



The Village of Brush Park Manor

# PARK VALLEY NOTES



2900 Brush St. • Detroit, Michigan 48201 • [www.pvm.org](http://www.pvm.org)

February 2015

## Village Administrator

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I want to take this opportunity and say thank you Mrs. Ursal Clarkston, Ms. Floretta Stephens, Mr. Dwidell Love, and Mr. Warner McBryde for meeting with Kyle Norris, producer/host of Michigan Radio. I understand she was so fascinated with your history of the Brewster Projects, Fox Theatre and the Brush Park Community she remained longer than the meeting time. Kyle will be forwarding the link of the interview to the office and I will see that each of you have access also.

Our welcoming committee Mrs. Mildred Everette, Mrs. Betty Roseboro and Mrs. Dorothy Boyles does such a wonderful job of greeting new residents to Brush Park Manor I thank you for your hospitality.

I would also like to thank Mrs. Harriette Jenkins for helping the students of Wayne State by substituting for another resident who was in the hospital.

If you are interested in working with the ladies who are making blankets for the premature babies please come down to the craft room on Tuesday's at 2:00p.m.

The annual Black History Program will be held on Monday, February 16, 2015. If you are interested in participating in this splendid program please see Mrs. Charity Jackson. Also, remember Mrs. Jackson also leads are exercise program Monday, Wednesday and Friday in the community for those who would like to join with the group.

The majority of you who attended the movie (Equalizer) several weeks ago stated you would enjoy an afternoon at the movies twice a month so your wish is our command. If you have a movie you think others would enjoy please feel free to share with the community.

Please remember to check your calendar and the first floor bulletin board for all events.

Wishing you a **HAPPY  
VALENTINE'S  
DAY.**



*Jannie Scott, Administrator*

Look for PVM on:





- ☞ Worship Service held every Sunday at 4:00 pm in the Community Room. This service is open to all faiths; please feel free to invite your family and friends:
- ☞
  - 1st Sunday—Rev. Knox (Communion)
  - 2nd Sunday- Rev. Aaron
  - 3rd Sunday—Rev. Knox
  - 4th Sunday— Rev. Tyler
  - 5th Sunday- Rev. Greenfield
- ☞ FOCUS HOPE delivers every 2nd Thursday. You can sign up too.(Craft Room.)
- ☞ Podiatrist Dr. Jeffery Levitt will be at Brush Park Manor on **2/12/ 2015**  
His signup sheet is on the board.
- ☞ Wal-Mart Shopping **February 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, and 26<sup>th</sup>.**  
pick-up 9:00am
- ☞ **Shelton Tappes** meets every second Monday at 2 pm.  
All are welcome to join!
- ☞ **AARP** meets every second Friday at noon  
All are welcome join !  
  
Deb's Dollar Store Plus  
every 2<sup>nd</sup> Tuesday 10:00 am until 12:00 p.m. in  
community room
- ☞ Exterminator will be at Brush Park every 3rd Thursday,  
3<sup>rd</sup> floor
- ☞ Arts & Craft every Tuesday at 2pm in the Craft Room.
- ☞ Bingo every Wednesday at 1pm-3:30pm in the Craft Room.
- ☞ Enhance Fitness Program M-W-F 11:30 to 12:30pm in the Community Room. Please see calendar for location changes.
- ☞ Bible Study Rev. Knox (every Wednesday at 6pm)

## Maintenance and Housekeeping Staff

Please place all trash and rubbish in tightly closed bags before throwing down the trash chute. Sending open garbage down trash chute causes mice and other pest along with odors in maintenance area.

Rubbish must not be placed on floors in refuse rooms it must be thrown down the chute or if too large bring it down to the first floor refuse room.

Please help keep our laundry rooms clean by wiping off washers and dryers. Lint traps must be cleaned after each use. Other residents do not want to come in and clean behind you. If your clothes are left in the washing machines or dryers they will be disposed of within twenty-four hours.

**Keep Refuse Doors Closed!**

**\*Each resident will be receiving a survey in the month of February from our service coordinator.**

**Please complete the survey and place it in the box marked "SURVEY" located in the Craft room\*.**

*February Birthdays*



*Willie Delaney 2/9  
Bernadine Jenkins 2/9  
Luvenia Ryans 2/9  
Willette Lamar 2/16  
Michael Jones 2/17  
Helen Presley 2/20  
Henry White 2/24*

## Giving Matters

### Friends & Family, April 2015



Save the date for the annual **Friends & Family Appeal**, being held **April 1<sup>st</sup>-April 30<sup>th</sup>**! Since 2002, this annual fundraising campaign has raised *over \$950,000* toward projects and programs that have enhanced the lives of countless PVM residents and community seniors.

More information will be shared next month about how you can support your Village, so stay tuned! If you have any questions or would like to share your thoughts, please contact us at 248-281-2040 or [pvmfoundation@pvm.org](mailto:pvmfoundation@pvm.org).

Warm regards,  
Paul J. Miller, CFRE

## Eating Healthy

*This month we have a guest columnist, Morgan Nelson, an intern from Oakland University's Wellness, Health Promotion & Injury Prevention Program*

Be Happy & Well In Your Relationships Through Constructive Communication



February is a month in which we really focus on building and enhancing the relationships with our loved ones. Through constructive communication we can respect the well-being of the people we hold dear as well as our own. Here are some communication techniques that you can practice with your loved ones to help build and maintain positive, harmonious, and rewarding relationships:

1. **Think positive** – Keep a positive mindset and attitude. Always look for a solution to barriers in communication.
2. **Center yourself** – Take a deep breath. Think about what you truly want to say before you say it.
3. **Specify** – Be specific about what you would like your loved one to do, or what you'd like to see your loved one do more of. Thank them for it and appreciate it in advance!
4. **Share your feelings** – Describe your feelings to your loved one in a calm, genuine, and non-accusatory manner.
5. **Be understanding** – Try to understand your loved one's perspective; put yourself in their shoes to help build empathy.
6. **Accept responsibility** – Take part in sharing a problem or challenge with your loved one. This sharing in a problem will show that you are interested in solving the problem *together*.
7. **Offer to help** – Ask your loved one: "How can I help *you*?" Act on the offer!

## Senior Advocate

### ***PVM CELEBRATES 70th ANNIVERSARY THROUGHOUT 2015***



***By Lynn Alexander***

I am pleased to announce that PVM will be celebrating our 70th Anniversary in 2015. Throughout the coming year we will be hosting events at all of our Villages culminating with our annual PVM Gala in November. We will highlight the rich tapestry of shared history with Michigan since we are Michigan founded and Michigan based. During the past 70 years PVM has become one of the state's premiere senior living and services organizations known for its Service Excellence, innovation, diversity and leadership. It has also created a positive and significant economic impact on the communities which it serves.

As a resident at one of our PVM Villages you may be most aware of our Village Victory Cup and our Wellness programs. However, we are expanding and growing every day with the addition of home services, community outreach, advocacy and other innovative programs. We hope that you will join in the celebration by participating in our upcoming events and even volunteering to help if that is something that you enjoy. Events will be posted on the PVM website at [www.pvm.org](http://www.pvm.org) and on our Facebook page at Presbyterian Villages of Michigan. Your friends and family can join in the fun for many of the events. Ask them to check out these sites with you and keep updated on the latest 70th Anniversary news.

Along with announcing our anniversary, we at PVM want to thank you for placing your trust in us. We look forward to enjoying many more years of embracing the possibilities!

## Fun Zone

# Valentine's Day Word Scramble



QUESTIONS	ANSWERS
1. LEVO	1.
2. DRE	2.
3. ESNRTPE	3.
4. ESOR	4.
5. APYHP	5.
6. DCAR	6.
7. RRAOW	7.
8. FINERD	8.
9. KEIL	9.
10. PDUIC	10.
11. TGIF	11.
12. OCOLACHET	12.
13. REHTA	13.
14. EMPO	14.
15. IGNR	15.
16. DCANY	16.
17. AETD	17.
18. LOEFWRS	18.
19. ITARMCON	19.
20. SKSI	20.

# Fun Zone

## *Happy Valentine's Day Brush Park!*



AMOUR  
BRIDAL  
CANDY  
CARD  
CHAPERONE  
CHOCOLATE  
DINNER  
EAT OUT  
EYES  
FLOWERS  
HEARTS  
HIS  
HUG  
IN LOVE  
JOY  
JADE  
JEWEL  
LOVE  
MARRIAGE  
MINE  
PAY  
POETRY  
PROPOSE  
RED  
RED ROSES  
RING





























RSTR RING  
SUEVOLNI JNEODIME  
GLOVEWEUIS FJADEMRTSA  
HISPANSEYES SMYAAEANNES  
AUOJLOCADRACGBRMNCLDNREU  
REGCERINNDANFROTSOCUPCID  
YUMINESPAYILEUOUCUSTRAEH  
ESATPROCKONRKYOMLAETSS  
CSHIAOERWMIGLHTADTNOUP  
ULNHBTEKATICYATWAPRI  
PECSREDROSESETROP  
SASYILRYDINNERR  
SCUDIDLNEDPI  
TRAAVENGLS  
LOGLWSPE  
EYELI  
OJE  
JP

ROCK SURPRISE  
ROMANCE VALENTINES  
RUSH WEDDING  
SECRET YES





# February 2015

SUN	MON	TUE	WED	THU	FRI	SAT
<p>1</p> <p>Visit your Church 4:00 p.m. Rev. Knox</p>  <p><b>SUPER BOWL PARTY</b> 6:30 p.m.</p>	<p>2</p> <p>Enhance Fitness 11:30a.m.</p> 	<p>3</p> <p>Arts and Crafts "Baby Blankets" Public Service Credit Union 12:00-12:45</p> 	<p>4</p> <p>Enhance Fitness 11:30a.m. <b>BINGO</b> 1:00 p.m.</p>  <p>Beauty Salon (By appointment)</p>	<p>5</p> <p><b>WALMART</b> 9:00 a.m. pick up</p>  <p>Beauty Salon (By appointment)</p>	<p>6</p> <p>Enhance Fitness 11:30a.m.</p>  <p>Beauty Salon (By appointment)</p>	<p>7</p> <p>Beauty Salon (By appointment)</p> 
<p>8</p> <p>Visit your Church 4:00 p.m. Rev. Aaron</p> 	<p>9</p> <p>Enhance Fitness 11:30a.m.</p> 	<p>10</p> <p>Arts and Crafts <b>DEB'S DOLLAR STORE PLUS</b> 10:00a.m.-12:00p.m.</p> 	<p>11</p> <p>Enhance Fitness 11:30a.m. <b>BINGO</b> 1:00 p.m.</p>  <p>Beauty Salon (By appointment)</p>	<p>12</p> <p><b>WALMART</b> 9:00 a.m. pick up</p>  <p><b>FOCUS HOPE</b></p> 	<p>13</p> <p>Enhance Fitness 11:30a.m.</p>  <p><b>AARP</b> Beauty Salon (By appointment)</p>	<p>14</p> <p>Beauty Salon KAPPA Meeting</p> 
<p>15</p> <p>Visit your Church 4:00 p.m. Rev. Knox</p> 	<p>16</p> <p><b>BLACK HISTORY PROGRAM</b> 12-2p.m.</p>	<p>17</p> <p>Arts and Crafts "Baby Blankets"</p> 	<p>18</p> <p><b>ASH WEDNESDAY</b> Enhance Fitness 11:30a.m. <b>BINGO</b> 1:00 p.m.</p>  <p>Beauty Salon (By appointment)</p>	<p>19</p> <p><b>WALMART</b> 9:00 a.m. pick up</p>  <p><b>EXTERMINATOR</b> 3rd Floor <b>MATTER OF BALANCE</b> 1:00p.m.</p>	<p>20</p> <p>Enhance Fitness 11:30a.m.</p>  <p>Beauty Salon (By appointment)</p>	<p>21</p> <p>Beauty Salon (By appointment)</p> 
<p>22</p> <p>Visit your Church 4:00 p.m. Rev. Tyler</p> 	<p>23</p> <p>Enhance Fitness 11:30a.m.</p> 	<p>24</p> <p>Arts and Crafts "Baby Blankets"</p> 	<p>25</p> <p>Enhance Fitness 11:30a.m. <b>BINGO</b> 1:00 p.m.</p>  <p>Beauty Salon (By appointment)</p>	<p>26</p> <p><b>WALMART</b> 9:00 a.m. pick up</p>  <p>Beauty Salon (By appointment)</p>	<p>27</p> <p>Enhance Fitness 11:30a.m.</p>  <p>Beauty Salon (By appointment)</p>	<p>28</p> <p>Beauty Salon (By appointment)</p> 



The Village of  
**Brush Park Manor**  
Paradise Valley

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan.  

[www.pvm.org](http://www.pvm.org)

**Brush Park Manor**  
Paradise Valley  
2900 Brush St  
Detroit, MI 48201

Phone: 313-832-9922  
Fax: 313-832-8801  
E-mail: [www.pvm.org](http://www.pvm.org)

Jannie Scott  
Administrator

Tanisha Reed-Hobbs  
Administrative Assistant

Harold Massingille  
Service Coordinator  
313-832-1576

Maintenance  
Diego Manning  
Harrison Mount  
313-832-9922

Ara Hunter  
Housekeeping

Willette Lamar  
Beauty Salon  
313-832-8804

Wednesday -Saturday



**Presbyterian Villages  
of Michigan  
Mission Statement**

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)

# Office Numbers 313-832-9922

## Village Staff

**Jannie Scott**  
*Administrator*

**Tanisha Reed-Hobbs**  
*Administrative Assistant*

**Harold Massingille**  
(313) 832-1576  
*Service Coordinator*

**Del Diego Manning**  
*Maintenance*

**Harrison Mount**  
*Maintenance*

**Ara Hunter**  
*Housekeeper*

**EMERGENCY NUMBER**

(313) 832-9922

**FAX**

(313) 832-8801



**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit [www.pvmfoundation.org](http://www.pvmfoundation.org)

## Word Scramble Answers

QUESTIONS	ANSWERS
1. LEVO	1. LOVE
2. DRE	2. RED
3. ESNRTPE	3. PRESENT
4. ESOR	4. ROSE
5. APYHP	5. HAPPY
6. DCAR	6. CARD
7. RRAOW	7. ARROW
8. FINERD	8. FRIEND
9. KEIL	9. LIKE
10. PDUIC	10. CUPID
11. TGIF	11. GIFT
12. OCOLACHET	12. CHOCOLATE
13. REHTA	13. HEART
14. EMPO	14. POEM
15. IGNR	15. RING
16. DCANY	16. CANDY
17. AETD	17. DATE
18. LOEFWRS	18. FLOWERS
19. ITARMCON	19. ROMANTIC
20. SKSI	20. KISS

## The Village of Brush Park Manor Paradise Valley

### Board Members:

**E. Kern Tomlin, Chair**  
**John Gardner, Vice Chair**  
**James Bradford,**  
**Treasurer**  
**Elaine Hearn, Secretary**  
**Dakima Jackson**  
**Paul Johnson**  
**Donald J. McSwain**  
**Ellen Childs**  
**Gwendolyn Robertson**  
**Arthur Caldwell**  
**Dana Armenteros**  
**Lynda K. Jeffries**  
**Michael Morrison**  
**Stacy Brackens**



## New Residents

Mrs. Betty Vassel  
Mr. Kevin Vassel  
Mr. Morris Thomas

