



Village Voice



Embrace the possibilities

2950 E. Twelve Mile Rd. • Warren, Michigan 48092 •

November 2019

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The Village of
Warren Glenn

A SENIOR LIVING COMMUNITY

Managed by Presbyterian Villages of Michigan

Look for PVM on:

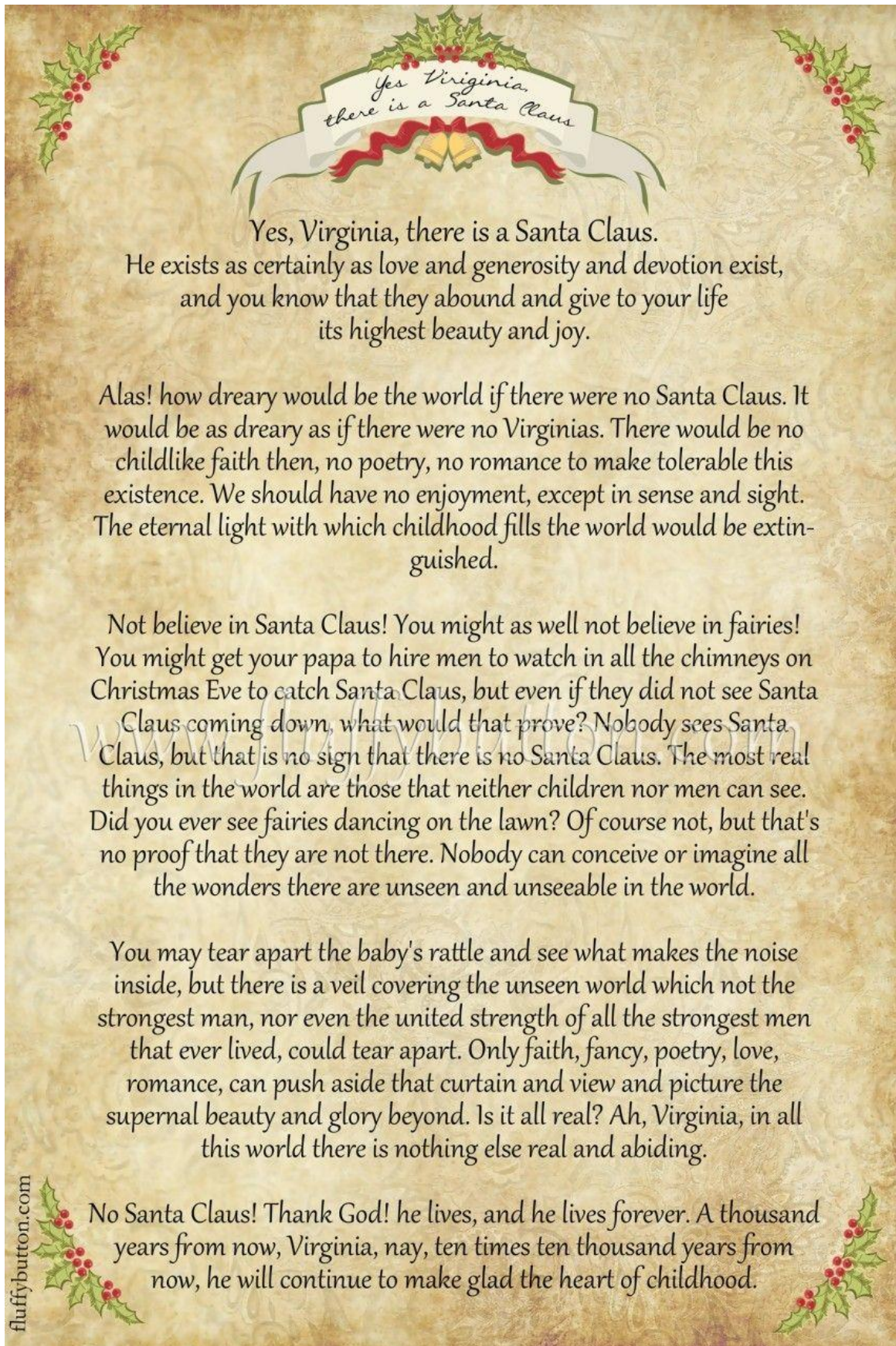


*You are invited to a Christmas Party
At the Village of Warren Glenn
On Thursday, December 19, 2019
At 5:00 p.m.*

In the Community Room.



*Please sign up in the mailroom.
Come ready to enjoy each other's company at
this festive time of the year.*



First Presbyterian Church of Warren Inclusion Ministry

by Marijo Hockley

Communion Service, December 1, 1:00 p.m., Community Room

Bible Study, Thursday, December 12 & 19, 1:00 p.m.,
Community Room. We will begin an Armor of God 7- week study.

Christmas Party, December 13, Warren Glenn Residents &
Cousino Students, First Presbyterian Church. Shuttle available.

Worship Service, December 15, 1:00 p.m., Wellness Room

Movie and Lunch, December 15, 2:00 p.m., Wellness Room
Bring a side, movie snacks, or a dessert to share. Main dish is
provided. Movie - "National Lampoon's Christmas Vacation"

Christmas Eve Communion Service, December 24, 1:00 p.m.,



GOLDEN FROG WINNER DECEMBER 2019

Janice Kuchta, #201, is the winner of the Golden Frog Award this month. Although she still works full-time, Janice makes time for others. She takes people to the store or will pick things up at the store for residents who are without transportation. She volunteers as a caller at the Tuesday Bingo. Janice has a friendly smile to all those she meets. Congratulations, Janice, for a job well done.

Santa Puns

What does Santa feel from when he gets stuck in a chimney?
Claustrophobia!

Why does Santa have three gardens?
So he can 'ho ho ho'!

Why did Santa's never see the doctor?
He had a low "elf" esteem!

What goes HO,HO,HO,thump?
Santa laughing his belly off!

What goes Ho Ho whoosh, HO Ho whoosh?
Santa going through a reviling DOOR!

Why does the Santa go down the chimney on Christmas Eve?
Because it soots him!

What do you get if you cross Father Christmas with a detective?
Santa Clues!



RALPH THE ELF

A darling elf will be back at Warren Glenn on December 1st. Look for him every day – he will be somewhere new each day.

When you find him, note the "word of the day" on your contest form. (Pick up a contest form in the lobby after Thanksgiving.) Write the "word of the day" on the contest form.

After Christmas Day, return the form in the envelope on the office door.

RESIDENT BIRTHDAYS

2	Mary Hofrichter	#115
3	Betty Challenger	#239
13	Michelle Guillemette	#132
13	Lois Eckhout	#124
25	Miriam Napolitano	#109
27	Thomas Gallo	#226

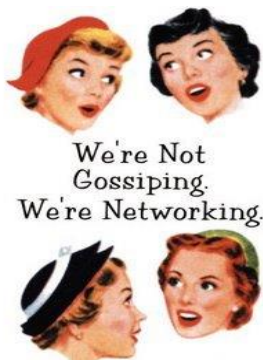


December Birthday Party
Thursday, December jjdjdj @3 PM
in the Community Room.

Everyone is invited

Cake, ice cream
and beverage will be served.

Celebrate the Golden Frog Winner.
Receive a gift for your birthday.
Birthday BINGO will follow.



Thank you to Sylvia Guillemette, #132, Walter Toepfer, #133, Lois Eckhout, #124, and Denise Giallombardo for rescuing Anne Lilla who was trapped between the maintenance door and the wooden gate for twenty minutes. Yelling and banging roasting pans did the trick.

Barbara Holland, #131, just returned from Colorado where she joined her family to celebrate her grandson's engagement. She enjoyed sightseeing in a beautiful state and was happy for her grandson, an Air Force veteran who is marrying a lovely woman from Honduras.

Stacey Klooster is doing the Turkey Trot before the Detroit Thanksgiving Parade. She will do BOTH the 5K race (3.1 miles) and the 1 Mile race. Wow, impressive.

Let's Welcome a New Neighbor!

Eraina Adams, #130, was born in Honolulu, Hawaii and lived there until she was nine. Her stepfather flew a plane to Hawaii to pick up her mother and her for their move to Tennessee. Guess who was his notable passenger enroute from California to Hawaii? *Marilyn Monroe*. In honor of meeting her, Eraina collects Marilyn Monroe memorabilia.

In 1958, the family moved to Michigan and lived in Royal Oak and Madison Heights.

Eraina raised two daughters and son in Madison Heights. One daughter is a therapist, her son is a machinist, and another daughter works in cable television in Tennessee. She has a step-daughter as well as six grandchildren: two girls and four boys. The family is very close. Eraina was a homemaker and worked part-time either cleaning houses or hanging blinds.

As she grew older, Eraina decided that her house was too big and too much work. She initially lived with a daughter, but then tried the Joseph Coach building in Warren (nice, but too expensive) and Tivoli Manor (too much fighting). She said that she already feels comfortable here. People have welcomed her and have been very kind, especially Beverly, who helped her in the laundry room and invited her to a get-together on the second floor where she was introduced to a group of lovely people.

The Gift of Christmas

John 3:16 ¹⁶For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

Matthew 1:18-25 ¹⁸This is how the birth of Jesus the Messiah came about: His mother Mary was pledged to be married to Joseph, but before they came together, she was found to be pregnant through the Holy Spirit. ¹⁹Because Joseph her husband was faithful to the law, and yet did not want to expose her to public disgrace, he had in mind to divorce her quietly.

²⁰But after he had considered this, an angel of the LORD appeared to him in a dream and said, "Joseph son of David, do not be afraid to take Mary home as your wife, because what is conceived in her is from the Holy Spirit. ²¹She will give birth to a son, and you are to give him the name Jesus, because he will save his people from their sins." ²²All this took place to fulfill what the LORD had said through the prophet: ²³"The virgin will conceive and give birth to a son, and they will call him Immanuel" (which means "God with us").

²⁴When Joseph woke up, he did what the angel of the LORD had commanded him and took Mary home as his wife. ²⁵But he did not consummate their marriage until she gave birth to a son. And he gave him the name Jesus.

Isaiah 7:14 ¹⁴Therefore the LORD himself will give you a sign: The virgin will conceive and give birth to a son, and will call him Immanuel.



OUT & ABOUT WITH LAWANDA

We have two outings that should not be missed. On December 12, Lawanda is taking residents to see the glorious lights in Downtown Rochester. Businesses are festooned with long ropes of holiday lights in various colors. It is a show-stopper. Leave at 5:00 p.m.

On Sunday, December 15, Bethesda Christian Church is having a Christmas play. The church is well-known for their spectacular plays and presentations. Leave at 1:30 p.m. Cost is \$5.00.



JOIN US FOR
COOKIES, CRAFTS & CAROLING
 TO WELCOME ADVENT

COMMUNITY ROOM
 December 6 at 6:30 PM

Sponsored by the Inclusion Ministry at First Church

RESIDENTS GIVE GENEROUSLY

Sister Mary Fagan and Carolyn Richardson are collecting money from residents for a **Christmas donation**. People who donate will vote on the charity. The ladies have raised \$233 with a goal of \$300. Please see them to donate by December 7. Help them do good at Christmas.

The Tuesday Bible Study led by Su Perkins participated in Operation Christmas Child, an international effort of **Samaritan's Purse**, an organization run by Reverend Franklin Graham. Bible study participants packed shoeboxes with gifts and Christmas cards for boys and girls around the world. They also pray for the children throughout the year.

Games & 50/50



Prayer at midnight

Join us for a
New Year's Eve Party
 Community Room
 December 31 at 6:30 p.m.
Potluck with meat provided
 Sign-up in mailroom.

Pretzel Salad Submitted by Sister Mary Fagan



Ingredients for Salad

8 oz. cream cheese, room temp.
 ½ cup sugar
 8 oz. Cool Whip
 20 oz. can crushed pineapple

Salad Directions

Combine cream cheese and ½ cup sugar. Beat until well mixed. Fold in Cool Whip and drained crushed pineapple until well mixed. Cover and refrigerate until ready to use.

Ingredients for Pretzel Mix

½ cup sugar
 2 cups crushed pretzels
 ½ cup butter, melted

Pretzel Mix Directions

Combine crushed pretzels, melted butter and ½ cup sugar. Spread pretzel mix out on small cookie sheet. Bake at 425 degrees for 5 minutes. Let cool, break into crumbs. Mix in with salad. Serve in a bowl.



The Senior Advocate.

By Lynn Alexander,
Senior VP & Chief Marketing Officer

Honoring our Veterans

Finally our veterans appear to be receiving even greater recognition. I was pleased to see so many veterans' ceremonies on this recent Veterans Day. As a daughter of two Navy veterans it warms my heart.

The Oakland County Veterans Affairs Department and their department of Economic Development have teamed up to launch an intensive media campaign honoring veterans and encouraging others to come to them for assistance. Although still relatively new, this campaign has already seen a dramatic upward trend in referrals. You may have noticed their billboards with veterans' photos or heard them on the radio. They have even been showcased on national news outlets.

As part of this campaign Oakland County held a heartfelt reception to launch the new photo gallery exhibit of veterans' photos. It is beautifully done and worth a visit. The photos will be on display at the Oakland County Executive Office Conference Center until December 20th. Go to www.oakgov.gov for details. Most Michigan counties have referral services for veterans. You can locate them through the county offices.

I am proud to say that PVM also has a Veterans Preference Program which allows veterans to move to the top of waiting lists at select locations. Contact our home office at (248) 281-2020 if you have a friend or relative who can benefit.

Our veterans protected all of us and our country and deserve the best from us.



From the Service Coordinator

Denise Giallombardo, B.S.W., National Church Residencies

Come to the Service Coordinator Programs in DECEMBER

THURSDAY	DEC. 5	DETROIT INSTITUTE OF ARTS LEAVE NOON, ARRIVE BACK 4:00 PM FREE! TRANSPORTATION PROVIDED. COME EVEN IF YOU HAVE NEVER BEEN TO THE DIA. YOU WILL LOVE IT! EVERYONE SHOULD SEE IT AT LEAST ONCE.		
TUESDAY	DEC. 10	DEB'S DOLLAR STORE	COMMUNITY ROOM	10:00 AM
FRIDAY	DEC. 13	FOCUS HOPE	SR. COORD OFFICE	MORNING
MONDAY	DEC. 16	BAKER COLLEGE LOW COST DENTAL SERVICES	COMMUNITY ROOM	2:00 PM
TUESDAY	DEC. 3	PAPARAZZI JEWELRY	COMMUNITY ROOM	10:30 AM



OUT & ABOUT WITH LAWANDA BLAKE'S CIDER MILL



Joyce Wilde, Betty Challenger, Barbara Holland and Allan Thompson on a chilly, sunny day at the cider mill.

LAST MONTH'S GOLDEN FROG WINNER



Hi, good looking! You, too, Vicky Jackson!

Christmas Word Search



A N
 F R
 Y J W Z
 K Z I Y
 T W K P E Y
 K F U D C V
 X J O L L Y G J
 G M Y S J V S L
 G B U B L M J Z S C
 D H V S L P X V I G
 T R Q O P E R H L H B A
 T F I N T B C W P J N L
 R S Y Z O K I B M O S O I Z
 E T Y L P W O A E U R U U T
 C E J C Y I T T J L U H C L P P
 N D C V D U G K A I V P F Q B T
 O S N Y L E D M S Q W G Y V B P S A
 P K I G F A I I W U S S Q E H V V R
 T R E E X S Y E S W Z T P O B J G S L P
 L W V R E L U C T E L V E S N D Y U F C
 I Q P N L F E K E L E G G N O G O F T M I X
 A Y G S R Z D J L E Q V N T O J G X S B B N
 P P T B O C X R Z E T N B I M U I E P J D M D Y
 Y Y P S O H J B S B O M M P O B V C J N N H L H
 U N R U A L I V M F R E Q V M Q I X T W D H W X G P
 R F R M N B M S C H A X Q S G N I K C O T S C T F E
 M L P E P T Q N I I H T N G T G C O E X A R M A Z A K W
 C V X M Q A Y E O R E E R P R V N W X B D L C K O Y X R
 U G K F J Z J H Y N H T A E R W X B H M T U O H O Q P F W O
 F W I V O G B I N X K C O V X A Y N O A I W Z N P Y O V L M

BELLS
 STOCKINGS
 WREATH
 ELVES
 SLED

CELEBRATE
 EGGNOG
 TREE
 JOLLY
 SANTA

MERRY
 MISTLETOE
 CHIMNEY
 REINDEER

www.thetypicalmom.com



It's Your Life. Live It Well.

By Tom Wyllie,
Director of Wellness

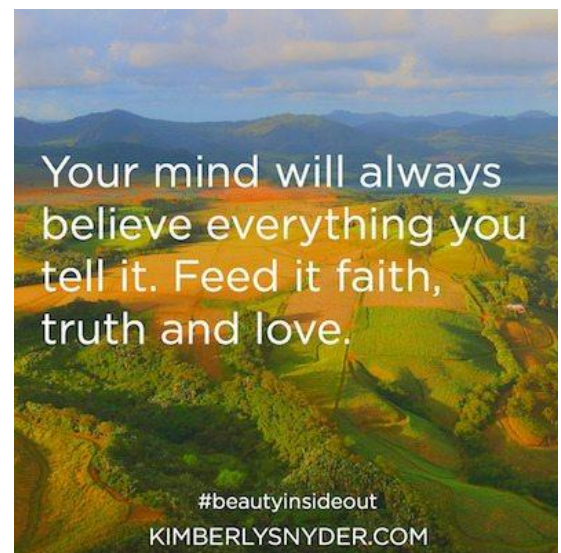
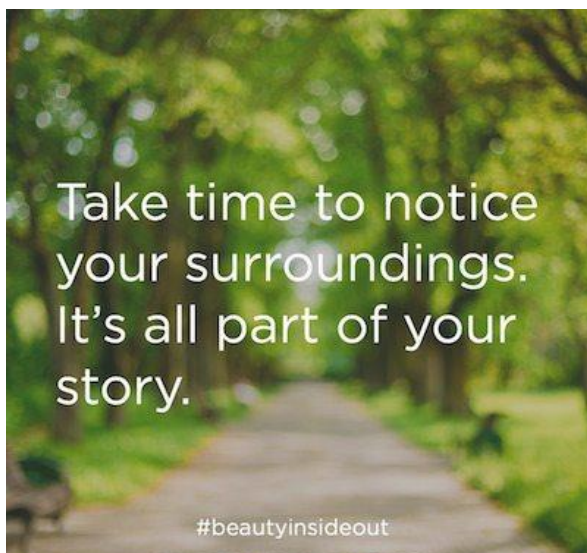
When Feeling SAD is More Than Feeling Blue

As the seasons change from fall to winter and the daylight hours shorten, it's common to feel a little blue. If, however, these feelings persist and intensify you may have Seasonal Affective Disorder (SAD).

SAD is a type of depression that usually occurs between September and May. It's characterized by constant sadness, extreme fatigue, social withdrawal, and cravings for starchy foods. While its exact cause is unknown, researchers think it is related to the decrease in sunlight that occurs during fall and winter. Low sunlight disrupts our bodies' natural rhythms, decreases our brains' serotonin levels, and interferes with melatonin production and absorption, all of which affect mood.

The first line of treatment for SAD is light therapy. It involves sitting next to a special, high intensity light for approximately 30 minutes a day. Another common treatment is dawn simulation. It involves use of a device connected to a high intensity light that gradually turns it on over 1 to 2 hours, thereby simulating sunrise. Researchers believe these therapies work because they reset our internal clocks and return our bodies to a more natural rhythm.

To be effective, they need to be performed throughout the fall and winter. Otherwise symptoms will return. If these therapies don't seem to work, additional treatment with medication and counseling may be needed. If you think you have SAD, don't treat yourself. Consult your physician. He or she will be able to make a proper diagnosis and determine the most effective form of treatment for you.



Activities Committee Halloween Party



What do witches, a clown, a VERY pregnant woman, Raggedy Anne, a Red Wings fan and a homeless woman have in common? They all dressed up for the Village of Warren Glenn's Halloween Party. Sister Mary won the 1st prize as a witch probably because of her glorious, scary finger nails. The other prizes were won by Janice Kuchta as Raggedy Anne and Irene Alex as a clown. Twenty-two residents attended and enjoyed a rigatoni and meatball dinner made by Diane Sexton. Lawanda Alexander won \$32.00 through the 50/50 drawing. Thanks to all who helped and participated.

**Presbyterian Villages
of Michigan
Mission Statement**

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

Office Number (586) 751-5090

Village Staff

Anne Lilla
Administrator

Stacey Klooster
Administrative Assistant

Mark Benoit
Maintenance Tech

Emmi Parada
Housekeeper

WARREN GLENN BOARD MEMBERS

Malcolm McDougall, President
Betty Challenger Sister Mary Fagan
Marijo Hockley Mary Blaszak

Emergency / After Hours Number (586) 554-4008
Fax Number (586) 751-7876



Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit www.pvmfoundation.org



Embrace the possibilities