T
R	S	T	D	E	B	M	L	T	N	A	U	M	W	F
O	T	P	S	I	T	O	S	W	I	P	R	A	O	I
T	B	A	R	B	L	O	Y	A	N	N	R	Y	A	F
C	M	E	E	I	D	L	M	H	E	M	A	O	F	T
I	E	R	H	M	N	B	A	I	D	A	R	O	M	A
V	N	G	T	O	D	G	D	S	R	E	W	O	L	F
M	E	M	O	R	I	A	L	D	A	Y	E	S	S	O
F	S	E	M	E	R	A	L	D	G	P	R	I	N	G

BLOOMING

CINCO DE MAYO

EMERALD

FIFTH MONTH

FLOWERS

GARDENING

GEMINI

GROWTH

HAWTHORN

LILY

MAIA

MAY DAY

MEMORIAL DAY

MOTHER'S DAY

NIGHTINGALE

SPRING

TAURUS

THIRTY-ONE DAYS

VICTORIA DAY

WARM

May Observances & Fun Facts:

May is observed as:

- Date Your Mate Month
- Foster Care Month
- National Barbecue Month
- National Bike Month
- National Blood Pressure Month
- National Hamburger Month
- National Photograph Month
- National Recommitment Month
- National Salad Month
- Older Americans Month

Weekly Celebrations

- Week 1 – Nurse’s Week
- Week 2 – Wildflower Week
- Week 3 – National Bike Week
- Week 3 – National Police Week
- Week 4 – Emergency Medical Services Week

May Flower and Birthstone



Lilly of the Valley



On Site Banking



Public Service Credit Union will be here,
May 1st
at 2:00 PM

They will take care of all your banking needs, supply quarters, and stamps as well.



FREE
NOTARY
Services
 Provided
 To All of Our
 OSM Residents

Please visit the office and See Mrs. Graziella Bruner for more details

OSM Local Sponsors:

FREE DELIVERY ONLY FOR OUR FRIENDS:
The Village of Our Saviour's Manor.
3 times Daily

BREAKFAST: ORDER BY 8:00 AM
DELIVERED BY: 9:30 AM

LUNCH: ORDER BY 10:30 AM
DELIVERED BY 11:30 AM

DINNER: ORDER BY 3:30 PM
DELIVERED BY 5:00 PM



**Adam's
Family Restaurant**

4675 S. MIDDLEBELT RD, WESTLAND, MI 48186
734 331-3256

HOURS: MON -SAT 7AM - 8PM, SUN 7 AM - 3 PM
SPECIALIZING IN HOME COOKING
NEW OWNERSHIP - ADAM ADAMOPOULOS
<https://www.facebook.com/AdamsFamilyRestaurant>

**7 DAYS A WEEK, 7AM -11AM
FULL BREAKFAST SPECIAL**
2 *EGGS, 3 PIECES MEAT, POTATO
& TOAST \$2.99


ALL DAY FRIDAY
3 PIECE FISH DINNER,
POTATO/RICE, BREAD, SOUP OR
SALAD, HOMEMADE RICE PUDDING
\$6.99

HAMBURGER COMBO
BURGER, FRIES & SODA \$5.99

DAILY MENU PRICES

<p>WAFFLE & CHICKEN THIGH, LEG \$5.99</p> <p>FULL WAFFLE & CHICKEN 2 *EGGS, GRITS OR POTATO, BREAST, WING, THIGH & LEG \$8.99</p> <p>3 *EGG OMELETTES WITH HASHBROWNS & TOAST \$4.99 - \$8.49 Made with fresh vegetables</p>	<p>SOUP & SANDWICH COMBO HAM, TURKEY, ROAST BEEF, TUNA SALAD, CHICKEN SALAD, FISH, BLT, \$4.99</p> <p>SALADS SPECIALTIES SMALL SALADS \$4.49-\$4.99 LARGE SALADS \$6.49-\$6.99 ADD CHICKEN, GYRO \$3.99 ADD SALMON \$4.99 ADD *STEAK \$6.99 Housemade Ranch & Greek Dressing</p>
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DINE IN ONLY. SENIOR (60 AND OVER) DINNER SPECIAL 50% OFF MONDAY-SATURDAY 3-5PM
VEAL CUTTLETS, SPAGHETTI, ROAST TURKEY, FISH & CHIPS, OR CHICKEN BREAST, DINNERS COME
POTATO/RICE, VEGETABLE & SOUP OR SALAD, ROLL & HOMEMADE RICE PUDDING
5 DINNERS UNDER \$5.00



Samantha White

Sterling Home Health Care, Inc.

5880 CANTON CENTER RD.
SUITE 490
CANTON, MI 48187

CELL: (248) 229-6887
OFF: (734) 207-9990
FAX: (734) 207-9991

313-671-5555



Paulette Styles

OSM Classifieds:



OSM Gifted Hands:

These wonderful volunteers use their sewing skills and talents to make items such as blankets, pillows, dolls and even giant teddy bears. All items are given away to organizations such as the Westland Goodfellows. If you can use a sewing machine or stuff a pillow and would like to volunteer and be a part of OSM Gifted Hands, please see Ms. Louis Rush or Ms. Alice Finley.



OSM Compassionate Hearts:

If you have a heart for people, we're looking for volunteers to join OSM Compassionate Hearts. Headed by Ms. Warnedie Cross, Compassionate Hearts are a group of residents that volunteer to visit their fellow neighbors while hospitalized or in rehab. You will be surprised what a friendly face, a warm hug, prayer and a loving smile and will do for someone.



OSM Growing Hands:

Do you like to garden and get your hands dirty? Well come and join are gardening volunteers, OSM Growing Hands. This group volunteers to work in and care for our new garden. We're praying that OSM Growing Hands garden will produce enough vegetables to help feed those in our community. If you have a green thumb and would like to volunteer please see Ms. Gloria Jefferson.



OSM Caring Hands:

We are in need of volunteers for our homeless project. Please see Ms. Margo Taylor if you're looking to join OSM Caring Hands. This group volunteers to crochet blankets and create pillows using plastic grocery bags known as plarn. We are also in the process of raising funds to be able to purchase items to make toiletry bags to pass out to the homeless. Let's not forget our fellow man and reach out to those less fortunate than ourselves.



OSM Fishermen:

Love to fish? This is the group for you! Headed by Mr. David Brown, OSM Fishermen is a group of residents that enjoy being at the lake and casting their rods. If you ever wanted to try your hands at fishing, please come and join this group.

Village Staff

Presbyterian Villages of Michigan Mission Statement

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

www.pvm.org

Aaron Price
Administrator

Michael Hooton
Maintenance Tech

Graziella Bruner
Administrative Assistant

Nicole Wingenfeld
Service Coordinator

Kesha Akridge
Director of Housing

Carolyn Kimbrough
Parish Nurse

Martha Adams
Volunteer Program Coordinator

Warnedie Cross
Volunteer Driver

Office Number
Emergency Number
Fax Number
Service Coordinator

(734) 595-4663
(734) 740-4777
(734) 595-2222
(734) 722-9763



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org



The Village of
Our Saviour's Manor

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan, Wellspring Lutheran Services and The Lutheran Church of Our Saviour

29495 Annapolis Road
Westland, Michigan 48186

Congratulations!

You are being recognized because
"What you did mattered!":



Thank you for what you did!

Employee Name: _____

Person Recognizing Employee: _____

Date: _____

** Please turn this card into Village Administrator for a chance to win a prize **
ACCOUNTABILITY • LISTENING • RELATIONSHIPS • RESPECT



Embrace the possibilities

Is there someone on the staff that you would like to recognize for their work?
Fill this out this form and turn it into the office.
They might win a prize!